

# Table Table



## *Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## **KEY FOR TABLE TABLE ALLERGY INFORMATION GUIDE**

**Yes** The allergen is present

**Yes** Suitable for ovo-lacto vegetarians/ vegans

**No** Not suitable for ovo-lacto vegetarians/ vegans



| Ingredient Name/Dish Name | Ingredient Contains Cereals containing gluten - wheat | Ingredient Contains Cereals containing gluten - rye | Ingredient Contains Cereals containing gluten - barley | Ingredient Contains Cereals containing gluten - oats | Ingredient Contains Soya Or Products thereof | Ingredient Contains Egg Or Products thereof | Ingredient Contains Milk Or Products thereof | Ingredient Contains Fish Or Products thereof | Ingredient Contains Crustaceans Or Products thereof | Ingredient Contains Molluscs Or Products thereof | Ingredient Contains Sesame Or Products thereof | Ingredient Contains Celery Or Products thereof | Ingredient Contains Mustard Or Products thereof | Ingredient Contains Peanut Or Products thereof | Ingredient Contains Lupin Or Products thereof | Ingredient Contains Sulphites | Ingredient Contains Tree Nuts - Almond? | Ingredient Contains Tree Nuts - Hazelnut? | Ingredient Contains Tree Nuts - Walnut? | Ingredient Contains Tree Nuts - Cashew? | Ingredient Contains Tree Nuts - Pecan? | Ingredient Contains Tree Nuts - Brazil? | Ingredient Contains Tree Nuts - Pistachio? | Ingredient Contains Tree Nuts - Macadamia? | Is the product suitable for Vegans? | Is the Product suitable for Vegetarians? |
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**MEATLESS MEALS**

**STARTERS**

| <b>LOADED NACHOS</b>          |  |  | Yes |  | Yes |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
|-------------------------------|--|--|-----|--|-----|--|--|--|--|--|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|-----|
| Sloppy Joes Vegan (10001740)  |  |  | Yes |  | Yes |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Chillies Red (54235)          |  |  |     |  |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Fresh Herbs Coriander (54239) |  |  |     |  |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Onions Spring Bunch (54250)   |  |  |     |  |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Tomato M (54216)              |  |  |     |  |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Tortilla Chips (54045)        |  |  |     |  |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Vegan Sliced Cheese           |  |  |     |  |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |

|                                       |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |     |     |     |
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| CAULIFLOWER BITES                     | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  | Yes | Yes |     |
| Battered Cauliflower Wings (10001910) | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |     | Yes | Yes |
| Piri Piri Sauce (53253)               |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  | Yes | Yes |     |

|                                       |     |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |    |     |
|---------------------------------------|-----|--|--|--|--|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----|-----|
| GARLIC FLATBREAD WITH CHEESE          | Yes |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | No | Yes |
| Flatbread Hand Pressed (54502)        | Yes |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | No | Yes |
| Garlic & Parsley Butter Blend (48641) |     |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | No | Yes |
| Mozzarella/Mildcheddar Mix (54491)    |     |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | No | Yes |

|                                       |     |  |  |  |  |  |     |  |  |  |  |  |  |  |  |     |  |  |  |  |  |  |  |    |     |
|---------------------------------------|-----|--|--|--|--|--|-----|--|--|--|--|--|--|--|--|-----|--|--|--|--|--|--|--|----|-----|
| GARLIC FLATBREAD WITH CHEESE & ONION  | Yes |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  | No | Yes |
| Port & Onion Confit (10001730)        |     |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  | No | Yes |
| Flatbread Hand Pressed (54502)        | Yes |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |     |  |  |  |  |  |  |  | No | Yes |
| Garlic & Parsley Butter Blend (48641) |     |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |     |  |  |  |  |  |  |  | No | Yes |
| Mozzarella/Mildcheddar Mix (54491)    |     |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |     |  |  |  |  |  |  |  | No | Yes |

| Ingredient Name/Dish Name             | Ingredient Contains Cereals containing gluten - wheat | Ingredient Contains Cereals containing gluten - rye | Ingredient Contains Cereals containing gluten - barley | Ingredient Contains Cereals containing gluten - oats | Ingredient Contains Soya Or Products thereof | Ingredient Contains Egg Or Products thereof | Ingredient Contains Milk Or Products thereof | Ingredient Contains Fish Or Products thereof | Ingredient Contains Crustaceans Or Products thereof | Ingredient Contains Molluscs Or Products thereof | Ingredient Contains Sesame Or Products thereof | Ingredient Contains Celery Or Products thereof | Ingredient Contains Mustard Or Products thereof | Ingredient Contains Peanut Or Products thereof | Ingredient Contains Lupin Or Products thereof | Ingredient Contains Sulphites | Ingredient Contains Tree Nuts - Almond? | Ingredient Contains Tree Nuts - Hazelnut? | Ingredient Contains Tree Nuts - Walnut? | Ingredient Contains Tree Nuts - Cashew? | Ingredient Contains Tree Nuts - Pecan? | Ingredient Contains Tree Nuts - Brazil? | Ingredient Contains Tree Nuts - Pistachio? | Ingredient Contains Tree Nuts - Macadamia? | Is the product suitable for Vegans? | Is the Product suitable for Vegetarians? |
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| SUPER SIDES                           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            |                                     |                                          |
| LOADED CHILLI CHEEZE FRIES            |                                                       |                                                     | Yes                                                    |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                | Yes                                            |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Sloppy Joes Vegan (10001740)          |                                                       |                                                     | Yes                                                    |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                | Yes                                            |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Chips Skin-On (54547)                 |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Onions Spring Bunch (54250)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Rapeseed Oil 100 Abv 2X10L (10002276) |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vegan Sliced Cheese                   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
|                                       |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            |                                     |                                          |
| MIXED SIDE SALAD                      |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Cucumber Half Slice (54220)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| French Dressing (53514)               |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Onions Red (10002596)                 |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Salad Leaf Mix (10001145, 10001146)   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Tomato M (54216)                      |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
|                                       |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            |                                     |                                          |
| TENDERSTEM BOCCOLI                    |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Tenderstem Broccoli (10000524)        |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
|                                       |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            |                                     |                                          |
| COLESLAW                              |                                                       |                                                     |                                                        |                                                      |                                              | Yes                                         |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Coleslaw Mix (10001143, 10001144)     |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Mayonnaise Light (54568)              |                                                       |                                                     |                                                        |                                                      |                                              | Yes                                         |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |

| Ingredient Name/Dish Name | Ingredient Contains Cereals containing gluten - wheat | Ingredient Contains Cereals containing gluten - rye | Ingredient Contains Cereals containing gluten - barley | Ingredient Contains Cereals containing gluten - oats | Ingredient Contains Soya Or Products thereof | Ingredient Contains Egg Or Products thereof | Ingredient Contains Milk Or Products thereof | Ingredient Contains Fish Or Products thereof | Ingredient Contains Crustaceans Or Products thereof | Ingredient Contains Molluscs Or Products thereof | Ingredient Contains Sesame Or Products thereof | Ingredient Contains Celery Or Products thereof | Ingredient Contains Mustard Or Products thereof | Ingredient Contains Peanut Or Products thereof | Ingredient Contains Lupin Or Products thereof | Ingredient Contains Sulphites | Ingredient Contains Tree Nuts - Almond? | Ingredient Contains Tree Nuts - Hazelnut? | Ingredient Contains Tree Nuts - Walnut? | Ingredient Contains Tree Nuts - Cashew? | Ingredient Contains Tree Nuts - Pecan? | Ingredient Contains Tree Nuts - Brazil? | Ingredient Contains Tree Nuts - Pistachio? | Ingredient Contains Tree Nuts - Macadamia? | Is the product suitable for Vegans? | Is the Product suitable for Vegetarians? |
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| MAINS                     |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            |                                     |                                          |

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|---------------------------------------|--|--|-----|--|-----|--|--|--|--|--|--|-----|--|--|--|--|--|--|--|--|--|--|--|--|-----|-----|
| <b>LENTIL HOTPOT</b>                  |  |  | Yes |  | Yes |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Sloppy Joes Vegan (10001740)          |  |  | Yes |  | Yes |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Fresh Herbs Parsley (54241)           |  |  |     |  |     |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Peas Grade A (53692)                  |  |  |     |  |     |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Tenderstem Broccoli (10000524)        |  |  |     |  |     |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Rapeseed Oil 100 Abv 2X10L (10002276) |  |  |     |  |     |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Sliced Saute Potatoes (10002903)      |  |  |     |  |     |  |  |  |  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |

|                                               |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  |     |     |
|-----------------------------------------------|-----|-----|-----|-----|-----|--|--|--|--|--|--|-----|-----|--|--|-----|--|--|--|--|--|--|--|--|-----|-----|
| <b>GARDEN GOURMET SENSATIONAL BURGER</b>      | Yes | Yes | Yes | Yes | Yes |  |  |  |  |  |  |     | Yes |  |  | Yes |  |  |  |  |  |  |  |  | Yes | Yes |
| Chips Skin-On (54547)                         |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Cucumber Half Slice (54220)                   |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| French Dressing (53514)                       |     |     |     |     |     |  |  |  |  |  |  | Yes |     |  |  | Yes |  |  |  |  |  |  |  |  | Yes | Yes |
| Lettuce Cos (54222)                           |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Onions Red (10002596)                         |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Onions Red (10002596)                         |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Salad Leaf Mix (10001145, 10001146)           |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Tomato M (54216)                              |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Tomato M (54216)                              |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Vegan Bun (54701)                             | Yes | Yes |     | Yes |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Vegan Burger Sauce (10002205)                 |     |     |     |     |     |  |  |  |  |  |  | Yes |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Rapeseed Oil 100 Abv 2X10L (10002276)         |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Vegan Sliced Cheese                           |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Garden Gourmet Vegan Burger (10002832)        | Yes |     | Yes |     | Yes |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| <b>ADD CHEEZY TOPPED GARDEN GOURMET PATTY</b> | Yes |     | Yes |     | Yes |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Vegan Sliced Cheese                           |     |     |     |     |     |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Garden Gourmet Vegan Burger (10002832)        | Yes |     | Yes |     | Yes |  |  |  |  |  |  |     |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| <b>ADD SLOPPY JOE</b>                         |     |     | Yes |     | Yes |  |  |  |  |  |  | Yes |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |
| Sloppy Joes Vegan (10001740)                  |     |     | Yes |     | Yes |  |  |  |  |  |  | Yes |     |  |  |     |  |  |  |  |  |  |  |  | Yes | Yes |

| Ingredient Name/Dish Name               | Ingredient Contains Cereals containing gluten - wheat | Ingredient Contains Cereals containing gluten - rye | Ingredient Contains Cereals containing gluten - barley | Ingredient Contains Cereals containing gluten - oats | Ingredient Contains Soya Or Products thereof | Ingredient Contains Egg Or Products thereof | Ingredient Contains Milk Or Products thereof | Ingredient Contains Fish Or Products thereof | Ingredient Contains Crustaceans Or Products thereof | Ingredient Contains Molluscs Or Products thereof | Ingredient Contains Sesame Or Products thereof | Ingredient Contains Celery Or Products thereof | Ingredient Contains Mustard Or Products thereof | Ingredient Contains Peanut Or Products thereof | Ingredient Contains Lupin Or Products thereof | Ingredient Contains Sulphites | Ingredient Contains Tree Nuts - Almond? | Ingredient Contains Tree Nuts - Hazelnut? | Ingredient Contains Tree Nuts - Walnut? | Ingredient Contains Tree Nuts - Cashew? | Ingredient Contains Tree Nuts - Pecan? | Ingredient Contains Tree Nuts - Brazil? | Ingredient Contains Tree Nuts - Pistachio? | Ingredient Contains Tree Nuts - Macadamia? | Is the product suitable for Vegans? | Is the Product suitable for Vegetarians? |
|-----------------------------------------|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------|------------------------------------------------------|----------------------------------------------|---------------------------------------------|----------------------------------------------|----------------------------------------------|-----------------------------------------------------|--------------------------------------------------|------------------------------------------------|------------------------------------------------|-------------------------------------------------|------------------------------------------------|-----------------------------------------------|-------------------------------|-----------------------------------------|-------------------------------------------|-----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|--------------------------------------------|--------------------------------------------|-------------------------------------|------------------------------------------|
| <b>SWEET POTATO CURRY</b>               |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Fresh Herbs Coriander (54239)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Mango Chutney (10000690)                |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Pappodums (51643)                       |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Sweet Potato & Spinach Curry (10001323) |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Long Grain Rice (10002397)              |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| <b>ROASTED ROOT VEG BAKE</b>            |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Roasted Root Veg Bake (10002277)        |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Cucumber Half Slice (54220)             |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| French Dressing (53514)                 |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Onions Red (10002596)                   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Potato Mid (54227, 54255)               |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Salad Leaf Mix (10001145, 10001146)     |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Tomato M (54216)                        |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| <b>ULTIMATE FILLED YORKIE</b>           | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          | Yes                                         | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Vegan Gravy (10001769)                  |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Large Yorkshire Rec (53563)             | Yes                                                   |                                                     |                                                        |                                                      |                                              | Yes                                         | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Mash Potato (51094)                     |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Onions Red (10002596)                   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Peas Grade A (53692)                    |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Garden Gourmet Vegan Sausage (10003018) |                                                       |                                                     |                                                        |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| UHT Whipping Cream (24097)              |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Rapeseed Oil 100 Abv 2X10L (10002276)   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Salted Block Butter (10001077)          |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| <b>MAC &amp; CHEESE</b>                 | Yes                                                   |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Cucumber Half Slice (54220)             |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| French Dressing (53514)                 |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                | Yes                                             |                                                |                                               | Yes                           |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Garlic Bread Slices (53571)             | Yes                                                   |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Mac & Cheese (10003110)                 | Yes                                                   |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Onions Red (10002596)                   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Salad Leaf Mix (10001145, 10001146)     |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Tomato M (54216)                        |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Mozzarella/Mildcheddar Mix (54491)      |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |

| Ingredient Name/Dish Name            | Ingredient Contains Cereals containing gluten - wheat | Ingredient Contains Cereals containing gluten - rye | Ingredient Contains Cereals containing gluten - barley | Ingredient Contains Cereals containing gluten - oats | Ingredient Contains Soya Or Products thereof | Ingredient Contains Egg Or Products thereof | Ingredient Contains Milk Or Products thereof | Ingredient Contains Fish Or Products thereof | Ingredient Contains Crustaceans Or Products thereof | Ingredient Contains Molluscs Or Products thereof | Ingredient Contains Sesame Or Products thereof | Ingredient Contains Celery Or Products thereof | Ingredient Contains Mustard Or Products thereof | Ingredient Contains Peanut Or Products thereof | Ingredient Contains Lupin Or Products thereof | Ingredient Contains Sulphites | Ingredient Contains Tree Nuts - Almond? | Ingredient Contains Tree Nuts - Hazelnut? | Ingredient Contains Tree Nuts - Walnut? | Ingredient Contains Tree Nuts - Cashew? | Ingredient Contains Tree Nuts - Pecan? | Ingredient Contains Tree Nuts - Brazil? | Ingredient Contains Tree Nuts - Pistachio? | Ingredient Contains Tree Nuts - Macadamia? | Is the product suitable for Vegans? | Is the Product suitable for Vegetarians? |
|--------------------------------------|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------|------------------------------------------------------|----------------------------------------------|---------------------------------------------|----------------------------------------------|----------------------------------------------|-----------------------------------------------------|--------------------------------------------------|------------------------------------------------|------------------------------------------------|-------------------------------------------------|------------------------------------------------|-----------------------------------------------|-------------------------------|-----------------------------------------|-------------------------------------------|-----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|--------------------------------------------|--------------------------------------------|-------------------------------------|------------------------------------------|
| DESSERTS                             |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            |                                     |                                          |
| BLACK FOREST SUNDAE                  | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Dark Cherry Compote (10001731)       |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vegan Chocolate Tore (10003126)      | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Chocolate Sauce (10002185)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Fresh Herbs Mint (54242)             |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vegan Ice Cream (10002813)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| CHOCOLATE TORTE                      | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vegan Chocolate Tore (10003126)      | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Raspberry Sauce (10002188)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| ADD VANILLA VEGAN ICE CREAM          |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vegan Ice Cream (10002813)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| CHURROS, PEANUT BUTTER & CHOC SUNDAE | Yes                                                   |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 | Yes                                            |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Bananas (10002199)                   |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Chocolate Sauce (10002185)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Churros (10000784)                   | Yes                                                   |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Peanut Butter (54052)                |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 | Yes                                            |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vegan Ice Cream (10002813)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| CADBURY NIBBLES ICE CREAM SUNDAE     |                                                       |                                                     |                                                        |                                                      | Yes                                          |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Caramel Sauce (10002187)             |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Chocolate Sauce (10002185)           |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Chocstix (54617)                     |                                                       |                                                     |                                                        |                                                      | Yes                                          |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Dairy Aerosal Cream (52672)          |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Fresh Herbs Mint (54242)             |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vanilla Dairy Ice Cream (54575)      |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Cadbury Caramel Pieces (10001378)    |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| CHOC ORANGE BREAD & BUTTER PUDD      | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          | Yes                                         | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Custard - Ready To Serve (53399)     |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Fresh Herbs Mint (54242)             |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vanilla Dairy Ice Cream (54575)      |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Bread & Butter Pudding (10002926)    | Yes                                                   |                                                     |                                                        |                                                      | Yes                                          | Yes                                         | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |

| Ingredient Name/Dish Name             | Ingredient Contains Cereals containing gluten - wheat | Ingredient Contains Cereals containing gluten - rye | Ingredient Contains Cereals containing gluten - barley | Ingredient Contains Cereals containing gluten - oats | Ingredient Contains Soya Or Products thereof | Ingredient Contains Egg Or Products thereof | Ingredient Contains Milk Or Products thereof | Ingredient Contains Fish Or Products thereof | Ingredient Contains Crustaceans Or Products thereof | Ingredient Contains Molluscs Or Products thereof | Ingredient Contains Sesame Or Products thereof | Ingredient Contains Celery Or Products thereof | Ingredient Contains Mustard Or Products thereof | Ingredient Contains Peanut Or Products thereof | Ingredient Contains Lupin Or Products thereof | Ingredient Contains Sulphites | Ingredient Contains Tree Nuts - Almond? | Ingredient Contains Tree Nuts - Hazelnut? | Ingredient Contains Tree Nuts - Walnut? | Ingredient Contains Tree Nuts - Cashew? | Ingredient Contains Tree Nuts - Pecan? | Ingredient Contains Tree Nuts - Brazil? | Ingredient Contains Tree Nuts - Pistachio? | Ingredient Contains Tree Nuts - Macadamia? | Is the product suitable for Vegans? | Is the Product suitable for Vegetarians? |
|---------------------------------------|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------|------------------------------------------------------|----------------------------------------------|---------------------------------------------|----------------------------------------------|----------------------------------------------|-----------------------------------------------------|--------------------------------------------------|------------------------------------------------|------------------------------------------------|-------------------------------------------------|------------------------------------------------|-----------------------------------------------|-------------------------------|-----------------------------------------|-------------------------------------------|-----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|--------------------------------------------|--------------------------------------------|-------------------------------------|------------------------------------------|
| APPLE & BLACKBERRY CRUMBLE            |                                                       |                                                     |                                                        | Yes                                                  |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Apple & Blackberry Compote (10003092) |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Crumble Topping (10003089)            |                                                       |                                                     |                                                        | Yes                                                  |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Custard - Ready To Serve (53399)      |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |
| Fresh Herbs Mint (54242)              |                                                       |                                                     |                                                        |                                                      |                                              |                                             |                                              |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | Yes                                 | Yes                                      |
| Vanilla Dairy Ice Cream (54575)       |                                                       |                                                     |                                                        |                                                      |                                              |                                             | Yes                                          |                                              |                                                     |                                                  |                                                |                                                |                                                 |                                                |                                               |                               |                                         |                                           |                                         |                                         |                                        |                                         |                                            |                                            | No                                  | Yes                                      |



| The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.                                                                                                                                                                                                                                |                                   |        |           |               |                  |            |             |          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|--------|-----------|---------------|------------------|------------|-------------|----------|
| Reference Intake (RI)                                                                                                                                                                                                                                                                                                                            | Energy                            | Energy | Total Fat | Saturates     | Carbohydrate     | Sugars     | Protein     | Salt     |
|                                                                                                                                                                                                                                                                                                                                                  | kJ                                | kcal   | g         | g             | g                | g          | g           | g        |
|                                                                                                                                                                                                                                                                                                                                                  | 8400                              | 2000   | 70.0      | 20.0          | 260.0            | 90.0       | 50.0        | 6.0      |
| The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices |                                   |        |           |               |                  |            |             |          |
| Product/ Dish Description                                                                                                                                                                                                                                                                                                                        | Nutrition Information Per Portion |        |           |               |                  |            |             |          |
|                                                                                                                                                                                                                                                                                                                                                  | kJ                                | kcal   | Fat (g)   | Saturates (g) | Carbohydrate (g) | Sugars (g) | Protein (g) | Salt (g) |
| <b>MEATLESS MEALS</b>                                                                                                                                                                                                                                                                                                                            |                                   |        |           |               |                  |            |             |          |
| <b>STARTERS</b>                                                                                                                                                                                                                                                                                                                                  |                                   |        |           |               |                  |            |             |          |
| LOADED NACHOS                                                                                                                                                                                                                                                                                                                                    | 3022                              | 722    | 36.8      | 19.0          | 81.7             | 9.4        | 11.1        | 3.2      |
| CAULIFLOWER BITES                                                                                                                                                                                                                                                                                                                                | 1114                              | 266    | 12.8      | 1.4           | 32.0             | 3.3        | 4.2         | 2.8      |
| GARLIC FLATBREAD WITH CHEESE                                                                                                                                                                                                                                                                                                                     | 2425                              | 579    | 42.7      | 18.6          | 32.0             | 2.0        | 16.1        | 1.2      |
| GARLIC FLATBREAD WITH CHEESE & ONION                                                                                                                                                                                                                                                                                                             | 2824                              | 674    | 42.9      | 18.7          | 53.6             | 22.9       | 16.5        | 1.2      |
| <b>SUPER SIDES</b>                                                                                                                                                                                                                                                                                                                               |                                   |        |           |               |                  |            |             |          |
| LOADED CHILLI CHEEZE FRIES                                                                                                                                                                                                                                                                                                                       | 3967                              | 947    | 38.3      | 12.9          | 126.9            | 9.4        | 16.1        | 4.3      |
| MIXED SIDE SALAD                                                                                                                                                                                                                                                                                                                                 | 176                               | 42     | 2.0       | 0.2           | 4.5              | 3.6        | 1.5         | 0.1      |
| TENDERSTEM BROCCOLI                                                                                                                                                                                                                                                                                                                              | 272                               | 65     | 3.2       | 0.2           | 3.1              | 2.1        | 4.7         | 0.1      |
| COLESLAW                                                                                                                                                                                                                                                                                                                                         | 720                               | 172    | 13.1      | 1.0           | 10.1             | 7.4        | 2.0         | 1.1      |
| <b>MAINS</b>                                                                                                                                                                                                                                                                                                                                     |                                   |        |           |               |                  |            |             |          |
| LENTIL HOTPOT                                                                                                                                                                                                                                                                                                                                    | 2143                              | 512    | 16.3      | 1.6           | 61.6             | 21.6       | 21.8        | 1.9      |
| GARDEN GOURMET SENSATIONAL BURGER                                                                                                                                                                                                                                                                                                                | 4423                              | 1056   | 51.5      | 12.5          | 110.1            | 16.8       | 31.5        | 3.6      |
| ADD CHEEZY TOPPED GARDEN GOURMET PATTY                                                                                                                                                                                                                                                                                                           | 1177                              | 281    | 19.6      | 8.5           | 7.6              | 1.2        | 16.3        | 1.3      |
| ADD SLOPPY JOE                                                                                                                                                                                                                                                                                                                                   | 448                               | 107    | 1.6       | 0.2           | 15.0             | 7.9        | 6.0         | 0.8      |
| SWEET POTATO CURRY                                                                                                                                                                                                                                                                                                                               | 2217                              | 530    | 13.4      | 9.6           | 87.1             | 25.0       | 10.9        | 2.8      |
| ROASTED ROOT VEG BAKE                                                                                                                                                                                                                                                                                                                            | 1860                              | 444    | 16.1      | 2.8           | 61.5             | 28.5       | 9.0         | 2.0      |
| ULTIMATE FILLED YORKIE                                                                                                                                                                                                                                                                                                                           | 4789                              | 1144   | 44.6      | 16.2          | 129.0            | 13.7       | 45.0        | 4.0      |
| MAC & CHEESE                                                                                                                                                                                                                                                                                                                                     | 3828                              | 914    | 41.8      | 20.8          | 96.8             | 11.8       | 35.4        | 3.3      |
| <b>DESSERTS</b>                                                                                                                                                                                                                                                                                                                                  |                                   |        |           |               |                  |            |             |          |
| BLACK FOREST SUNDAE                                                                                                                                                                                                                                                                                                                              | 2002                              | 478    | 16.2      | 11.2          | 80.1             | 52.2       | 2.0         | 0.3      |
| CHOCOLATE TORTE                                                                                                                                                                                                                                                                                                                                  | 1206                              | 288    | 13.7      | 6.8           | 37.4             | 27.1       | 2.3         | 0.2      |
| ADD VANILLA VEGAN ICE CREAM                                                                                                                                                                                                                                                                                                                      | 330                               | 79     | 3.1       | 2.6           | 12.8             | 7.3        | 0.1         | 0.0      |
| CHURROS, PEANUT BUTTER & CHOC SUNDAE                                                                                                                                                                                                                                                                                                             | 3578                              | 855    | 37.5      | 12.3          | 113.3            | 51.6       | 13.2        | 0.6      |
| CADBURY NIBBLES ICE CREAM SUNDAE                                                                                                                                                                                                                                                                                                                 | 2212                              | 528    | 21.0      | 13.2          | 74.6             | 65.5       | 8.9         | 0.4      |
| CHOC ORANGE BREAD & BUTTER PUDD                                                                                                                                                                                                                                                                                                                  | 2196                              | 525    | 23.8      | 12.6          | 65.1             | 39.9       | 12.7        | 0.7      |
| APPLE & BLACKBERRY CRUMBLE                                                                                                                                                                                                                                                                                                                       | 2653                              | 634    | 16.7      | 5.5           | 111.1            | 64.8       | 6.0         | 0.5      |