

Whitbread PUBs



COOKHOUSE+PUB

Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

Y	The allergen is present
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COOKHOUSE+PUB

Product Description	Cereals Containing Gluten				Allergens Present													
	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
SPRING SUMMER 2025 COCKTAILS																		
BLUE LAGOON																		
APEROL SPRITZ											Y							
PASSION FRUIT MARTINI											Y							
RUM PUNCH											Y							
PINA COLADA											Y							
SPIRITS GIN																		
TARQUIN'S BLOOD ORANGE																		
WARNER'S RHUBARB																		
WHITLEY NEILL DISTILLER'S CUT LONDON DRY																		
BOMBAY SAPPHIRE LONDON DRY																		
WHITLEY NEILL BLACK CHERRY																		
WHITLEY NEILL RASPBERRY																		
JJ PINK																		
JJ LONDON DRY																		
WHITLEY NEILL RASPBERRY GIN 70CL																		
WHITLEY NEILL BLACK CHERRY 70CL																		
VODKA																		
ABSOLUT® ORIGINAL																		
ABSOLUT® RASPBERRI																		
JJ ARTISANAL																		
WHISKEY / WHISKY																		
TALISKER 10 YO																		
GLENFIDDICH 12 YO																		
JOHNNIE WALKER RED LABEL																		
JAMESON IRISH WHISKEY																		
JACK DANIEL'S NO.7 BOURBON																		
BELLS																		

Product Description	Allergens Present																					
	Cereals Containing Gluten				Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
RUM																						
DEAD MAN'S FINGERS SPICED																						
BACARDI															Y							
MALIBU																						
CAPTAIN MORGAN DARK																						
CAPTAIN MORGAN WHITE																						
CAPTAIN MORGAN SPICED																						
LIQUEUR & SPECIALITIES																						
ARCHERS 70CL																						
CHAMBORD RASPBERRY																						
COINTREAU 70CL																						
COURVOISIER VS 70CL																						
DISARONNO AMARETTO																						
SOUTHERN COMFORT																						
TIA MARIA																						
APEROL 70CL																						
JAGERMEISTER 70CL																						
BAILEYS IRISH CREAM										Y												
MARTINI DRY															Y							
PIMMS NO 1																						
SHOTS																						
TEQUILA ROSE											Y											
EL JIMADOR TEQUILA BLANCO																						
EL JIMADOR TEQUILA REPOSADO																						
ANTICA CLASSIC SAMBUCA																						
ANTICA BLACK SAMBUCA																						
BOMBS																						
JÄGERBOMB																						
SKITTLE BOMB																						
BERRY BOMB																						
MIXERS - SEE PACKAGING LABEL FOR ALLERGENS																						

Product Description	Allergens Present																	
	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
	Wheat Products	Rye Products	Barley Products	Oat Products														
DRAUGHT BEERS & CIDERS																		
CARLING	Y		Y															
BELHAVEN BEST			Y															
COORS	Y		Y															
STELLA ARTOIS			Y															
MADRI	Y		Y															
BIRRA MORETTI			Y															
GUINNESS			Y															
STRONGBOW											Y							
HARP			Y															
CARLSBERG			Y															
ROCKSHORE			Y															
SMITHWICK'S			Y															
HOP HOUSE			Y															
LONDON PRIDE CASK			Y															
DOOM BAR (CASK)			Y				Y											
GREENE KING IPA			Y															
OLD GOLDEN HEN			Y															
ABBOT ALE 5%			Y															
SHARPS ATLANTIC (CASK)			Y															
JOHN SMITHS EXTRA SMOOTH			Y															
FOSTERS			Y															
AMSTEL			Y															
DOOM BAR (KEG)			Y															
WORTHINGTONS CREAMFLOW	Y		Y															
SHARPS ATLANTIC (KEG)	Y		Y															
BUDWEISER			Y															
TENNENTS	Y		Y															
HEINEKEN EXTRA COLD			Y															
PERONI NASTRO			Y															
HEINEKEN SILVER			Y															
INCHS CIDER											Y							
STRONGBOW DARK FRUIT											Y							

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DRAUGHT SOFTS																		
SUNPRIDE CRANBERRY JUICE																		
SUNPRIDE MANDARIN JUICE																		
SUNPRIDE APPLE JUICE																		
SCHWEPPE'S BLACKCURRANT CORDIAL																		
SCHWEPPE'S LIME CORDIAL																		
SCHWEPPE'S ORANGE CORDIAL																		
FLAVOURED SHOTS CHERRY																		
FLAVOURED SHOTS VANILLA																		
FLAVOURED SHOTS LIME																		
DIET COKE																		
COCA COLA ZERO SUGAR																		
SCHWEPPE'S LEMONADE																		
FANTA ORANGE ZERO																		
COCA COLA																		
DR PEPPER ZERO SUGAR																		
PACKAGED BEERS & CIDERS - SEE BOTTLE LABEL FOR ALLERGENS																		
PACKAGED SOFT DRINKS - SEE PACKAGING LABEL FOR ALLERGENS																		
MOCKTAILS																		
SCHWEPPE'S APERITIVO SPRITZ																		
SCHWEPPE'S CLASSIC MOJITO																		
HOUSE SODAS																		
LEMON & LIME SHERBET																		
GRAPEFRUIT																		
PEACH & RASPBERRY																		
PASSION FRUIT																		
CHERRY & VANILLA											Y							
ICED TEAS																		
PEACH ICED TEA																		
RASPBERRY ICED TEA																		

Product Description	Allergens Present																						
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HOT DRINKS																							
COFFEE / TEA																							
LATTE										Y													
CAPPUCCINO										Y													
FLAT WHITE										Y													
AMERICANO BLACK																							
AMERICANO WHITE (+ 95ML SEMI SKIMMED MILK)										Y													
ESPRESSO																							
ESPRESSO																							
HOT CHOCOLATE										Y													
HOT CHOCOLATE WITH CREAM										Y													
PG PLAIN BLACK																							
PG TIPS PEPPERMINT HERBAL																							
PG TIPS RASBERRY HERBAL																							
PG TIPS GREEN TEA																							
PG TIPS EARL GREY																							
PG TIPS DECAF																							
ALPRO SOYA DRINK					Y																		
SEMI SKIMMED MILK										Y													
AFTER DINNER DRINKS																							
IRISH COFFEE										Y													
BAILEYS LATTE										Y													
COFFEE SYRUPS																							
SWEETBIRD VANILLA SUGAR FREE SYRUP																							
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																							
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																							

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WINES																		
WHITE																		
THE NED, SAUVIGNON BLANC											Y							
ANDREW PEACE SILHOUETTE CHARDONNAY											Y							
JACK RABBIT PINOT GRIGIO											Y							
JAM SHED CHARDONNAY						Y	Y	Y			Y							
VISTAMAR MATINAL SAUVIGNON											Y							
VINO POMONA CATARRATTO PINOT GRIGIO											Y							
VINA ARROBA CHARDONNAY (HOUSE WHITE) 75CL											Y							
RED																		
CAMPO VIEJO, RIOJA											Y							
ANDREW PEACE SILHOUETTE SHIRAZ											Y							
FLAGSTONE POETRY MERLOT											Y							
JAM SHED SHIRAZ						Y	Y				Y							
VISTAMAR MATINAL MERLOT											Y							
FINCA DEL ALTA MALBEC											Y							
VINA ARROBA TEMPRANILLO (HOUSE RED) 75CL											Y							
ROSE																		
THE NED, ROSÉ											Y							
JACK RABBIT WHITE ZINFANDEL											Y							
VINO POMONA ROSATO											Y							
HOUSE ROSE											Y							
SPARKLING																		
SETTE BELLO PROSECCO DOC											Y							
VINA POMONA PROSECCO FOR ONE											Y							