

# Table Table



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

## KEY FOR TABLE TABLE ALLERGY INFORMATION GUIDE

**Y** The allergen is present

**YES** Suitable for ovo-lacto vegetarians/ vegans

**NO** Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE SUMMER MENU								
OUR STARTERS								
CHICKEN WINGS	1272	304	14.9	4.3	19.3	7.9	23.2	1.4
CALAMARI	1832	438	24.2	1.9	39.5	13.8	15.0	4.3
HONEY & MUSTARD CHICKEN SKEWERS	991	237	6.6	1.0	14.2	11.5	29.6	1.4
TEMPURA PRAWNS	1530	365	18.9	1.9	40.0	13.6	8.6	2.4
GARLIC & HERB BREADED MUSHROOMS	1315	314	15.2	1.2	35.1	8.6	6.0	0.9
CLASSIC PRAWN COCKTAIL	1923	459	22.0	6.8	40.3	13.8	23.3	2.4
LOADED NACHOS	2596	620	36.8	14.5	54.4	4.1	14.3	1.8
LOADED NACHOS WITH COWBOY BEANS	3035	725	38.4	14.9	67.0	11.9	20.5	2.3
TOMATO SOUP	1180	282	7.7	3.3	41.9	11.6	8.2	2.0
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
SOMETHING TO SHARE								
SHARING LOADED NACHOS	5160	1233	62.0	19.9	124.6	19.1	31.4	3.5
TABLE TABLE SHARING PLATTER	7776	1857	102.8	21.5	169.3	18.2	58.4	6.8
TT SHARING PLATTER WITH CHICKEN WINGS	8669	2071	114.7	24.9	177.6	18.5	76.8	7.7
A BIT ON THE SIDE								
TIGER FRIES	1479	353	16.1	1.5	46.7	7.4	3.3	1.3
CHIPS	1518	363	13.8	2.1	51.9	0.7	5.1	1.3
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
SKINNY CUT FRIES	1377	329	13.2	1.0	46.2	0.1	4.7	1.5
GARLIC FLATBREAD	1357	324	15.9	4.9	36.8	1.8	7.4	0.7
GARLIC FLATBREAD WITH CHEESE	1984	474	27.2	12.1	37.9	2.1	18.4	1.4
MIXED SIDE SALAD	192	46	1.2	0.3	6.0	4.5	1.9	0.1
MIXED GREEN VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
TENDERSTEM BROCCOLI	581	139	11.3	5.5	3.2	2.1	4.7	0.2
BEER-BATTERED ONION RINGS	879	210	11.2	0.9	23.5	3.2	2.8	0.5
HALLOUMI FRIES	2455	586	44.3	15.5	17.5	14.3	29.1	4.4
GOURMET BURGERS								
DOUBLE STACK STEAK BURGER WITH CHEESE	5242	1252	70.2	26.4	92.4	16.2	60.0	4.1
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	5505	1315	74.2	27.6	92.6	16.3	66.5	5.0
BBQ VEGAN BURGER	3874	925	35.6	3.5	107.4	25.0	37.5	4.8
SLOPPY JOE BURGER	5505	1315	69.5	24.1	108.8	28.9	61.6	5.6
CLUCK 'N' ALE BURGER	6496	1552	78.1	13.4	141.3	16.8	66.4	6.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>GREAT GRILLS</b>								
SURF & TURF COMBO	5132	1226	59.2	13.0	90.0	9.6	79.5	5.6
STREAKY BACON & CHEESE TOPPED CHICKEN BREAST WITH CHIPS	3126	747	27.6	8.4	67.3	12.1	52.6	4.0
STREAKY BACON & CHEESE TOPPED CHICKEN BREAST WITH JKT POT	3181	760	22.4	11.6	83.2	14.1	56.2	3.0
TABLE TABLE MIXED GRILL	4920	1175	56.4	18.1	75.4	10.2	85.8	5.1
TABLE TABLE MIXED GRILL WITH RUMP STEAK	5612	1340	62.8	21.5	75.4	10.4	115.6	5.7
LAMB RUMP	3028	723	37.3	20.6	34.2	10.7	61.6	3.0
STEAK & FRITES	2782	665	32.4	8.8	48.7	2.1	43.0	1.9
STEAK & SALAD	1319	315	14.2	5.1	6.4	4.9	39.6	0.4
8OZ RUMP STEAK	3433	820	37.4	14.4	60.3	6.1	58.8	3.3
8OZ RUMP STEAK WITH SALAD	2107	503	24.8	12.6	14.4	9.9	55.6	2.1
8OZ SIRLOIN STEAK	3486	833	39.3	15.5	60.3	6.0	54.9	3.0
8OZ SIRLOIN STEAK WITH SALAD	2160	516	26.7	13.6	14.4	9.8	51.8	1.8
10OZ RIB-EYE STEAK	4262	1018	51.6	21.6	62.5	8.2	71.2	3.0
<b>GET SAUCY</b>								
PEPPERCORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE SAUCE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
DIANE SAUCE	305	73	5.9	3.2	3.2	1.1	1.6	0.5
GRILLED HALLOUMI	1573	376	24.4	14.7	12.4	9.4	23.5	2.0
GRILLED CHICKEN	1041	249	4.9	1.2	12.4	9.8	36.6	1.3
BACON & BLUE CHEESE SALAD	1595	381	23.6	11.0	21.3	10.8	18.7	2.0
<b>TABLE TABLE CLASSICS</b>								
CHICKEN & CHORIZO PIE	2327	556	29.2	12.1	44.1	12.9	28.2	1.8
THAI GREEN CURRY	3628	866	34.0	24.5	116.1	35.2	17.0	2.3
THAI GREEN CURRY WITH CHICKEN BREAST	4276	1021	36.5	25.1	116.3	35.7	49.7	3.4
GAMMON STEAK WITH CHIPS AND EGGS	3670	877	39.1	9.0	60.1	6.0	67.1	4.2
GAMMON STEAK WITH CHIPS AND GRILLED PINEAPPLE	3088	737	22.1	5.4	81.8	27.1	51.5	4.2
GAMMON STEAK WITH CHIPS AND ONE OF EACH	3379	807	30.6	7.2	71.0	16.5	59.3	4.2
GAMMON STEAK WITH JKT POT AND EGGS	3725	890	33.9	12.1	76.0	8.0	70.8	3.1
GAMMON STEAK WITH JKT POT AND GRILLED PINEAPPLE	3143	751	16.9	8.5	97.7	29.1	55.1	3.2
GAMMON STEAK WITH JKT POT AND ONE OF EACH	3434	820	25.4	10.3	86.9	18.5	63.0	3.2
CHICKEN MAKHANI CURRY	3910	934	30.7	12.1	106.3	23.4	53.7	5.1
HALLOUMI & CHIPS WITH PEAS	4189	1001	63.5	15.0	68.4	7.3	34.3	5.0
HALLOUMI & CHIPS WITH MUSHY PEAS	4348	1039	63.6	15.1	74.9	6.0	36.6	5.9
FIRE-KISSED BUTTERNUT SQUASH	1966	470	29.1	9.2	42.1	30.5	8.8	2.1
SWEET POTATO & FETA LASAGNE	2962	708	39.8	16.8	60.5	14.1	24.5	2.8
RIBS & SMOKY PAPRIKA CHICKEN	4137	988	38.8	10.6	78.4	20.8	77.1	4.5
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN	4137	988	38.8	10.6	78.4	20.8	77.1	4.5
CHICKEN FORESTIERE	3220	769	44.2	21.7	41.6	4.6	47.6	4.0
BEEF & STOUT PIE	5058	1208	65.0	29.4	116.8	6.7	30.0	3.3
LASAGNE	2833	677	31.8	14.6	62.6	16.3	32.6	3.5
CHICKEN ESCALOPE	5675	1355	76.0	16.1	107.8	3.4	57.0	3.3
LEMON & THYME MARINATED HALF CHICKEN	6052	1445	92.0	20.8	53.2	23.1	97.4	3.7
<b>FABULOUS FISH</b>								
FISH & CHIP SHOP PLATTER	5212	1245	70.2	9.9	108.8	6.2	39.7	4.0
OVEN-BAKED COD LOIN	1717	410	17.5	6.9	31.3	12.1	30.6	1.2
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4632	1106	56.5	12.3	96.5	7.7	48.4	2.7
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4791	1144	56.6	12.4	103.0	6.4	50.7	3.6
BREADED SCAMPI & CHIPS WITH PEAS	3338	797	38.7	4.1	87.8	6.7	19.7	2.7
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	3497	835	38.8	4.2	94.3	5.4	22.0	3.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>PUDDINGS &amp; SUNDAES</b>								
SALTED TOFFEE APPLE CRUMBLE	2513	600	15.1	6.4	104.6	65.2	9.3	1.6
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
CHOCOLATE FUDGE SENSATION CAKE	3392	810	45.0	17.2	92.7	69.9	7.2	0.5
STICKY TOFFEE PUDDING	3013	720	37.4	17.0	86.3	62.6	7.6	0.5
FROZEN STRAWBERRY YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
MIXED BERRY PAVLOVA	573	137	4.3	3.0	22.2	21.8	1.9	0.1
RHUBARB CUSTARD SUNDAE	2307	551	23.9	12.5	68.7	56.5	9.5	0.5
CHOCOLATE CHURROS SUNDAE	3133	748	32.0	13.3	97.9	44.7	12.2	0.6
CHOCOLATE MINT SUNDAE WITH AERO BUBBLES	2692	643	28.2	18.1	84.8	71.7	8.2	0.5
<b>MINI PUDDING</b>								
GREEK YOGHURT CHOCOLATE TORTE	1230	294	20.2	10.2	23.9	12.9	3.3	0.1
STRAWBERRY CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
LEMON MOUSSE	632	151	10.0	6.4	12.3	11.7	2.5	0.0

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	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
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<b>TABLE TABLE KIDS MENU</b>								
<b>STARTERS</b>								
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
<b>THE MAIN YARD</b>								
POPPIN CHICKEN	1651	394	15.8	2.4	43.6	4.2	16.9	1.5
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
CHICKEN BURGER	1897	453	7.3	1.7	64.8	9.0	27.5	1.6
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
BANGERS & MASH	1683	402	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE BANGERS & MASH	1481	354	11.8	3.5	37.4	5.3	18.7	2.1
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
BEEF BURGER	2590	619	26.5	9.2	62.5	9.0	28.9	1.1
COD BITES	2124	507	24.8	4.0	53.0	4.9	14.3	0.9
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
<b>SIDES</b>								
MASHED POTATO	550	131	4.5	2.8	19.0	0.6	2.5	0.6
CHIPS	759	181	6.9	1.1	26.0	0.4	2.5	0.6
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
<b>VEGGIE BITS</b>								
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
SIDE SALAD	98	23	0.1	0.3	3.5	1.6	1.6	0.0
<b>SUNDAY CARVERY</b>								
ROAST BEEF	2808	671	28.4	7.3	69.5	9.3	33.3	1.2
ROAST PORK	3184	761	15.5	7.7	69.6	9.5	52.6	1.4
ROAST CHICKEN	2431	581	17.2	2.4	75.2	9.8	30.1	1.9
<b>PUDS FOR EWE</b>								
FUNNY FACE SUNDAE	820	196	5.7	3.5	29.2	23.4	4.3	0.1
MINI DOUGHNUTS	913	218	9.4	4.3	31.0	16.9	2.4	0.2
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
PANCAKES	908	217	3.3	0.5	42.5	23.0	3.9	0.3
STRAWBERRY YOGHURT	482	115	4.7	3.1	12.7	12.4	5.5	0.2
STRAWBERRY FROZEN YOGHURT	594	142	1.1	0.5	28.3	20.4	4.2	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2

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	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>DAYTIME SAVER MENU</b>								
<b>OUR STARTERS</b>								
POTATO DIPPERS	1784	426	24.0	9.4	34.4	2.6	18.2	1.4
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
TOMATO SOUP	1180	282	7.7	3.3	41.9	11.6	8.2	2.0
GARLIC & HERB BREADED MUSHROOMS	1315	314	15.2	1.2	35.1	8.6	6.0	0.9
<b>OUR MAINS</b>								
MAC & CHEESE	3308	790	37.8	24.4	73.6	6.8	34.5	3.7
PAPRIKA CHICKEN	2189	523	16.8	1.7	48.8	2.5	42.5	3.1
1/4LB BEEF STEAK BURGER WITH CHEESE	4000	955	48.0	15.1	92.3	16.1	35.9	3.5
DOUBLE BEEF STEAK BURGER WITH CHEESE	4894	1169	63.2	22.0	92.4	16.2	54.9	3.7
CHICKEN & BACON OPEN CLUB SANDWICH	3589	857	28.9	3.9	93.4	6.9	52.4	4.8
CHICKEN & HAM PIE	4443	1061	56.6	26.9	102.8	7.5	29.3	3.2
STEAK & FRITES	2782	665	32.4	8.8	48.7	2.1	43.0	1.9
HAND-BATTERED FISH & CHIPS WITH PEAS	3774	901	46.3	4.8	76.9	6.4	39.8	2.8
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	3933	939	46.4	4.9	83.5	5.1	42.1	3.7
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4791	1144	56.6	12.4	103.0	6.4	50.7	3.6
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4632	1106	56.5	12.3	96.5	7.7	48.4	2.7
HAM, EGG & CHIPS	3586	857	42.1	10.1	52.8	1.6	63.3	5.8
GAMMON STEAK WITH CHIPS & AN EGG	3218	769	30.6	7.2	60.1	5.9	59.2	4.2
GAMMON STEAK WITH CHIPS & A PINEAPPLE RING	2927	699	22.1	5.4	70.9	16.5	51.4	4.2
GAMMON STEAK WITH JKT POT & AN EGG	3273	782	25.4	10.3	75.9	7.9	62.8	3.1
GAMMON STEAK WITH JKT POT & A PINEAPPLE RING	2982	712	16.9	8.5	86.8	18.5	55.0	3.2
HALLOUMI & CHIPS WITH PEAS	4189	1001	63.5	15.0	68.4	7.3	34.3	5.0
HALLOUMI & CHIPS WITH MUSHY PEAS	4348	1039	63.6	15.1	74.9	6.0	36.6	5.9
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
SWEET POTATO & FETA LASAGNE	2547	608	34.0	15.0	51.3	13.5	22.2	2.6
JACKET POTATO WITH CHEESE & BEANS	3172	758	26.6	15.3	94.8	16.8	32.5	2.6
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
<b>CLASSIC PUDDINGS</b>								
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
STRAWBERRY FROZEN YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
CARAMEL APPLE PIE WITH CREAM	2362	564	33.1	19.7	61.0	27.1	4.6	0.4
CARAMEL APPLE PIE WITH CUSTARD	2077	496	18.5	9.8	75.0	36.9	6.4	0.5
CARAMEL APPLE PIE WITH ICE CREAM	1936	462	18.1	9.8	67.3	32.8	5.2	0.4
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0

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	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
EVENING MENU								
OUR STARTERS								
CHICKEN GOUJONS	1702	407	20.0	2.4	33.9	8.6	22.4	1.8
TOMATO SOUP	1180	282	7.7	3.3	41.9	11.6	8.2	2.0
GARLIC & HERB BREADED MUSHROOMS	1315	314	15.2	1.2	35.1	8.6	6.0	0.9
TASTY MAINS								
MAC & CHEESE	3308	790	37.8	24.4	73.6	6.8	34.5	3.7
THAI GREEN CURRY	3628	866	34.0	24.5	116.1	35.2	17.0	2.3
THAI GREEN CURRY WITH CHICKEN BREAST	4276	1021	36.5	25.1	116.3	35.7	49.7	3.4
HAND-BATTERED FISH & CHIPS WITH PEAS	3774	901	46.3	4.8	76.9	6.4	39.8	2.8
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	3933	939	46.4	4.9	83.5	5.1	42.1	3.7
GIANT HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4791	1144	56.6	12.4	103.0	6.4	50.7	3.6
GIANT HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4632	1106	56.5	12.3	96.5	7.7	48.4	2.7
GAMMON STEAK WITH CHIPS & AN EGG	3218	769	30.6	7.2	60.1	5.9	59.2	4.2
GAMMON STEAK WITH CHIPS & A PINEAPPLE RING	2927	699	22.1	5.4	70.9	16.5	51.4	4.2
GAMMON STEAK WITH JKT POT & AN EGG	3273	782	25.4	10.3	75.9	7.9	62.8	3.1
GAMMON STEAK WITH JKT POT & A PINEAPPLE RING	2982	712	16.9	8.5	86.8	18.5	55.0	3.2
1/4LB BEEF STEAK BURGER WITH CHEESE	4000	955	48.0	15.1	92.3	16.1	35.9	3.5
DOUBLE BEEF STEAK BURGER WITH CHEESE	4894	1169	63.2	22.0	92.4	16.2	54.9	3.7
PAPRIKA CHICKEN	2189	523	16.8	1.7	48.8	2.5	42.5	3.1
LASAGNE	2417	577	26.0	12.8	53.4	15.7	30.3	3.3
CLASSIC PUDDINGS								
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
DAIRY ICE CREAM WITH CARAMEL SAUCE	1161	277	8.7	5.5	40.3	37.6	6.0	0.2
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	1156	276	9.0	5.7	38.5	36.1	6.4	0.4
DAIRY ICE CREAM WITH RASPBERRY SAUCE	1145	273	7.7	4.9	42.2	35.7	5.1	0.2
FROZEN STRAWBERRY YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
CARAMEL APPLE PIE WITH CREAM	2362	564	33.1	19.7	61.0	27.1	4.6	0.4
CARAMEL APPLE PIE WITH CUSTARD	2077	496	18.5	9.8	75.0	36.9	6.4	0.5
CARAMEL APPLE PIE WITH ICE CREAM	1936	462	18.1	9.8	67.3	32.8	5.2	0.4
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY LUNCH								
TOPSIDE OF BEEF	5545	1324	63.0	21.1	134.5	20.6	54.8	3.3
LOIN OF PORK	5338	1275	43.6	17.4	141.3	26.4	54.5	3.3
HALF ROAST CHICKEN	6212	1484	65.9	18.6	134.7	20.9	88.2	5.2
ROOT VEG WELLINGTON	6886	1645	82.5	34.5	194.5	22.0	31.8	3.8
ADD								
CAULIFLOWER CHEESE	1183	283	20.2	11.8	10.0	3.8	14.0	1.6

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE BUFFET MENU								
BUFFET 1								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	451	108	6.0	3.6	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	411	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	579	138	5.6	2.5	9.1	0.9	12.4	1.6
PRAWN & MARIE ROSE (PER 1/4)	477	114	5.5	1.7	10.7	2.7	5.0	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	533	127	5.4	1.6	17.3	3.5	2.4	0.5
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 200G)	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	108	26	0.2	0.0	4.1	3.9	1.5	0.0
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (PER 1/4 PORTION)	87	21	1.1	0.3	1.9	1.0	0.6	0.1
BUFFET 2								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	451	108	6.0	3.6	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	411	98	5.1	2.0	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	579	138	5.6	2.5	9.1	0.9	12.4	1.6
PRAWN & MARIE ROSE (PER 1/4)	477	114	5.5	1.7	10.7	2.7	5.0	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	533	127	5.4	1.6	17.3	3.5	2.4	0.5
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 200G)	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	108	26	0.2	0.0	4.1	3.9	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	87	21	1.1	0.3	1.9	1.0	0.6	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	718	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET 3</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	451	108	6.0	3.6	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	411	98	5.1	2.0	8.8	0.5	3.8	0.4
CHICKEN & BACON (PER 1/4)	335	80	3.8	1.5	9.0	1.0	2.2	0.3
PRAWN & MARIE ROSE (PER 1/4)	477	114	5.5	1.7	10.7	2.7	5.0	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	533	127	5.4	1.6	17.3	3.5	2.4	0.5
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 200G)	1438	343	15.2	1.3	44.5	0.7	4.8	0.6
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	108	26	0.2	0.0	4.1	3.9	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	87	21	1.1	0.3	1.9	1.0	0.6	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	718	172	8.5	1.6	20.2	1.2	2.4	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8
THREE CHEESE CRUSTLESS QUICHE (PER PORTION)	414	99	7.5	3.7	4.2	0.6	4.1	0.2
POTATO DIPPERS (PER PORTION)	331	79	6.1	3.8	1.0	0.6	5.3	0.3
SAUSAGE ROLLS (PER 2)	938	224	15.3	7.1	17.2	0.6	4.3	0.7
<b>DESSERTS</b>								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	647	155	5.6	1.3	23.7	8.4	1.9	0.0
PROFITEROLES (1 PLUS SAUCE)	383	92	5.6	3.1	9.0	5.3	1.2	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BREAKFAST MENU								
FULL BREAKFAST								
BACK BACON per rasher	207	49	3.0	1.2	0.1	0.1	5.4	0.8
BREAKFAST SAUSAGE per sausage	479	114	7.4	2.6	2.9	0.6	8.7	0.5
QUORN SAUSAGE per sausage	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG per portion	1128	269	23.3	12.0	2.1	2.1	12.9	0.0
FRIED EGG per egg	452	108	8.5	1.8	0.1	0.1	7.9	0.0
POACHED EGGS per egg	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS per egg	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE per portion	1690	404	39.2	22.1	0.9	0.9	12.0	0.4
HASH BROWNS each	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK per portion	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING per slice	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER per portion	674	161	16.7	10.5	0.5	0.3	1.6	0.4
TOMATO M per half	36	9	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO (RATIONAL) per half	111	27	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS per portion	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>CONTINENTAL BREAKFAST</b>								
<b>BAKERY nutrition per item</b>								
CROISSANT	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN	534	128	5.8	3.9	16.0	6.6	2.3	0.2
MINI PAIN AUX CHOCOLAT	718	172	9.7	6.3	17.3	5.5	3.1	0.3
CINNAMON AND RAISIN BAGELS	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN	476	114	6.2	0.6	12.8	7.1	1.3	0.1
SOURDOUGH CRUMPETS	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD	384	92	1.0	0.2	17.1	1.0	3.1	0.3
MALTED SANDWICH BREAD	386	92	0.8	0.1	16.7	0.7	3.5	0.3
GLUTEN FREE BREAD SLICE	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	261	62	0.0	0.0	15.5	15.5	0.1	0.2
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	274	65	0.0	0.0	16.2	15.0	0.1	0.0
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	140	33	0.0	0.0	8.3	8.1	0.0	0.0
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD	178	43	4.7	1.1	0.0	0.0	0.0	0.1
<b>FRUITS</b>								
FRUIT SALAD per portion	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN each	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS each	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX per portion	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX per 100g	1290	308	0.5	0.0	76.1	59.9	2.0	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>YOGHURTS AND CEREALS</b>								
STRAWBERRY YOGHURT each	482	115	4.7	3.1	12.7	12.4	5.5	0.2
VANILLA YOGHURT each	402	96	0.0	0.0	16.9	16.8	7.0	0.2
GREEK STYLE YOGHURT each	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS per 30g	480	115	0.6	0.3	25.2	5.1	1.9	0.2
CRUNCHY NUT CORNFLAKES per 30g	500	119	1.4	0.2	24.6	10.5	1.8	0.2
CORNFLAKES per 30g	475	113	0.3	0.1	25.2	2.4	2.1	0.3
SPECIAL K per 30g	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX per 2 biscuits	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT per 45g	463	111	1.5	0.2	20.1	5.4	2.8	0.0
RICE KRISPIES per 30g	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES per 30g	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA QUAKER OAT RAISIN per portion	875	209	4.6	0.6	35.5	11.5	4.0	0.0
OATS2GO PORRIDGE SACHET per sachet without milk	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>TABLE TABLE SUMMER MENU</b>																				
<b>OUR STARTERS</b>																				
<b>CHICKEN WINGS</b>																				
	RAPESEED OIL	YES	YES																	
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
	TULIP CHICKEN WINGS	NO	NO																	
<b>CHICKEN WINGS</b>		<b>NO</b>	<b>NO</b>																	
<b>CALAMARI</b>																				
	CALAMARI	NO	NO	Y								Y								
	THAI SWEET CHILLI DIPPING SAUCE	YES	YES																	
	FRESH HERBS FLAT PARSLEY	YES	YES																	
	LEMON CASE	YES	NO																	
<b>CALAMARI</b>		<b>NO</b>	<b>NO</b>	<b>Y</b>								<b>Y</b>								
<b>HONEY &amp; MUSTARD CHICKEN SKEWERS</b>																				
	HONEY MUSTARD DRESSING	YES	NO						Y							Y				
	RAW CHICKEN INNER FILLET	NO	NO																	
	RAPESEED OIL	YES	YES																	
	SMOKEY TOMATO DIP	YES	YES											Y	Y					
	ROCKET LEAF	YES	YES																	
<b>HONEY &amp; MUSTARD CHICKEN SKEWERS</b>		<b>NO</b>	<b>NO</b>						<b>Y</b>					<b>Y</b>	<b>Y</b>					
<b>TEMPURA PRAWNS</b>																				
	TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y								Y								
	RAPESEED OIL	YES	YES																	
	THAI SWEET CHILLI DIPPING SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
	LEMON CASE	YES	NO																	
<b>TEMPURA PRAWNS</b>		<b>NO</b>	<b>NO</b>	<b>Y</b>								<b>Y</b>								
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
	RAPESEED OIL	YES	YES																	
	GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>		<b>NO</b>	<b>NO</b>	<b>Y</b>																

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>CLASSIC PRAWN COCKTAIL</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
WARM WATER PRAWNS	NO	NO								Y										
PAPRIKA PEPPER	YES	YES									Y									
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y								Y				
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>CLASSIC PRAWN COCKTAIL</b>																				
	NO	NO	Y		Y			Y	Y		Y					Y				
<b>LOADED NACHOS</b>																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y								Y				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
<b>LOADED NACHOS</b>																				
	YES	NO						Y												
<b>LOADED NACHOS WITH COWBOY BEANS</b>																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y								Y				
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y											Y				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
<b>LOADED NACHOS WITH COWBOY BEANS</b>																				
	NO	NO	Y		Y			Y								Y				
<b>TOMATO SOUP</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y							Y					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>TOMATO SOUP</b>																				
	YES	NO	Y		Y			Y							Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>BUTTERMILK &amp; ROSEMARY CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBO SAUCE	YES	YES																		
ROCKET LEAF	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>BUTTERMILK &amp; ROSEMARY CHICKEN GOUJONS</b>																				
	NO	NO	Y					Y												
<b>SOMETHING TO SHARE</b>																				
<b>SHARING LOADED NACHOS</b>																				
FETA CHEESE	YES	NO						Y												
CAJUN JACK CHEESE SAUCE	YES	NO						Y								Y				
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y											Y				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
RADISH	YES	YES																		
<b>SHARING LOADED NACHOS</b>																				
	NO	NO	Y		Y			Y								Y				
<b>TABLE TABLE SHARING PLATTER</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
BBO SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
LIGHT MAYONNAISE	YES	NO														Y				
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	NO	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
<b>TABLE TABLE SHARING PLATTER</b>																				
	NO	NO	Y		Y			Y	Y			Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>TT SHARING PLATTER WITH CHICKEN WINGS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO							Y											
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y						Y											
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
TULIP CHICKEN WINGS	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
PIRI PIRI SAUCE	YES	YES										Y								
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
HALLOUMI	NO	NO							Y											
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
<b>TT SHARING PLATTER WITH CHICKEN WINGS</b>																				
	NO	NO	Y		Y			Y	Y			Y			Y					
<b>A BIT ON THE SIDE</b>																				
<b>TIGER FRIES</b>																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>TIGER FRIES</b>																				
	YES	YES																		
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>CHIPS</b>																				
	YES	YES																		
<b>SWEET POTATO FRIES</b>																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>SWEET POTATO FRIES</b>																				
	YES	YES																		
<b>SKINNY CUT FRIES</b>																				
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>SKINNY CUT FRIES</b>																				
	YES	YES																		
<b>GARLIC FLATBREAD</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
<b>GARLIC FLATBREAD</b>																				
	YES	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>GARLIC FLATBREAD WITH CHEESE</b>																					
GARLIC AND PARSLEY SPREAD	YES	NO							Y												
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
FLATBREAD HAND PRESSED	YES	NO	Y						Y												
<b>GARLIC FLATBREAD WITH CHEESE</b>																					
	YES	NO	Y						Y												
<b>MIXED SIDE SALAD</b>																					
COLESLAW MIX	YES	YES																			
SALAD LEAF MIX	YES	YES																			
FRENCH DRESSING	YES	YES										Y			Y						
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
<b>MIXED SIDE SALAD</b>																					
	YES	YES										Y			Y						
<b>MIXED GREEN VEGETABLES</b>																					
VEG MIX GREEN	YES	NO					Y		Y												
<b>MIXED GREEN VEGETABLES</b>																					
	YES	NO					Y		Y												
<b>TENDERSTEM BROCCOLI</b>																					
TENDER STEM BROCCOLI	YES	YES																			
SALTED BUTTER BLOCK	YES	NO							Y												
<b>TENDERSTEM BROCCOLI</b>																					
	YES	NO							Y												
<b>BEER-BATTERED ONION RINGS</b>																					
BEER BATTERED ONION RINGS	NO	NO	Y		Y																
RAPESEED OIL	YES	YES																			
<b>BEER-BATTERED ONION RINGS</b>																					
	NO	NO	Y		Y																
<b>HALLOUMI FRIES</b>																					
RAPESEED OIL	YES	YES																			
BATTER MIX	YES	YES	Y																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
HALLOUMI	NO	NO							Y												
<b>HALLOUMI FRIES</b>																					
	NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>GOURMET BURGERS</b>																					
<b>DOUBLE STACK STEAK BURGER WITH CHEESE</b>																					
VEGAN BURGER SAUCE	YES	YES																			
CHEESE SLICES	YES	NO							Y												
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES											Y								
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y							
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>DOUBLE STACK STEAK BURGER WITH CHEESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>				
<b>DOUBLE STACK STEAK BURGER WITH CHEESE &amp; BACON</b>																					
VEGAN BURGER SAUCE	YES	YES																			
CHEESE SLICES	YES	NO							Y												
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES											Y								
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y							
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
<b>DOUBLE STACK STEAK BURGER WITH CHEESE &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>				
<b>BBQ VEGAN BURGER</b>																					
VEGAN BURGER SAUCE	YES	YES																			
HAMBURGER RELISH	YES	YES											Y								
VEGAN BURGER	YES	YES	Y					Y													
BBQ PULLED VEGGIES	YES	YES	Y					Y	Y												
VEGAN BUN	YES	YES	Y	Y			Y														
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>BBQ VEGAN BURGER</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>	<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>SLOPPY JOE BURGER</b>																					
SLOPPY JOE MIX	NO	NO					Y														
RAPESEED OIL	YES	YES																			
CHEESE SLICES	YES	NO						Y													
AGED CHEESE SAUCE	YES	NO					Y		Y												
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES											Y								
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
VEGAN BURGER SAUCE	YES	YES																			
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>SLOPPY JOE BURGER</b>																					
	NO	NO	Y				Y	Y	Y				Y	Y		Y					
<b>CLUCK 'N' ALE BURGER</b>																					
BEER BATTERED ONION RINGS	NO	NO	Y		Y																
RAPESEED OIL	YES	YES																			
CHEESE SLICES	YES	NO							Y												
PLAIN FLOUR	YES	YES	Y																		
CHICKEN BREAST	NO	NO																			
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
COLESLAW MIX	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y													
BATTER MIX	YES	YES	Y																		
DOOM BAR CASK	NO	NO			Y																
LIGHT MAYONNAISE	YES	NO						Y													
PIRI PIRI SAUCE	YES	YES											Y								
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>CLUCK 'N' ALE BURGER</b>																					
	NO	NO	Y		Y			Y	Y				Y	Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>GREAT GRILLS</b>																					
<b>SURF &amp; TURF COMBO</b>																					
CALAMARI	NO	NO	Y									Y									
RAPESEED OIL	YES	YES																			
SIRLOIN STEAK 8OZ	NO	NO																			
EASY PEEL KING PRAWNS	NO	NO									Y										
TOMATO M	YES	YES																			
ROCKET LEAF	YES	YES																			
COLESLAW MIX	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>SURF &amp; TURF COMBO</b>																					
	NO	NO	Y					Y			Y	Y				Y					
<b>STREAKY BACON &amp; CHEESE TOPPED CHICKEN BREAST WITH CHIPS</b>																					
RAPESEED OIL	YES	YES																			
CHEESE SLICES	YES	NO						Y													
CHICKEN BREAST	NO	NO																			
BBQ SAUCE	YES	YES																			
GARDEN PEAS	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>STREAKY BACON &amp; CHEESE TOPPED CHICKEN BREAST WITH CHIPS</b>																					
	NO	NO						Y													
<b>STREAKY BACON &amp; CHEESE TOPPED CHICKEN BREAST WITH JKT POT</b>																					
RAPESEED OIL	YES	YES																			
CHEESE SLICES	YES	NO						Y													
CHICKEN BREAST	NO	NO																			
BBQ SAUCE	YES	YES																			
GARDEN PEAS	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BAKING POTATOES	YES	YES																			
RAPESEED OIL	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER BLOCK	YES	NO						Y													
<b>STREAKY BACON &amp; CHEESE TOPPED CHICKEN BREAST WITH JKT POT</b>																					
	NO	NO						Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>TABLE TABLE MIXED GRILL</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
<b>TABLE TABLE MIXED GRILL</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
RUMP STEAK 8OZ	NO	NO																		
CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
<b>TABLE TABLE MIXED GRILL WITH RUMP STEAK</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
RUMP STEAK 8OZ	NO	NO																		
CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
<b>TABLE TABLE MIXED GRILL WITH RUMP STEAK</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
RUMP STEAK 8OZ	NO	NO																		
CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
LAMB RUMP	NO	NO																		
MALBEC SAUCE	NO	NO						Y				Y								
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
LAMB RUMP	NO	NO						Y				Y								
MALBEC SAUCE	NO	NO						Y				Y								
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		
<b>LAMB RUMP</b>																				
TENDER STEM BROCCOLI	YES	YES																		
LAMB RUMP	NO	NO						Y				Y								
MALBEC SAUCE	NO	NO						Y				Y								
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MINT SAUCE	YES	YES																		
POTATO MID	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>STEAK &amp; FRITES</b>																				
RAPESEED OIL	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>STEAK &amp; FRITES</b>																				
RAPESEED OIL	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>STEAK &amp; SALAD</b>																				
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
<b>8OZ RUMP STEAK</b>																				
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
<b>8OZ RUMP STEAK</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>8OZ RUMP STEAK WITH SALAD</b>																				
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
PEAS GRADE A	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
<b>8OZ RUMP STEAK WITH SALAD</b>																				
	NO	NO							Y				Y			Y				
<b>8OZ SIRLOIN STEAK</b>																				
RAPESEED OIL	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
<b>8OZ SIRLOIN STEAK</b>																				
	NO	NO							Y											
<b>8OZ SIRLOIN STEAK WITH SALAD</b>																				
RAPESEED OIL	YES	YES																		
SIRLOIN STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
PEAS GRADE A	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
<b>8OZ SIRLOIN STEAK WITH SALAD</b>																				
	NO	NO							Y				Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>10OZ RIB-EYE STEAK</b>																				
RAPESEED OIL	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
<b>10OZ RIB-EYE STEAK</b>	<b>NO</b>	<b>NO</b>							Y											
<b>GET SAUCY</b>																				
<b>PEPPERCORN SAUCE</b>																				
PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
<b>BEARNAISE SAUCE</b>																				
BEARNAISE SAUCE	YES	NO						Y	Y				Y							
BEARNAISE SAUCE	YES	NO						Y	Y				Y							
<b>DIANE SAUCE</b>																				
DIANE SAUCE	NO	NO						Y							Y	Y				
DIANE SAUCE	NO	NO						Y							Y	Y				
<b>FRESH SALADS</b>																				
<b>GRILLED HALLOUMI</b>																				
RAPESEED OIL	YES	YES																		
HALLOUMI	YES	NO							Y											
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>GRILLED HALLOUMI</b>	<b>YES</b>	<b>NO</b>							Y				Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>GRILLED CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>GRILLED CHICKEN</b>																				
	NO	NO											Y			Y				
<b>BACON &amp; BLUE CHEESE SALAD</b>																				
STILTON	YES	NO							Y											
FRENCH DRESSING	YES	YES											Y			Y				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CIABATTA LOAF	YES	YES	Y	Y																
RAPESEED OIL	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>BACON &amp; BLUE CHEESE SALAD</b>																				
	NO	NO	Y	Y					Y				Y			Y				
<b>TABLE TABLE CLASSICS</b>																				
<b>CHICKEN &amp; CHORIZO PIE</b>																				
CHX CHORIZO PIE	NO	NO	Y						Y	Y										
SALTED BUTTER BLOCK	YES	NO								Y										
POTATO MID	YES	YES																		
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>CHICKEN &amp; CHORIZO PIE</b>																				
	NO	NO	Y						Y	Y			Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>THAI GREEN CURRY</b>																					
BASMATI RICE	YES	YES																			
COLESLAW MIX	YES	YES																			
VEGAN CURRY NGCI	YES	YES					Y														
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
<b>THAI GREEN CURRY</b>																					
YES	YES						Y														
<b>THAI GREEN CURRY WITH CHICKEN BREAST</b>																					
BASMATI RICE	YES	YES																			
COLESLAW MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
VEGAN CURRY NGCI	YES	YES					Y														
CHICKEN BREAST	NO	NO																			
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
<b>THAI GREEN CURRY WITH CHICKEN BREAST</b>																					
NO	NO						Y														
<b>GAMMON STEAK WITH CHIPS AND EGGS</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
RAPESEED OIL	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GAMMON STEAK WITH CHIPS AND EGGS</b>																					
NO	NO						Y														
<b>GAMMON STEAK WITH CHIPS AND GRILLED PINEAPPLE</b>																					
RAPESEED OIL	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GAMMON STEAK WITH CHIPS AND GRILLED PINEAPPLE</b>																					
NO	NO																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>GAMMON STEAK WITH CHIPS AND ONE OF EACH</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>GAMMON STEAK WITH CHIPS AND ONE OF EACH</b>																				
	NO	NO						Y												
<b>GAMMON STEAK WITH JKT POT AND EGGS</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
<b>GAMMON STEAK WITH JKT POT AND EGGS</b>																				
	NO	NO						Y	Y											
<b>GAMMON STEAK WITH JKT POT AND GRILLED PINEAPPLE</b>																				
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO																		
<b>GAMMON STEAK WITH JKT POT AND GRILLED PINEAPPLE</b>																				
	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>GAMMON STEAK WITH JKT POT AND ONE OF EACH</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
RAPESEED OIL	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
BAKING POTATOES	YES	YES																			
RAPESEED OIL	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER BLOCK	YES	NO							Y	Y											
<b>GAMMON STEAK WITH JKT POT AND ONE OF EACH</b>																					
<b>CHICKEN MAKHANI CURRY</b>																					
BASMATI RICE	YES	YES																			
MANGO CHUTNEY	YES	YES																			
CHICKEN MAKHANI CURRY	NO	NO							Y	Y											
GREEK STYLE YOGHURT	YES	NO								Y											
PLAIN NAAN	YES	NO	Y				Y		Y	Y											
<b>CHICKEN MAKHANI CURRY</b>																					
<b>HALLOUMI &amp; CHIPS WITH PEAS</b>																					
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
GARDEN PEAS	YES	YES																			
HALLOUMI	NO	NO							Y	Y											
TARTARE SAUCE	YES	NO						Y							Y						
LEMON CASE	YES	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
VINEGAR MALT	YES	YES																			
BATTER MIX	YES	YES	Y																		
<b>HALLOUMI &amp; CHIPS WITH PEAS</b>																					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>HALLOUMI &amp; CHIPS WITH MUSHY PEAS</b>																					
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
MUSHY PEAS	YES	YES																			
HALLOUMI	NO	NO						Y													
TARTARE SAUCE	YES	NO						Y								Y					
LEMON CASE	YES	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
VINEGAR MALT	YES	YES																			
BATTER MIX	YES	YES	Y																		
<b>HALLOUMI &amp; CHIPS WITH MUSHY PEAS</b>																					
NO	NO	Y						Y	Y							Y					
<b>FIRE-KISSED BUTTERNUT SQUASH</b>																					
TENDER STEM BROCCOLI	YES	YES																			
SALTED BUTTER BLOCK	YES	NO							Y												
REDUCED FAT SOUR CREAM	YES	NO							Y												
ONIONS SPRING BUNCH	YES	YES																			
BUTTERNUT SQUASH	YES	YES			Y																
<b>FIRE-KISSED BUTTERNUT SQUASH</b>																					
YES	NO	Y			Y				Y												
<b>SWEET POTATO &amp; FETA LASAGNE</b>																					
GARLIC AND PARSLEY SPREAD	YES	NO								Y											
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO								Y											
FLATBREAD HAND PRESSED	YES	NO	Y							Y											
<b>SWEET POTATO &amp; FETA LASAGNE</b>																					
YES	NO	Y						Y	Y						Y	Y					
<b>RIBS &amp; SMOKY PAPRIKA CHICKEN</b>																					
RAPESEED OIL	YES	YES																			
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
BBQ SAUCE	YES	YES																			
PAPRIKA CHICKEN BREAST	NO	NO																			
GARDEN PEAS	YES	YES																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>RIBS &amp; SMOKY PAPRIKA CHICKEN</b>																					
NO	NO																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>WHOLE RACK OF RIBS &amp; SMOKY PAPRIKA CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBO SAUCE	YES	YES																		
PAPRIKA CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
<b>WHOLE RACK OF RIBS &amp; SMOKY PAPRIKA CHICKEN</b>																				
<b>CHICKEN FORESTIERE</b>																				
DIANE SAUCE	NO	NO							Y					Y	Y					
CHICKEN BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER BLOCK	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
<b>CHICKEN FORESTIERE</b>																				
<b>BEEF &amp; STOUT PIE</b>																				
BEEF STOUT PIE	NO	NO	Y		Y			Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
<b>BEEF &amp; STOUT PIE</b>																				
<b>LASAGNE</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
<b>LASAGNE</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>CHICKEN ESCALOPE</b>																					
CHICKEN ESCALOPE	NO	NO	Y																		
CAGE FREE MED BARN EGGS	YES	NO						Y													
GARLIC AND PARSLEY SPREAD	YES	NO							Y												
CHEESE SLICES	YES	NO							Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																			
LEMON CASE	YES	NO																			
SALAD LEAF MIX	YES	YES																			
FRENCH DRESSING	YES	YES											Y			Y					
CUCUMBER	YES	YES																			
RAPESEED OIL	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
<b>CHICKEN ESCALOPE</b>																					
	NO	NO	Y					Y	Y				Y			Y					
<b>LEMON &amp; THYME MARINATED HALF CHICKEN</b>																					
LEMON & THYME CHICKEN	NO	NO																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
GRILLED CORN ON THE COB	YES	YES																			
ROCKET LEAF	YES	YES																			
LEMON CASE	YES	NO																			
SWEET POTATO FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
<b>LEMON &amp; THYME MARINATED HALF CHICKEN</b>																					
	NO	NO						Y								Y					
<b>FABULOUS FISH</b>																					
<b>FISH &amp; CHIP SHOP PLATTER</b>																					
WHITBY SCAMPI	NO	NO	Y									Y									
RAPESEED OIL	YES	YES																			
SEASIDE MUSHY PEA BITES	NO	NO	Y		Y				Y												
BREAKFAST SAUSAGE	NO	NO	Y										Y								
PLAIN FLOUR	YES	YES	Y																		
POLLOCK FILLETS	NO	NO								Y											
ROCKET LEAF	YES	YES																			
TARTARE SAUCE	YES	NO							Y								Y				
LEMON CASE	YES	NO																			
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>FISH &amp; CHIP SHOP PLATTER</b>																					
	NO	NO	Y		Y			Y	Y	Y	Y		Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>OVEN-BAKED COD LOIN</b>																					
HERB DRESSING	YES	YES																			
MSC COD LOINS	NO	NO																			
RATATOUILLE	YES	NO							Y												
ROCKET LEAF	YES	YES																			
LEMON CASE	YES	NO																			
SALTED BUTTER BLOCK	YES	NO							Y												
POTATO MID	YES	YES																			
<b>OVEN-BAKED COD LOIN</b>																					
	NO	NO							Y		Y										
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																					
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
GARDEN PEAS	YES	YES																			
HADDOCK FILLET LARGE	NO	NO																			
TARTARE SAUCE	YES	NO							Y											Y	
LEMON CASE	YES	NO																			
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																					
	NO	NO	Y						Y		Y										
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																					
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
MUSHY PEAS	YES	YES																			
HADDOCK FILLET LARGE	NO	NO																			
TARTARE SAUCE	YES	NO							Y												Y
LEMON CASE	YES	NO																			
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																					
	NO	NO	Y						Y		Y										
<b>BREADED SCAMPI &amp; CHIPS WITH PEAS</b>																					
WHITBY SCAMPI	NO	NO	Y									Y									
GARDEN PEAS	YES	YES																			
TARTARE SAUCE	YES	NO							Y												Y
LEMON CASE	YES	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>BREADED SCAMPI &amp; CHIPS WITH PEAS</b>																					
	NO	NO	Y						Y		Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>BREADED SCAMPI &amp; CHIPS WITH MUSHY PEAS</b>																					
WHITBY SCAMPI	NO	NO	Y								Y										
MUSHY PEAS	YES	YES																			
TARTARE SAUCE	YES	NO						Y								Y					
LEMON CASE	YES	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>BREADED SCAMPI &amp; CHIPS WITH MUSHY PEAS</b>																					
NO	NO	Y					Y				Y				Y						
<b>PUDDINGS &amp; SUNDAES</b>																					
<b>SALTED TOFFEE APPLE CRUMBLE</b>																					
CUSTARD RTS	YES	NO						Y													
SALTED TOFFEE APPLE FILLING	YES	NO						Y													
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y													
<b>SALTED TOFFEE APPLE CRUMBLE</b>																					
YES	NO	Y				Y		Y													
<b>WARM CHOCOLATE BROWNIE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
CARAMEL SAUCE	YES	NO							Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>WARM CHOCOLATE BROWNIE</b>																					
YES	NO	Y						Y	Y								Y		Y		
<b>CHOCOLATE FUDGE SENSATION CAKE</b>																					
CHOCOLATE CAKE GF	YES	NO						Y	Y												
UHT WHIPPING CREAM	YES	NO							Y												
<b>CHOCOLATE FUDGE SENSATION CAKE</b>																					
YES	NO							Y	Y												
<b>STICKY TOFFEE PUDDING</b>																					
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y												
FRESH HERBS MINT	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
<b>STICKY TOFFEE PUDDING</b>																					
YES	NO	Y						Y	Y												
<b>FROZEN STRAWBERRY YOGHURT</b>																					
FRESH HERBS MINT	YES	YES																			
STRAWBERRIES	YES	YES																			
STRAWBERRY FROZEN YOGHURT	YES	NO							Y												
<b>FROZEN STRAWBERRY YOGHURT</b>																					
YES	NO								Y												
<b>GIN FIZZ SORBET</b>																					
GIN FIZZ SORBET	YES	YES																			
FRESH HERBS MINT	YES	YES																			
<b>GIN FIZZ SORBET</b>																					
YES	YES																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>MIXED BERRY PAVLOVA</b>																					
DAIRY AEROSOL CREAM	YES	NO							Y												
FRESH HERBS MINT	YES	YES																			
STRAWBERRIES	YES	YES																			
FRUIT BERRY MIX	YES	YES																			
RIPPLE PAVLOVA	YES	NO						Y													
<b>MIXED BERRY PAVLOVA</b>																					
	YES	NO						Y	Y												
<b>RHUBARB CUSTARD SUNDAE</b>																					
RHUBARB CUSTARD COMPOTE	YES	YES																			
DAIRY AEROSOL CREAM	YES	NO							Y												
CUSTARD RTS	YES	NO							Y												
FRESH HERBS MINT	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
CUSTARD CAKE SLICE	YES	NO	Y					Y	Y												
<b>RHUBARB CUSTARD SUNDAE</b>																					
	YES	NO	Y					Y	Y												
<b>CHOCOLATE CHURROS SUNDAE</b>																					
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y		
DAIRY AEROSOL CREAM	YES	NO							Y												
FRESH HERBS MINT	YES	YES																			
CHOCOLATE SAUCE	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
CHURROS	YES	YES	Y																		
<b>CHOCOLATE CHURROS SUNDAE</b>																					
	YES	NO	Y					Y	Y								Y		Y		
<b>CHOCOLATE MINT SUNDAE WITH AERO BUBBLES</b>																					
MINT AERO BUBBLES	YES	NO							Y												
DAIRY AEROSOL CREAM	YES	NO							Y												
MINT SYRUP	YES	YES																			
CHOCOLATE SAUCE	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
<b>CHOCOLATE MINT SUNDAE WITH AERO BUBBLES</b>																					
	YES	NO							Y												
<b>MINI PUDDING</b>																					
<b>GREEK YOGHURT CHOCOLATE TORTE</b>																					
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y												
<b>GREEK YOGHURT CHOCOLATE TORTE</b>																					
	YES	NO	Y		Y	Y	Y		Y												
<b>STRAWBERRY CHEESECAKE</b>																					
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y												
FRESH HERBS MINT	YES	YES																			
<b>STRAWBERRY CHEESECAKE</b>																					
	YES	NO	Y			Y		Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>LEMON MOUSSE</b>																					
LEMON MOUSSE	NO	NO																			
FRESH HERBS MINT	YES	YES																			
RASPBERRIES	YES	YES																			
<b>LEMON MOUSSE</b>																					
	NO	NO																			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE KIDS MENU STARTERS</b>																				
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
<b>GARLIC BREAD</b>																				
GARLIC BREAD	YES	NO	Y					Y												
<b>CHICKEN MEATBALLS</b>																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
<b>CHICKEN MEATBALLS</b>																				
CHICKEN MEATBALLS	NO	NO																		
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>VEGGIE STICKS</b>																				
VEGGIE STICKS	YES	NO						Y												
<b>THE MAIN YARD</b>																				
<b>POPPIN CHICKEN</b>																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>POPPIN CHICKEN</b>																				
POPPIN CHICKEN	NO	NO	Y					Y												
<b>TOMATO PENNE PASTA</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PENNE PASTA</b>																				
TOMATO PENNE PASTA	YES	NO	Y					Y												
<b>CHICKEN BURGER</b>																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
BURGER BUN KIDS	YES	NO	Y					Y												
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
<b>CHICKEN BURGER</b>																				
CHICKEN BURGER	NO	NO	Y					Y								Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SPAGHETTI BOLOGNESE</b>																				
SPAGHETTI BOLOGNAISE	NO	NO	Y											Y						
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>SPAGHETTI BOLOGNESE</b>																				
NO	NO	Y						Y						Y						
<b>BANGERS &amp; MASH</b>																				
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
<b>BANGERS &amp; MASH</b>																				
NO	NO	Y						Y						Y						
<b>VEGGIE BANGERS &amp; MASH</b>																				
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
<b>VEGGIE BANGERS &amp; MASH</b>																				
YES	NO	Y						Y	Y					Y						
<b>CHICKEN CURRY</b>																				
CHICKEN CURRY KIDS	NO	NO	Y					Y												
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>CHICKEN CURRY</b>																				
NO	NO	Y						Y												
<b>BEEF BURGER</b>																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>BEEF BURGER</b>																				
NO	NO	Y						Y												
<b>COD BITES</b>																				
COD CUBES	NO	NO	Y						Y											
GARDEN PEAS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>COD BITES</b>																				
NO	NO	Y						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO PASTA &amp; CHICKEN MEATBALLS</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PASTA &amp; CHICKEN MEATBALLS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>SIDES</b>																				
<b>MASHED POTATO</b>																				
MASHED POTATO	YES	NO						Y												
<b>MASHED POTATO</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHIPS</b>																				
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>MINI JACKET POTATOES</b>																				
POTATO MID	YES	YES																		
<b>MINI JACKET POTATOES</b>	<b>YES</b>	<b>YES</b>																		
<b>BROWN RICE</b>																				
BROWN RICE KIDS	YES	YES																		
<b>BROWN RICE</b>	<b>YES</b>	<b>YES</b>																		
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>VEGGIE BITS</b>																				
<b>BAKED BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>BAKED BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>VEGGIE STICKS</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MINI CORN ON THE COB</b>																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB	YES	YES																		
<b>PEAS</b>																				
GARDEN PEAS	YES	YES																		
PEAS	YES	YES																		
<b>SIDE SALAD</b>																				
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SIDE SALAD	YES	YES																		
<b>SUNDAY CARVERY</b>																				
<b>ROAST BEEF</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST BEEF	NO	NO	Y					Y	Y					Y						
<b>ROAST PORK</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
PORK LOIN JOINT	NO	NO																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
APPLE SAUCE	YES	YES										Y		Y						
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST PORK	NO	NO	Y					Y	Y				Y	Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ROAST CHICKEN</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
CHICKEN BREAST	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
<b>ROAST CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>PUDS FOR EWE</b>																				
<b>FUNNY FACE SUNDAE</b>																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO						Y												
CUP CONES	YES	YES	Y				Y													
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO						Y												
<b>FUNNY FACE SUNDAE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>												
<b>MINI DOUGHNUTS</b>																				
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y			Y	Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
MINI SMARTIES	NO	NO						Y												
<b>MINI DOUGHNUTS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>			<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>MIXED FRUIT SALAD</b>																				
FRUIT SALAD	YES	YES																		
<b>MIXED FRUIT SALAD</b>	<b>YES</b>	<b>YES</b>																		
<b>PANCAKES</b>																				
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
<b>PANCAKES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>STRAWBERRY YOGHURT</b>																				
STRAWBERRY YOGHURT	YES	NO						Y												
<b>STRAWBERRY YOGHURT</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>STRAWBERRY FROZEN YOGHURT</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT	YES	NO	Y				Y		Y											
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH RASPBERRY SAUCE	YES	NO	Y				Y		Y											
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y				Y		Y											
<b>ICE CREAM WITH CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CARAMEL SAUCE	YES	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DAYTIME SAVER MENU</b>																				
<b>OUR STARTERS</b>																				
<b>POTATO DIPPERS</b>																				
	UNSMOKED BACK BACON	NO	NO																	
	REDUCED FAT SOUR CREAM	YES	NO					Y												
	POTATO DIPPERS	YES	YES																	
	ONIONS SPRING BUNCH	YES	YES																	
	MOZZ/MILD CHEDDAR MIX	YES	NO					Y												
<b>POTATO DIPPERS</b>																				
		NO	NO					Y												
<b>CHICKEN GOUJONS</b>																				
	RAPESEED OIL	YES	YES																	
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
	BUTTERMILK CHICKEN GOUJONS	NO	NO	Y				Y												
<b>CHICKEN GOUJONS</b>																				
		NO	NO	Y				Y												
<b>TOMATO SOUP</b>																				
	SALTED BUTTER BLOCK	YES	NO					Y												
	TOMATO SOUP CONCENTRATE	YES	NO					Y						Y						
	MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
	FRESH HERBS FLAT PARSLEY	YES	YES																	
<b>TOMATO SOUP</b>																				
		YES	NO	Y		Y		Y						Y						
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
	RAPESEED OIL	YES	YES																	
	GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
		NO	NO	Y																

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>OUR MAINS</b>																				
<b>MAC &amp; CHEESE</b>																				
MAC & CHEESE	YES	NO	Y					Y												
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COLESRAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>MAC &amp; CHEESE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>			<b>Y</b>					
<b>PAPRIKA CHICKEN</b>																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>PAPRIKA CHICKEN</b>	<b>NO</b>	<b>NO</b>										<b>Y</b>			<b>Y</b>					
<b>1/4LB BEEF STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES														Y				
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y			Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>1/4LB BEEF STEAK BURGER WITH CHEESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES																		Y
CHEESE SLICES	YES	NO						Y												
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y				Y				
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>																				
	NO	NO	Y					Y	Y				Y	Y		Y				
<b>CHICKEN &amp; BACON OPEN CLUB SANDWICH</b>																				
CIABATTA LOAF	YES	YES	Y	Y																
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ROCKET LEAF	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>CHICKEN &amp; BACON OPEN CLUB SANDWICH</b>																				
	NO	NO	Y	Y				Y								Y				
<b>CHICKEN &amp; HAM PIE</b>																				
CHICKEN & HAM PIE	NO	NO	Y					Y	Y										Y	
GRAVY CONCENTRATE	NO	NO													Y					
GARDEN PEAS	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
<b>CHICKEN &amp; HAM PIE</b>																				
	NO	NO	Y					Y	Y						Y	Y				
<b>STEAK &amp; FRITES</b>																				
RAPESEED OIL	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
TOMATO M	YES	YES																		
ROCKET LEAF	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>STEAK &amp; FRITES</b>																				
	NO	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																				
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																				
	NO	NO	Y					Y		Y					Y					
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
	NO	NO	Y					Y		Y					Y					
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
	NO	NO	Y					Y		Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																					
PEAS GRADE A	YES	YES																			
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
HADDOCK FILLET LARGE	NO	NO																			
TARTARE SAUCE	YES	NO						Y		Y											
LEMON CASE	YES	NO														Y					
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																					
	NO	NO	Y					Y		Y						Y					
<b>HAM, EGG &amp; CHIPS</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
RAPESEED OIL	YES	YES																			
THICK CUT HAM SLICES	NO	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>HAM, EGG &amp; CHIPS</b>																					
	NO	NO						Y													
<b>GAMMON STEAK WITH CHIPS &amp; AN EGG</b>																					
CAGE FREE MED BARN EGGS	YES	NO						Y													
RAPESEED OIL	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GAMMON STEAK WITH CHIPS &amp; AN EGG</b>																					
	NO	NO						Y													
<b>GAMMON STEAK WITH CHIPS &amp; A PINEAPPLE RING</b>																					
RAPESEED OIL	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
GARDEN PEAS	YES	YES																			
TOMATO M	YES	YES																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>GAMMON STEAK WITH CHIPS &amp; A PINEAPPLE RING</b>																					
	NO	NO																			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GAMMON STEAK WITH JKT POT &amp; AN EGG</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
<b>GAMMON STEAK WITH JKT POT &amp; AN EGG</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>GAMMON STEAK WITH JKT POT &amp; A PINEAPPLE RING</b>																				
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
<b>GAMMON STEAK WITH JKT POT &amp; A PINEAPPLE RING</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>											
<b>HALLOUMI &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
GARDEN PEAS	YES	YES																		
HALLOUMI	YES	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VINEGAR MALT	YES	YES																		
BATTER MIX	YES	YES	Y																	
<b>HALLOUMI &amp; CHIPS WITH PEAS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>HALLOUMI &amp; CHIPS WITH MUSHY PEAS</b>																					
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
MUSHY PEAS	YES	YES																			
HALLOUMI	YES	NO						Y													
TARTARE SAUCE	YES	NO						Y							Y						
LEMON CASE	YES	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
VINEGAR MALT	YES	YES																			
BATTER MIX	YES	YES	Y																		
<b>HALLOUMI &amp; CHIPS WITH MUSHY PEAS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						<b>Y</b>						
<b>LASAGNE</b>																					
GARLIC BREAD SLICES	YES	NO	Y						Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y						
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>LASAGNE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						
<b>SWEET POTATO &amp; FETA LASAGNE</b>																					
GARLIC BREAD SLICES	YES	NO	Y						Y												
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y						
FRESH HERBS FLAT PARSLEY	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>SWEET POTATO &amp; FETA LASAGNE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>						
<b>JACKET POTATO WITH CHEESE &amp; BEANS</b>																					
BAKING POTATOES	YES	YES																			
RAPESEED OIL	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER BLOCK	YES	NO							Y												
BAKED BEANS	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
<b>JACKET POTATO WITH CHEESE &amp; BEANS</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>												
<b>SWEET POTATO FRIES</b>																					
SWEET POTATO FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
<b>SWEET POTATO FRIES</b>	<b>YES</b>	<b>YES</b>																			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CLASSIC PUDDINGS</b>																				
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>WARM CHOCOLATE BROWNIE</b>																				
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
<b>STRAWBERRY FROZEN YOGHURT</b>																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
<b>STRAWBERRY FROZEN YOGHURT</b>																				
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
<b>CARAMEL APPLE PIE WITH CREAM</b>																				
UHT WHIPPING CREAM	YES	NO							Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
<b>CARAMEL APPLE PIE WITH CREAM</b>																				
CARAMEL APPLE PIE WITH CREAM	YES	NO	Y				Y	Y	Y											
<b>CARAMEL APPLE PIE WITH CUSTARD</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE PIE WITH CUSTARD</b>																				
CARAMEL APPLE PIE WITH CUSTARD	YES	NO	Y				Y	Y	Y											
<b>CARAMEL APPLE PIE WITH ICE CREAM</b>																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>CARAMEL APPLE PIE WITH ICE CREAM</b>																				
CARAMEL APPLE PIE WITH ICE CREAM	YES	NO	Y				Y	Y	Y											
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																				
DAIRY ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE SAUCE</b>																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE SAUCE</b>																				
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	YES	NO					Y		Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																				
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GIN FIZZ SORBET</b>																				
GIN FIZZ SORBET	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>GIN FIZZ SORBET</b>	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>EVENING MENU</b>																				
<b>OUR STARTERS</b>																				
<b>CHICKEN GOUJONS</b>																				
	RAPESEED OIL	YES	YES																	
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
	BUTTERMILK CHICKEN GOUJONS	NO	NO	Y				Y												
<b>CHICKEN GOUJONS</b>		NO	NO	Y				Y												
<b>TOMATO SOUP</b>																				
	SALTED BUTTER BLOCK	YES	NO					Y												
	TOMATO SOUP CONCENTRATE	YES	NO					Y						Y						
	MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
	FRESH HERBS FLAT PARSLEY	YES	YES																	
<b>TOMATO SOUP</b>		YES	NO	Y		Y		Y						Y						
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
	RAPESEED OIL	YES	YES																	
	GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																
	BBQ SAUCE	YES	YES																	
	ROCKET LEAF	YES	YES																	
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>		NO	NO	Y																
<b>TASTY MAINS</b>																				
<b>MAC &amp; CHEESE</b>																				
	MAC & CHEESE	YES	NO	Y				Y												
	GARLIC BREAD SLICES	YES	NO	Y				Y												
	MOZZ/MILD CHEDDAR MIX	YES	NO					Y												
	COLESLAW MIX	YES	YES																	
	SALAD LEAF MIX	YES	YES																	
	FRENCH DRESSING	YES	YES										Y			Y				
	TOMATO CHERRY RED	YES	YES																	
	CUCUMBER	YES	YES																	
	ONIONS RED	YES	YES																	
	PEPPER RED	YES	YES																	
<b>MAC &amp; CHEESE</b>		YES	NO	Y				Y					Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>THAI GREEN CURRY</b>																					
BASMATI RICE	YES	YES																			
COLESLAW MIX	YES	YES																			
VEGAN CURRY NGCI	YES	YES					Y														
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
<b>THAI GREEN CURRY</b>																					
	YES	YES					Y														
<b>THAI GREEN CURRY WITH CHICKEN BREAST</b>																					
BASMATI RICE	YES	YES																			
COLESLAW MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
VEGAN CURRY NGCI	YES	YES					Y														
CHICKEN BREAST	NO	NO																			
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
<b>THAI GREEN CURRY WITH CHICKEN BREAST</b>																					
	NO	NO					Y														
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																					
GARDEN PEAS	YES	YES																			
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
POLLOCK FILLETS	NO	NO								Y											
TARTARE SAUCE	YES	NO						Y							Y						
LEMON CASE	YES	NO																			
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																					
	NO	NO	Y					Y		Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
TARTARE SAUCE	YES	NO					Y								Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
	NO	NO	Y				Y		Y						Y					
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO					Y								Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
	NO	NO	Y				Y		Y						Y					
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO					Y								Y					
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>GIANT HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
	NO	NO	Y				Y		Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GAMMON STEAK WITH CHIPS &amp; AN EGG</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>GAMMON STEAK WITH CHIPS &amp; AN EGG</b>																				
	NO	NO						Y												
<b>GAMMON STEAK WITH CHIPS &amp; A PINEAPPLE RING</b>																				
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>GAMMON STEAK WITH CHIPS &amp; A PINEAPPLE RING</b>																				
	NO	NO																		
<b>GAMMON STEAK WITH JKT POT &amp; AN EGG</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO								Y										
<b>GAMMON STEAK WITH JKT POT &amp; AN EGG</b>																				
	NO	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GAMMON STEAK WITH JKT POT &amp; A PINEAPPLE RING</b>																				
RAPESEED OIL	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
<b>GAMMON STEAK WITH JKT POT &amp; A PINEAPPLE RING</b>	<b>NO</b>	<b>NO</b>							Y											
<b>1/4LB BEEF STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES																	Y	
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y						Y		
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>1/4LB BEEF STEAK BURGER WITH CHEESE</b>	<b>NO</b>	<b>NO</b>	Y						Y	Y				Y	Y				Y	
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>																				
VEGAN BURGER SAUCE	YES	YES																	Y	
CHEESE SLICES	YES	NO							Y											
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y						Y		
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y				Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>DOUBLE BEEF STEAK BURGER WITH CHEESE</b>	<b>NO</b>	<b>NO</b>	Y						Y	Y				Y	Y				Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PAPRIKA CHICKEN</b>																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
<b>PAPRIKA CHICKEN</b>																				
	NO	NO											Y		Y					
<b>LASAGNE</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>LASAGNE</b>																				
	NO	NO	Y		Y			Y	Y					Y	Y					
<b>CLASSIC PUDDINGS</b>																				
<b>WARM CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>WARM CHOCOLATE BROWNIE</b>																				
	YES	NO	Y					Y	Y								Y		Y	
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CARAMEL SAUCE</b>																				
	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE SAUCE</b>																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH CHOCOLATE SAUCE</b>																				
	YES	NO					Y		Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>DAIRY ICE CREAM WITH RASPBERRY SAUCE</b>																				
	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>FROZEN STRAWBERRY YOGHURT</b>																					
FRESH HERBS MINT	YES	YES																			
STRAWBERRIES	YES	YES																			
STRAWBERRY FROZEN YOGHURT	YES	NO						Y													
<b>FROZEN STRAWBERRY YOGHURT</b>																					
FROZEN STRAWBERRY YOGHURT	YES	NO						Y													
<b>CARAMEL APPLE PIE WITH CREAM</b>																					
UHT WHIPPING CREAM	YES	NO						Y													
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
<b>CARAMEL APPLE PIE WITH CREAM</b>																					
CARAMEL APPLE PIE WITH CREAM	YES	NO	Y				Y	Y	Y												
<b>CARAMEL APPLE PIE WITH CUSTARD</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
CUSTARD RTS	YES	NO							Y												
<b>CARAMEL APPLE PIE WITH CUSTARD</b>																					
CARAMEL APPLE PIE WITH CUSTARD	YES	NO	Y				Y	Y	Y												
<b>CARAMEL APPLE PIE WITH ICE CREAM</b>																					
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y												
VANILLA ICE CREAM	YES	NO							Y												
<b>CARAMEL APPLE PIE WITH ICE CREAM</b>																					
CARAMEL APPLE PIE WITH ICE CREAM	YES	NO	Y				Y	Y	Y												
<b>GIN FIZZ SORBET</b>																					
GIN FIZZ SORBET	YES	YES																			
FRESH HERBS MINT	YES	YES																			
<b>GIN FIZZ SORBET</b>																					
GIN FIZZ SORBET	YES	YES																			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE SUNDAY LUNCH PLATED</b>																				
<b>TOPSIDE OF BEEF</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
BEEF TOPSIDE JOINT	NO	NO																		
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
RAPESEED OIL	YES	YES											Y							
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y		Y						
<b>TOPSIDE OF BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>						
<b>LOIN OF PORK</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
RAPESEED OIL	YES	YES											Y							
PORK LOIN JOINT	NO	NO																		
APPLE SAUCE	YES	YES										Y								
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO										Y								
RAPESEED OIL	YES	YES											Y							
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO										Y		Y						
<b>LOIN OF PORK</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HALF ROAST CHICKEN</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
SHREDDED SAVOY CABBAGE	YES	YES																		
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
SUNDAY ROAST STUFFING	YES	YES	Y																	
PIGS IN BLANKETS	NO	NO											Y							
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
VILLA D'ELSA ROSSO	YES	NO											Y		Y					
<b>HALF ROAST CHICKEN</b>																				
	NO	NO	Y					Y	Y				Y		Y					
<b>ROOT VEG WELLINGTON</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y							Y				
SALTED BUTTER BLOCK	YES	NO							Y											
SHREDDED SAVOY CABBAGE	YES	YES																		
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
GARDEN PEAS	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
SUNDAY ROAST STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
<b>ROOT VEG WELLINGTON</b>																				
	YES	NO	Y					Y	Y					Y	Y					
<b>ADD</b>																				
<b>CAULIFLOWER CHEESE</b>																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>CAULIFLOWER CHEESE</b>																				
	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE BUFFET MENU BUFFET 1 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>HAM &amp; MUSTARD</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO							Y											
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>POP IN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
<b>TOTAL POP IN CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>TOTAL GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SIDE SALAD</b>																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
<b>TOTAL MIXED SIDE SALAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>				<b>Y</b>			<b>Y</b>					
<b>BUFFET 2 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>HAM &amp; MUSTARD</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y													Y				
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>								<b>Y</b>				
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y								Y				
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GARLIC BREADED MUSHROOMS</b>																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SIDE SALAD</b>																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
<b>TOTAL MIXED SIDE SALAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>				<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
LARGE BATTERED ONION RINGS	NO	NO	Y																	
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TOTAL TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BUFFET 3 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y							Y				
MED FRESH EGGS	YES	NO							Y											
SALTED BUTTER	YES	NO							Y	Y										
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>				
<b>CHICKEN &amp; BACON</b>																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO							Y							Y				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO								Y										
LEMON CASE	YES	NO																		
<b>TOTAL CHICKEN &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>	<b>Y</b>						<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO					Y								Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>	<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
PREMIUM CHIP	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED SIDE SALAD</b>																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
<b>TOTAL MIXED SIDE SALAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>				<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
LARGE BATTERED ONION RINGS	NO	NO	Y																	
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TOTAL TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>THREE CHEESE CRUSTLESS QUICHE</b>																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
<b>TOTAL THREE CHEESE CRUSTLESS QUICHE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>POTATO DIPPERS</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL POTATO DIPPERS</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>SAUSAGE ROLLS</b>																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y									Y								
<b>TOTAL SAUSAGE ROLLS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>CHOCOLATE BROWNIE</b>																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y										Y	Y
CHOCOLATE SAUCE	YES	YES					Y													
<b>TOTAL CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>										<b>Y</b>	<b>Y</b>
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
<b>TOTAL PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TABLE TABLE SUMMER DRINKS</b>																				
<b>PIMMS</b>																				
PIMMS	NO	NO																		
R WHITES	YES	YES																		
CUCUMBER	YES	YES																		
STRAWBERRIES	YES	YES																		
ORANGE MEDIUM	YES	NO																		
FRESH HERBS MINT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>PIMMS</b>	<b>NO</b>	<b>NO</b>																		
<b>WHITELEY NEILL RASPBERRY GIN</b>																				
Whitley Neill Raspberry Gin	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>WHITELEY NEILL RASPBERRY GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>SIPSMITH LEMON DRIZZLE GIN</b>																				
LEMON DRIZZLE	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
<b>SIPSMITH LEMON DRIZZLE GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>TANQUERY GIN &amp; TONIC</b>																				
TANQUERAY FLOR DE SEVILLA	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>TANQUERY GIN &amp; TONIC</b>	<b>YES</b>	<b>NO</b>																		
<b>SIPSMITH GIN &amp; TONIC</b>																				
SIPSMITH GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>SIPSMITH GIN &amp; TONIC</b>	<b>YES</b>	<b>NO</b>																		
<b>GORDONS GIN &amp; TONIC</b>																				
GORDONS GIN	NO	NO																		
BVC TONIC WATER	YES	YES																		
LIME	YES	NO																		
<b>GORDONS GIN &amp; TONIC</b>	<b>NO</b>	<b>NO</b>																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HENDRICKS GIN</b>																				
HENDRICKS	YES	YES																		
BVC TONIC WATER	YES	YES																		
CUCUMBER	YES	YES																		
<b>HENDRICKS GIN</b>	<b>YES</b>	<b>YES</b>																		
<b>BOMBAY SAPPHIRE GIN</b>																				
BOMBAY SAPPHIRE	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
<b>BOMBAY SAPPHIRE GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>GORDONS PINK GIN</b>																				
GORDONS PINK GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
STRAWBERRIES	YES	YES																		
<b>GORDONS PINK GIN</b>	<b>YES</b>	<b>YES</b>																		
<b>TANQUERY FLOR DE SEVILLA</b>																				
TANQUERAY FLOR DE SEVILLA	YES	YES																		
BVC TONIC WATER	YES	YES																		
ORANGE MEDIUM	YES	NO																		
<b>TANQUERY FLOR DE SEVILLA</b>	<b>YES</b>	<b>NO</b>																		
<b>WARNER EDWARDS RHUBARB GIN</b>																				
WARNER EDWARDS RHUBARB GIN	YES	YES																		
BVC TONIC WATER	YES	YES																		
LEMONS	YES	NO																		
<b>WARNER EDWARDS RHUBARB GIN</b>	<b>YES</b>	<b>NO</b>																		
<b>ALTERNATIVE TONICS</b>																				
FEVER TREE TONIC	YES	YES																		
FEVER TREE LIGHT TONIC	YES	YES																		
FEVER TREE GINGER BEER	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
BSD LOW CAL TONIC WATER	YES	YES																		
BVC TONIC WATER	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREAKFAST MENU</b>																				
<b>ACCOMPANIMENTS</b>																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA MILK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
<b>FULL BREAKFAST</b>																				
<b>BACON</b>																				
UNSMOKED BACK BACON	NO	NO																		
<b>TOTAL BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>SAUSAGE</b>																				
BREAKFAST SAUSAGE	NO	NO	Y									Y								
<b>TOTAL SAUSAGE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								
<b>VEGETARIAN SAUSAGE</b>																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
<b>TOTAL VEGETARIAN SAUSAGE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>SCRAMBLED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
<b>TOTAL SCRAMBLED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>FRIED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL FRIED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>POACHED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL POACHED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BOILED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL BOILED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>OMELETTE</b>																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL OMELETTE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HASH BROWNS</b>																				
HASH BROWNS	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL HASH BROWNS</b>	<b>YES</b>	<b>YES</b>																		
<b>BUBBLE AND SQUEAK</b>																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL BUBBLE AND SQUEAK</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BLACK PUDDING</b>																				
BLACK PUDDING	NO	NO	Y		Y															
<b>TOTAL BLACK PUDDING</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>MUSHROOMS WITH BUTTER</b>																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL MUSHROOMS WITH BUTTER</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>TOMATO</b>																				
TOMATO M	YES	YES																		
<b>TOTAL TOMATO</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO (RATIONAL)</b>																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL TOMATO (RATIONAL)</b>	<b>YES</b>	<b>YES</b>																		
<b>BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>TOTAL BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>CONTINENTAL BREAKFAST</b>																				
<b>BAKERY</b>																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y					Y	Y	Y										
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS	YES	YES																		
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
ASSORTED JAM PORTIONS- RASPBERRY																				
ASSORTED JAM PORTIONS- BLACKCURRANT																				
ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
<b>FRUITS</b>																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>YOGHURTS AND CEREALS</b>																				
STRAWBERRY YOGHURT	YES	NO						Y												
VANILLA YOGHURT	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y				
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y				Y								
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y	Y														
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y														
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
<b>DRINKS</b>																				
<b>TEAS PLEASE SEE TWINNINGS WEBSITE</b>																				
<b>COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE</b>																				
<b>FRUIT JUICES &amp; SMOOTHIES</b>																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE	YES	YES										Y								
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans