



### **Allergy and dietary information**

Our allergy information guide is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)** and products thereof.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas and deep fat fryers. If you would like further information on our cooking methods, don't be afraid to ask! **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

### **KEY FOR ALLERGY INFORMATION GUIDE**



Suitable for ovo-lacto vegetarians



Suitable for ovo-lacto vegetarians/ vegans



## Starters

### LOADED NACHOS - **V**

Contains: Milk

May Contains: No major allergens

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1967 kJ / 471 kcal | 27.0 g | 5.8 g     | 46.6 g        | 5.5 g  | 8.4 g   | 1.84 g |

### LOADED NACHOS VEGAN - **VE V**

Contains: No major allergens

May Contains: No major allergens

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2201 kJ / 528 kcal | 31.0 g | 18.6 g    | 55.7 g        | 2.1 g  | 4.3 g   | 2.70 g |

### LOADED POTATO DIPPERS

Contains: Milk

May Contains: No major allergens

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1840 kJ / 441 kcal | 25.7 g | 10.0 g    | 35.0 g        | 2.4 g  | 17.2 g  | 1.49 g |

### PRAWN COCKTAIL WITH NON GLUTEN CONTAINING INGREDIENT BREAD

Contains: Crustaceans, Egg, Milk, Mustard

May Contain: Sulphite

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1534 kJ / 368 kcal | 21.9 g | 6.4 g     | 25.5 g        | 9.6 g  | 14.3 g  | 1.78 g |

### TOMATO SOUP VEGAN - **VE V**

Contains: No major allergens

May Contains: No major allergens

| Per Portion: | Energy            | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|--------|-----------|---------------|--------|---------|--------|
|              | 831 kJ / 199 kcal | 10.8 g | 3.3 g     | 20.4 g        | 14.1 g | 3.6 g   | 1.11 g |

### TOMATO SOUP WITH NON GLUTEN CONTAINING INGREDIENT BREAD - **V**

Contains: Egg

May Contains: No major allergens

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1219 kJ / 291 kcal | 12.8 g | 3.5 g     | 35.5 g        | 14.5 g | 4.8 g   | 1.51 g |

## Mains

### 8OZ RUMP STEAK WITH PEAS AND TOMATO

Contains: No major allergens

May Contains: No major allergens

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1581 kJ / 376 kcal | 13.7 g | 6.2 g     | 11.4 g        | 5.2 g  | 53.8 g  | 1.23 g |

### Add Skin-on Chips 175g - **VE V**

Contains: No major allergens

May Contains: No major allergens

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

### Add Mixed Side Salad - **VE V**

Contains: Mustard, Sulphite

May Contains: No major allergens

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 175 kJ / 42 kcal | 1.5 g | 0.2 g     | 5.0 g         | 3.9 g  | 1.3 g   | 0.18 g |

**8OZ SIRLOIN STEAK WITH PEAS AND TOMATO***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1577 kJ / 376 kcal | 13.3 g | 5.8 g     | 11.4 g        | 5.6 g  | 54.1 g  | 1.21 g |

**Add Skin-on Chips 175g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

**Add Mixed Side Salad - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 175 kJ / 42 kcal | 1.5 g | 0.2 g     | 5.0 g         | 3.9 g  | 1.3 g   | 0.18 g |

**BIG STACK BURGER WITHOUT BUN***Contains: Egg, Milk, Mustard**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 3271 kJ / 787 kcal | 59.7 g | 23.8 g    | 12.4 g        | 9.6 g  | 49.8 g  | 4.34 g |

**Add Skin-on Chips 175g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

**Add Non Gluten Containing Ingredient Burger Bun - V***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 701 kJ / 167 kcal | 3.6 g | 0.4 g     | 25.9 g        | 3.2 g  | 4.2 g   | 0.66 g |

**Add Mixed Side Salad - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 175 kJ / 42 kcal | 1.5 g | 0.2 g     | 5.0 g         | 3.9 g  | 1.3 g   | 0.18 g |

**CHEESE & BACON BURGER WITHOUT BUN***Contains: Egg, Milk, Mustard**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2131 kJ / 513 kcal | 38.4 g | 13.5 g    | 9.2 g         | 7.0 g  | 31.8 g  | 3.09 g |

**Add Skin-on Chips 175g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

**Add Non Gluten Containing Ingredient Burger Bun - V***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 701 kJ / 167 kcal | 3.6 g | 0.4 g     | 25.9 g        | 3.2 g  | 4.2 g   | 0.66 g |

**Add Mixed Side Salad - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 175 kJ / 42 kcal | 1.5 g | 0.2 g     | 5.0 g         | 3.9 g  | 1.3 g   | 0.18 g |

**CHICKEN TIKKA CURRY WITH RICE***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2240 kJ / 534 kcal | 20.4 g | 5.1 g     | 54.6 g        | 7.6 g  | 29.8 g  | 2.29 g |

**FRESH MIXED SALAD - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 424 kJ / 101 kcal | 2.3 g | 0.4 g     | 13.5 g        | 11.6 g | 4.7 g   | 0.24 g |

**Add French Dressing - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 272 kJ / 66 kcal | 5.4 g | 0.5 g     | 4.1 g         | 3.2 g  | 0.1 g   | 0.41 g |

**Add Marie Rose Dressing - V***Contains: Egg, Mustard**May Contain: Sulphite*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 405 kJ / 98 kcal | 8.0 g | 0.6 g     | 6.1 g         | 5.6 g  | 0.3 g   | 0.40 g |

**GAMMON STEAK WITH PEAS AND TOMATO***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1600 kJ / 384 kcal | 23.9 g | 1.9 g     | 7.9 g         | 5.0 g  | 32.6 g  | 4.37 g |

**Add Skin-on Chips 175g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

**Add 1 Fried Egg - V***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy            | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|--------|-----------|---------------|--------|---------|--------|
|              | 897 kJ / 216 kcal | 17.0 g | 3.6 g     | 0.1 g         | 0.1 g  | 15.9 g  | 0.38 g |

**Add Pineapple - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 185 kJ / 44 kcal | 0.0 g | 0.0 g     | 10.5 g        | 10.5 g | 0.3 g   | 0.01 g |

**Add 1 Fried Egg & 1 Pineapple - V***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 541 kJ / 130 kcal | 8.5 g | 1.8 g     | 5.3 g         | 5.3 g  | 8.1 g   | 0.20 g |

**SMOTHERED CHICKEN***Contains: Egg, Milk, Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1933 kJ / 461 kcal | 20.5 g | 7.9 g     | 20.9 g        | 14.4 g | 46.8 g  | 3.15 g |

**Add Skin-on Chips 175g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

**SPICY GRILLED CHICKEN BURGER WITHOUT BUN***Contains: Egg, Mustard**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1529 kJ / 365 kcal | 19.6 g | 1.3 g     | 12.1 g        | 9.3 g  | 34.2 g  | 1.93 g |

**Add Skin-on Chips 175g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

**Add Non Gluten Containing Ingredient Burger Bun - V***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 701 kJ / 167 kcal | 3.6 g | 0.4 g     | 25.9 g        | 3.2 g  | 4.2 g   | 0.66 g |

**Add Mixed Side Salad - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 175 kJ / 42 kcal | 1.5 g | 0.2 g     | 5.0 g         | 3.9 g  | 1.3 g   | 0.18 g |

## Sides

**CHIPOTLE BEEF CHILLI TOPPED CHIPS SHARER (per portion)***Contains: Celery, Milk, Soya**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1680 kJ / 401 kcal | 20.2 g | 3.9 g     | 42.6 g        | 3.5 g  | 9.5 g   | 2.12 g |

**CHIPOTLE BEEF CHILLI TOPPED CHIPS SINGLE***Contains: Celery, Milk, Soya**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1680 kJ / 401 kcal | 20.2 g | 3.9 g     | 42.6 g        | 3.5 g  | 9.5 g   | 2.12 g |

**COLESLAW - V***Contains: Egg, Mustard**May Contains: No major allergens*

| Per Portion: | Energy            | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|--------|-----------|---------------|--------|---------|--------|
|              | 639 kJ / 154 kcal | 11.7 g | 0.9 g     | 9.0 g         | 6.4 g  | 1.5 g   | 0.80 g |

**SIDE SALAD - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 175 kJ / 42 kcal | 1.5 g | 0.2 g     | 5.0 g         | 3.9 g  | 1.3 g   | 0.18 g |

**SKIN-ON CHIPS - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1163 kJ / 277 kcal | 12.2 g | 0.9 g     | 36.1 g        | 0.7 g  | 3.9 g   | 1.47 g |

# Desserts

## FRUIT SALAD - **VE** **V**

*Contains: No major allergens*

*May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 448 kJ / 106 kcal | 0.2 g | 0.0 g     | 22.8 g        | 22.8 g | 1.4 g   | 0.01 g |

## ICE CREAM SUNDAE WITH CADBURY DAIRY MILK CARAMEL NIBBLES - **V**

*Contains: Milk, Soya*

*May Contain: Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2136 kJ / 509 kcal | 22.0 g | 14.1 g    | 68.4 g        | 62.4 g | 8.3 g   | 0.38 g |

## MIXED BERRIES CHEESECAKE WITH VANILLA DAIRY ICE CREAM - **V**

*Contains: Egg, Milk*

*May Contain: Tree Nuts (Almond, Hazelnut, Pecan, Pistachio, Walnut)*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2554 kJ / 611 kcal | 34.7 g | 12.2 g    | 65.0 g        | 42.7 g | 8.6 g   | 0.34 g |

# Sunday Roast

## SUNDAY ROAST BEEF

*Contains: No major allergens*

*May Contains: No major allergens*

| Per Portion: | Energy              | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|---------------------|--------|-----------|---------------|--------|---------|--------|
|              | 4900 kJ / 1175 kcal | 68.2 g | 11.9 g    | 91.3 g        | 17.2 g | 43.4 g  | 2.64 g |

## SUNDAY ROAST GAMMON

*Contains: No major allergens*

*May Contains: No major allergens*

| Per Portion: | Energy              | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|---------------------|--------|-----------|---------------|--------|---------|--------|
|              | 4625 kJ / 1108 kcal | 61.6 g | 8.9 g     | 92.5 g        | 17.2 g | 40.4 g  | 4.67 g |

## SUNDAY ROAST TURKEY

*Contains: No major allergens*

*May Contains: No major allergens*

| Per Portion: | Energy              | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|---------------------|--------|-----------|---------------|--------|---------|--------|
|              | 4313 kJ / 1031 kcal | 50.0 g | 4.2 g     | 91.9 g        | 17.2 g | 47.9 g  | 3.56 g |

## TRIO OF ROAST

*Contains: No major allergens*

*May Contains: No major allergens*

| Per Portion: | Energy              | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|---------------------|--------|-----------|---------------|--------|---------|--------|
|              | 4613 kJ / 1105 kcal | 59.9 g | 8.4 g     | 91.9 g        | 17.2 g | 43.9 g  | 3.73 g |

## Sunday Roast Condiments

### Add Horseradish 30g - **V**

*Contains: Egg, Milk, Mustard, Sulphite*

*May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 250 kJ / 60 kcal | 4.5 g | 0.3 g     | 3.8 g         | 3.7 g  | 1.0 g   | 1.35 g |

### Add Apple Sauce 30g - **VE** **V**

*Contains: Sulphite*

*May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 113 kJ / 27 kcal | 0.0 g | 0.0 g     | 6.4 g         | 5.3 g  | 0.1 g   | 0.00 g |

**Add Cranberry Sauce 30g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 225 kJ / 53 kcal | 0.0 g | 0.0 g     | 12.9 g        | 12.6 g | 0.0 g   | 0.07 g |

## Kids Sunday Roast

**KIDS SUNDAY ROAST BEEF***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2441 kJ / 585 kcal | 34.1 g | 7.0 g     | 39.1 g        | 8.2 g  | 27.1 g  | 1.00 g |

**KIDS SUNDAY ROAST GAMMON***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2258 kJ / 540 kcal | 29.7 g | 5.0 g     | 39.9 g        | 8.2 g  | 25.1 g  | 2.35 g |

**KIDS SUNDAY ROAST TURKEY***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 2050 kJ / 489 kcal | 22.0 g | 1.8 g     | 39.5 g        | 8.2 g  | 30.1 g  | 1.61 g |

## Kids Starters

**KIDS TORTILLA CHIPS WITH DIP - V***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 692 kJ / 165 kcal | 6.6 g | 1.0 g     | 21.3 g        | 2.9 g  | 4.1 g   | 0.25 g |

**KIDS VEGAN TORTILLA CHIPS WITH TOMATO - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 630 kJ / 150 kcal | 6.4 g | 0.9 g     | 20.0 g        | 1.5 g  | 2.1 g   | 0.21 g |

**KIDS VEGGIE STICKS WITH DIP - V***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 132 kJ / 31 kcal | 0.4 g | 0.1 g     | 4.2 g         | 4.0 g  | 2.6 g   | 0.07 g |

## Kids Mains - Smaller Appetites

**KIDS GRILLED CHICKEN BREAST***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 328 kJ / 77 kcal | 1.2 g | 0.3 g     | 0.1 g         | 0.2 g  | 16.4 g  | 0.55 g |

**Kids Sides**

**Add Skin-on Chips 100g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 665 kJ / 158 kcal | 7.0 g | 0.5 g     | 20.6 g        | 0.4 g  | 2.2 g   | 0.84 g |

**Add Mashed Potato - V***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 440 kJ / 105 kcal | 3.6 g | 2.2 g     | 15.2 g        | 0.5 g  | 2.0 g   | 0.52 g |

**Add Mini Jacket Potatoes - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 648 kJ / 155 kcal | 0.3 g | 0.2 g     | 32.6 g        | 3.7 g  | 4.1 g   | 0.10 g |

**Add Salad - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 115 kJ / 28 kcal | 1.4 g | 0.1 g     | 2.6 g         | 2.5 g  | 0.9 g   | 0.07 g |

**Add Mini Corn on the Cobs - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 200 kJ / 48 kcal | 1.1 g | 0.2 g     | 5.7 g         | 1.5 g  | 2.2 g   | 0.00 g |

**Add Peas - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 198 kJ / 47 kcal | 0.4 g | 0.1 g     | 6.3 g         | 3.3 g  | 3.1 g   | 0.01 g |

**Add Baked Beans - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 174 kJ / 41 kcal | 0.1 g | 0.0 g     | 6.7 g         | 2.7 g  | 2.5 g   | 0.28 g |

## Kids Mains - Larger Appetites

**KIDS BEEF BURGER WITH BUN***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1631 kJ / 390 kcal | 19.0 g | 7.4 g     | 27.4 g        | 4.7 g  | 23.6 g  | 0.87 g |

**KIDS GRILLED CHICKEN BREAST BURGER WITH BUN***Contains: Egg**May Contains: No major allergens*

| Per Portion: | Energy             | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|-------|-----------|---------------|--------|---------|--------|
|              | 1071 kJ / 254 kcal | 5.0 g | 0.8 g     | 27.4 g        | 4.9 g  | 20.9 g  | 1.22 g |

**Kids Sides****Add Skin-on Chips 100g - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 665 kJ / 158 kcal | 7.0 g | 0.5 g     | 20.6 g        | 0.4 g  | 2.2 g   | 0.84 g |



**Add Mashed Potato - V***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 440 kJ / 105 kcal | 3.6 g | 2.2 g     | 15.2 g        | 0.5 g  | 2.0 g   | 0.52 g |

**Add Mini Jacket Potatoes - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 648 kJ / 155 kcal | 0.3 g | 0.2 g     | 32.6 g        | 3.7 g  | 4.1 g   | 0.10 g |

**Add Salad - VE V***Contains: Mustard, Sulphite**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 115 kJ / 28 kcal | 1.4 g | 0.1 g     | 2.6 g         | 2.5 g  | 0.9 g   | 0.07 g |

**Add Mini Corn on the Cobs - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 200 kJ / 48 kcal | 1.1 g | 0.2 g     | 5.7 g         | 1.5 g  | 2.2 g   | 0.00 g |

**Add Peas - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 198 kJ / 47 kcal | 0.4 g | 0.1 g     | 6.3 g         | 3.3 g  | 3.1 g   | 0.01 g |

**Add Baked Beans - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 174 kJ / 41 kcal | 0.1 g | 0.0 g     | 6.7 g         | 2.7 g  | 2.5 g   | 0.28 g |

## Kids Desserts

**BERRY BLAST SUNDAE - V***Contains: Milk**May Contain: Milk, Soya, Tree Nuts (Hazelnut)*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 521 kJ / 125 kcal | 6.9 g | 4.7 g     | 13.0 g        | 10.3 g | 2.3 g   | 0.07 g |

**KIDS FRUIT SALAD - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 211 kJ / 50 kcal | 0.1 g | 0.0 g     | 10.8 g        | 10.8 g | 0.6 g   | 0.00 g |

**KIDS ICE CREAM - V***Contains: Milk, Soya**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 610 kJ / 146 kcal | 6.5 g | 4.2 g     | 17.8 g        | 13.0 g | 3.8 g   | 0.11 g |

**PIP ORGANIC BERRY ICE LOLLY - VE V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy          | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-----------------|-------|-----------|---------------|--------|---------|--------|
|              | 66 kJ / 16 kcal | 0.0 g | 0.0 g     | 3.9 g         | 3.7 g  | 0.0 g   | 0.00 g |

**PIP ORGANIC RAINBOW FRUITY ICE LOLLY -** **VE** **V***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy          | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-----------------|-------|-----------|---------------|--------|---------|--------|
|              | 76 kJ / 18 kcal | 0.0 g | 0.0 g     | 4.5 g         | 4.2 g  | 0.0 g   | 0.00 g |

## Upgrade

**Add 2 Dry-Cured Oak-Smoked Streaky Bacon***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 262 kJ / 63 kcal | 4.0 g | 1.3 g     | 0.2 g         | 0.1 g  | 6.5 g   | 0.91 g |

**Add 4oz Burger***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|--------|-----------|---------------|--------|---------|--------|
|              | 888 kJ / 214 kcal | 15.3 g | 6.9 g     | 0.1 g         | 0.1 g  | 19.0 g  | 1.21 g |

**Add Chipotle Beef Chili***Contains: Celery, Milk, Soya**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 523 kJ / 125 kcal | 6.0 g | 2.8 g     | 8.1 g         | 2.9 g  | 8.3 g   | 0.69 g |

**Add Double Smothered Chicken***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy             | Fat    | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|--------------------|--------|-----------|---------------|--------|---------|--------|
|              | 1369 kJ / 325 kcal | 11.4 g | 6.2 g     | 15.7 g        | 10.3 g | 39.4 g  | 1.91 g |

**Add Grilled Chicken Breast***Contains: No major allergens**May Contains: No major allergens*

| Per Portion: | Energy            | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|-------------------|-------|-----------|---------------|--------|---------|--------|
|              | 657 kJ / 155 kcal | 2.5 g | 0.6 g     | 0.1 g         | 0.5 g  | 32.7 g  | 2.11 g |

**Add a Cheese Slice -** **V***Contains: Milk**May Contains: No major allergens*

| Per Portion: | Energy           | Fat   | Saturates | Carbohydrates | Sugars | Protein | Salt   |
|--------------|------------------|-------|-----------|---------------|--------|---------|--------|
|              | 345 kJ / 83 kcal | 7.0 g | 4.3 g     | 0.0 g         | 0.0 g  | 5.1 g   | 0.38 g |