

# Table Table



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

## KEY FOR TABLE TABLE ALLERGY INFORMATION GUIDE

**Y** The allergen is present

**YES** Suitable for ovo-lacto vegetarians/ vegans

**NO** Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE MENU								
STARTERS								
BAKED CAMEMBERT	2604	622	38.6	24.7	35.3	15.8	32.9	2.7
CHICKEN WINGS	1272	304	14.9	4.3	19.3	7.9	23.2	1.4
CALAMARI	1832	438	24.2	1.9	39.5	13.8	15.0	4.3
CHEESY GARLIC FLATBREAD WITH SMOKY TOMATO DIP	2106	503	28.7	12.2	42.1	7.6	18.1	1.5
CHEESY GARLIC FLATBREAD WITH BBQ DIP	2088	499	27.7	12.2	43.5	9.6	18.0	1.6
CLASSIC PRAWN COCKTAIL	1937	463	22.3	6.9	40.2	13.7	23.3	2.4
GARLIC & HERB BREADED MUSHROOMS	1316	314	15.2	1.2	35.2	8.6	6.0	0.9
POTATO DIPPERS	1683	402	22.5	8.7	34.4	2.5	15.5	1.0
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY-MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
CHICKEN & PORK PATE	1635	390	19.7	8.7	41.1	15.1	10.4	1.5
LOADED NACHOS	2572	614	35.6	9.7	58.3	9.3	12.0	2.4
SOMETHING TO SHARE?								
SHARING LOADED NACHOS	4921	1175	66.8	16.6	115.6	17.6	21.5	4.6
TABLE TABLE SHARING PLATTER	8803	2103	123.1	29.1	170.2	18.8	72.8	8.3
ADD FOUR CHICKEN WINGS	9568	2285	133.3	32.4	175.6	18.9	90.6	9.0
SIDES								
DIRTY FRIES	2161	516	24.1	6.9	55.7	7.7	17.7	2.9
HALLOUMI FRIES	2455	586	44.3	15.5	17.5	14.3	29.1	4.4
TIGER FRIES	1479	353	16.1	1.5	46.7	7.4	3.3	1.3
CHIPS	1518	363	13.8	2.1	51.9	0.7	5.1	1.3
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
SKINNY CUT FRIES	1372	328	13.2	1.0	46.1	0.1	4.7	1.5
GARLIC FLATBREAD	1310	313	16.3	5.0	33.7	1.7	6.7	0.6
GARLIC FLATBREAD WITH CHEESE	1938	463	27.7	12.2	34.8	2.1	17.8	1.3
BEER-BATTERED ONION RINGS	879	210	11.2	0.9	23.5	3.2	2.8	0.5
MIXED SIDE SALAD	163	39	1.2	0.1	4.9	4.2	1.5	0.1
MIXED GREEN VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
TENDERSTEM BROCCOLI	581	139	11.3	5.5	3.2	2.1	4.7	0.2

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>TABLE TABLE CLASSICS</b>								
LUXURY BAKED LASAGNE	3994	954	49.0	21.4	74.6	15.8	51.8	3.4
GAMMON STEAK WITH CHIPS & FRIED EGGS	3676	878	39.1	9.0	60.1	6.0	67.1	4.2
GAMMON STEAK WITH CHIPS & PINEAPPLE RINGS	3998	955	39.1	9.0	81.9	27.2	67.4	4.2
GAMMON STEAK WITH CHIPS & ONE OF EACH	3385	809	30.6	7.2	71.0	16.5	59.3	4.2
GAMMON STEAK WITH JACKET POTATO & FRIED EGGS	3731	891	33.9	12.1	76.0	8.0	70.8	3.1
GAMMON STEAK WITH JKT POT & PINEAPPLE RINGS	3149	752	16.9	8.5	97.7	29.1	55.1	3.2
GAMMON STEAK WITH JKT POT & ONE OF EACH	3440	822	25.4	10.3	86.9	18.5	63.0	3.2
BACON & CHEESE TOPPED CHICKEN WITH CHIPS	3126	747	27.6	8.4	67.3	12.1	52.6	4.0
BACON & CHEESE TOPPED CHICKEN WITH JKT POT	3181	760	22.4	11.6	83.2	14.1	56.2	3.0
LUXURY COTTAGE PIE	2828	675	31.7	16.6	51.3	7.7	41.9	3.4
CHICKEN MAKHANI CURRY	3908	933	30.7	12.1	106.1	23.2	53.7	5.1
CHICKEN FORESTIERE	2985	713	38.1	15.6	41.5	4.5	47.5	3.7
SWEET POTATO & FETA LASAGNE	2965	708	40.3	16.9	59.6	14.1	24.3	2.7
RIBS & SMOKY PAPRIKA CHICKEN	4137	988	38.8	10.6	78.4	20.8	77.1	4.5
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN	5779	1380	60.2	18.4	96.7	35.8	108.7	6.0
CHICKEN ESCALOPE	5710	1364	77.1	16.2	107.5	3.6	56.9	3.1
MOZZARELLA STUFFED CHICKEN WRAPPED IN PANCETTA	4392	1049	55.3	21.3	58.2	4.2	75.0	3.4
<b>FRESH SALADS</b>								
GRILLED HALLOUMI	1506	360	24.4	14.4	9.8	8.6	22.6	2.1
GRILLED CHICKEN	975	233	4.9	0.9	9.8	9.0	35.6	1.3
BACON & BLUE CHEESE SALAD	1622	387	23.3	10.6	24.2	10.1	18.6	2.1
<b>GREAT GRILLS</b>								
8OZ RUMP STEAK WITH CHIPS	3501	836	39.0	15.4	60.3	6.2	58.8	3.3
8OZ RUMP STEAK WITH SALAD	2309	551	27.7	13.6	18.1	13.9	56.6	2.2
8OZ SIRLOIN STEAK WITH CHIPS	3554	849	40.9	16.5	60.3	6.0	55.0	3.1
8OZ SIRLOIN STEAK WITH SALAD	2362	564	29.6	14.7	18.1	13.8	52.8	2.0
10OZ RIB-EYE STEAK	4330	1034	53.3	22.6	62.5	8.2	71.2	3.0
<b>GET SAUCY</b>								
CREAMY PEPPERCORN	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
DIANE	305	73	5.9	3.2	3.2	1.1	1.6	0.5
TABLE TABLE MIXED GRILL	5053	1207	58.0	19.6	75.3	10.2	91.2	6.4
TABLE TABLE MIXED GRILL WITH 8OZ RUMP STEAK	5680	1357	64.4	22.5	75.4	10.4	115.6	6.8
SURF & TURF COMBO	4647	1110	53.8	11.2	78.1	6.5	74.3	5.5
LAMB RUMP	2643	631	34.8	19.5	34.2	10.7	43.9	2.8
<b>FABULOUS FISH</b>								
FISH & CHIPS SHOP PLATTER	5191	1240	70.0	9.9	108.3	6.2	39.5	5.0
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	3466	828	38.4	4.1	93.6	5.3	21.8	3.5
BREADED SCAMPI & CHIPS WITH PEAS	3307	790	38.3	4.1	87.1	6.7	19.4	2.6
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4708	1125	58.0	12.8	94.7	7.4	51.2	4.6
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4549	1087	57.9	12.7	88.2	8.7	48.9	3.7
LUXURY FISH PIE	3223	770	36.2	17.8	83.8	10.0	21.7	3.6
<b>GOURMET BURGERS</b>								
SLOPPY JOE BURGER	4448	1062	51.6	9.2	106.9	18.1	37.0	3.7
CHICKEN & AVOCADO BURGER	4698	1122	53.3	9.4	102.6	20.3	52.4	5.8
LAMB & FETA BURGER	4255	1016	49.9	15.5	97.4	18.3	40.8	5.3
DOUBLE STACK STEAK BURGER WITH CHEESE	5217	1246	70.1	26.3	91.3	15.5	59.8	4.1
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	5480	1309	74.1	27.6	91.5	15.5	66.3	5.0
MAC & CHEESE BURGER	5784	1381	74.1	24.0	111.8	21.0	62.7	5.6
SURF & TURF BURGER	6165	1472	85.5	27.7	96.7	13.7	75.6	5.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>HEARTY PIES</b>								
BEEF & DOOM BAR PIE	4837	1155	63.9	35.7	107.2	6.0	32.6	3.6
FAKE & ALE PIE	3213	767	37.7	12.1	86.2	14.7	16.4	2.7
CHICKEN & MUSHROOM PIE	5164	1233	71.1	30.2	119.0	8.1	23.0	3.8
CHICK, MOZZ & PESTO PIE	2028	484	22.2	8.9	44.2	10.4	25.9	1.2
<b>PUDDINGS &amp; SUNDAES</b>								
WARM CHOCOLATE FONDANT	2365	565	30.2	10.6	63.9	38.3	7.0	0.9
CHOCOLATE FUDGE SENSATION CAKE	3392	810	45.0	17.2	92.7	69.9	7.2	0.5
BAKED CHEESECAKE	2306	551	25.5	16.5	74.1	50.5	5.3	0.3
MIXED BERRY PAVLOVA	573	137	4.3	3.0	22.2	21.8	1.9	0.1
BRAMLEY APPLE BLACKBERRY CRUMBLE	2607	623	16.0	6.5	106.9	73.4	8.6	0.2
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
CHOCOLATE SUNDAE MADE WITH CRUMBLD KITKAT	2203	526	22.1	11.5	68.6	55.8	8.6	0.4
COCONUT SORBET	976	233	12.6	11.2	27.8	26.1	1.7	0.1
LEMON TART	1885	450	24.5	13.5	52.1	32.4	5.0	0.6
STICKY TOFFEE PUDDING	3013	720	37.4	17.0	86.3	62.6	7.6	0.5
CHOCOLATE CHURROS SUNDAE	3124	746	32.2	13.0	96.9	51.4	12.0	0.6
TRIPLE CHOCOLATE BROWNIE	2790	666	23.6	13.6	100.1	82.3	9.2	0.4
<b>MINI PUDDINGS</b>								
GREEK YOGHURT CHOCOLATE TORTE	1236	295	20.6	10.3	23.6	12.9	3.2	0.4
STRAWBERRY CHEESECAKE	974	233	8.2	4.9	34.3	20.7	4.2	0.2
LEMON DRIZZLE CAKE	558	133	5.5	0.6	19.0	11.4	1.8	0.3

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>TABLE TABLE KIDS MENU</b>								
<b>STARTERS</b>								
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
<b>MAINS</b>								
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
POPPIN CHICKEN	1651	394	15.8	2.4	43.6	4.2	16.9	1.5
COD BITES	2124	507	24.8	4.0	53.0	4.9	14.3	0.9
BANGERS & MASH	1678	401	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE BANGERS & MASH	1583	378	14.5	3.7	37.4	6.2	18.8	2.3
CHICKEN BURGER	1897	453	7.3	1.7	64.8	9.0	27.5	1.6
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
BEEF BURGER	2590	619	26.5	9.2	62.5	9.0	28.9	1.1
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
<b>SWAPSIES</b>								
CHIPS	759	181	6.9	1.1	26.0	0.4	2.5	0.6
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
MASHED POTATO	550	131	4.5	2.8	19.0	0.6	2.5	0.6
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
SIDE SALAD	98	23	0.1	0.3	3.5	1.6	1.6	0.0
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
<b>PUDS</b>								
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CHOCOLATE SAUCE	831	199	5.5	3.4	30.2	21.9	4.4	0.2
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
STRAWBERRY YOGHURT	482	115	4.7	3.1	12.7	12.4	5.5	0.2
STRAWBERRY FROZEN YOGHURT	593	142	1.2	0.6	28.3	20.4	4.2	0.1
MINI DOUGHNUTS	850	203	6.5	3.0	33.3	20.1	2.2	0.3
PANCAKES	913	218	3.3	0.5	42.8	23.0	4.0	0.4
FUNNY FACE SUNDAE	820	196	5.7	3.5	29.2	23.4	4.3	0.1
<b>SUNDAY CARVERY</b>								
ROAST BEEF	2808	671	28.4	7.3	69.5	9.3	33.3	1.2
ROAST PORK	3184	761	15.5	7.7	69.6	9.5	52.6	1.4
ROAST CHICKEN	2431	581	17.2	2.4	75.2	9.8	30.1	1.9

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>DAYTIME VALUE MENU</b>								
<b>OUR STARTERS</b>								
POTATO DIPPERS	1680	401	22.5	8.8	34.3	2.5	15.5	1.0
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY-MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
GARLIC & HERB BREADED MUSHROOMS	1316	314	15.2	1.2	35.2	8.6	6.0	0.9
<b>OUR MAINS</b>								
MAC & CHEESE	3442	822	39.0	24.4	77.3	10.8	35.6	3.8
BEEF STEAK BURGER WITH CHEESE	3987	952	47.9	15.1	92.0	15.9	35.8	3.5
DOUBLE BEEF STEAK BURGER WITH CHEESE	5212	1245	70.1	26.3	91.3	15.5	59.8	4.1
CHICKEN & BACON OPEN CLUB SANDWICH	3497	835	28.5	3.8	90.5	4.8	51.0	4.8
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
HAND-BATTERED FISH & CHIPS	3804	909	46.4	4.8	78.1	7.5	40.2	3.8
HAND-BATTERED HADDOCK & CHIPS	4549	1087	57.9	12.7	88.2	8.7	48.9	3.7
PAPRIKA CHICKEN	2196	525	17.0	1.8	48.9	2.6	42.5	3.1
HAM, EGG & CHIPS	3586	857	42.1	10.1	52.8	1.6	63.3	5.8
8OZ RUMP STEAK	2824	675	26.5	6.9	52.5	3.7	56.4	3.3
GAMMON STEAK WITH FRIED EGG	3218	769	30.6	7.2	60.1	5.9	59.2	4.2
GAMMON STEAK WITH PINEAPPLE RING	2927	699	22.1	5.4	70.9	16.5	51.4	4.2
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
SWEET POTATO & FETA LASAGNE	2547	608	34.0	15.0	51.3	13.5	22.2	2.6
JACKET POTATO WITH CHEESE & BEANS	3172	758	26.6	15.3	94.8	16.8	32.5	2.6
<b>CLASSIC PUDDINGS</b>								
CARAMEL APPLE PIE	1988	475	17.4	7.7	71.5	41.2	6.8	0.3
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
MINI CHOCOLATE BROWNIE SUNDAE	1158	277	9.7	5.5	39.3	27.9	5.1	0.2
WARM CHOCOLATE BROWNIE	2192	523	19.8	5.9	76.6	36.1	7.6	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>EVENING VALUE</b>								
<b>STARTERS</b>								
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY-MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
GARLIC & HERB BREADED MUSHROOMS	1316	314	15.2	1.2	35.2	8.6	6.0	0.9
<b>MAINS</b>								
MAC & CHEESE	3442	822	39.0	24.4	77.3	10.8	35.6	3.8
SWEET POTATO & FETA LASAGNE	2547	608	34.0	15.0	51.3	13.5	22.2	2.6
HAND-BATTERED FISH & CHIPS	3804	909	46.4	4.8	78.1	7.5	40.2	3.8
HAND-BATTERED HADDOCK & CHIPS	4549	1087	57.9	12.7	88.2	8.7	48.9	3.7
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
GAMMON STEAK WITH FRIED EGG	3218	769	30.6	7.2	60.1	5.9	59.2	4.2
GAMMON STEAK WITH PINEAPPLE RING	2927	699	22.1	5.4	70.9	16.5	51.4	4.2
BEEF STEAK BURGER WITH CHEESE	3987	952	47.9	15.1	92.0	15.9	35.8	3.5
DOUBLE BEEF STEAK BURGER WITH CHEESE	5212	1245	70.1	26.3	91.3	15.5	59.8	4.1
PAPRIKA CHICKEN	2196	525	17.0	1.8	48.9	2.6	42.5	3.1
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
<b>PUDDINGS</b>								
WARM CHOCOLATE BROWNIE	2192	523	19.8	5.9	76.6	36.1	7.6	0.2
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
CARAMEL APPLE PIE	1988	475	17.4	7.7	71.5	41.2	6.8	0.3
MINI CHOCOLATE BROWNIE SUNDAE	1158	277	9.7	5.5	39.3	27.9	5.1	0.2



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY ROAST								
TOPSIDE OF BEEF	5854	1398	71.1	26.3	134.6	20.7	54.9	3.5
LOIN OF PORK	6315	1508	61.0	24.6	143.3	28.0	64.1	3.6
HALF ROASTED CHICKEN	6104	1458	69.2	22.6	134.7	20.9	74.3	5.0
FAKE AND ALE PIE	7152	1708	87.8	30.7	196.9	31.0	32.6	4.7
CAULIFLOWER CHEESE	1183	283	20.2	11.8	10.0	3.8	14.0	1.6

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET MENU</b>								
<b>BUFFET 1</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	444	106	6.1	3.6	8.1	1.6	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
HAM & MUSTARD (PER 1/4)	562	134	5.6	2.5	8.1	1.4	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (1/4 PER PERSON)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
<b>BUFFET 2</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	460	110	6.2	3.6	8.9	1.1	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
HAM & MUSTARD (PER 1/4)	562	134	5.6	2.5	8.1	1.4	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
CHICKEN GOJJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	719	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	439	105	5.6	0.5	11.7	1.6	1.4	0.2
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET 3</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	460	110	6.2	3.6	8.9	1.1	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
CHICKEN & BACON (PER 1/4)	292	70	3.0	1.5	7.5	1.0	2.8	0.3
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	719	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	439	105	5.6	0.5	11.7	1.6	1.4	0.2
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8
BETROOT, ONION & VEGETABLE TARTLETS (PER HALF)	447	107	5.6	2.1	12.1	3.9	1.6	0.3
POTATO DIPPERS (PER PORTION)	714	171	10.0	4.4	13.2	0.9	6.9	0.4
PIGS IN BLANKETS (2 PER PERSON)	583	139	9.5	3.2	4.2	0.8	9.0	1.0
<b>DESSERTS</b>								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	496	119	4.3	0.6	18.1	13.7	1.2	0.1
PROFITEROLES (1 PLUS SAUCE)	317	76	4.2	2.4	8.4	4.9	0.9	0.1
BANOFFEE BITES (PER BITE)	579	138	5.4	3.5	19.7	17.0	1.5	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BREAKFAST MENU								
FULL BREAKFAST								
BACK BACON per rasher	207	49	3.0	1.2	0.1	0.1	5.4	0.8
BREAKFAST SAUSAGE per sausage	479	114	7.4	2.6	2.9	0.6	8.7	0.5
QUORN SAUSAGE per sausage	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG per portion	1128	269	23.3	12.0	2.1	2.1	12.9	0.0
FRIED EGG per egg	452	108	8.5	1.8	0.1	0.1	7.9	0.0
POACHED EGGS per egg	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS per egg	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE per portion	1690	404	39.2	22.1	0.9	0.9	12.0	0.4
HASH BROWNS each	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK per portion	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING per slice	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER per portion	674	161	16.7	10.5	0.5	0.3	1.6	0.4
TOMATO M per half	36	9	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO (RATIONAL) per half	111	27	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS per portion	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>CONTINENTAL BREAKFAST</b>								
<b>BAKERY nutrition per item</b>								
CROISSANT	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN	534	128	5.8	3.9	16.0	6.6	2.3	0.2
MINI PAIN AUX CHOCOLAT	718	172	9.7	6.3	17.3	5.5	3.1	0.3
CINNAMON AND RAISIN BAGELS	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN	476	114	6.2	0.6	12.8	7.1	1.3	0.1
SOURDOUGH CRUMPETS	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD	384	92	1.0	0.2	17.1	1.0	3.1	0.3
MALTED SANDWICH BREAD	386	92	0.8	0.1	16.7	0.7	3.5	0.3
GLUTEN FREE BREAD SLICE	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	261	62	0.0	0.0	15.5	15.5	0.1	0.2
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	274	65	0.0	0.0	16.2	15.0	0.1	0.0
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	140	33	0.0	0.0	8.3	8.1	0.0	0.0
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD	178	43	4.7	1.1	0.0	0.0	0.0	0.1
<b>FRUITS</b>								
FRUIT SALAD per portion	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN each	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS each	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX per portion	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX per 100g	1290	308	0.5	0.0	76.1	59.9	2.0	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>YOGHURTS AND CEREALS</b>								
STRAWBERRY YOGHURT each	482	115	4.7	3.1	12.7	12.4	5.5	0.2
VANILLA YOGHURT each	402	96	0.0	0.0	16.9	16.8	7.0	0.2
GREEK STYLE YOGHURT each	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS per 30g	480	115	0.6	0.3	25.2	5.1	1.9	0.2
CRUNCHY NUT CORNFLAKES per 30g	500	119	1.4	0.2	24.6	10.5	1.8	0.2
CORNFLAKES per 30g	475	113	0.3	0.1	25.2	2.4	2.1	0.3
SPECIAL K per 30g	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX per 2 biscuits	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT per 45g	463	111	1.5	0.2	20.1	5.4	2.8	0.0
RICE KRISPIES per 30g	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES per 30g	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA QUAKER OAT RAISIN per portion	875	209	4.6	0.6	35.5	11.5	4.0	0.0
OATS2GO PORRIDGE SACHET per sachet without milk	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE MENU STARTERS</b>																				
<b>BAKED CAMEMBERT</b>																				
CAMEMBERT	YES	NO						Y												
CIABATTA LOAF	YES	YES	Y	Y																
HONEY PORTION	YES	NO																		
FRESH HERBS ROSEMARY	YES	YES																		
<b>BAKED CAMEMBERT</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>												
<b>CHICKEN WINGS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
TULIP CHICKEN WINGS	NO	NO																		
<b>CHICKEN WINGS</b>	<b>NO</b>	<b>NO</b>																		
<b>CALAMARI</b>																				
CALAMARI	NO	NO	Y								Y									
RAPESEED OIL	YES	YES																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
<b>CALAMARI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>								<b>Y</b>									
<b>CHEESY GARLIC FLATBREAD WITH SMOKY TOMATO DIP</b>																				
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
SMOKEY TOMATO DIP	YES	YES												Y	Y					
<b>CHEESY GARLIC FLATBREAD WITH SMOKY TOMATO DIP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>						<b>Y</b>	<b>Y</b>					
<b>CHEESY GARLIC FLATBREAD WITH BBQ DIP</b>																				
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
BBQ SAUCE	YES	YES																		
<b>CHEESY GARLIC FLATBREAD WITH BBQ DIP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CLASSIC PRAWN COCKTAIL</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
WARM WATER PRAWNS	NO	NO								Y										
PAPRIKA PEPPER	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRENCH DRESSING	YES	YES										Y					Y			
SEAFOOD SAUCE	YES	NO							Y									Y		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>CLASSIC PRAWN COCKTAIL</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>				<b>Y</b>			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>POTATO DIPPERS</b>																				
UNSMOKED BACK BACON	NO	NO																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>POTATO DIPPERS</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LEEK & POTATO SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>SOUP OF THE DAY-MUSHROOM</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
MUSHROOM SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY-MUSHROOM</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>SOUP OF THE DAY- BROCCOLI</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
BROCCOLI SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- BROCCOLI</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CARROT & COR SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>BUTTERMILK &amp; ROSEMARY CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>BUTTERMILK &amp; ROSEMARY CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; PORK PATE</b>																				
CIABATTA LOAF	YES	YES	Y	Y																
CHICKEN PATE WITH HERBS	NO	NO						Y	Y											
ROCKET LEAF	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
PORT & ONION CONFIT	YES	NO						Y					Y							
<b>CHICKEN &amp; PORK PATE</b>																				
	NO	NO	Y	Y				Y	Y				Y							
<b>LOADED NACHOS</b>																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
FETA CHEESE	YES	NO							Y											
FRESH HERBS CORIANDER	YES	YES																		
GUACAMOLE	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO							Y											
TORTILLA CHIPS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHERRY TOMATOES	YES	YES																		
<b>LOADED NACHOS</b>																				
	YES	NO					Y		Y											
<b>SOMETHING TO SHARE?</b>																				
<b>SHARING LOADED NACHOS</b>																				
AGED CHEESE SAUCE	YES	NO					Y		Y											
FETA CHEESE	YES	NO							Y											
FRESH HERBS CORIANDER	YES	YES																		
GUACAMOLE	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO							Y											
TORTILLA CHIPS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHERRY TOMATOES	YES	YES																		
<b>SHARING LOADED NACHOS</b>																				
	YES	NO					Y		Y											
<b>TABLE TABLE SHARING PLATTER</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO							Y											
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y						Y											
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
LIGHT MAYONNAISE	YES	NO															Y			
PIRI PIRI SAUCE	YES	YES											Y							
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	NO	NO							Y											
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
<b>TABLE TABLE SHARING PLATTER</b>																				
	NO	NO	Y		Y			Y	Y				Y				Y			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ADD FOUR CHICKEN WINGS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
TULIP CHICKEN WINGS	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	NO	NO								Y										
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
<b>ADD FOUR CHICKEN WINGS</b>																				
NO	NO	Y		Y				Y	Y				Y			Y				
<b>SIDES</b>																				
<b>DIRTY FRIES</b>																				
ALE BBQ SAUCE	YES	NO			Y															
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>DIRTY FRIES</b>																				
NO	NO			Y					Y											
<b>HALLOUMI FRIES</b>																				
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
HALLOUMI	NO	NO							Y											
<b>HALLOUMI FRIES</b>																				
NO	NO	Y							Y											
<b>TIGER FRIES</b>																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>TIGER FRIES</b>																				
YES	YES																			
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>CHIPS</b>																				
YES	YES																			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SWEET POTATO FRIES</b>																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>SWEET POTATO FRIES</b>																				
SWEET POTATO FRIES	YES	YES																		
<b>SKINNY CUT FRIES</b>																				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>SKINNY CUT FRIES</b>																				
SKINNY CUT FRIES	YES	YES																		
<b>GARLIC FLATBREAD</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
<b>GARLIC FLATBREAD</b>																				
GARLIC FLATBREAD	YES	NO	Y						Y											
<b>GARLIC FLATBREAD WITH CHEESE</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
<b>GARLIC FLATBREAD WITH CHEESE</b>																				
GARLIC FLATBREAD WITH CHEESE	YES	NO	Y						Y											
<b>BEER-BATTERED ONION RINGS</b>																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
<b>BEER-BATTERED ONION RINGS</b>																				
BEER-BATTERED ONION RINGS	NO	NO	Y		Y															
<b>MIXED SIDE SALAD</b>																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>MIXED SIDE SALAD</b>																				
MIXED SIDE SALAD	YES	YES										Y				Y				
<b>MIXED GREEN VEGETABLES</b>																				
VEG MIX GREEN	YES	NO						Y		Y										
<b>MIXED GREEN VEGETABLES</b>																				
MIXED GREEN VEGETABLES	YES	NO						Y		Y										
<b>TENDERSTEM BROCCOLI</b>																				
TENDER STEM BROCCOLI	YES	YES																		
SALTED BUTTER BLOCK	YES	NO								Y										
<b>TENDERSTEM BROCCOLI</b>																				
TENDERSTEM BROCCOLI	YES	NO								Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE CLASSICS</b>																				
<b>LUXURY BAKED LASAGNE</b>																				
PREMIUM LASAGNE	NO	NO	Y				Y	Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
<b>LUXURY BAKED LASAGNE</b>																				
NO	NO	Y					Y	Y				Y			Y					
<b>GAMMON STEAK WITH CHIPS &amp; FRIED EGGS</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>GAMMON STEAK WITH CHIPS &amp; FRIED EGGS</b>																				
NO	NO						Y													
<b>GAMMON STEAK WITH CHIPS &amp; PINEAPPLE RINGS</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>GAMMON STEAK WITH CHIPS &amp; PINEAPPLE RINGS</b>																				
NO	NO						Y													
<b>GAMMON STEAK WITH CHIPS &amp; ONE OF EACH</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>GAMMON STEAK WITH CHIPS &amp; ONE OF EACH</b>																				
NO	NO						Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GAMMON STEAK WITH JACKET POTATO &amp; FRIED EGGS</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
<b>GAMMON STEAK WITH JACKET POTATO &amp; FRIED EGGS</b>	<b>NO</b>	<b>NO</b>						Y	Y											
<b>GAMMON STEAK WITH JKT POT &amp; PINEAPPLE RINGS</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
<b>GAMMON STEAK WITH JKT POT &amp; PINEAPPLE RINGS</b>	<b>NO</b>	<b>NO</b>																		
<b>GAMMON STEAK WITH JKT POT &amp; ONE OF EACH</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO							Y											
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
<b>GAMMON STEAK WITH JKT POT &amp; ONE OF EACH</b>	<b>NO</b>	<b>NO</b>							Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BACON &amp; CHEESE TOPPED CHICKEN WITH CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARDEN PEAS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>BACON &amp; CHEESE TOPPED CHICKEN WITH CHIPS</b>																				
RAPESEED OIL	NO	NO						Y												
<b>BACON &amp; CHEESE TOPPED CHICKEN WITH JKT POT</b>																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARDEN PEAS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BAKING POTATOES	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>BACON &amp; CHEESE TOPPED CHICKEN WITH JKT POT</b>																				
RAPESEED OIL	NO	NO						Y												
<b>LUXURY COTTAGE PIE</b>																				
BEEF COTTAGE PIE FILLING	NO	NO			Y															
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
GARDEN PEAS	YES	YES																		
<b>LUXURY COTTAGE PIE</b>																				
RAPESEED OIL	NO	NO			Y			Y						Y						
<b>CHICKEN MAKHANI CURRY</b>																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
PLAIN NAAN	YES	NO	Y				Y		Y											
<b>CHICKEN MAKHANI CURRY</b>																				
RAPESEED OIL	NO	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN FORESTIERE</b>																				
DIANE SAUCE	NO	NO						Y						Y	Y					
CHICKEN BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
<b>CHICKEN FORESTIERE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>						<b>Y</b>	<b>Y</b>					
<b>SWEET POTATO &amp; FETA LASAGNE</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y	Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
<b>SWEET POTATO &amp; FETA LASAGNE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>RIBS &amp; SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>RIBS &amp; SMOKY PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>																		
<b>WHOLE RACK OF RIBS &amp; SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
<b>WHOLE RACK OF RIBS &amp; SMOKY PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN ESCALOPE</b>																				
CHICKEN ESCALOPE	NO	NO	Y																	
CAGE FREE MED BARN EGGS	YES	NO					Y													
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
CHEESE SLICES	YES	NO						Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																		
LEMON CASE	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN ESCALOPE	NO	NO	Y					Y	Y			Y			Y					
<b>MOZZARELLA STUFFED CHICKEN WRAPPED IN PANCETTA</b>																				
WHOLE GREEN BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN WITH PANCETTA	NO	NO							Y											
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y				Y					Y		Y	Y					
SALTED BUTTER BLOCK	YES	NO																		
CHIPS SKIN ON	YES	YES																		
MOZZARELLA STUFFED CHICKEN WRAPPED IN PANCETTA	NO	NO	Y				Y		Y			Y		Y	Y					
<b>FRESH SALADS</b>																				
<b>GRILLED HALLOUMI</b>																				
RAPESEED OIL	YES	YES																		
HALLOUMI	YES	NO							Y											
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED HALLOUMI	YES	NO							Y			Y			Y					
<b>GRILLED CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED CHICKEN	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BACON &amp; BLUE CHEESE SALAD</b>																				
STILTON	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y			Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>BACON &amp; BLUE CHEESE SALAD</b>																				
	NO	NO	Y	Y				Y				Y			Y					
<b>GREAT GRILLS</b>																				
<b>8OZ RUMP STEAK WITH CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
<b>8OZ RUMP STEAK WITH CHIPS</b>																				
	NO	NO						Y												
<b>8OZ RUMP STEAK WITH SALAD</b>																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF RUMP STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
<b>8OZ RUMP STEAK WITH SALAD</b>																				
	NO	NO						Y				Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ SIRLOIN STEAK WITH CHIPS</b>																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
<b>8OZ SIRLOIN STEAK WITH CHIPS</b>																				
8OZ SIRLOIN STEAK WITH SALAD	NO	NO									Y									
<b>8OZ SIRLOIN STEAK WITH SALAD</b>																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
8OZ BEEF SIRLOIN STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
<b>8OZ SIRLOIN STEAK WITH SALAD</b>																				
8OZ SIRLOIN STEAK WITH SALAD	NO	NO									Y			Y		Y				
<b>10OZ RIB-EYE STEAK</b>																				
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
10OZ RIBEYE STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO									Y									
MUSHROOM CUP	YES	YES																		
<b>10OZ RIB-EYE STEAK</b>																				
10OZ RIB-EYE STEAK	NO	NO									Y									

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GET SAUCY</b>																				
<b>CREAMY PEPPERCORN</b>																				
PEPPERCORN SAUCE	NO	NO	Y					Y												
<b>CREAMY PEPPERCORN</b>	NO	NO	Y					Y												
<b>BEARNAISE</b>																				
BEARNAISE SAUCE	YES	NO						Y	Y				Y							
<b>BEARNAISE</b>	YES	NO						Y	Y				Y							
<b>DIANE</b>																				
DIANE SAUCE	NO	NO						Y						Y	Y					
<b>DIANE</b>	NO	NO						Y						Y	Y					
<b>TABLE TABLE MIXED GRILL</b>																				
4OZ RUMP STEAK	NO	NO																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
CHICKEN BREAST	NO	NO																		
SALTED BUTTER BLOCK	YES	NO							Y											
CAGE FREE MED BARN EGGS	YES	NO							Y											
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
BREAKFAST SAUSAGE	NO	NO	Y										Y							
RAPESEED OIL	YES	YES																		
MUSHROOM CUP	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TABLE TABLE MIXED GRILL</b>	NO	NO	Y		Y			Y	Y				Y		Y					
<b>TABLE TABLE MIXED GRILL WITH 8OZ RUMP STEAK</b>																				
8OZ BEEF RUMP STEAK	NO	NO																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
CHICKEN BREAST	NO	NO																		
SALTED BUTTER BLOCK	YES	NO								Y										
CAGE FREE MED BARN EGGS	YES	NO							Y											
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
BREAKFAST SAUSAGE	NO	NO	Y										Y							
RAPESEED OIL	YES	YES																		
MUSHROOM CUP	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TABLE TABLE MIXED GRILL WITH 8OZ RUMP STEAK</b>	NO	NO	Y		Y			Y	Y				Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SURF &amp; TURF COMBO</b>																				
CALAMARI	NO	NO	Y									Y								
RAPESEED OIL	YES	YES																		
KING PRAWNS VIETNAMESE	NO	NO								Y										
8OZ BEEF SIRLOIN STEAK	NO	NO																		
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>SURF &amp; TURF COMBO</b>																				
	NO	NO	Y					Y			Y	Y				Y				
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
LAMB RUMP	NO	NO																		
TABLE SALT	YES	YES																		
MALBEC SAUCE	NO	NO							Y			Y								
SALTED BUTTER BLOCK	YES	NO							Y											
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		
<b>LAMB RUMP</b>																				
	NO	NO							Y			Y								
<b>FABULOUS FISH</b>																				
<b>FISH &amp; CHIPS SHOP PLATTER</b>																				
TARTARE SAUCE	YES	NO						Y								Y				
POLLOCK FILLETS	NO	NO									Y									
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SEASIDE MUSHY PEA BITES	NO	NO	Y		Y				Y											
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
BREAKFAST SAUSAGE	NO	NO	Y									Y								
<b>FISH &amp; CHIPS SHOP PLATTER</b>																				
	NO	NO	Y		Y			Y	Y	Y	Y	Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREADED SCAMPI &amp; CHIPS WITH MUSHY PEAS</b>																				
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
MUSHY PEAS	YES	YES																		
TARTARE SAUCE	YES	NO					Y								Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>BREADED SCAMPI &amp; CHIPS WITH MUSHY PEAS</b>																				
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
GARDEN PEAS	YES	YES																		
TARTARE SAUCE	YES	NO					Y								Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>BREADED SCAMPI &amp; CHIPS WITH PEAS</b>																				
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y					Y				
GARDEN PEAS	YES	YES																		
TARTARE SAUCE	YES	NO					Y			Y						Y				
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES	Y																	
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
TARTARE SAUCE	YES	NO								Y						Y				
HADDOCK FILLET LARGE	NO	NO									Y									
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
TARTARE SAUCE	YES	NO								Y						Y				
HADDOCK FILLET LARGE	NO	NO									Y									
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y					Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>LUXURY FISH PIE</b>																				
FISH PIE MIX	NO	NO	Y					Y	Y	Y				Y						
GARDEN PEAS	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
FLATBREAD HAND PRESSED	YES	NO	Y					Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>LUXURY FISH PIE</b>																				
	NO	NO	Y					Y	Y	Y		Y		Y	Y					
<b>GOURMET BURGERS</b>																				
<b>SLOPPY JOE BURGER</b>																				
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y							Y						
BEYOND MEAT BURGER	YES	YES																		
VEGAN BURGER SAUCE	YES	YES														Y				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
VEGAN BUN	YES	YES	Y	Y		Y														
<b>SLOPPY JOE BURGER</b>																				
	YES	YES	Y	Y	Y	Y	Y					Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; AVOCADO BURGER</b>																				
MAYONNAISE LIGHT	YES	NO						Y												Y
VEGAN BURGER SAUCE	YES	YES																		Y
SMOKEY TOMATO DIP	YES	YES												Y	Y					
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN BREAST	NO	NO																		
AVOCADO HALVES	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
<b>CHICKEN &amp; AVOCADO BURGER</b>																				
	NO	NO	Y					Y	Y				Y	Y	Y					
<b>LAMB &amp; FETA BURGER</b>																				
SMOKEY TOMATO DIP	YES	YES												Y	Y					
LAMB MINT FETA BURGER	NO	NO							Y			Y								
FETA CHEESE	YES	NO							Y											
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
MAYONNAISE LIGHT	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
MAYONNAISE LIGHT	YES	NO						Y											Y	
<b>LAMB &amp; FETA BURGER</b>																				
	NO	NO	Y					Y	Y				Y	Y	Y	Y				
<b>DOUBLE STACK STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES																	Y	
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y							Y	
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>DOUBLE STACK STEAK BURGER WITH CHEESE</b>																				
	NO	NO	Y					Y	Y				Y	Y		Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DOUBLE STACK STEAK BURGER WITH CHEESE &amp; BACON</b>																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO									Y									
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y							Y	
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y					Y					
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>DOUBLE STACK STEAK BURGER WITH CHEESE &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>				<b>Y</b>	
<b>MAC &amp; CHEESE BURGER</b>																				
ALE BBQ SAUCE	YES	NO				Y														
VEGAN BURGER SAUCE	YES	YES																		Y
MAC & CHEESE	YES	NO	Y							Y										
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
MAYONNAISE LIGHT	YES	NO							Y										Y	
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y					Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
<b>MAC &amp; CHEESE BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>					<b>Y</b>	
<b>SURF &amp; TURF BURGER</b>																				
VEGAN BURGER SAUCE	YES	YES																		Y
TOMATO M	YES	YES																		
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
KING PRAWNS VIETNAMESE	NO	NO										Y								
CHEESE SLICES	YES	NO									Y									
BATTER MIX	YES	YES	Y																	
SKINNY CUT FRIES	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y					Y					
MAYONNAISE LIGHT	YES	NO							Y										Y	
TETLEY SMOOTH	NO	NO				Y														
<b>SURF &amp; TURF BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>					<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HEARTY PIES</b>																				
<b>BEEF &amp; DOOM BAR PIE</b>																				
BEEF & ALE PIE	NO	NO	Y		Y			Y	Y											
SALTED BUTTER BLOCK	YES	NO						Y	Y											
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y	Y											
<b>BEEF &amp; DOOM BAR PIE</b>																				
BEEF & DOOM BAR PIE	NO	NO	Y		Y			Y	Y					Y						
<b>FAKE &amp; ALE PIE</b>																				
<b>VEGAN GRAVY</b>																				
VEGAN GRAVY	YES	YES																		
<b>FAKE &amp; ALE PIE</b>																				
FAKE & ALE PIE	YES	YES	Y		Y									Y						
<b>POTATO MID</b>																				
POTATO MID	YES	YES																		
<b>WHOLE GREEN BEANS</b>																				
WHOLE GREEN BEANS	YES	YES																		
<b>FAKE &amp; ALE PIE</b>																				
FAKE & ALE PIE	YES	YES	Y		Y									Y						
<b>CHICKEN &amp; MUSHROOM PIE</b>																				
<b>CHICKEN &amp; MUSHROOM PIE</b>																				
CHICKEN & MUSHROOM PIE	NO	NO	Y					Y	Y											
<b>SALTED BUTTER BLOCK</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
<b>MASHED POTATO</b>																				
MASHED POTATO	YES	NO							Y											
<b>SALTED BUTTER BLOCK</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
<b>GRAVY CONCENTRATE</b>																				
GRAVY CONCENTRATE	NO	NO												Y						
<b>WHOLE GREEN BEANS</b>																				
WHOLE GREEN BEANS	YES	YES																		
<b>CHICKEN &amp; MUSHROOM PIE</b>																				
CHICKEN & MUSHROOM PIE	NO	NO	Y					Y	Y					Y						
<b>CHICK, MOZZ &amp; PESTO FILO PIE</b>																				
<b>CHICKEN PESTO FILO PIE</b>																				
CHICKEN PESTO FILO PIE	NO	NO	Y					Y	Y											
<b>SALTED BUTTER BLOCK</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
<b>POTATO MID</b>																				
POTATO MID	YES	YES																		
<b>COLESLAW MIX</b>																				
COLESLAW MIX	YES	YES																		
<b>SALAD LEAF MIX</b>																				
SALAD LEAF MIX	YES	YES																		
<b>FRENCH DRESSING</b>																				
FRENCH DRESSING	YES	YES											Y			Y				
<b>TOMATO CHERRY RED</b>																				
TOMATO CHERRY RED	YES	YES																		
<b>CUCUMBER</b>																				
CUCUMBER	YES	YES																		
<b>ONIONS RED</b>																				
ONIONS RED	YES	YES																		
<b>PEPPER RED</b>																				
PEPPER RED	YES	YES																		
<b>CHICK, MOZZ &amp; PESTO FILO PIE</b>																				
CHICK, MOZZ & PESTO FILO PIE	NO	NO	Y					Y	Y				Y			Y				
<b>PUDDINGS &amp; SUNDAES</b>																				
<b>WARM CHOCOLATE FONDANT</b>																				
<b>CHOCOLATE &amp; CARAMEL FONDANT PUDDING</b>																				
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y					Y	Y	Y										
<b>FRESH HERBS MINT</b>																				
FRESH HERBS MINT	YES	YES																		
<b>VANILLA ICE CREAM</b>																				
VANILLA ICE CREAM	YES	NO								Y										
<b>WARM CHOCOLATE FONDANT</b>																				
WARM CHOCOLATE FONDANT	YES	NO	Y					Y	Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHOCOLATE FUDGE SENSATION CAKE</b>																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
UHT WHIPPING CREAM	YES	NO							Y											
<b>CHOCOLATE FUDGE SENSATION CAKE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>BAKED CHEESECAKE</b>																				
DARK CHERRY COMPOTE	YES	YES																		
BAKED CHEESECAKE	YES	NO	Y						Y	Y										
FRESH HERBS MINT	YES	YES																		
<b>BAKED CHEESECAKE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>										
<b>MIXED BERRY PAVLOVA</b>																				
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
RIPPLE PAVLOVA	YES	NO							Y											
<b>MIXED BERRY PAVLOVA</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>	<b>Y</b>										
<b>BRAMLEY APPLE BLACKBERRY CRUMBLE</b>																				
APPLE & BLACKBERRY COMPOTE	YES	NO											Y							
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
FRESH HERBS MINT	YES	YES																		
CUSTARD RTS	YES	NO							Y											
<b>BRAMLEY APPLE BLACKBERRY CRUMBLE</b>	<b>YES</b>	<b>NO</b>				<b>Y</b>			<b>Y</b>				<b>Y</b>							
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE</b>																				
CHOCOLATE FUDGE SAUCE	YES	NO						Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>CHOCOLATE SUNDAE MADE WITH CRUMBLER KITKAT</b>																				
KIT KAT 4 FINGER	YES	NO	Y					Y	Y											
KIT KAT CRUMB	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
<b>CHOCOLATE SUNDAE MADE WITH CRUMBLER KITKAT</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>COCONUT SORBET</b>																				
COCONUT MILK SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>COCONUT SORBET</b>																				
<b>LEMON TART</b>																				
LEMON TART	NO	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
<b>LEMON TART</b>																				
<b>STICKY TOFFEE PUDDING</b>																				
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>STICKY TOFFEE PUDDING</b>																				
<b>CHOCOLATE CHURROS SUNDAE</b>																				
CHURROS	YES	YES	Y																	
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>CHOCOLATE CHURROS SUNDAE</b>																				
<b>TRIPLE CHOCOLATE BROWNIE</b>																				
VANILLA ICE CREAM	YES	NO							Y											
CARAMEL SAUCE	YES	NO							Y											
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
<b>TRIPLE CHOCOLATE BROWNIE</b>																				
<b>MINI PUDDINGS</b>																				
<b>GREEK YOGHURT CHOCOLATE TORTE</b>																				
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
FRESH HERBS MINT	YES	YES																		
<b>GREEK YOGHURT CHOCOLATE TORTE</b>																				
<b>STRAWBERRY CHEESECAKE</b>																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y		Y			Y	Y											
FRESH HERBS MINT	YES	YES																		
<b>STRAWBERRY CHEESECAKE</b>																				
<b>LEMON DRIZZLE CAKE</b>																				
LEMON DRIZZLE CAKE MINI SQUARE	YES	NO	Y						Y	Y										
<b>LEMON DRIZZLE CAKE</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE KIDS MENU STARTERS</b>																				
<b>CHICKEN MEATBALLS</b>																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
<b>CHICKEN MEATBALLS</b>	<b>NO</b>	<b>NO</b>																		
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
CUCUMBER	YES	YES																		
<b>GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>VEGGIE STICKS</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>MAINS</b>																				
<b>CHICKEN CURRY</b>																				
CHICKEN CURRY KIDS	NO	NO	Y						Y											
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>CHICKEN CURRY</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>TOMATO PENNE PASTA</b>																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PENNE PASTA</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>POPPIN CHICKEN</b>																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>POPPIN CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>COD BITES</b>																				
COD CUBES	NO	NO	Y						Y											
GARDEN PEAS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>COD BITES</b>																				
NO	NO	Y							Y											
<b>BANGERS &amp; MASH</b>																				
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
<b>BANGERS &amp; MASH</b>																				
NO	NO	Y						Y						Y						
<b>VEGGIE BANGERS &amp; MASH</b>																				
VEGAN GRAVY	YES	YES																		
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
<b>VEGGIE BANGERS &amp; MASH</b>																				
YES	NO	Y						Y	Y											
<b>CHICKEN BURGER</b>																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
BURGER BUN KIDS	YES	NO	Y					Y												
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
<b>CHICKEN BURGER</b>																				
NO	NO	Y						Y							Y					
<b>TOMATO PASTA &amp; CHICKEN MEATBALLS</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PASTA &amp; CHICKEN MEATBALLS</b>																				
NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEEF BURGER</b>																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>BEEF BURGER</b>																				
	NO	NO	Y					Y												
<b>SPAGHETTI BOLOGNESE</b>																				
SPAGHETTI BOLOGNAISE	NO	NO	Y											Y						
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>SPAGHETTI BOLOGNESE</b>																				
	NO	NO	Y					Y						Y						
<b>SWAPSIES</b>																				
<b>CHIPS</b>																				
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>CHIPS</b>																				
	YES	YES																		
<b>MINI JACKET POTATOES</b>																				
POTATO MID	YES	YES																		
<b>MINI JACKET POTATOES</b>																				
	YES	YES																		
<b>MASHED POTATO</b>																				
MASHED POTATO	YES	NO						Y												
<b>MASHED POTATO</b>																				
	YES	NO						Y												
<b>BROWN RICE</b>																				
BROWN RICE KIDS	YES	YES																		
<b>BROWN RICE</b>																				
	YES	YES																		
<b>PEAS</b>																				
GARDEN PEAS	YES	YES																		
<b>PEAS</b>																				
	YES	YES																		
<b>BAKED BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>BAKED BEANS</b>																				
	YES	YES																		
<b>MINI CORN ON THE COB</b>																				
GRILLED CORN ON THE COB	YES	YES																		
<b>MINI CORN ON THE COB</b>																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>VEGGIE STICKS</b>																				
<b>SIDE SALAD</b>																				
CUCUMBER	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
<b>SIDE SALAD</b>																				
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>GARLIC BREAD</b>																				
<b>PUDS</b>																				
<b>MIXED FRUIT SALAD</b>																				
FRUIT SALAD	YES	YES																		
<b>MIXED FRUIT SALAD</b>																				
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
<b>STRAWBERRY YOGHURT</b>																				
STRAWBERRY YOGHURT	YES	NO						Y												
<b>STRAWBERRY YOGHURT</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>STRAWBERRY FROZEN YOGHURT</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
<b>STRAWBERRY FROZEN YOGHURT</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>MINI DOUGHNUTS</b>																				
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y				Y	Y	Y	Y										
CHOCOLATE SAUCE	YES	YES																		
MINI SMARTIES	NO	NO								Y										
<b>MINI DOUGHNUTS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>										
<b>PANCAKES</b>																				
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
<b>PANCAKES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>FUNNY FACE SUNDAE</b>																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO							Y											
CUP CONES	YES	YES	Y				Y													
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO							Y											
<b>FUNNY FACE SUNDAE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>SUNDAY CARVERY</b>																				
<b>ROAST BEEF</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
<b>ROAST BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
			Cereals Containing Gluten																	
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>ROAST PORK</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
PORK LOIN JOINT	NO	NO																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO													Y					
APPLE SAUCE	YES	YES											Y							
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
<b>ROAST PORK</b>																				
	NO	NO	Y					Y	Y				Y		Y					
<b>ROAST CHICKEN</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
CHICKEN BREAST	NO	NO																		
GRAVY CONCENTRATE	NO	NO													Y					
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
<b>ROAST CHICKEN</b>																				
	NO	NO	Y					Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DAYTIME VALUE MENU</b>																				
<b>OUR STARTERS</b>																				
<b>POTATO DIPPERS</b>																				
UNSMOKED BACK BACON	NO	NO																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>POTATO DIPPERS</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LEEK & POTATO	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>SOUP OF THE DAY-MUSHROOM</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
MUSHROOM SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY-MUSHROOM</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>SOUP OF THE DAY- BROCCOLI</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
BROCCOLI SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- BROCCOLI</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CARROT & COR SOUP	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>OUR MAINS</b>																				
<b>MAC &amp; CHEESE</b>																				
MAC & CHEESE	YES	NO	Y					Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>MAC &amp; CHEESE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>			<b>Y</b>					
<b>BEEF STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y							Y	
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>BEEF STEAK BURGER WITH CHEESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>					
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y							Y	
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; BACON OPEN CLUB SANDWICH</b>																				
CIABATTA LOAF	YES	YES	Y	Y																
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>CHICKEN &amp; BACON OPEN CLUB SANDWICH</b>																				
CHICKEN & BACON OPEN CLUB SANDWICH	NO	NO	Y	Y				Y							Y					
<b>CHICKEN &amp; HAM PIE</b>																				
CHICKEN & HAM PIE	NO	NO	Y					Y	Y							Y				
GRAVY CONCENTRATE	NO	NO													Y					
GARDEN PEAS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y	Y										
<b>CHICKEN &amp; HAM PIE</b>																				
CHICKEN & HAM PIE	NO	NO	Y					Y	Y						Y	Y				
<b>HAND-BATTERED FISH &amp; CHIPS</b>																				
TARTARE SAUCE	YES	NO						Y								Y				
POLLOCK FILLETS	NO	NO								Y										
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS</b>																				
HAND-BATTERED FISH & CHIPS	NO	NO	Y					Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAND-BATTERED HADDOCK &amp; CHIPS</b>																				
TARTARE SAUCE	YES	NO						Y												
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>						<b>Y</b>				
<b>PAPRIKA CHICKEN</b>																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>										<b>Y</b>				<b>Y</b>				
<b>HAM, EGG &amp; CHIPS</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
THICK CUT HAM SLICES	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>HAM, EGG &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>80Z RUMP STEAK</b>																				
80Z BEEF RUMP STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>80Z RUMP STEAK</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GAMMON STEAK WITH FRIED EGG</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>GAMMON STEAK WITH FRIED EGG</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>GAMMON STEAK WITH PINEAPPLE RING</b>																				
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>GAMMON STEAK WITH PINEAPPLE RING</b>	<b>NO</b>	<b>NO</b>																		
<b>LASAGNE</b>																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LASAGNE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>SWEET POTATO &amp; FETA LASAGNE</b>																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>SWEET POTATO &amp; FETA LASAGNE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>JACKET POTATO WITH CHEESE &amp; BEANS</b>																				
BAKING POTATOES	YES	YES																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
BAKED BEANS	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>JACKET POTATO WITH CHEESE &amp; BEANS</b>	<b>YES</b>	<b>NO</b>							Y											
<b>CLASSIC PUDDINGS</b>																				
<b>CARAMEL APPLE PIE</b>																				
CARAMEL APPLE BETTY	YES	NO	Y					Y	Y				Y							
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE PIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>				<b>Y</b>							
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>	<b>YES</b>	<b>NO</b>							Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE</b>																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE</b>	<b>YES</b>	<b>NO</b>					<b>Y</b>		<b>Y</b>											
<b>MINI CHOCOLATE BROWNIE SUNDAE</b>																				
CHOCOLATE SAUCE	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ROLLED WAFER BISCUIT	YES	NO	Y				Y	Y	Y											
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y		Y		
<b>MINI CHOCOLATE BROWNIE SUNDAE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>							<b>Y</b>		<b>Y</b>		
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y		Y		
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>WARM CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>							<b>Y</b>		<b>Y</b>		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>EVENING VALUE STARTERS</b>																					
<b>CHICKEN GOUJONS</b>																					
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
ROCKET LEAF	YES	YES																			
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y													
<b>CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>													
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
LEEK & POTATO	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>																
<b>SOUP OF THE DAY-MUSHROOM</b>																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
MUSHROOM SOUP	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>SOUP OF THE DAY-MUSHROOM</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>																
<b>SOUP OF THE DAY- BROCCOLI</b>																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
BROCCOLI SOUP	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>SOUP OF THE DAY- BROCCOLI</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>																
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>																					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
CARROT & COR SOUP	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>																
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																					
RAPESEED OIL	YES	YES																			
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																		
BBQ SAUCE	YES	YES																			
ROCKET LEAF	YES	YES																			
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>MAC &amp; CHEESE</b>																				
MAC & CHEESE	YES	NO	Y					Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>MAC &amp; CHEESE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>					<b>Y</b>			<b>Y</b>				
<b>SWEET POTATO &amp; FETA LASAGNE</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y	Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y	Y											
<b>SWEET POTATO &amp; FETA LASAGNE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				
<b>HAND-BATTERED FISH &amp; CHIPS</b>																				
TARTARE SAUCE	YES	NO						Y								Y				
POLLOCK FILLETS	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPSEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPSEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>							<b>Y</b>				
<b>HAND-BATTERED HADDOCK &amp; CHIPS</b>																				
TARTARE SAUCE	YES	NO						Y								Y				
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
PLAIN FLOUR	YES	YES	Y																	
RAPSEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPSEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>							<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>CHICKEN &amp; HAM PIE</b>																					
CHICKEN & HAM PIE	NO	NO	Y					Y	Y							Y					
GRAVY CONCENTRATE	NO	NO													Y						
GARDEN PEAS	YES	YES																			
SALTED BUTTER BLOCK	YES	NO						Y													
MASHED POTATO	YES	NO						Y													
<b>CHICKEN &amp; HAM PIE</b>																					
NO	NO	Y					Y	Y						Y	Y						
<b>GAMMON STEAK WITH FRIED EGG</b>																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
CAGE FREE MED BARN EGGS	YES	NO						Y													
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
<b>GAMMON STEAK WITH FRIED EGG</b>																					
NO	NO						Y														
<b>GAMMON STEAK WITH PINEAPPLE RING</b>																					
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
PINEAPPLE IN JUICE	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RAPESEED OIL	YES	YES																			
<b>GAMMON STEAK WITH PINEAPPLE RING</b>																					
NO	NO																				
<b>BEEF STEAK BURGER WITH CHEESE</b>																					
VEGAN BURGER SAUCE	YES	YES																		Y	
CHEESE SLICES	YES	NO						Y													
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES										Y				Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y								
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>BEEF STEAK BURGER WITH CHEESE</b>																					
NO	NO	Y					Y	Y				Y	Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>																					
VEGAN BURGER SAUCE	YES	YES																			
CHEESE SLICES	YES	NO						Y								Y					
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES										Y				Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>																					
	NO	NO	Y					Y	Y					Y	Y		Y				
<b>PAPRIKA CHICKEN</b>																					
PAPRIKA CHICKEN BREAST	NO	NO																			
SALAD LEAF MIX	YES	YES																			
FRENCH DRESSING	YES	YES										Y				Y					
CUCUMBER	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>PAPRIKA CHICKEN</b>																					
	NO	NO											Y			Y					
<b>LASAGNE</b>																					
GARLIC BREAD SLICES	YES	NO	Y						Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y						
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>LASAGNE</b>																					
	NO	NO	Y		Y			Y	Y					Y	Y						
<b>PUDDINGS</b>																					
<b>WARM CHOCOLATE BROWNIE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
CARAMEL SAUCE	YES	NO							Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>WARM CHOCOLATE BROWNIE</b>																					
	YES	NO	Y					Y	Y								Y		Y		
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																					
CARAMEL SAUCE	YES	NO							Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																					
	YES	NO							Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																					
RASPBERRY SAUCE	YES	YES																			
VANILLA ICE CREAM	YES	NO						Y													
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																					
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO						Y													
<b>DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE</b>																					
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE</b>																					
DAIRY ICE CREAM WITH CHOCOLATE FLAVOUR SAUCE	YES	NO					Y		Y												
<b>CARAMEL APPLE PIE</b>																					
CARAMEL APPLE BETTY	YES	NO	Y					Y	Y				Y								
CUSTARD RTS	YES	NO							Y												
<b>CARAMEL APPLE PIE</b>																					
CARAMEL APPLE PIE	YES	NO	Y					Y	Y				Y								
<b>MINI CHOCOLATE BROWNIE SUNDAE</b>																					
CHOCOLATE SAUCE	YES	YES																			
CHOCSTIX	YES	NO					Y		Y												
FRESH HERBS MINT	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
ROLLED WAFER BISCUIT	YES	NO	Y				Y	Y	Y												
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
<b>MINI CHOCOLATE BROWNIE SUNDAE</b>																					
MINI CHOCOLATE BROWNIE SUNDAE	YES	NO	Y				Y	Y	Y								Y		Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SUNDAY ROAST</b>																				
<b>TOPSIDE OF BEEF</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
SALTED BUTTER BLOCK	YES	NO						Y												
BEEF TOPSIDE JOINT	NO	NO																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SHREDDED SAVOY CABBAGE	YES	YES																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y		Y						
<b>TOPSIDE OF BEEF</b>																				
	NO	NO	Y				Y	Y				Y		Y						
<b>LOIN OF PORK</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
RAPESEED OIL	YES	YES																		
PORK LOIN JOINT	NO	NO																		
APPLE SAUCE	YES	YES										Y								
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y		Y						
<b>LOIN OF PORK</b>																				
	NO	NO	Y				Y	Y				Y		Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HALF ROASTED CHICKEN</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y		Y						
<b>HALF ROASTED CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>						
<b>FAKE AND ALE PIE</b>																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y									Y						
WHOLE GREEN BEANS	YES	YES																		
SUNDAY ROAST STUFFING	YES	YES	Y																	
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
GARDEN PEAS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SHREDDED SAVOY CABBAGE	YES	YES																		
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROCK SALT	YES	YES																		
<b>FAKE AND ALE PIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>CAULIFLOWER CHEESE</b>																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>CAULIFLOWER CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BUFFET MENU</b>																				
<b>BUFFET 1</b>																				
<b>SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>HAM &amp; MUSTARD</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER BLOCK	YES	NO							Y											
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>POP IN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
<b>TOTAL POP IN CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						Y												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>TOTAL GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										Y			Y					
<b>BUFFET 2 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y	Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAM &amp; MUSTARD</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>							<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TOTAL TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BUFFET 3 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO							Y											
SALTED BUTTER BLOCK	YES	NO							Y											
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y										Y	
CAGE FREE MED BARN EGGS	YES	NO							Y											
SALTED BUTTER BLOCK	YES	NO							Y	Y										
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>	<b>Y</b>									<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; BACON</b>																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
LEMON CASE	YES	NO																		
<b>TOTAL CHICKEN &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO									Y									
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BEETROOT, ONION &amp; VEGETABLE TARTLETS</b>																				
BEETROOT & ONION TART	YES	YES	Y																	
<b>BEETROOT, ONION &amp; VEGETABLE TARTLETS</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>																	
<b>POTATO DIPPERS</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL POTATO DIPPERS</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PIGS IN BLANKETS</b>																				
PIGS IN BLANKETS	NO	NO																		
PIGS IN BLANKETS	NO	NO																		
<b>DESSERTS</b>																				
<b>CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES																		
<b>TOTAL CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>										<b>Y</b>	<b>Y</b>
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
<b>TOTAL PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>BANOFFEE BITES</b>																				
STICKY TOFFEE BANOFFEE PUD	YES	NO	Y					Y	Y											
<b>BANOFFEE BITES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE AUTUMN DRINKS</b>																				
<b>WHITELEY NEILL BLACKBERRY GIN</b>																				
WHITLEY NEILL BLACKBERRY GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>WHITELEY NEILL BLACKBERRY GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>TANQUERY GIN &amp; TONIC</b>																				
TANQUERAY FLOR DE SEVILLA	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>TANQUERY GIN &amp; TONIC</b>	<b>YES</b>	<b>NO</b>																		
<b>SIPSMITH GIN &amp; TONIC</b>																				
SIPSMITH GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>SIPSMITH GIN &amp; TONIC</b>	<b>YES</b>	<b>NO</b>																		
<b>GORDONS GIN &amp; TONIC</b>																				
GORDONS GIN	NO	NO																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>GORDONS GIN &amp; TONIC</b>	<b>NO</b>	<b>NO</b>																		
<b>HENDRICKS GIN</b>																				
HENDRICKS	YES	YES																		
BVC TONIC WATER	YES	YES																		
CUCUMBER	YES	YES																		
<b>HENDRICKS GIN</b>	<b>YES</b>	<b>YES</b>																		
<b>BOMBAY SAPPHIRE GIN</b>																				
BOMBAY SAPPHIRE	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
<b>BOMBAY SAPPHIRE GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>GORDONS PINK GIN</b>																				
GORDONS PINK GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
STRAWBERRIES	YES	YES																		
<b>GORDONS PINK GIN</b>	<b>YES</b>	<b>YES</b>																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TANQUERY FLOR DE SEVILLA</b>																				
TANQUERAY FLOR DE SEVILLA	YES	YES																		
BVC TONIC WATER	YES	YES																		
ORANGE MEDIUM	YES	NO																		
<b>TANQUERY FLOR DE SEVILLA</b>	<b>YES</b>	<b>NO</b>																		
<b>WARNER EDWARDS RHUBARB GIN</b>																				
WARNER EDWARDS RHUBARB GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
<b>WARNER EDWARDS RHUBARB GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>ALTERNATIVE TONICS</b>																				
FEVER TREE TONIC	YES	YES																		
FEVER TREE LIGHT TONIC	YES	YES																		
FEVER TREE GINGER BEER	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
FEVERTREE ELDERFLOWER TONIC	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
BVC TONIC WATER	YES	YES																		
<b>DRAUGHT</b>																				
COORS LIGHT DRAUGHT	NO	NO	Y			Y														
THATCHERS	YES	YES										Y								
STELLA 4.8%	YES	YES				Y							Y							
SAN MIGUEL	YES	YES				Y							Y							
GUINNESS	NO	NO				Y														
DOOM BAR CASK	NO	NO				Y														

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREAKFAST MENU</b>																				
<b>ACCOMPANIMENTS</b>																				
SEMI SKIMMED MILK	YES	NO							Y											
WHOLE MILK	YES	NO							Y											
SKIMMED MILK	YES	NO							Y											
ALPRO SOYA DRINK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
<b>FULL BREAKFAST</b>																				
<b>BACON</b>																				
UNSMOKED BACK BACON	NO	NO																		
<b>TOTAL BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>SAUSAGE</b>																				
BREAKFAST SAUSAGE	NO	NO	Y									Y								
<b>TOTAL SAUSAGE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								
<b>VEGETARIAN SAUSAGE</b>																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
<b>TOTAL VEGETARIAN SAUSAGE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>SCRAMBLED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
<b>TOTAL SCRAMBLED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>FRIED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL FRIED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>POACHED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL POACHED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BOILED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL BOILED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>OMELETTE</b>																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL OMELETTE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HASH BROWNS</b>																				
HASH BROWNS	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL HASH BROWNS</b>	<b>YES</b>	<b>YES</b>																		
<b>BUBBLE AND SQUEAK</b>																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES						Y												
<b>TOTAL BUBBLE AND SQUEAK</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BLACK PUDDING</b>																				
BLACK PUDDING	NO	NO	Y		Y															
<b>TOTAL BLACK PUDDING</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>MUSHROOMS WITH BUTTER</b>																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL MUSHROOMS WITH BUTTER</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>TOMATO</b>																				
TOMATO M	YES	YES																		
<b>TOTAL TOMATO</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO (RATIONAL)</b>																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL TOMATO (RATIONAL)</b>	<b>YES</b>	<b>YES</b>																		
<b>BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>TOTAL BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>CONTINENTAL BREAKFAST</b>																				
<b>BAKERY</b>																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
delisted SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS	YES	YES																		
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
delisted ASSORTED JAM PORTIONS- RASPBERRY																				
delisted ASSORTED JAM PORTIONS- BLACKCURRANT																				
delisted ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
<b>FRUITS</b>																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES											Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>YOGHURTS AND CEREALS</b>																				
STRAWBERRY YOGHURT	YES	NO						Y												
VANILLA YOGHURT	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y												Y			
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y				Y								
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y	Y														
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y														
<b>PORRIDGE WITH COWS' MILK</b>																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
<b>TOTAL PORRIDGE WITH COWS' MILK</b>	<b>YES</b>	<b>NO</b>				Y		Y												
<b>PORRIDGE WITH ALPRO SOYA DRINK</b>																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
ALPRO SOYA DRINK	YES	YES					Y													
<b>TOTAL PORRIDGE WITH ALPRO SOYA DRINK</b>	<b>YES</b>	<b>YES</b>				Y	Y													
<b>DRINKS</b>																				
<b>TEAS PLEASE SEE TWINNINGS WEBSITE</b>																				
<b>COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE</b>																				
<b>FRUIT JUICES &amp; SMOOTHIES</b>																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE DRINK	YES	YES										Y								
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans