

Table Table



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR TABLE TABLE ALLERGY INFORMATION GUIDE

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE SPRING MENU								
OUR STARTERS								
CHICKEN WINGS	1272	304	14.9	4.3	19.3	7.9	23.2	1.4
CHICKEN TIKKA MEATBALLS	1091	261	9.9	3.2	26.4	3.1	15.1	1.0
GARLIC & HERB BREADED MUSHROOMS	1159	277	12.9	1.0	35.0	8.3	5.0	0.9
CLASSIC PRAWN COCKTAIL	1899	453	22.1	6.8	40.7	14.0	21.2	2.4
CALAMARI	1832	438	24.2	1.9	39.5	13.8	15.0	4.3
MOZZARELLA CHILLI BITES	1850	442	28.2	8.6	27.7	8.7	18.6	1.5
LOADED NACHOS	3035	725	38.4	14.9	67.0	11.9	20.5	2.3
TOMATO SOUP	1180	282	7.7	3.3	41.9	11.6	8.2	2.0
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
SOMETHING TO SHARE								
SHARING LOADED NACHOS	5160	1233	62.0	19.9	124.6	19.1	31.4	3.5
TABLE TABLE SHARING PLATTER	7671	1832	101.2	21.3	169.2	18.0	57.7	6.8
TABLE TABLE SHARING PLATTER WITH CHICKEN WINGS	8565	2046	113.1	24.8	177.5	18.2	76.0	7.7
A BIT ON THE SIDE								
TIGER FRIES	1620	387	16.2	1.2	56.8	12.9	4.0	1.2
CHIPS	1518	363	13.8	2.1	51.9	0.7	5.1	1.3
SKINNY CUT FRIES	1377	329	13.2	1.0	46.2	0.1	4.7	1.5
GARLIC FLATBREAD	1357	324	15.9	4.9	36.8	1.8	7.4	0.7
GARLIC FLATBREAD WITH CHEESE	1984	474	27.2	12.1	37.9	2.1	18.4	1.4
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6
MIXED SIDE SALAD	160	38	1.2	0.1	4.8	4.1	1.4	0.1
MIXED GREEN VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
TENDERSTEM BROCCOLI	581	139	11.3	5.5	3.2	2.1	4.7	0.2
BEER-BATTERED ONION RINGS	879	210	11.2	0.9	23.5	3.2	2.8	0.5
HALLOUMI FRIES	2455	586	44.3	15.5	17.5	14.3	29.1	4.4
CHEESY JALAPENO BITES	1583	378	25.3	7.9	30.0	3.5	6.7	0.7
SWAP YOU CHIPS								
MIXED SIDE SALAD	160	38	1.2	0.1	4.8	4.1	1.4	0.1
MIXED GREEN VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
GREAT GRILLS								
STEAK & FRITES	2782	665	32.4	8.8	48.7	2.1	43.0	1.9
STEAK WITH SIDE SALAD	1287	307	14.1	5.0	5.1	4.5	39.1	0.4
8OZ RUMP STEAK	3433	820	37.4	14.4	60.3	6.1	58.8	3.3
8OZ RUMP STEAK WITH SIDE SALAD	2243	536	26.0	12.6	18.2	14.0	56.6	2.2
8OZ SIRLOIN STEAK	3486	833	39.3	15.5	60.3	6.0	54.9	3.0
8OZ SIRLOIN STEAK WITH SIDE SALAD	2296	548	27.9	13.7	18.2	13.8	52.8	1.9
10OZ RIB-EYE STEAK	4262	1018	51.6	21.6	62.5	8.2	71.2	3.0
10OZ RIB-EYE STEAK WITH SIDE SALAD	3072	734	40.2	19.7	20.4	16.0	69.0	1.9
GET SAUCY								
PEPPERCORN	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
DIANE SAUCE	305	73	5.9	3.2	3.2	1.1	1.6	0.5
SURF & TURF COMBO	4620	1104	53.8	11.2	77.5	5.6	74.6	5.7
TABLE TABLE MIXED GRILL	5053	1207	59.3	19.3	76.6	10.3	85.8	5.4
TABLE TABLE MIXED GRILL WITH RUMP	5745	1372	65.7	22.7	76.6	10.5	115.6	6.1
LAMB RUMP	2638	630	34.8	19.5	34.1	10.7	43.9	2.8
TRIO OF PORK	6392	1527	81.1	20.7	89.9	34.7	106.0	8.8
BACON & CHEESE TOPPED CHICKEN WITH CHIPS	3126	747	27.6	8.4	67.3	12.1	52.6	4.0
BACON & CHEESE TOPPED CHICKEN WITH JKT	3181	760	22.4	11.6	83.2	14.1	56.2	3.0
GOURMET BURGERS								
DOUBLE STACK STEAK BURGER WITH CHEESE	5242	1252	70.2	26.4	92.4	16.2	60.0	4.1
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	5505	1315	74.2	27.6	92.6	16.3	66.5	5.0
BBQ VEGAN BURGER	3874	925	35.6	3.5	107.4	25.0	37.5	4.8
SLOPPY JOE BURGER	5505	1315	69.5	24.1	108.8	28.9	61.6	5.6
TANDOORI CHICKEN BURGER	3997	955	38.3	4.9	100.3	19.9	49.1	5.1
PRAWN DOUBLE STACK BURGER	6561	1567	89.2	28.1	106.1	13.7	81.4	5.9
FRESH SALADS								
GRILLED HALLOUMI	1508	360	24.3	14.4	9.9	8.6	22.6	2.0
GRILLED SALMON FILLET	1529	365	16.7	2.3	10.0	8.7	42.2	0.5
GRILLED CHICKEN	977	233	4.8	0.9	9.9	9.0	35.6	1.3

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE CLASSICS								
HALLOUMI & CHIPS WITH MUSHY PEAS	4358	1041	63.9	15.1	75.0	6.0	36.6	5.8
HALLOUMI & CHIPS WITH PEAS	4199	1003	63.8	15.1	68.4	7.3	34.2	4.9
CHICKEN & CHORIZO PIE	2382	569	29.2	12.0	42.8	12.5	27.7	1.8
THAI GREEN CURRY	3298	788	33.6	22.7	101.2	30.5	11.1	2.4
THAI GREEN CURRY WITH CHICKEN BREAST	3947	943	36.0	23.4	101.3	31.0	43.8	3.5
GAMMON STEAK WITH EGGS & CHIPS	3815	911	40.2	9.5	60.1	6.0	73.2	4.6
GAMMON STEAK WITH PINEAPPLE & CHIPS	3233	772	23.2	5.8	81.9	27.1	57.6	4.6
GAMMON STEAK WITH ONE OF EACH & CHIPS	3524	842	31.7	7.6	71.0	16.5	65.4	4.6
GAMMON STEAK WITH EGGS & JKT POT	3870	924	35.0	12.6	76.0	8.0	76.9	3.6
GAMMON STEAK WITH PINEAPPLE & JKT POT	3288	785	18.1	9.0	97.8	29.1	61.3	3.6
GAMMON STEAK WITH ONE OF EACH & JKT POT	3579	855	26.5	10.8	86.9	18.6	69.1	3.6
CHICKEN MAKHANI CURRY	3910	934	30.7	12.1	106.3	23.4	53.7	5.1
SWEET POTATO & FETA LASAGNE	2962	708	39.8	16.8	60.5	14.1	24.5	2.8
RIBS & SMOKY PAPRIKA CHICKEN	4137	988	38.8	10.6	78.4	20.8	77.1	4.5
WHOLE RACK OF RIBS & PAPRIKA CHICKEN	5578	1332	60.1	18.4	85.0	25.8	108.5	5.6
CHICKEN FORESTIERE	2866	685	37.9	21.1	36.1	4.1	46.7	3.9
BEEF & STOUT PIE	5307	1268	70.7	32.3	120.1	8.0	32.6	3.6
LASAGNE	2833	677	31.8	14.6	62.6	16.3	32.6	3.5
CHICKEN ESCALOPE	5675	1355	76.0	16.1	107.8	3.4	57.0	3.3
FABULOUS FISH								
OVEN-BAKED COD LOIN	1801	430	17.7	7.0	31.3	12.1	35.2	1.3
LUXURY FISH PIE	2979	711	29.5	14.9	84.1	9.8	21.8	3.5
FISH & CHIP SHOP PLATTER	5217	1246	70.5	10.0	108.7	6.2	39.6	4.0
TERIYAKI SALMON	2479	592	35.1	8.2	19.3	16.2	46.5	2.8
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4585	1095	56.7	12.4	92.5	6.2	49.1	3.5
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4426	1057	56.6	12.3	86.0	7.5	46.8	2.6
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	3507	838	39.1	4.2	94.4	5.4	22.0	3.5
BREADED SCAMPI & CHIPS WITH PEAS	3348	800	39.0	4.2	87.8	6.7	19.7	2.6
PUDDINGS & SUNDAES								
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
STICKY TOFFEE PUDDING	3013	720	37.4	17.0	86.3	62.6	7.6	0.5
CHOCOLATE FUDGE SENSATION CAKE	3392	810	45.0	17.2	92.7	69.9	7.2	0.5
FROZEN STRAWBERRY YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
SUMMER FRUIT CRUMBLE	2496	596	13.5	5.2	103.4	58.4	10.7	0.3
DARK CHOCOLATE & BLACK CHERRY CROWNIE	2803	670	28.9	13.7	90.7	60.3	8.1	0.4
CHOCOLATE CHURROS SUNDAE	3152	753	32.2	13.3	98.4	44.8	12.3	0.4
STRAWBERRY & PROSECCO TRIFLE	2111	504	27.3	15.2	56.9	39.1	7.1	0.4
CHOCOLATE MINT SUNDAE WITH AERO BUBBLES	2684	641	28.2	18.1	84.4	71.7	8.2	0.3
SOMETHING TO FINISH								
GREEK YOGHURT CHOCOLATE TORTE	1230	294	20.2	10.2	23.9	12.9	3.3	0.1
STRAWBERRY CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
LEMON MOUSSE	632	151	10.0	6.4	12.3	11.7	2.5	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE KIDS MENU								
STARTERS								
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
THE MAIN YARD								
POPPIN CHICKEN	1651	394	15.8	2.4	43.6	4.2	16.9	1.5
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
CHICKEN BURGER	1897	453	7.3	1.7	64.8	9.0	27.5	1.6
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
BANGERS & MASH	1683	402	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE BANGERS & MASH	1481	354	11.8	3.5	37.4	5.3	18.7	2.1
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
BEEF BURGER	2590	619	26.5	9.2	62.5	9.0	28.9	1.1
COD BITES	2124	507	24.8	4.0	53.0	4.9	14.3	0.9
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
SIDES								
MASHED POTATO	550	131	4.5	2.8	19.0	0.6	2.5	0.6
CHIPS	759	181	6.9	1.1	26.0	0.4	2.5	0.6
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
VEGGIE BITS								
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
SIDE SALAD	98	23	0.1	0.3	3.5	1.6	1.6	0.0
SUNDAY CARVERY								
ROAST BEEF	2808	671	28.4	7.3	69.5	9.3	33.3	1.2
ROAST PORK	3184	761	15.5	7.7	69.6	9.5	52.6	1.4
ROAST CHICKEN	2431	581	17.2	2.4	75.2	9.8	30.1	1.9
PUDS FOR EWE								
FUNNY FACE SUNDAE	820	196	5.7	3.5	29.2	23.4	4.3	0.1
MINI DOUGHNUTS	913	218	9.4	4.3	31.0	16.9	2.4	0.2
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
PANCAKES	908	217	3.3	0.5	42.5	23.0	3.9	0.3
STRAWBERRY YOGHURT	482	115	4.7	3.1	12.7	12.4	5.5	0.2
STRAWBERRY FROZEN YOGHURT	594	142	1.1	0.5	28.3	20.4	4.2	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2

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	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME VALUE MENU								
OUR STARTERS								
POTATO DIPPERS	1744	417	23.6	9.2	34.3	2.5	16.7	1.4
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
TOMATO SOUP	1180	282	7.7	3.3	41.9	11.6	8.2	2.0
GARLIC & HERB BREADED MUSHROOMS	1159	277	12.9	1.0	35.0	8.3	5.0	0.9
OUR MAINS								
MAC & CHEESE	3617	864	41.2	23.5	85.2	15.7	35.6	3.2
PAPRIKA CHICKEN	2189	523	16.8	1.7	48.8	2.5	42.5	3.1
1/4LB BEEF STEAK BURGER WITH CHEESE	4000	955	48.0	15.1	92.3	16.1	35.9	3.5
DOUBLE BEEF BURGER WITH CHEESE	5242	1252	70.2	26.4	92.4	16.2	60.0	4.1
CHICKEN & BACON OPEN CLUB SANDWICH	3589	857	28.9	3.9	93.4	6.9	52.4	4.8
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
STEAK & FRITES	2782	665	32.4	8.8	48.7	2.1	43.0	1.9
HAND-BATTERED FISH & CHIPS WITH PEAS	3784	904	46.6	4.8	77.0	6.4	39.8	2.8
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	3943	942	46.7	4.9	83.5	5.1	42.1	3.7
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY	4585	1095	56.7	12.4	92.5	6.2	49.1	3.5
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4426	1057	56.6	12.3	86.0	7.5	46.8	2.6
HAM, EGG & CHIPS	3586	857	42.1	10.1	52.8	1.6	63.3	5.8
GAMMON STEAK WITH AN EGG & CHIPS	3363	803	31.7	7.6	60.1	5.9	65.3	4.6
GAMMON STEAK WITH AN EGG & JACKET POTATO	3418	816	26.5	10.8	76.0	8.0	68.9	3.6
GAMMON STEAK WITH A PINEAPPLE RING & CHIPS	3072	734	23.2	5.8	71.0	16.5	57.5	4.6
GAMMON STEAK WITH A PINEAPPLE RING & JACKET POTATO	3127	747	18.1	9.0	86.8	18.5	61.1	3.6
HALLOUMI & CHIPS WITH MUSHY PEAS	4358	1041	63.9	15.1	75.0	6.0	36.6	5.8
HALLOUMI & CHIPS WITH PEAS	4199	1003	63.8	15.1	68.4	7.3	34.2	4.9
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
SWEET POTATO & FETA LASAGNE	2547	608	34.0	15.0	51.3	13.5	22.2	2.6
JACKET POTATO WITH CHEESE & BEANS	3172	758	26.6	15.3	94.8	16.8	32.5	2.6
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6
CLASSIC PUDDINGS								
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
STRAWBERRY FROZEN YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
CARAMEL APPLE PIE	2362	564	33.1	19.7	61.0	27.1	4.6	0.4
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0

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	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
EVENING MENU								
OUR STARTERS								
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
TOMATO SOUP	1180	282	7.7	3.3	41.9	11.6	8.2	2.0
GARLIC & HERB BREADED MUSHROOMS	1159	277	12.9	1.0	35.0	8.3	5.0	0.9
TASTY MAINS								
MAC & CHEESE	3617	864	41.2	23.5	85.2	15.7	35.6	3.2
THAI GREEN CURRY	3298	788	33.6	22.7	101.2	30.5	11.1	2.4
THAI GREEN CURRY WITH CHICKEN BREAST	3947	943	36.0	23.4	101.3	31.0	43.8	3.5
HAND-BATTERED FISH & CHIPS WITH PEAS	3784	904	46.6	4.8	77.0	6.4	39.8	2.8
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	3943	942	46.7	4.9	83.5	5.1	42.1	3.7
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4585	1095	56.7	12.4	92.5	6.2	49.1	3.5
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4426	1057	56.6	12.3	86.0	7.5	46.8	2.6
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
GAMMON STEAK WITH AN EGG & CHIPS	3363	803	31.7	7.6	60.1	5.9	65.3	4.6
GAMMON STEAK WITH AN EGG & JACKET POTATO	3418	816	26.5	10.8	76.0	8.0	68.9	3.6
GAMMON STEAK WITH A PINEAPPLE RING & CHIPS	3072	734	23.2	5.8	71.0	16.5	57.5	4.6
GAMMON STEAK WITH A PINEAPPLE RING & JACKET POTATO	3127	747	18.1	9.0	86.8	18.5	61.1	3.6
1/4LB BEEF STEAK BURGER WITH CHEESE	4000	955	48.0	15.1	92.3	16.1	35.9	3.5
DOUBLE BEEF BURGER WITH CHEESE	5242	1252	70.2	26.4	92.4	16.2	60.0	4.1
PAPRIKA CHICKEN	2189	523	16.8	1.7	48.8	2.5	42.5	3.1
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
CLASSIC PUDDINGS								
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
STRAWBERRY FROZEN YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
CARAMEL APPLE PIE	2362	564	33.1	19.7	61.0	27.1	4.6	0.4
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE SUNDAY LUNCH MENU								
CAULIFLOWER CHEESE	1183	283	20.2	11.8	10.0	3.8	14.0	1.6
TOPSIDE OF BEEF	4069	972	49.2	16.3	90.5	11.1	43.7	2.2
LOIN OF PORK	4434	1059	29.8	16.0	90.7	11.3	66.1	2.3
HALF ROASTED CHICKEN	4534	1083	48.0	12.9	100.1	11.7	64.5	4.1
ROOT VEGETABLE WELLINGTON	5711	1364	74.0	32.1	152.1	12.8	24.3	3.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE BUFFET MENU								
BUFFET 1								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	451	108	6.0	3.6	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	411	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	579	138	5.6	2.5	9.1	0.9	12.4	1.6
PRAWN & MARIE ROSE (PER 1/4)	477	114	5.5	1.7	10.7	2.7	5.0	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	533	127	5.4	1.6	17.3	3.5	2.4	0.5
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 200G)	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	108	26	0.2	0.0	4.1	3.9	1.5	0.0
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (PER 1/4 PORTION)	87	21	1.1	0.3	1.9	1.0	0.6	0.1
BUFFET 2								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	451	108	6.0	3.6	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	411	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	579	138	5.6	2.5	9.1	0.9	12.4	1.6
PRAWN & MARIE ROSE (PER 1/4)	477	114	5.5	1.7	10.7	2.7	5.0	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	533	127	5.4	1.6	17.3	3.5	2.4	0.5
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 200G)	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	108	26	0.2	0.0	4.1	3.9	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	87	21	1.1	0.3	1.9	1.0	0.6	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	718	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BUFFET 3								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	451	108	6.0	3.6	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	411	98	5.1	2.0	8.8	0.5	3.8	0.4
CHICKEN & BACON (PER 1/4)	335	80	3.8	1.5	9.0	1.0	2.2	0.3
PRAWN & MARIE ROSE (PER 1/4)	477	114	5.5	1.7	10.7	2.7	5.0	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	533	127	5.4	1.6	17.3	3.5	2.4	0.5
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 200G)	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	108	26	0.2	0.0	4.1	3.9	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	87	21	1.1	0.3	1.9	1.0	0.6	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	718	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8
THREE CHEESE CRUSTLESS QUICHE (PER PORTION)	414	99	7.5	3.7	4.2	0.6	4.1	0.2
POTATO DIPPERS (PER PORTION)	331	79	6.1	3.8	1.0	0.6	5.3	0.3
SAUSAGE ROLLS (PER 2)	938	224	15.3	7.1	17.2	0.6	4.3	0.7
DESSERTS								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	647	155	5.6	1.3	23.7	8.4	1.9	0.0
PROFITEROLES (1 PLUS SAUCE)	383	92	5.6	3.1	9.0	5.3	1.2	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FULL BREAKFAST								
COOKED BACON (PER 2 RASHERS)	690	165	10.9	4.3	0.1	0.1	16.4	3.2
SAUSAGE (EACH)	574	137	10.0	3.6	4.0	0.7	7.5	0.6
QUORN SAUSAGE (EACH)	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG (PER PORTION)	721	172	12.1	3.6	1.4	1.4	14.5	0.4
FRIED EGG (PER EGG)	254	61	3.3	0.9	1.5	0.2	6.3	0.2
POACHED EGGS (PER EGG)	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS (PER EGG)	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE (PER PORTION)	1301	311	27.9	13.8	0.2	0.2	13.6	0.8
HASH BROWNS (EACH)	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK (PER PORTION)	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING (PER SLICE)	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER (PER PORTION)	706	169	16.7	10.5	0.5	0.3	3.5	0.4
TOMATO M (PER HALF TOMATO)	42	10	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO COOKED IN RATIONAL (PER HALF TOMATO)	117	28	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS (PER PORTION)	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CONTINENTAL BREAKFAST								
BAKERY								
CROISSANT (EACH)	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN (EACH)	493	118	5.4	3.1	15.0	6.3	1.9	0.2
MINI PAIN AUX CHOCOLAT (EACH)	613	146	8.3	4.8	14.7	4.6	2.8	0.2
CINNAMON AND RAISIN BAGELS (EACH)	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN (EACH)	476	114	6.7	0.6	12.7	6.5	1.3	0.1
SOURDOUGH CRUMPETS (EACH)	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD (PER SLICE)	376	90	0.7	0.1	17.4	0.9	3.1	0.3
MALTED SANDWICH BREAD (PER SLICE)	384	92	1.0	0.3	16.6	0.8	3.4	0.3
GLUTEN FREE BREAD SLICE (PER SLICE)	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE (EACH)	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	PLEASE REFER TO PACKET FOR INFORMATION							
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS (PER PORTION)	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD (PER PORTION)	178	43	4.7	1.1	0.0	0.0	0.0	0.1
FRUITS								
FRUIT SALAD (PER PORTION)	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN (EACH)	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS (EACH)	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX (PER PORTION)	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX (PER 100G)	1432	342	0.6	0.1	81.3	66.8	0.5	0.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
YOGHURTS AND CEREALS								
STRAWBERRY YOGHURT (EACH)	533	127	4.6	2.9	15.8	15.5	5.6	0.2
VANILLA YOGHURT (EACH)	397	95	0.0	0.0	17.2	16.8	6.5	0.2
GREEK STYLE YOGHURT (EACH)	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS (PER 30G)	486	116	0.8	0.3	25.5	10.5	1.5	0.2
CRUNCHY NUT CORNFLAKES (PER 30G)	505	121	1.5	0.3	24.6	10.5	1.8	0.3
CORNFLAKES (PER 30G)	475	113	0.3	0.1	25.2	2.4	2.1	0.4
SPECIAL K (PER 30G)	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX (PER 2 BISCUITS)	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT (PER 45G)	477	114	3.0	0.8	17.7	5.7	2.7	0.0
RICE KRISPIES (PER 30G)	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES (PER 30G)	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA OAT AND RAISIN (PER PORTION)	860	206	4.4	1.4	36.5	13.0	4.3	0.0
OATS2GO PORRIDGE SACHETS (PER PORTION)	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE SPRING MENU																				
OUR STARTERS																				
CHICKEN WINGS																				
	RAPESEED OIL	YES	YES																	
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
	TULIP CHICKEN WINGS	NO	NO																	
CHICKEN WINGS																				
		NO	NO																	
CHICKEN TIKKA MEATBALLS																				
	GREEK STYLE YOGHURT	YES	NO						Y											
	PLAIN NAAN	YES	NO	Y				Y												
	FRESH HERBS CORIANDER	YES	YES																	
	CHICKEN TIKKA MEATBALLS	NO	NO	Y					Y											
CHICKEN TIKKA MEATBALLS																				
		NO	NO	Y					Y											
GARLIC & HERB BREADED MUSHROOMS																				
	RAPESEED OIL	YES	YES																	
	GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
GARLIC & HERB BREADED MUSHROOMS																				
		NO	NO	Y																
CLASSIC PRAWN COCKTAIL																				
	SALTED BUTTER BLOCK	YES	NO						Y											
	WARM WATER PRAWNS	NO	NO							Y										
	PAPRIKA PEPPER	YES	YES																	
	MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
	SEAFOOD SAUCE	YES	NO						Y											
	TOMATO M	YES	YES																	
	CUCUMBER	YES	YES																	
	LETTUCE ICEBERG	YES	YES																	
	LEMON CASE	YES	NO																	
CLASSIC PRAWN COCKTAIL																				
		NO	NO	Y		Y			Y	Y									Y	
CALAMARI																				
	CALAMARI	NO	NO	Y								Y								
	THAI SWEET CHILLI DIPPING SAUCE	YES	YES																	
	FRESH HERBS FLAT PARSLEY	YES	YES																	
	LEMON CASE	YES	NO																	
CALAMARI																				
		NO	NO	Y								Y								
MOZZARELLA CHILLI BITES																				
	HERB DRESSING	YES	YES																	
	SMOKEY TOMATO DIP	YES	YES												Y	Y				
	ROCKET LEAF	YES	YES																	
	SMOKY MOZZARELLA BITES	NO	NO	Y					Y										Y	
MOZZARELLA CHILLI BITES																				
		NO	NO	Y					Y						Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LOADED NACHOS																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y										Y					
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
LOADED NACHOS																				
	NO	NO	Y		Y			Y							Y					
TOMATO SOUP																				
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
TOMATO SOUP																				
	YES	NO	Y		Y			Y						Y						
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
	NO	NO	Y					Y												
SOMETHING TO SHARE																				
SHARING LOADED NACHOS																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y							Y					
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y										Y					
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
SHARING LOADED NACHOS																				
	NO	NO	Y		Y			Y							Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE SHARING PLATTER																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y								Y				
LIGHT MAYONNAISE	YES	NO						Y												
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
TABLE TABLE SHARING PLATTER																				
	NO	NO	Y		Y			Y	Y			Y			Y					
TABLE TABLE SHARING PLATTER WITH CHICKEN WINGS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
TULIP CHICKEN WINGS	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
TABLE TABLE SHARING PLATTER WITH CHICKEN WINGS																				
	NO	NO	Y		Y			Y	Y			Y			Y					
A BIT ON THE SIDE																				
TIGER FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
TIGER FRIES																				
	YES	YES																		
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
CHIPS																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SKINNY CUT FRIES																				
	YES	YES																		
	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
GARLIC FLATBREAD																				
	YES	NO																		
	YES	NO	Y																	
GARLIC FLATBREAD	YES	NO	Y																	
GARLIC FLATBREAD WITH CHEESE																				
	YES	NO																		
	YES	NO																		
	YES	NO	Y																	
GARLIC FLATBREAD WITH CHEESE	YES	NO	Y																	
SWEET POTATO FRIES																				
	YES	YES																		
	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
MIXED SIDE SALAD																				
	YES	YES																		
	YES	YES																		
	YES	YES																		
	YES	YES																		
	YES	YES																		
	YES	YES																		
MIXED SIDE SALAD	YES	YES																		
MIXED GREEN VEGETABLES																				
	YES	NO																		
	YES	NO																		
MIXED GREEN VEGETABLES	YES	NO																		
TENDERSTEM BROCCOLI																				
	YES	YES																		
	YES	NO																		
TENDERSTEM BROCCOLI	YES	NO																		
BEER-BATTERED ONION RINGS																				
	NO	NO	Y			Y														
	YES	YES																		
BEER-BATTERED ONION RINGS	NO	NO	Y			Y														

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HALLOUMI FRIES																				
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
HALLOUMI	YES	NO						Y												
HALLOUMI FRIES	YES	NO	Y					Y												
CHEESY JALAPENO BITES																				
JALAPENO POPPERS	NO	NO	Y				Y	Y												
RAPESEED OIL	YES	YES																		
CHEESY JALAPENO BITES	NO	NO	Y				Y	Y												
SWAP YOU CHIPS																				
MIXED SIDE SALAD																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
MIXED SIDE SALAD	YES	YES										Y			Y					
MIXED GREEN VEGETABLES																				
VEG MIX GREEN	YES	NO					Y	Y												
MIXED GREEN VEGETABLES	YES	NO					Y	Y												
SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
GREAT GRILLS																				
STEAK & FRITES																				
RAPESEED OIL	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
STEAK & FRITES	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STEAK WITH SIDE SALAD																				
RAPESEED OIL	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
STEAK WITH SIDE SALAD	NO	NO						Y				Y			Y					
8OZ RUMP STEAK																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
8OZ RUMP STEAK	NO	NO						Y												
8OZ RUMP STEAK WITH SIDE SALAD																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
8OZ RUMP STEAK WITH SIDE SALAD	NO	NO						Y				Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ SIRLOIN STEAK																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
8OZ SIRLOIN STEAK	NO	NO						Y												
8OZ SIRLOIN STEAK WITH SIDE SALAD																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
8OZ SIRLOIN STEAK WITH SIDE SALAD	NO	NO						Y				Y			Y					
10OZ RIB-EYE STEAK																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
10OZ RIB-EYE STEAK	NO	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
10OZ RIB-EYE STEAK WITH SIDE SALAD																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
10OZ RIB-EYE STEAK WITH SIDE SALAD																				
	NO	NO						Y				Y			Y					
GET SAUCY																				
PEPPERCORN																				
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
PEPPERCORN	NO	NO	Y					Y						Y						
BEARNAISE																				
BEARNAISE SAUCE	YES	NO						Y	Y			Y								
BEARNAISE	YES	NO						Y	Y			Y								
DIANE SAUCE																				
DIANE SAUCE	NO	NO						Y						Y	Y					
DIANE SAUCE	NO	NO						Y						Y	Y					
SURF & TURF COMBO																				
CALAMARI	NO	NO	Y									Y								
RAPESEED OIL	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
EASY PEEL KING PRAWNS	NO	NO										Y								
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SURF & TURF COMBO	NO	NO	Y					Y				Y	Y					Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE MIXED GRILL																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y						Y					Y						
CHICKEN BREAST	NO	NO																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y										Y							
TOMATO M	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
TABLE TABLE MIXED GRILL																				
	NO	NO	Y		Y			Y	Y				Y		Y					
TABLE TABLE MIXED GRILL WITH RUMP																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y						Y					Y						
RUMP STEAK 8OZ	NO	NO																		
CHICKEN BREAST	NO	NO																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BRITISH PREMIER INN SAUSAGES	NO	NO	Y										Y							
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
TABLE TABLE MIXED GRILL WITH RUMP																				
	NO	NO	Y		Y			Y	Y				Y		Y					
LAMB RUMP																				
TENDER STEM BROCCOLI	YES	YES																		
LAMB RUMP	NO	NO																		
MALBEG SAUCE	NO	NO							Y				Y							
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		
LAMB RUMP																				
	NO	NO							Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TRIO OF PORK																				
HONEY MUSTARD DRESSING	YES	NO						Y							Y					
BACON SEASONING	YES	YES										Y								
MAPLE SYRUP	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
KIDS SAUSAGE	NO	NO	Y																	
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
TRIO OF PORK																				
	NO	NO	Y					Y	Y				Y		Y					
BACON & CHEESE TOPPED CHICKEN WITH CHIPS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BACON & CHEESE TOPPED CHICKEN WITH CHIPS																				
	NO	NO						Y												
BACON & CHEESE TOPPED CHICKEN WITH JKT																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
BACON & CHEESE TOPPED CHICKEN WITH JKT																				
	NO	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GOURMET BURGERS																				
DOUBLE STACK STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y								Y
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
DOUBLE STACK STEAK BURGER WITH CHEESE	NO	NO	Y					Y	Y				Y	Y						Y
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y								Y
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	NO	NO	Y					Y	Y				Y	Y						Y
BBQ VEGAN BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
HAMBURGER RELISH	YES	YES										Y								Y
VEGAN BURGER	YES	YES	Y					Y												
BBQ PULLED VEGGIES	YES	YES	Y					Y												
VEGAN BUN	YES	YES	Y	Y			Y													
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
BBQ VEGAN BURGER	YES	YES	Y	Y			Y	Y					Y							Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SLOPPY JOE BURGER																				
SLOPPY JOE MIX	NO	NO					Y									Y				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO							Y											
AGED CHEESE SAUCE	YES	NO					Y		Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES											Y			Y				
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
VEGAN BURGER SAUCE	YES	YES														Y				
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
SLOPPY JOE BURGER																				
	NO	NO	Y				Y	Y	Y				Y	Y		Y				
TANDOORI CHICKEN BURGER																				
TANDOORI BATTER	YES	YES																		
VEGAN BURGER SAUCE	YES	YES														Y				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
HAMBURGER RELISH	YES	YES											Y			Y				
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
MANGO CHUTNEY	YES	YES																		
SPICY CHIP SEASONING	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
LIMES	YES	NO																		
TANDOORI CHICKEN BURGER																				
	NO	NO	Y				Y	Y					Y	Y		Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PRAWN DOUBLE STACK BURGER																				
VEGAN BURGER SAUCE	YES	YES																		Y
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y					Y					
EASY PEEL KING PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
ROCKET LEAF	YES	YES																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO							Y										Y	
BEER BATTERED ONION RINGS	NO	NO	Y		Y				Y	Y					Y				Y	
PRAWN DOUBLE STACK BURGER																				
FRESH SALADS																				
GRILLED HALLOUMI																				
RAPESEED OIL	YES	YES																		
HALLOUMI	YES	NO							Y											
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y						Y	
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED HALLOUMI																				
YES	NO								Y				Y						Y	
GRILLED SALMON FILLET																				
SKIN-ON SALMON PORTIONS	NO	NO								Y										
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y						Y	
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED SALMON FILLET																				
NO	NO									Y			Y						Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GRILLED CHICKEN																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED CHICKEN	NO	NO										Y			Y					
TABLE TABLE CLASSICS																				
HALLOUMI & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HALLOUMI	YES	NO								Y										
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VINEGAR MALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI & CHIPS WITH MUSHY PEAS	YES	NO	Y						Y	Y					Y					
HALLOUMI & CHIPS WITH PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
PEAS GRADE A	YES	YES																		
HALLOUMI	YES	NO									Y									
TARTARE SAUCE	YES	NO								Y										
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VINEGAR MALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI & CHIPS WITH PEAS	YES	NO	Y						Y	Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & CHORIZO PIE																				
CHX CHORIZO PIE	NO	NO	Y					Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
POTATO MID	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHICKEN & CHORIZO PIE																				
	NO	NO	Y					Y	Y				Y			Y				
THAI GREEN CURRY																				
BASMATI RICE	YES	YES																		
VEGAN THAI CURRY	YES	YES	Y					Y												
COLESLAW MIX	YES	YES																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
THAI GREEN CURRY																				
	YES	YES	Y					Y												
THAI GREEN CURRY WITH CHICKEN BREAST																				
BASMATI RICE	YES	YES																		
VEGAN THAI CURRY	YES	YES	Y					Y												
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
THAI GREEN CURRY WITH CHICKEN BREAST																				
	NO	NO	Y					Y												
GAMMON STEAK WITH EGGS & CHIPS																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO							Y											
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH EGGS & CHIPS																				
	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH PINEAPPLE & CHIPS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH PINEAPPLE & CHIPS																				
NO	NO																			
GAMMON STEAK WITH ONE OF EACH & CHIPS																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH ONE OF EACH & CHIPS																				
NO	NO							Y												
GAMMON STEAK WITH EGGS & JKT POT																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO								Y										
GAMMON STEAK WITH EGGS & JKT POT																				
NO	NO							Y	Y											
GAMMON STEAK WITH PINEAPPLE & JKT POT																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO								Y										
GAMMON STEAK WITH PINEAPPLE & JKT POT																				
NO	NO									Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH ONE OF EACH & JKT POT																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y	Y										
GAMMON STEAK WITH ONE OF EACH & JKT POT	NO	NO							Y	Y										
CHICKEN MAKHANI CURRY																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
PLAIN NAAN	YES	NO	Y					Y		Y										
CHICKEN MAKHANI CURRY	NO	NO	Y					Y		Y										
SWEET POTATO & FETA LASAGNE																				
GARLIC AND PARSLEY SPREAD	YES	NO								Y										
SPINACH & FETA LASAGNE	YES	NO	Y						Y	Y					Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO								Y										
FLATBREAD HAND PRESSED	YES	NO	Y							Y										
SWEET POTATO & FETA LASAGNE	YES	NO	Y						Y	Y					Y	Y				
RIBS & SMOKY PAPRIKA CHICKEN																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RIBS & SMOKY PAPRIKA CHICKEN	NO	NO																		
WHOLE RACK OF RIBS & PAPRIKA CHICKEN																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
WHOLE RACK OF RIBS & PAPRIKA CHICKEN	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN FORESTIERE																				
DIANE SAUCE	NO	NO						Y						Y	Y					
CHICKEN BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
CHICKEN FORESTIERE	NO	NO	Y					Y						Y	Y					
BEEF & STOUT PIE																				
BEEF STOUT PIE	NO	NO	Y		Y			Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
BEEF & STOUT PIE	NO	NO	Y		Y			Y	Y					Y						
LASAGNE																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
CHICKEN ESCALOPE																				
CHICKEN ESCALOPE	NO	NO	Y																	
CAGE FREE MED BARN EGGS	YES	NO						Y												
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
CHEESE SLICES	YES	NO							Y											
SMOKED DRY CURED STREAKY BACON	NO	NO																		
LEMON CASE	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN ESCALOPE	NO	NO	Y					Y	Y			Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FABULOUS FISH																				
OVEN-BAKED COD LOIN																				
HERB DRESSING	YES	YES																		
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
MSC COD LOINS	NO	NO																		
RATATOUILLE	YES	NO																		
SALTED BUTTER BLOCK	YES	NO																		
POTATO MID	YES	YES																		
OVEN-BAKED COD LOIN	NO	NO																		
LUXURY FISH PIE																				
PEAS GRADE A	YES	YES																		
FISH PIE MIX	NO	NO	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO																		
FLATBREAD HAND PRESSED	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO																		
MASHED POTATO	YES	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
LUXURY FISH PIE	NO	NO	Y																	
FISH & CHIP SHOP PLATTER																				
WHITBY SCAMPI	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
BRITISH PREMIER INN SAUSAGES	NO	NO	Y																	
POLLOCK FILLETS	NO	NO																		
ROCKET LEAF	YES	YES																		
TARTARE SAUCE	YES	NO																		
LEMON CASE	YES	NO																		
SEASIDE MUSHY PEA BITES	NO	NO	Y																	
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
FISH & CHIP SHOP PLATTER	NO	NO	Y																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TERIYAKI SALMON																				
HERB DRESSING	YES	YES																		
CHERRY TOMATOES	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO								Y										
SALTED BUTTER BLOCK	YES	NO								Y										
TERIYAKI SAUCE	YES	NO	Y				Y													
FRESH HERBS BASIL	YES	YES																		
ROCKET LEAF	YES	YES																		
TERIYAKI SALMON	NO	NO	Y				Y			Y	Y									
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO									Y									
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	NO	NO	Y						Y		Y					Y				
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO									Y									
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	NO	NO	Y						Y		Y					Y				
BREADED SCAMPI & CHIPS WITH MUSHY PEAS																				
WHITBY SCAMPI	NO	NO	Y								Y									
MUSHY PEAS	YES	YES																		
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	NO	NO	Y						Y		Y					Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BREADED SCAMPI & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
WHITBY SCAMPI	NO	NO	Y							Y										
TARTARE SAUCE	YES	NO								Y					Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BREADED SCAMPI & CHIPS WITH PEAS																				
	NO	NO	Y							Y					Y					
PUDDINGS & SUNDAES																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y							Y	Y									Y
CARAMEL SAUCE	YES	NO									Y									
VANILLA ICE CREAM	YES	NO									Y									
WARM CHOCOLATE BROWNIE																				
	YES	NO	Y							Y	Y									Y
STICKY TOFFEE PUDDING																				
STICKY TOFFEE PUDDING	YES	NO	Y							Y	Y									
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO									Y									
STICKY TOFFEE PUDDING																				
	YES	NO	Y							Y	Y									
CHOCOLATE FUDGE SENSATION CAKE																				
CHOCOLATE CAKE GF	YES	NO								Y	Y									
UHT WHIPPING CREAM	YES	NO									Y									
CHOCOLATE FUDGE SENSATION CAKE																				
	YES	NO								Y	Y									
FROZEN STRAWBERRY YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO									Y									
FROZEN STRAWBERRY YOGHURT																				
	YES	NO									Y									
GIN FIZZ SORBET																				
GIN FIZZ SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET																				
	YES	YES																		
SUMMER FRUIT CRUMBLE																				
SUMMER CRUMBLE	YES	YES																		
CUSTARD RTS	YES	NO									Y									
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y					Y									
SUMMER FRUIT CRUMBLE																				
	YES	NO	Y			Y					Y									
DARK CHOCOLATE & BLACK CHERRY CROWNIE																				
BLACK CHERRY CROWNIE	YES	NO	Y							Y	Y	Y								
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO									Y									
DARK CHOCOLATE & BLACK CHERRY CROWNIE																				
	YES	NO	Y							Y	Y	Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHOCOLATE CHURROS SUNDAE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
CHURROS	YES	YES	Y																	
CHOCOLATE CHURROS SUNDAE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y	Y										
STRAWBERRY & PROSECCO TRIFLE																				
DAIRY AEROSOL CREAM	YES	NO								Y										
CUSTARD RTS	YES	NO								Y										
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO					Y			Y										
STRAWBERRY PROSECCO TRIFLE BASE	YES	NO	Y						Y	Y										
STRAWBERRY & PROSECCO TRIFLE																				
STRAWBERRY PROSECCO TRIFLE BASE	YES	NO	Y					Y	Y	Y										
CHOCOLATE MINT SUNDAE WITH AERO BUBBLES																				
MINT AERO BUBBLES	YES	NO								Y										
DAIRY AEROSOL CREAM	YES	NO								Y										
MINT SYRUP	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO								Y										
CHOCOLATE MINT SUNDAE WITH AERO BUBBLES																				
CHOCOLATE SAUCE	YES	NO					Y			Y										
SOMETHING TO FINISH																				
GREEK YOGHURT CHOCOLATE TORTE																				
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
GREEK YOGHURT CHOCOLATE TORTE																				
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y											
STRAWBERRY CHEESECAKE																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
STRAWBERRY CHEESECAKE																				
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y											
LEMON MOUSSE																				
LEMON MOUSSE	NO	NO							Y											
FRESH HERBS MINT	YES	YES																		
RASPBERRIES	YES	YES																		
LEMON MOUSSE																				
RASPBERRIES	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE KIDS MENU STARTERS																				
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD	YES	NO	Y					Y												
CHICKEN MEATBALLS																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
CHICKEN MEATBALLS																				
CHICKEN MEATBALLS	NO	NO																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VEGGIE STICKS																				
VEGGIE STICKS	YES	NO						Y												
THE MAIN YARD																				
POPPIN CHICKEN																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
POPPIN CHICKEN																				
POPPIN CHICKEN	NO	NO	Y					Y												
TOMATO PENNE PASTA																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PENNE PASTA																				
TOMATO PENNE PASTA	YES	NO	Y					Y												
CHICKEN BURGER																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
BURGER BUN KIDS	YES	NO	Y					Y												
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
CHICKEN BURGER																				
CHICKEN BURGER	NO	NO	Y					Y								Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SPAGHETTI BOLOGNESE																				
SPAGHETTI BOLOGNAISE	NO	NO	Y												Y					
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
SPAGHETTI BOLOGNESE																				
NO	NO	Y						Y						Y						
BANGERS & MASH																				
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
BANGERS & MASH																				
NO	NO	Y						Y						Y						
VEGGIE BANGERS & MASH																				
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
VEGGIE BANGERS & MASH																				
YES	NO	Y						Y	Y					Y						
CHICKEN CURRY																				
CHICKEN CURRY KIDS	NO	NO	Y					Y												
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
CHICKEN CURRY																				
NO	NO	Y						Y												
BEEF BURGER																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF BURGER																				
NO	NO	Y						Y												
COD BITES																				
COD CUBES	NO	NO	Y						Y											
GARDEN PEAS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
COD BITES																				
NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO PASTA & CHICKEN MEATBALLS																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA & CHICKEN MEATBALLS	NO	NO	Y					Y												
SIDES																				
MASHED POTATO																				
MASHED POTATO	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
CHIPS																				
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS	YES	YES																		
MINI JACKET POTATOES																				
POTATO MID	YES	YES																		
MINI JACKET POTATOES	YES	YES																		
BROWN RICE																				
BROWN RICE KIDS	YES	YES																		
BROWN RICE	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
GARLIC BREAD	YES	NO	Y					Y												
VEGGIE BITS																				
BAKED BEANS																				
BAKED BEANS	YES	YES																		
BAKED BEANS	YES	YES																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MINI CORN ON THE COB																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB	YES	YES																		
PEAS																				
GARDEN PEAS	YES	YES																		
PEAS	YES	YES																		
SIDE SALAD																				
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SIDE SALAD	YES	YES																		
SUNDAY CARVERY																				
ROAST BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST BEEF	NO	NO	Y					Y	Y					Y						
ROAST PORK																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
PORK LOIN JOINT	NO	NO																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
APPLE SAUCE	YES	YES										Y		Y						
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST PORK	NO	NO	Y					Y	Y				Y	Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROAST CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
CHICKEN BREAST	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST CHICKEN	NO	NO	Y				Y	Y						Y						
PUDS FOR EWE																				
FUNNY FACE SUNDAE																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO						Y												
CUP CONES	YES	YES	Y				Y													
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO						Y												
FUNNY FACE SUNDAE	NO	NO	Y				Y	Y												
MINI DOUGHNUTS																				
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y			Y	Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
MINI SMARTIES	NO	NO						Y												
MINI DOUGHNUTS	NO	NO	Y			Y	Y	Y	Y											
MIXED FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
MIXED FRUIT SALAD	YES	YES																		
PANCAKES																				
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
PANCAKES	YES	NO	Y				Y	Y	Y											
STRAWBERRY YOGHURT																				
STRAWBERRY YOGHURT	YES	NO						Y												
STRAWBERRY YOGHURT	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STRAWBERRY FROZEN YOGHURT																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT	YES	NO	Y				Y		Y											
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH RASPBERRY SAUCE	YES	NO	Y				Y		Y											
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y				Y		Y											
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CARAMEL SAUCE	YES	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAYTIME VALUE MENU																				
OUR STARTERS																				
POTATO DIPPERS																				
BACK BACON	NO	NO																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
POTATO DIPPERS	NO	NO						Y												
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
CHICKEN GOUJONS	NO	NO	Y					Y												
TOMATO SOUP																				
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
TOMATO SOUP	YES	NO	Y		Y			Y						Y						
GARLIC & HERB BREADED MUSHROOMS																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
GARLIC & HERB BREADED MUSHROOMS	NO	NO	Y																	
OUR MAINS																				
MAC & CHEESE																				
MAC & CHEESE	YES	NO	Y					Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
MAC & CHEESE	YES	NO	Y					Y				Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
			Cereals Containing Gluten																	
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
PAPRIKA CHICKEN																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
PAPRIKA CHICKEN																				
	NO	NO											Y			Y				
1/4LB BEEF STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO								Y										
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES											Y			Y				
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
1/4LB BEEF STEAK BURGER WITH CHEESE																				
	NO	NO	Y						Y	Y				Y	Y		Y			
DOUBLE BEEF BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO								Y										
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES											Y			Y				
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
DOUBLE BEEF BURGER WITH CHEESE																				
	NO	NO	Y						Y	Y				Y	Y		Y			
CHICKEN & BACON OPEN CLUB SANDWICH																				
CIABATTA LOAF	YES	YES	Y	Y																
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO								Y						Y				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ROCKET LEAF	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
CHICKEN & BACON OPEN CLUB SANDWICH																				
	NO	NO	Y	Y					Y							Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN & HAM PIE																				
PEAS GRADE A	YES	YES																		
CHICKEN & HAM PIE	NO	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO												Y						
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
CHICKEN & HAM PIE																				
	NO	NO	Y					Y	Y					Y	Y					
STEAK & FRITES																				
RAPESEED OIL	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES							Y											
STEAK & FRITES																				
	NO	NO							Y											
HAND-BATTERED FISH & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH PEAS																				
	NO	NO	Y					Y		Y						Y				
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO									Y									
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
	NO	NO	Y					Y		Y						Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO													Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
	NO	NO	Y						Y		Y					Y				
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO																		
TARTARE SAUCE	YES	NO								Y						Y				
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
	NO	NO	Y						Y		Y					Y				
HAM, EGG & CHIPS																				
CAGE FREE MED BARN EGGS	YES	NO								Y										
RAPESEED OIL	YES	YES																		
THICK CUT HAM SLICES	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAM, EGG & CHIPS																				
	NO	NO							Y											
GAMMON STEAK WITH AN EGG & CHIPS																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO								Y										
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH AN EGG & CHIPS																				
	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH AN EGG & JACKET POTATO																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y	Y										
GAMMON STEAK WITH AN EGG & JACKET POTATO	NO	NO																		
GAMMON STEAK WITH A PINEAPPLE RING & CHIPS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH A PINEAPPLE RING & CHIPS	NO	NO																		
GAMMON STEAK WITH A PINEAPPLE RING & JACKET POTATO																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO								Y										
GAMMON STEAK WITH A PINEAPPLE RING & JACKET POTATO	NO	NO																		
HALLOUMI & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HALLOUMI	YES	NO								Y										
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VINEGAR MALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI & CHIPS WITH MUSHY PEAS	YES	NO	Y								Y	Y				Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HALLOUMI & CHIPS WITH PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
PEAS GRADE A	YES	YES																		
HALLOUMI	YES	NO						Y												
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VINEGAR MALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI & CHIPS WITH PEAS	YES	NO	Y					Y	Y						Y					
LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
SWEET POTATO & FETA LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SWEET POTATO & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
JACKET POTATO WITH CHEESE & BEANS																				
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
BAKED BEANS	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
JACKET POTATO WITH CHEESE & BEANS	YES	NO							Y											
SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
CLASSIC PUDDINGS																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STRAWBERRY FROZEN YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO						Y												
STRAWBERRY FROZEN YOGHURT																				
STRAWBERRY FROZEN YOGHURT	YES	NO						Y												
CARAMEL APPLE PIE																				
UHT WHIPPING CREAM	YES	NO						Y												
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
CARAMEL APPLE PIE																				
CARAMEL APPLE PIE	YES	NO	Y				Y	Y	Y											
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
DAIRY ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO						Y		Y										
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	YES	NO						Y		Y										
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y											
GIN FIZZ SORBET																				
GIN FIZZ SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET																				
GIN FIZZ SORBET	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
EVENING MENU																				
OUR STARTERS																				
CHICKEN GOUJONS																				
	RAPESEED OIL	YES	YES																	
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
	BUTTERMILK CHICKEN GOUJONS	NO	NO	Y				Y												
CHICKEN GOUJONS																				
		NO	NO	Y				Y												
TOMATO SOUP																				
	SALTED BUTTER BLOCK	YES	NO					Y												
	TOMATO SOUP CONCENTRATE	YES	NO					Y						Y						
	MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
	FRESH HERBS FLAT PARSLEY	YES	YES																	
TOMATO SOUP																				
		YES	NO	Y		Y		Y						Y						
GARLIC & HERB BREADED MUSHROOMS																				
	RAPESEED OIL	YES	YES																	
	GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
GARLIC & HERB BREADED MUSHROOMS																				
		NO	NO	Y																
TASTY MAINS																				
MAC & CHEESE																				
	MAC & CHEESE	YES	NO	Y				Y												
	GARLIC BREAD SLICES	YES	NO	Y				Y												
	MOZZ/MILD CHEDDAR MIX	YES	NO					Y												
	COLESLAW MIX	YES	YES																	
	SALAD LEAF MIX	YES	YES																	
	FRENCH DRESSING	YES	YES										Y			Y				
	TOMATO CHERRY RED	YES	YES																	
	CUCUMBER	YES	YES																	
	ONIONS RED	YES	YES																	
	PEPPER RED	YES	YES																	
MAC & CHEESE																				
		YES	NO	Y				Y				Y			Y					
THAI GREEN CURRY																				
	BASMATI RICE	YES	YES																	
	VEGAN THAI CURRY	YES	YES	Y				Y												
	COLESLAW MIX	YES	YES																	
	THAI SWEET CHILLI DIPPING SAUCE	YES	YES																	
	CHILLIES RED	YES	YES																	
	FRESH HERBS CORIANDER	YES	YES																	
	ONIONS SPRING BUNCH	YES	YES																	
THAI GREEN CURRY																				
		YES	YES	Y				Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
THAI GREEN CURRY WITH CHICKEN BREAST																				
BASMATI RICE	YES	YES																		
VEGAN THAI CURRY	YES	YES	Y				Y													
COLESLAW MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
THAI SWEET CHILLI DIPPING SAUCE																				
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
THAI GREEN CURRY WITH CHICKEN BREAST																				
	NO	NO	Y				Y													
HAND-BATTERED FISH & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH PEAS																				
	NO	NO	Y				Y			Y					Y					
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO									Y									
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
	NO	NO	Y				Y			Y					Y					
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO									Y									
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
	NO	NO	Y				Y			Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO																		
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
	NO	NO	Y						Y											
CHICKEN & HAM PIE																				
PEAS GRADE A	YES	YES																		
CHICKEN & HAM PIE	NO	NO	Y						Y	Y										
GRAVY CONCENTRATE	NO	NO																		
SALTED BUTTER BLOCK	YES	NO													Y					
MASHED POTATO	YES	NO																		
CHICKEN & HAM PIE																				
	NO	NO	Y						Y	Y					Y	Y				
GAMMON STEAK WITH AN EGG & CHIPS																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH AN EGG & CHIPS																				
	NO	NO																		
GAMMON STEAK WITH AN EGG & JACKET POTATO																				
PEAS GRADE A	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
GAMMON STEAK WITH AN EGG & JACKET POTATO																				
	NO	NO																		
GAMMON STEAK WITH A PINEAPPLE RING & CHIPS																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH A PINEAPPLE RING & CHIPS																				
	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH A PINEAPPLE RING & JACKET POTATO																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
GAMMON STEAK WITH A PINEAPPLE RING & JACKET POTATO																				
1/4LB BEEF STEAK BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y			Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
1/4LB BEEF STEAK BURGER WITH CHEESE																				
DOUBLE BEEF BURGER WITH CHEESE																				
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y			Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
DOUBLE BEEF BURGER WITH CHEESE																				
PAPRIKA CHICKEN																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
PAPRIKA CHICKEN																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
CLASSIC PUDDINGS																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y							Y			Y	
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO						Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	YES	NO						Y	Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
CARAMEL APPLE PIE																				
UHT WHIPPING CREAM	YES	NO							Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CUSTARD RTS	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
CARAMEL APPLE PIE	YES	NO	Y					Y	Y	Y										
GIN FIZZ SORBET																				
GIN FIZZ SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE BUFFET MENU BUFFET 1 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y						Y					
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO							Y											
TOTAL HAM & MUSTARD	NO	NO	Y		Y				Y						Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y		Y				Y					
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
POP IN CHICKEN																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
TOTAL POP IN CHICKEN	NO	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOTAL GARLIC BREAD	YES	NO	Y					Y												
MIXED SIDE SALAD																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOTAL MIXED SIDE SALAD	YES	NO	Y		Y			Y				Y			Y					
BUFFET 2 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y													Y				
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
TOTAL HAM & MUSTARD	NO	NO	Y		Y			Y								Y				
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y								Y				
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y	Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												
MIXED SIDE SALAD																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOTAL MIXED SIDE SALAD	YES	NO	Y		Y			Y				Y			Y					
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ONION RINGS																				
RAPESEED OIL	YES	YES																		
LARGE BATTERED ONION RINGS	NO	NO	Y																	
TOTAL ONION RINGS	NO	NO	Y																	
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TOTAL TEMPURA PRAWNS	NO	NO	Y							Y										
BUFFET 3 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y				Y											
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y						Y					
MED FRESH EGGS	YES	NO							Y											
SALTED BUTTER	YES	NO							Y	Y										
TOTAL EGG MAYO	YES	NO	Y		Y				Y	Y					Y					
CHICKEN & BACON																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO							Y						Y					
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO								Y										
LEMON CASE	YES	NO																		
TOTAL CHICKEN & BACON	NO	NO	Y		Y				Y	Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO					Y								Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y		Y	Y		Y					Y					
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MIXED SIDE SALAD																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOTAL MIXED SIDE SALAD	YES	NO	Y		Y			Y				Y			Y					
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												
ONION RINGS																				
RAPESEED OIL	YES	YES																		
LARGE BATTERED ONION RINGS	NO	NO	Y																	
TOTAL ONION RINGS	NO	NO	Y																	
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TOTAL TEMPURA PRAWNS	NO	NO	Y							Y										
THREE CHEESE CRUSTLESS QUICHE																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
TOTAL THREE CHEESE CRUSTLESS QUICHE	YES	NO	Y					Y	Y											
POTATO DIPPERS																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL POTATO DIPPERS	YES	NO						Y												
SAUSAGE ROLLS																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y									Y								
TOTAL SAUSAGE ROLLS	NO	NO	Y									Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DESSERTS																				
CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES					Y													
TOTAL CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y										Y	Y
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
TOTAL PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE SUNDAY LUNCH																				
CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE	YES	NO						Y	Y											
TOPSIDE OF BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SALTED BUTTER	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
TOPSIDE OF BEEF	NO	NO	Y					Y	Y					Y						
LOIN OF PORK																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PORK LOIN JOINT	NO	NO							Y											
SALTED BUTTER	YES	NO							Y											
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
APPLE SAUCE	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
LOIN OF PORK	NO	NO	Y					Y	Y					Y						
HALF ROASTED CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SALTED BUTTER	YES	NO							Y											
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
HALF ROASTED CHICKEN	NO	NO	Y					Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROOT VEGETABLE WELLINGTON	YES	NO	Y																	
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
VEGETARIAN ROAST GRAVY	YES	NO	Y											Y						
SALTED BUTTER	YES	NO																		
RAPESEED OIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO																		
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y						Y					
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROOT VEGETABLE WELLINGTON	YES	NO	Y					Y	Y					Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE DRINKS MENU																				
DRAUGHT																				
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
STELLA 4.8%	YES	YES			Y															
DOOM BAR CASK	NO	NO			Y															
SAN MIGUEL	YES	YES			Y							Y								
GUINNESS	NO	NO			Y															
THATCHERS	YES	YES										Y								
CARLING BLACK FRUIT	YES	NO										Y								
GIN PALACE																				
FEVER TREE LIGHT TONIC	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
SIPSMITH GIN	YES	YES																		
GORDONS GIN	NO	NO																		
GORDONS PINK GIN	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
GORDON'S PREMIUM PINK DISTILLED GIN SPRITZER																				
GORDONS PINK GIN	YES	YES																		
R WHITES	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
STRAWBERRIES	YES	YES																		
GORDON'S PREMIUM PINK DISTILLED GIN SPRITZER	YES	NO										Y								

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BREAKFAST MENU																				
ACCOMPANIMENTS																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA MILK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
FULL BREAKFAST																				
BACON																				
BACK BACON	NO	NO																		
TOTAL BACON	NO	NO																		
SAUSAGE																				
PI SAUSAGES	NO	NO	Y									Y								
TOTAL SAUSAGE	NO	NO	Y									Y								
VEGETARIAN SAUSAGE																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
TOTAL VEGETARIAN SAUSAGE	YES	NO	Y					Y	Y											
SCRAMBLED EGG																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
TOTAL SCRAMBLED EGG	YES	NO						Y	Y											
FRIED EGG																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL FRIED EGG	YES	NO						Y												
POACHED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL POACHED EGG	YES	NO						Y												
BOILED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL BOILED EGG	YES	NO						Y												
OMELETTE																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL OMELETTE	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HASH BROWNS																				
HASH BROWN	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL HASH BROWNS	YES	YES																		
BUBBLE AND SQUEAK																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL BUBBLE AND SQUEAK	YES	NO						Y												
BLACK PUDDING																				
BLACK PUDDING	NO	NO	Y		Y															
TOTAL BLACK PUDDING	NO	NO	Y		Y															
MUSHROOMS WITH BUTTER																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
TOTAL MUSHROOMS WITH BUTTER	YES	NO						Y												
TOMATO																				
TOMATO M	YES	YES																		
TOTAL TOMATO	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO (RATIONAL)																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL TOMATO (RATIONAL)	YES	YES																		
BEANS																				
BAKED BEANS	YES	YES																		
TOTAL BEANS	YES	YES																		
CONTINENTAL BREAKFAST BAKERY																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS																				
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
ASSORTED JAM PORTIONS- RASPBERRY																				
ASSORTED JAM PORTIONS- BLACKCURRANT																				
ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
FRUITS																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
YOGHURTS AND CEREALS																				
STRAWBERRY YOGHURT	YES	NO						Y												
VANILLA YOGHURT	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y				
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y				Y								
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y															
GRANOLA OAT AND RAISIN	YES	NO	Y			Y														
OATS2GO PORRIDGE SACHETS	YES	YES				Y	Y													
DRINKS																				
TEAS																				
PEPPERMINT INFUSION	YES	YES																		
CAMOMILE INFUSION	YES	YES																		
PTS LEMON AND GINGER	YES	YES																		
GREEN TEA	YES	YES																		
PTS HERBAL TEABAGS VARIOUS FLAVOURS	YES	YES																		
PTS DECAFF TEA	YES	YES																		
COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE																				
FRUIT JUICES & SMOOTHIES																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE	YES	YES										Y								
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans