

Table Table



Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR TABLE TABLE ALLERGY INFORMATION GUIDE

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE MAIN MENU								
OUR STARTERS								
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1698	406	20.0	2.4	33.8	8.5	22.3	1.8
CLASSIC PRAWN COCKTAIL	1889	451	22.0	6.7	40.3	13.6	21.1	2.4
BUTTERMILK CHICKEN WINGS	2348	561	34.5	5.0	37.3	8.2	24.6	0.9
GARLIC & HERB BREADED MUSHROOMS	1157	276	12.9	1.0	35.0	8.2	4.9	0.9
TOMATO SOUP	1260	301	8.1	3.4	45.0	13.6	8.6	2.3
LOADED NACHOS	3053	729	38.5	15.0	67.1	12.0	21.2	2.3
SLOW COOKED SPICED PULLED LAMB & HOUMOUS	2491	595	41.1	7.8	33.1	4.4	21.9	2.3
PORK PATE WITH RED ONION CHUTNEY	1998	477	25.2	11.3	46.4	16.6	14.3	1.7
MATURE CHEDDAR CHEESE & STICKY ONION TART	1208	289	18.1	7.0	20.5	5.7	10.2	0.9
RUNNY SCOTCH EGG AND STUFFING MAYO	1789	427	34.3	6.1	12.4	2.3	16.2	1.0
SOMETHING TO SHARE								
TABLE TABLE SHARING PLATTER	6944	1659	83.8	19.2	172.1	15.0	50.7	5.6
PLATTER WITH BUTTERMILK CHICKEN WINGS	8702	2078	111.4	23.1	195.0	15.6	70.3	6.0
TABLE TABLE CLASSICS								
FESTIVE TURKEY PIE	5654	1350	74.4	35.5	125.4	12.6	39.1	4.5
GREEN THAI CURRY	3297	787	33.6	22.7	101.1	30.8	11.1	2.4
GREEN THAI CURRY WITH CHICKEN BREAST	3946	942	36.0	23.4	101.2	31.3	43.8	3.5
SWEET POTATO & FETA LASAGNE	2830	676	38.6	16.8	57.5	13.4	23.7	2.8
CHICKEN FORESTIERE	3038	726	39.5	15.7	41.5	6.3	47.6	3.7
CHICKEN & CHORIZO PIE	2378	568	29.2	12.0	43.0	12.5	27.3	1.8
RIBS & SMOKY PAPRIKA CHICKEN	4137	988	38.8	10.6	78.4	20.8	77.1	4.5
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN	5578	1332	60.1	18.4	85.0	25.8	108.5	5.6
GAMMON STEAK WITH CHIPS & EGGS	3419	817	29.8	7.6	63.1	6.3	69.9	4.9
GAMMON STEAK WITH CHIPS & PINEAPPLE	3233	772	23.2	5.8	81.9	27.1	57.6	4.6
GAMMON STEAK WITH CHIPS & ONE OF EACH	3326	794	26.5	6.7	72.5	16.7	63.8	4.8
GAMMON STEAK WITH JACKET POTATO & EGGS	3474	830	24.6	10.7	79.0	8.3	73.6	3.9
GAMMON STEAK WITH JACKET POTATO & PINEAPPLE	3288	785	18.1	9.0	97.8	29.1	61.3	3.6
GAMMON STEAK WITH JACKET POTATO & ONE OF EACH	3381	808	21.3	9.8	88.4	18.7	67.4	3.7
BEEF & STOUT PIE	5307	1268	70.7	32.3	120.1	9.8	32.6	3.6
CHESHIRE CHEESE & BRAMLEY APPLE TART	3347	799	52.9	27.1	64.8	14.6	14.6	1.2
LASAGNE	2701	645	30.7	14.5	59.7	15.6	31.8	3.4
BEEF STEW & DUMPLING	3321	793	39.0	20.2	68.4	9.3	37.9	3.1
CHICKEN ESCALOPE	5456	1303	70.2	14.8	109.4	3.5	55.2	3.4
CHICKEN MAKHANI CURRY	3910	934	30.7	12.1	106.3	23.4	53.7	5.1
FRESH SALADS								
GRILLED HALLOUMI	1493	357	24.3	14.4	9.8	8.4	21.7	2.1
GRILLED SALMON FILLET	1513	361	16.7	2.3	9.9	8.5	41.4	0.5
GRILLED CHICKEN	961	230	4.8	0.9	9.9	8.8	34.8	1.3

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FABULOUS FISH								
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	3632	867	38.4	4.2	104.1	5.3	22.9	5.2
BREADED SCAMPI & CHIPS WITH PEAS	3473	829	38.3	4.1	97.6	6.6	20.6	4.3
TERIYAKI SALMON	2479	592	35.1	8.2	19.3	16.2	46.5	2.8
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4585	1095	56.7	12.4	92.5	6.2	49.1	3.5
HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4426	1057	56.6	12.3	86.0	7.5	46.8	2.6
SEABASS FILLET	2425	579	35.1	18.1	31.3	10.9	32.1	1.1
CLASSIC BURGERS								
DOUBLE STACK STEAK BURGER WITH CHEESE	5078	1213	66.5	25.4	90.8	14.9	60.3	3.6
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	5341	1276	70.5	26.7	91.0	15.0	66.7	4.5
BUTTERMILK CHICKEN & STILTON BURGER	5097	1217	67.4	15.7	111.5	16.2	38.0	5.2
BBQ VEGAN BURGER	3874	925	35.6	3.5	107.4	25.0	37.5	4.8
FESTIVE BURGER	5653	1350	76.1	21.4	95.8	19.5	66.9	3.9
GREAT GRILLS								
8OZ RUMP STEAK	3433	820	37.4	14.4	60.3	6.1	58.8	3.3
10OZ RIB-EYE STEAK	4262	1018	51.6	21.6	62.5	8.2	71.2	3.0
6OZ RANCH STEAK	1722	411	14.9	7.9	9.1	6.5	57.5	0.7
CREAMY PEPPERCORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BEARNAISE SAUCE	510	122	11.6	8.4	3.4	1.5	0.8	0.4
DIANE SAUCE	305	73	5.9	3.2	3.2	1.1	1.6	0.5
LAMB RUMP	2996	716	37.1	20.5	34.1	10.7	60.0	3.0
BUTTERMILK CHICKEN & BACON WAFFLES	4214	1007	48.3	12.8	99.4	41.5	43.0	3.7
TRIO OF PORK	6299	1505	79.1	20.6	89.2	34.8	105.6	8.5
BACON & CHEESE TOPPED CHICKEN BREAST WITH CHIPS	3107	742	27.0	8.1	67.3	12.1	52.7	4.0
BACON & CHEESE TOPPED CHICKEN BREAST WITH JACKET POTATO	3162	755	21.9	11.2	83.2	14.1	56.3	3.0
TABLE TABLE MIXED GRILL	5408	1292	55.1	18.8	78.3	10.6	114.5	8.3
MIXED GRILL WITH RUMP STEAK	5562	1328	60.9	21.8	78.2	10.5	113.9	7.3
FESTIVE 8OZ RUMP STEAK	3995	954	51.2	21.9	51.2	11.5	69.7	3.9
A BIT ON THE SIDE								
CHIPS	1518	363	13.8	2.1	51.9	0.7	5.1	1.3
SKINNY CUT FRIES	1377	329	13.2	1.0	46.2	0.1	4.7	1.5
GARLIC FLATBREAD	1110	265	13.8	4.8	31.1	0.7	5.8	0.7
GARLIC FLATBREAD WITH CHEESE	1736	415	25.2	12.0	31.5	1.0	16.9	1.4
MIXED SIDE SALAD	156	37	1.2	0.1	4.9	4.2	1.0	0.1
MIXED GREEN VEGETABLES	470	112	5.2	3.2	7.2	4.2	6.9	0.4
TENDERSTEM BROCCOLI	581	139	11.3	5.5	3.2	2.1	4.7	0.2
BEER BATTERED ONION RINGS	925	221	12.4	0.9	23.9	2.6	2.7	0.7
FESTIVE FEAST	1550	370	16.6	4.6	33.9	9.4	20.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
PUDDINGS & SUNDAES								
SUNDAE MADE WITH CADBURY DAIRY MILK	2452	586	27.6	16.5	70.3	53.6	9.5	0.3
SUMMER FRUIT CRUMBLE	2496	596	13.5	5.2	103.4	58.4	10.7	0.3
CHOCOLATE FUDGE SENSATION CAKE	3392	810	45.0	17.2	92.7	69.9	7.2	0.5
SUNDAE MADE WITH TERRY'S CHOCOLATE ORANGE	2493	596	25.3	16.5	79.2	67.3	8.2	0.3
STICKY TOFFEE PUDDING	3890	929	58.6	26.4	91.3	70.5	7.6	1.0
WARM CHOCOLATE BROWNIE	2228	532	20.2	6.0	77.8	36.4	7.7	0.2
FROZEN STRAWBERRY YOGHURT	692	165	1.3	0.7	32.3	28.1	5.4	0.2
SALTED TOFFEE APPLE WAFFLES	2371	566	23.2	11.7	81.4	49.1	7.9	2.0
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
MINI PUDDING								
GREEK YOGHURT CHOCOLATE TORTE	1234	295	20.2	10.2	24.0	12.9	3.4	0.1
STRAWBERRY CHEESECAKE	934	223	8.8	5.0	31.0	23.5	4.4	0.2
APPLE CRUMBLE SLICE	1253	299	10.1	3.6	47.0	26.1	3.2	0.1
CHOCOLATE & ORANGE CROWNIE	3032	724	34.7	17.6	90.2	56.2	8.5	0.4
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2192	524	20.9	13.7	72.3	60.8	7.1	0.2

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	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FESTIVE MENU								
STARTERS								
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
CREAM OF TOMATO & ROASTED RED PEPPER SOUP	1913	457	24.3	10.9	46.9	15.4	9.2	2.4
PORK PATE	2316	553	26.1	11.5	56.6	13.4	17.5	2.1
PRAWN & CRAB COCKTAIL	1897	453	21.9	6.7	40.3	13.6	22.0	2.3
STICKY ROOT VEGETABLE TART TATIN	1186	283	17.9	6.2	24.5	8.0	5.0	0.8
MAINS								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	4874	1164	60.2	11.7	97.8	20.5	56.0	3.6
OVEN BAKED SALMON	3097	740	47.8	11.7	31.0	10.5	45.3	1.5
MUSHROOM, SPINACH & TRUFFLE TART	6012	1436	91.8	33.4	120.0	19.0	25.0	2.7
FESTIVE BURGER	5653	1350	76.1	21.4	95.8	19.5	66.9	3.9
FESTIVE 8OZ RUMP STEAK	4375	1045	50.6	13.8	76.6	12.0	67.8	3.9
HEARTY HELPINGS								
FESTIVE FEAST	1550	370	16.6	4.6	33.9	9.4	20.0	1.6
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
PUDDINGS								
CHRISTMAS PUDDING	1812	433	12.2	8.2	74.8	49.4	3.0	0.3
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2192	524	20.9	13.7	72.3	60.8	7.1	0.2
CHOCOLATE, PEAR & ALMOND FRANGIPANE TART	2124	507	24.5	9.8	58.7	43.6	9.0	0.3
SALTED TOFFEE APPLE CRUMBLE	2454	586	16.8	7.5	98.8	62.2	7.7	1.6
CHOCOLATE & COINTREAU TRIFLE	2482	593	34.6	19.3	60.2	40.8	9.5	0.7
AND TO FINISH								
MILK CHOCOLATE LINDOR TRUFFLE	326	78	5.9	4.4	5.5	5.4	0.6	0.0
KIDS MAIN								
FESTIVE TURKEY	2648	632	31.6	4.9	43.6	6.2	39.9	2.0
QUORN SAUSAGES & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
TOMATO PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
PUDDINGS								
CHRISTMAS PUDDING	833	199	3.4	2.0	38.4	25.3	2.5	0.2
FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
UNDER 3S								
FESTIVE TURKEY	2028	484	23.4	2.3	42.2	5.1	22.8	1.2
KIDS UNDER 3 ICE CREAM WITH CHOCOLATE SAUCE	330	79	2.6	1.7	10.8	9.3	1.8	0.1
KIDS UNDER 3 ICE CREAM WITH RASPBERRY SAUCE	329	79	2.6	1.6	10.9	9.6	1.7	0.1

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	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CHRISTMAS DAY MENU								
STARTERS								
RUNNY SCOTCH EGG AND STUFFING MAYO	1789	427	34.3	6.1	12.4	2.3	16.2	1.0
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
PORK PATE	2316	553	26.1	11.5	56.6	13.4	17.5	2.1
WOODLAND MUSHROOM & SHERRY SOUP	2511	600	39.6	26.8	42.1	11.8	15.3	2.4
PRAWN & CRAB COCKTAIL	1897	453	21.9	6.7	40.3	13.6	22.0	2.3
MAINS								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	5624	1343	70.1	15.6	116.8	21.8	57.4	3.5
MUSHROOM, SPINACH AND TRUFFLE TART	6933	1656	103.8	38.4	148.5	23.1	27.5	3.0
HALIBUT FILLET	2319	554	30.5	8.3	28.3	7.5	40.2	1.3
LAMB RUMP	3885	928	46.7	9.5	62.4	17.4	59.7	0.9
8OZ FILLET STEAK	4522	1080	54.2	16.0	77.0	12.2	65.1	3.5
HEARTY HELPINGS								
FESTIVE FEAST	1484	355	15.6	4.3	33.9	9.3	18.4	1.3
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
PUDDINGS								
AMARETTO PROFITEROLES	2598	620	36.8	22.3	65.1	53.1	6.5	0.3
SALTED TOFFEE APPLE CRUMBLE	2454	586	16.8	7.5	98.8	62.2	7.7	1.6
CHOCOLATE & ORANGE CROWNIE	3032	724	34.7	17.6	90.2	56.2	8.5	0.4
CHRISTMAS PUDDING	1812	433	12.2	8.2	74.8	49.4	3.0	0.3
AND TO FINISH								
MILK CHOCOLATE LINDOR TRUFFLE	326	78	5.9	4.4	5.5	5.4	0.6	0.0

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KIDS								
STARTERS								
POPPIN CHICKEN	745	178	8.3	1.3	13.6	1.9	12.2	1.0
VEGGIE STICKS & DIP	199	48	0.3	0.1	7.8	7.4	2.5	0.1
TOMATO SOUP	861	206	10.2	5.6	22.6	6.8	4.3	1.3
MAINS								
FESTIVE TURKEY	2648	632	31.6	4.9	43.6	6.2	39.9	2.0
COD BITES	2124	507	24.8	4.0	53.0	4.9	14.3	0.9
RUMP STEAK	1584	378	13.7	4.0	32.3	3.8	30.0	1.0
QUORN SAUSAGES & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
TOMATO PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
PUDDINGS								
CHRISTMAS PUDDING	833	199	3.4	2.0	38.4	25.3	2.5	0.2
FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
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BOXING DAY MENU								
STARTERS								
WOODLAND MUSHROOM & SHERRY SOUP	2511	600	39.6	26.8	42.1	11.8	15.3	2.4
STICKY ROOT VEGETABLE TART TATIN	1186	283	17.9	6.2	24.5	8.0	5.0	0.8
RUNNY SCOTCH EGG AND STUFFING MAYO	1789	427	34.3	6.1	12.4	2.3	16.2	1.0
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
PRAWN & CRAB COCKTAIL	1897	453	21.9	6.7	40.3	13.6	22.0	2.3
MAINS								
FESTIVE TURKEY WITH ALL THE TRIMMINGS	4874	1164	60.2	11.7	97.8	20.5	56.0	3.6
OVEN BAKED SALMON	3097	740	47.8	11.7	31.0	10.5	45.3	1.5
MUSHROOM, SPINACH AND TRUFFLE TART	6012	1436	91.8	33.4	120.0	19.0	25.0	2.7
8OZ RUMP STEAK	4375	1045	50.6	13.8	76.6	12.0	67.8	3.9
LAMB RUMP	3885	928	46.7	9.5	62.4	17.4	59.7	0.9
HEARTY HELPINGS								
FESTIVE FEAST	1550	370	16.6	4.6	33.9	9.4	20.0	1.6
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
PIGS IN BLANKETS	1276	305	18.0	6.1	17.2	15.9	18.5	1.5
PUDDINGS								
CHOCOLATE, PEAR & ALMOND FRANGIPANE TART	2124	507	24.5	9.8	58.7	43.6	9.0	0.3
CHRISTMAS PUDDING	1812	433	12.2	8.2	74.8	49.4	3.0	0.3
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2192	524	20.9	13.7	72.3	60.8	7.1	0.2
SALTED TOFFEE APPLE CRUMBLE	2454	586	16.8	7.5	98.8	62.2	7.7	1.6
CHOCOLATE & COINTREAU TRIFLE	2482	593	34.6	19.3	60.2	40.8	9.5	0.7
AND TO FINISH								
MILK CHOCOLATE LINDOR TRUFFLE	326	78	5.9	4.4	5.5	5.4	0.6	0.0
MAIN								
FESTIVE TURKEY	2648	632	31.6	4.9	43.6	6.2	39.9	2.0
QUORN SAUSAGES & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
TOMATO PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
PUDDINGS								
CHRISTMAS PUDDING	833	199	3.4	2.0	38.4	25.3	2.5	0.2
FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
ICE CREAM WITH CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
ICE CREAM WITH RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
ICE CREAM WITH CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
NEW YEARS EVE MENU								
STARTERS								
TRIO OF CHEESE BITES	1814	433	25.3	12.5	39.3	16.8	10.9	1.2
PRAWN COCKTAIL	1889	451	22.0	6.7	40.3	13.6	21.1	2.4
PORK PATE	2316	553	26.1	11.5	56.6	13.4	17.5	2.1
STICKY ROOT VEGETABLE TART TATIN	1186	283	17.9	6.2	24.5	8.0	5.0	0.8
MAINS								
LAMB RUMP	2996	716	37.1	20.5	34.1	10.7	60.0	3.0
MUSHROOM, SPINACH AND TRUFFLE TART	3919	936	62.9	36.0	72.0	13.7	16.0	1.6
FESTIVE BURGER	5653	1350	76.1	21.4	95.8	19.5	66.9	3.9
TERIYAKI SALMON	2479	592	35.1	8.2	19.3	16.2	46.5	2.8
FESTIVE 8OZ RUMP STEAK	4187	1000	52.7	22.4	60.9	14.7	67.2	3.6
PUDDINGS								
CHOCOLATE & COINTREAU TRIFLE	2482	593	34.6	19.3	60.2	40.8	9.5	0.7
CHOCOLATE & ORANGE CROWNIE	3032	724	34.7	17.6	90.2	56.2	8.5	0.4
SALTED TOFFEE APPLE CRUMBLE	2454	586	16.8	7.5	98.8	62.2	7.7	1.6
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	2192	524	20.9	13.7	72.3	60.8	7.1	0.2
AND TO FINISH								
MILK CHOCOLATE LINDOR TRUFFLE	326	78	5.9	4.4	5.5	5.4	0.6	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE KIDS MENU								
STARTERS								
GARLIC BREAD	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
VEGGIE STICKS	199	48	0.3	0.1	7.8	7.4	2.5	0.1
THE MAIN YARD								
POPPIN CHICKEN	1651	394	15.8	2.4	43.6	4.2	16.9	1.5
TOMATO PENNE PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
CHICKEN BURGER	1824	436	7.5	1.6	63.0	8.9	27.6	1.6
SPAGHETTI BOLOGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
BANGERS & MASH	1683	402	20.8	8.0	31.4	7.9	19.3	1.8
VEGGIE BANGERS & MASH	1481	354	11.8	3.5	37.4	6.4	18.7	2.1
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
BEEF BURGER	2517	601	26.7	9.1	60.7	8.8	29.1	1.1
COD BITES	2124	507	24.8	4.0	53.0	4.9	14.3	0.9
TOMATO PASTA & CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
SIDES								
MASHED POTATO	550	131	4.5	2.8	19.0	1.8	2.5	0.6
CHIPS	759	181	6.9	1.1	26.0	0.4	2.5	0.6
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
VEGGIE BITS								
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
SIDE SALAD	31	7	0.1	0.0	1.0	0.9	0.4	0.0
SUNDAY CARVERY								
ROAST BEEF	3056	730	41.6	8.1	54.7	7.1	33.7	1.3
ROAST PORK	3433	820	28.7	8.6	54.9	7.2	53.0	1.4
ROAST CHICKEN	2680	640	30.4	3.2	60.4	7.6	30.5	1.9
PUDS FOR EWE								
FUNNY FACE SUNDAE	830	198	6.2	3.8	30.7	25.1	4.6	0.1
MINI DOUGHNUTS	913	218	9.4	4.3	31.0	16.9	2.4	0.2
MIXED FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
PANCAKES	904	216	3.3	0.5	42.5	23.0	3.9	0.3
STRAWBERRY YOGHURT	482	115	4.7	3.1	12.7	12.4	5.5	0.2
STRAWBERRY FROZEN YOGHURT	610	146	1.1	0.5	29.1	20.8	4.3	0.2
ICE CREAM WITH RASPBERRY SAUCE	855	204	5.9	3.6	32.6	24.6	4.6	0.1
ICE CREAM WITH CHOCOLATE SAUCE	857	205	6.0	3.6	32.4	24.0	4.8	0.1
ICE CREAM WITH CARAMEL SAUCE	860	205	6.2	3.8	32.0	25.2	4.9	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
THE LUNCH CLUB								
OUR STARTERS								
POTATO DIPPERS	1762	421	23.7	9.3	34.1	2.6	17.4	1.4
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1698	406	20.0	2.4	33.8	8.5	22.3	1.8
TOMATO SOUP	1285	307	7.6	3.2	48.3	11.0	8.0	2.2
PORK PATE	2022	483	24.6	11.2	49.7	14.1	13.7	1.7
GARLIC & HERB BREADED MUSHROOMS	1157	276	12.9	1.0	35.0	8.2	4.9	0.9
TASTY MAINS								
FISH & CHIP SHOP BURGER	4230	1010	50.0	5.9	101.3	8.4	35.7	3.3
JACKET POTATO WITH CHEESE & BEANS	3378	807	30.3	17.7	94.1	16.9	36.2	2.8
SWEET POTATO & FETA LASAGNE	2546	608	33.9	15.0	50.9	13.5	22.2	2.6
GAMMON STEAK WITH AN EGG	4738	1132	35.1	11.9	129.4	8.8	72.4	5.0
GAMMON STEAK WITH PINEAPPLE	4645	1109	31.8	11.1	138.7	19.2	66.2	4.9
JACKET POTATO WITH PRAWNS & MARIE ROSE SAUCE	2318	554	17.7	6.1	75.1	9.2	25.3	2.0
CHICKEN & BACON OPEN CLUB SANDWICH	3527	842	28.5	3.8	92.3	6.2	51.2	4.7
LASAGNE	2416	577	26.0	12.8	53.1	15.7	30.3	3.3
PAPRIKA CHICKEN	2188	522	16.8	1.7	48.9	2.5	42.3	3.1
HAM, EGG & CHIPS	2936	701	28.4	7.4	54.2	1.7	53.8	6.0
CHICKEN & HAM PIE	4782	1142	66.6	31.8	98.0	9.3	32.0	2.7
6OZ RANCH STEAK	2757	658	19.4	4.1	58.3	4.7	57.9	1.5
BEEF STEAK BURGER WITH CHEESE	3777	902	45.2	14.6	84.0	8.9	36.6	2.8
DOUBLE BEEF STEAK BURGER WITH CHEESE	5078	1213	66.5	25.4	90.8	14.9	60.3	3.6
HAND-BATTERED FISH & CHIPS WITH PEAS	4614	1102	61.1	7.6	97.6	5.2	35.6	2.2
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	4773	1140	61.2	7.7	104.1	3.9	37.9	3.1
HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4032	963	47.3	11.6	83.6	6.2	46.6	2.2
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4191	1001	47.4	11.6	90.1	4.9	48.9	3.1
ROASTED VEGETABLE LINGUINE	1923	459	11.9	2.6	68.1	19.1	15.2	2.0
ROASTED VEGETABLE LINGUINE WITH CHICKEN	2571	614	14.4	3.2	68.2	19.6	47.9	3.1
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CLASSIC PUDDINGS								
WARM CHOCOLATE BROWNIE	2233	533	20.4	6.1	78.5	37.2	7.8	0.2
CARAMEL APPLE PIE WITH CREAM	2184	522	27.4	16.5	63.7	39.2	4.3	0.4
CARAMEL APPLE PIE WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE PIE WITH ICE CREAM	1764	421	12.7	6.7	70.7	45.8	5.1	0.4
DAIRY ICE CREAM WITH CARAMEL SAUCE	613	146	3.8	2.4	25.4	23.8	2.7	0.1
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	608	145	4.1	2.6	23.6	22.3	3.1	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	597	143	2.8	1.8	27.3	21.8	1.9	0.0
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
STRAWBERRY FROZEN YOGHURT	687	164	1.3	0.7	32.3	28.1	5.4	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
EVENING MENU								
OUR STARTERS								
GARLIC & HERB BREADED MUSHROOMS	1157	276	12.9	1.0	35.0	8.2	4.9	0.9
PORK PATE WITH RED ONION CHUTNEY	2022	483	24.6	11.2	49.7	14.1	13.7	1.7
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	1698	406	20.0	2.4	33.8	8.5	22.3	1.8
TOMATO SOUP	1285	307	7.6	3.2	48.3	11.0	8.0	2.2
TASTY MAINS								
GREEN THAI CURRY	3297	787	33.6	22.7	101.1	30.8	11.1	2.4
GREEN THAI CURRY WITH CHICKEN BREAST	3946	942	36.0	23.4	101.2	31.3	43.8	3.5
HAND-BATTERED FISH & CHIPS WITH PEAS	4614	1102	61.1	7.6	97.6	5.2	35.6	2.2
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	4773	1140	61.2	7.7	104.1	3.9	37.9	3.1
HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4032	963	47.3	11.6	83.6	6.2	46.6	2.2
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4191	1001	47.4	11.6	90.1	4.9	48.9	3.1
BEEF STEAK BURGER WITH CHEESE	3777	902	45.2	14.6	84.0	8.9	36.6	2.8
DOUBLE BEEF STEAK BURGER WITH CHEESE	5078	1213	66.5	25.4	90.8	14.9	60.3	3.6
ROASTED VEGETABLE LINGUINE	1923	459	11.9	2.6	68.1	19.1	15.2	2.0
ROASTED VEGETABLE LINGUINE WITH CHICKEN	2571	614	14.4	3.2	68.2	19.6	47.9	3.1
PAPRIKA CHICKEN	2188	522	16.8	1.7	48.9	2.5	42.3	3.1
LASAGNE	2416	577	26.0	12.8	53.1	15.7	30.3	3.3
GAMMON STEAK WITH CHIPS & EGGS	3419	817	29.8	7.6	63.1	6.3	69.9	4.9
GAMMON STEAK WITH CHIPS & PINEAPPLE	3233	772	23.2	5.8	81.9	27.1	57.6	4.6
GAMMON STEAK WITH CHIPS & ONE OF EACH	3326	794	26.5	6.7	72.5	16.7	63.8	4.8
GAMMON STEAK WITH JACKET POTATO & EGGS	3474	830	24.6	10.7	79.0	8.3	73.6	3.9
GAMMON STEAK WITH JACKET POTATO & PINEAPPLE	3288	785	18.1	9.0	97.8	29.1	61.3	3.6
GAMMON STEAK WITH JACKET POTATO & ONE OF EACH	3381	808	21.3	9.8	88.4	18.7	67.4	3.7
CHICKEN & HAM PIE	4782	1142	66.6	31.8	98.0	9.3	32.0	2.7
CLASSIC PUDDINGS								
CARAMEL APPLE PIE WITH CREAM	2184	522	27.4	16.5	63.7	39.2	4.3	0.4
CARAMEL APPLE PIE WITH CUSTARD	1900	454	12.8	6.6	77.7	49.0	6.2	0.5
CARAMEL APPLE PIE WITH ICE CREAM	1764	421	12.7	6.7	70.7	45.8	5.1	0.4
GIN FIZZ SORBET	586	140	0.3	0.3	34.0	30.1	0.1	0.0
WARM CHOCOLATE BROWNIE	2233	533	20.4	6.1	78.5	37.2	7.8	0.2
DAIRY ICE CREAM WITH CARAMEL SAUCE	613	146	3.8	2.4	25.4	23.8	2.7	0.1
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	608	145	4.1	2.6	23.6	22.3	3.1	0.2
DAIRY ICE CREAM WITH RASPBERRY SAUCE	597	143	2.8	1.8	27.3	21.8	1.9	0.0
STRAWBERRY FROZEN YOGHURT	687	164	1.3	0.7	32.3	28.1	5.4	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE SUNDAY LUNCH MENU								
CAULIFLOWER CHEESE	1182	282	20.2	11.8	9.7	3.8	14.0	1.6
TOPSIDE OF BEEF	4439	1060	68.3	17.5	69.7	7.9	44.3	2.2
LOIN OF PORK	4804	1147	49.0	17.2	69.9	8.1	66.7	2.4
HALF ROASTED CHICKEN	4904	1171	67.1	14.1	79.3	8.5	65.1	4.2
ROOT VEGETABLE WELLINGTON	5930	1416	92.9	30.4	122.2	15.8	24.2	2.8

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
TABLE TABLE BUFFET MENU								
BUFFET 1								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	395	94	4.8	1.9	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	515	123	5.4	1.6	16.2	2.5	2.4	0.5
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 200G)	1691	404	19.6	6.2	51.2	1.4	5.6	0.2
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (PER 1/4 PORTION)	86	21	1.2	0.3	1.9	1.0	0.4	0.1
BUFFET 2								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	395	94	4.8	1.9	8.8	0.5	3.8	0.4
HAM & MUSTARD (PER 1/4)	578	138	5.6	2.6	9.1	0.9	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	515	123	5.4	1.6	16.2	2.5	2.4	0.5
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1691	404	19.6	6.2	51.2	1.4	5.6	0.2
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	86	21	1.2	0.3	1.9	1.0	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	716	171	8.6	1.7	20.0	1.1	2.6	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9

Product/ Dish Description	Nutrition Information Per Portion							
	KJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BUFFET 3								
SANDWICHES								
CHEESE & TOMATO (PER 1/4)	440	105	5.7	3.4	8.8	0.8	4.3	0.4
EGG MAYO (PER 1/4)	395	94	4.8	1.9	8.8	0.5	3.8	0.4
CHICKEN & BACON (PER 1/4)	317	76	3.5	1.5	9.1	0.5	1.6	0.3
PRAWN & MARIE ROSE (PER 1/4)	470	112	5.4	1.6	10.8	2.2	4.9	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	515	123	5.4	1.6	16.2	2.5	2.4	0.5
CHICKEN GOUJONS (PER 3 PLUS DIP)	849	203	10.7	1.6	13.5	1.5	12.4	0.7
CHIPS (PER 200G)	1691	404	19.6	6.2	51.2	1.4	5.6	0.2
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	115	28	0.2	0.0	4.5	3.4	1.6	0.1
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	86	21	1.2	0.3	1.9	1.0	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	716	171	8.6	1.7	20.0	1.1	2.6	0.3
ONION RINGS (PER 3)	463	110	6.2	0.4	11.9	1.3	1.3	0.3
TEMPURA PRAWNS (2 EACH PLUS DIP)	662	158	9.2	2.8	14.4	5.4	4.2	0.9
THREE CHEESE CRUSTLESS QUICHE (PER PORTION)	414	99	7.5	3.7	4.2	0.6	4.1	0.2
POTATO DIPPERS (PER PORTION)	336	80	6.1	3.9	0.7	0.7	5.5	0.3
SAUSAGE ROLLS (PER 2)	829	198	11.3	5.0	19.1	0.4	4.3	0.7
DESSERTS								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	613	146	5.4	2.0	22.1	16.2	1.8	0.1
PROFITEROLES (1 PLUS SAUCE)	383	92	5.6	3.1	9.0	5.3	1.2	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
FULL BREAKFAST								
COOKED BACON (PER 2 RASHERS)	690	165	10.9	4.3	0.1	0.1	16.4	3.2
SAUSAGE (EACH)	574	137	10.0	3.6	4.0	0.7	7.5	0.6
QUORN SAUSAGE (EACH)	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG (PER PORTION)	721	172	12.1	3.6	1.4	1.4	14.5	0.4
FRIED EGG (PER EGG)	254	61	3.3	0.9	1.5	0.2	6.3	0.2
POACHED EGGS (PER EGG)	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS (PER EGG)	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE (PER PORTION)	1301	311	27.9	13.8	0.2	0.2	13.6	0.8
HASH BROWNS (EACH)	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK (PER PORTION)	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING (PER SLICE)	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER (PER PORTION)	706	169	16.7	10.5	0.5	0.3	3.5	0.4
TOMATO M (PER HALF TOMATO)	42	10	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO COOKED IN RATIONAL (PER HALF TOMATO)	117	28	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS (PER PORTION)	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CONTINENTAL BREAKFAST								
BAKERY								
CROISSANT (EACH)	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN (EACH)	493	118	5.4	3.1	15.0	6.3	1.9	0.2
MINI PAIN AUX CHOCOLAT (EACH)	613	146	8.3	4.8	14.7	4.6	2.8	0.2
CINNAMON AND RAISIN BAGELS (EACH)	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN (EACH)	476	114	6.7	0.6	12.7	6.5	1.3	0.1
SOURDOUGH CRUMPETS (EACH)	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD (PER SLICE)	376	90	0.7	0.1	17.4	0.9	3.1	0.3
MALTED SANDWICH BREAD (PER SLICE)	384	92	1.0	0.3	16.6	0.8	3.4	0.3
GLUTEN FREE BREAD SLICE (PER SLICE)	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE (EACH)	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	PLEASE REFER TO PACKET FOR INFORMATION							
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS (PER PORTION)	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD (PER PORTION)	178	43	4.7	1.1	0.0	0.0	0.0	0.1
FRUITS								
FRUIT SALAD (PER PORTION)	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN (EACH)	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS (EACH)	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX (PER PORTION)	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX (PER 100G)	1432	342	0.6	0.1	81.3	66.8	0.5	0.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
YOGHURTS AND CEREALS								
STRAWBERRY YOGHURT (EACH)	533	127	4.6	2.9	15.8	15.5	5.6	0.2
VANILLA YOGHURT (EACH)	397	95	0.0	0.0	17.2	16.8	6.5	0.2
GREEK STYLE YOGHURT (EACH)	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS (PER 30G)	486	116	0.8	0.3	25.5	10.5	1.5	0.2
CRUNCHY NUT CORNFLAKES (PER 30G)	505	121	1.5	0.3	24.6	10.5	1.8	0.3
CORNFLAKES (PER 30G)	475	113	0.3	0.1	25.2	2.4	2.1	0.4
SPECIAL K (PER 30G)	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX (PER 2 BISCUITS)	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT (PER 45G)	477	114	3.0	0.8	17.7	5.7	2.7	0.0
RICE KRISPIES (PER 30G)	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES (PER 30G)	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA OAT AND RAISIN (PER PORTION)	860	206	4.4	1.4	36.5	13.0	4.3	0.0
OATS2GO PORRIDGE SACHETS (PER PORTION)	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
TABLE TABLE AUTUMN MAIN MENU																					
OUR STARTERS																					
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	YES	YES																			
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y													
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	NO	NO	Y					Y													
CLASSIC PRAWN COCKTAIL																					
PAPRIKA PEPPER	YES	YES																			
SALTED BUTTER	YES	NO							Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
SEAFOOD SAUCE	YES	NO						Y								Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y											
TOMATO M	YES	YES																			
CUCUMBER	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
LEMON CASE	YES	NO																			
CLASSIC PRAWN COCKTAIL	NO	NO	Y		Y			Y	Y		Y					Y					
BUTTERMILK CHICKEN WINGS																					
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y												
BUTTERMILK CHICKEN WINGS	NO	NO	Y						Y												
GARLIC & HERB BREADED MUSHROOMS																					
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																		
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
GARLIC & HERB BREADED MUSHROOMS	NO	NO	Y																		
TOMATO SOUP																					
SALTED BUTTER	YES	NO							Y												
TOMATO SOUP CONCENTRATE	YES	NO							Y							Y					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
FRESH HERBS FLAT PARSLEY	YES	YES																			
TOMATO SOUP	YES	NO	Y		Y				Y							Y					
LOADED NACHOS																					
FETA CHEESE	YES	NO							Y												
CAJUN JACK CHEESE SAUCE	YES	NO							Y								Y				
SMOKEY BEEF COWBOY BEANS	NO	NO	Y		Y												Y				
REDUCED FAT SOUR CREAM	YES	NO							Y												
GUACAMOLE	YES	YES																			
TORTILLA CHIPS	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
RADISH	YES	YES																			
LOADED NACHOS	NO	NO	Y		Y				Y								Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
SLOW COOKED SPICED PULLED LAMB & HOUMOUS																				
HOUMOUS	YES	YES					Y													
PAPRIKA PEPPER	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
LAMB PULLED SPICED AFRICAN	NO	NO																		
VINEGAR MALT	YES	YES																		
WHITE SUGAR SACHETS	YES	YES																		
ONIONS RED	YES	YES																		
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
SLOW COOKED SPICED PULLED LAMB & HOUMOUS																				
	NO	NO	Y				Y		Y											
PORK PATE WITH RED ONION CHUTNEY																				
ONION MARMALADE	YES	YES																		
SALTED BUTTER	YES	NO								Y										
COARSE PORK PATE	NO	NO	Y						Y	Y										
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
PORK PATE WITH RED ONION CHUTNEY																				
	NO	NO	Y		Y				Y	Y										
MATURE CHEDDAR CHEESE & STICKY ONION TART																				
SMOKEY TOMATO DIP	YES	YES													Y	Y				
FRENCH DRESSING	YES	YES										Y				Y				
ROCKET LEAF	YES	YES																		
THREE CHEESE FILO TART INDV	YES	NO	Y						Y	Y										
MATURE CHEDDAR CHEESE & STICKY ONION TART																				
	YES	NO	Y						Y	Y			Y		Y	Y				
RUNNY SCOTCH EGG AND STUFFING MAYO																				
ROCKET LEAF	YES	YES																		
SCOTCH EGG	NO	NO	Y			Y			Y											
STUFFING MAYO	YES	NO	Y						Y										Y	
RUNNY SCOTCH EGG AND STUFFING MAYO																				
	NO	NO	Y			Y			Y										Y	
SOMETHING TO SHARE																				
TABLE TABLE SHARING PLATTER																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
REDUCED FAT SOUR CREAM	YES	NO								Y										
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y							Y										
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y							Y										
MAC & CHEESE BITES	YES	NO	Y					Y		Y										
LIGHT MAYONNAISE	YES	NO							Y										Y	
PIRI PIRI SAUCE	YES	YES											Y							
TABLE TABLE SHARING PLATTER																				
	NO	NO	Y					Y	Y	Y			Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
PLATTER WITH BUTTERMILK CHICKEN WINGS																					
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																		
REDUCED FAT SOUR CREAM	YES	NO																			
RAPESEED OIL	YES	YES						Y													
POTATO DIPPERS	YES	YES																			
BBQ SAUCE	YES	YES																			
GARLIC BREAD SLICES	YES	NO	Y																		
BUTTERMILK CHICKEN GOJONS	NO	NO	Y																		
MAC & CHEESE BITES	YES	NO	Y				Y														
BUTTERMILK CHICKEN WINGS	NO	NO	Y																		
LIGHT MAYONNAISE	YES	NO						Y								Y					
PIRI PIRI SAUCE	YES	YES											Y								
PLATTER WITH BUTTERMILK CHICKEN WINGS																					
	NO	NO	Y				Y	Y	Y				Y			Y					
TABLE TABLE CLASSICS																					
FESTIVE TURKEY PIE																					
GRAVY CONCENTRATE	NO	NO																			
VEG MIX GREEN	YES	NO					Y		Y												
TURKEY DINNER PIE	NO	NO	Y		Y			Y								Y					
MASHED POTATO	YES	NO																			
SALTED BUTTER	YES	NO																			
FESTIVE TURKEY PIE																					
	NO	NO	Y		Y		Y	Y	Y							Y					
GREEN THAI CURRY																					
PINKSTAR SLAW	YES	YES																			
BASMATI RICE	YES	YES																			
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
VEGAN THAI CURRY	YES	YES	Y					Y													
GREEN THAI CURRY																					
	YES	YES	Y					Y													
GREEN THAI CURRY WITH CHICKEN BREAST																					
PINKSTAR SLAW	YES	YES																			
BASMATI RICE	YES	YES																			
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
VEGAN THAI CURRY	YES	YES	Y					Y													
GREEN THAI CURRY WITH CHICKEN BREAST																					
	NO	NO	Y					Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
SWEET POTATO & FETA LASAGNE																					
GARLIC AND PARSLEY SPREAD	YES	NO						Y													
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y						Y	Y					
FRESH HERBS FLAT PARSLEY	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
FLATBREAD HAND PRESSED	YES	NO	Y						Y												
SWEET POTATO & FETA LASAGNE																					
YES	NO	Y						Y	Y						Y	Y					
CHICKEN FORESTIERE																					
DIANE SAUCE	NO	NO							Y						Y	Y					
CHICKEN BREAST	NO	NO																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
MUSHROOM CUP	YES	YES																			
RAPESEED OIL	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
ONIONS RED	YES	YES																			
MASHED POTATO	YES	NO							Y												
SALTED BUTTER	YES	NO							Y												
CHICKEN FORESTIERE																					
NO	NO	Y							Y						Y	Y					
CHICKEN & CHORIZO PIE																					
CHX CHORIZO PIE	NO	NO	Y					Y	Y												
SALTED BUTTER	YES	NO							Y												
POTATO MID	YES	YES																			
SALAD LEAF MIX	YES	YES																			
PINKSTAR SLAW	YES	YES																			
FRENCH DRESSING	YES	YES											Y			Y					
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
CHICKEN & CHORIZO PIE																					
NO	NO	Y						Y	Y				Y			Y					
RIBS & SMOKY PAPRIKA CHICKEN																					
PEAS GRADE A	YES	YES																			
RAPESEED OIL	YES	YES																			
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
BBQ SAUCE	YES	YES																			
PAPRIKA CHICKEN BREAST	NO	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
RIBS & SMOKY PAPRIKA CHICKEN																					
NO	NO																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN																					
PEAS GRADE A	YES	YES																			
RAPSEED OIL	YES	YES																			
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
BBQ SAUCE	YES	YES																			
PAPRIKA CHICKEN BREAST	NO	NO																			
RAPSEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
WHOLE RACK OF RIBS & SMOKY PAPRIKA CHICKEN																					
GAMMON STEAK WITH CHIPS & EGGS																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
RAPSEED OIL	YES	YES																			
TOMATO M	YES	YES																			
CAGE FREE UK LION MED EGGS	YES	NO							Y												
RAPSEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
GAMMON STEAK WITH CHIPS & EGGS																					
GAMMON STEAK WITH CHIPS & PINEAPPLE																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
RAPSEED OIL	YES	YES																			
TOMATO M	YES	YES																			
RAPSEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
GAMMON STEAK WITH CHIPS & PINEAPPLE																					
GAMMON STEAK WITH CHIPS & ONE OF EACH																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
RAPSEED OIL	YES	YES																			
TOMATO M	YES	YES																			
CAGE FREE UK LION MED EGGS	YES	NO							Y												
RAPSEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
GAMMON STEAK WITH CHIPS & ONE OF EACH																					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
GAMMON STEAK WITH JACKET POTATO & EGGS																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
RAPESEED OIL	YES	YES																			
TOMATO M	YES	YES																			
CAGE FREE UK LION MED EGGS	YES	NO						Y													
BAKING POTATOES	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER	YES	NO							Y												
GAMMON STEAK WITH JACKET POTATO & EGGS	NO	NO						Y	Y												
GAMMON STEAK WITH JACKET POTATO & PINEAPPLE																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
RAPESEED OIL	YES	YES																			
TOMATO M	YES	YES																			
BAKING POTATOES	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER	YES	NO							Y												
GAMMON STEAK WITH JACKET POTATO & PINEAPPLE	NO	NO							Y												
GAMMON STEAK WITH JACKET POTATO & ONE OF EACH																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PINEAPPLE IN JUICE	YES	YES																			
RAPESEED OIL	YES	YES																			
TOMATO M	YES	YES																			
CAGE FREE UK LION MED EGGS	YES	NO						Y													
BAKING POTATOES	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER	YES	NO							Y												
GAMMON STEAK WITH JACKET POTATO & ONE OF EACH	NO	NO						Y	Y												
BEEF & STOUT PIE																					
SALTED BUTTER	YES	NO							Y												
GRAVY CONCENTRATE	NO	NO												Y							
WHOLE GREEN BEANS	YES	YES																			
BEEF STOUT PIE	NO	NO	Y		Y			Y	Y												
MASHED POTATO	YES	NO							Y												
SALTED BUTTER	YES	NO							Y												
BEEF & STOUT PIE	NO	NO	Y		Y			Y	Y					Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
CHESHIRE CHEESE & BRAMLEY APPLE TART																				
CHEESE N APPLE TART	YES	NO	Y					Y								Y				
SALTED BUTTER	YES	NO						Y												
POTATO MID	YES	YES																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHESHIRE CHEESE & BRAMLEY APPLE TART																				
	YES	NO	Y					Y					Y			Y				
LASAGNE																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
MEAT LASAGNE	NO	NO	Y		Y			Y	Y						Y	Y				
MOZZ/MILD CHEDDAR MIX	YES	NO						Y	Y											
FLATBREAD HAND PRESSED	YES	NO	Y					Y	Y											
LASAGNE																				
	NO	NO	Y		Y			Y	Y						Y	Y				
BEEF STEW & DUMPLING																				
BEEF STEW	NO	NO	Y					Y					Y							
HORSERADISH DUMPLING	NO	NO	Y					Y								Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y	Y											
BEEF STEW & DUMPLING																				
	NO	NO	Y					Y	Y				Y			Y				
CHICKEN ESCALOPE																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
CHEESE SLICES	YES	NO						Y												
CHICKEN ESCALOPE	NO	NO	Y					Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
LEMON CASE	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN ESCALOPE																				
	NO	NO	Y					Y	Y				Y			Y				
CHICKEN MAKHANI CURRY																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO							Y											
GREEK STYLE YOGHURT	YES	NO						Y	Y											
PLAIN NAAN	YES	NO	Y				Y	Y	Y											
CHICKEN MAKHANI CURRY																				
	NO	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
FRESH SALADS																				
GRILLED HALLOUMI	YES	YES																		
RAPESEED OIL	YES	YES																		
HALLOUMI	YES	NO							Y											
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED HALLOUMI	YES	NO							Y				Y			Y				
GRILLED SALMON FILLET																				
RAPESEED OIL	YES	YES																		
SKIN-ON SALMON PORTIONS	NO	NO								Y										
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED SALMON FILLET	NO	NO							Y				Y			Y				
GRILLED CHICKEN																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED CHICKEN	NO	NO											Y			Y				
FABULOUS FISH																				
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	NO	NO	Y																	
WHOLETAIL BREADED SCAMPI	NO	NO	Y										Y							
MUSHY PEAS	YES	YES																		
TARTARE SAUCE	YES	NO							Y							Y				
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BREADED SCAMPI & CHIPS WITH MUSHY PEAS	NO	NO	Y						Y				Y			Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
BREADED SCAMPI & CHIPS WITH PEAS																					
PEAS GRADE A	YES	YES																			
WHOLETAIL BREADED SCAMPI	NO	NO	Y							Y											
TARTARE SAUCE	YES	NO						Y								Y					
LEMON CASE	YES	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
BREADED SCAMPI & CHIPS WITH PEAS																					
	NO	NO	Y					Y			Y					Y					
TERIYAKI SALMON																					
HERB DRESSING	YES	YES																			
CHERRY TOMATOES	YES	YES																			
TENDER STEM BROCCOLI	YES	YES																			
SKIN-ON SALMON PORTIONS	NO	NO								Y											
TERIYAKI SAUCE	YES	NO	Y				Y														
FRESH HERBS BASIL	YES	YES																			
SALTED BUTTER	YES	NO						Y													
ROCKET LEAF	YES	YES																			
TERIYAKI SALMON																					
	NO	NO	Y				Y		Y	Y											
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																					
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
MUSHY PEAS	YES	YES																			
HADDOCK FILLET LARGE	NO	NO								Y											
TARTARE SAUCE	YES	NO						Y								Y					
LEMON CASE	YES	NO																			
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																					
	NO	NO	Y					Y		Y						Y					
HAND-BATTERED HADDOCK & CHIPS WITH PEAS																					
PEAS GRADE A	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
HADDOCK FILLET LARGE	NO	NO								Y											
TARTARE SAUCE	YES	NO						Y								Y					
LEMON CASE	YES	NO																			
BATTER MIX	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
HAND-BATTERED HADDOCK & CHIPS WITH PEAS																					
	NO	NO	Y					Y		Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
SEABASS FILLET																					
CHERRY TOMATOES	YES	YES																			
PEAS GRADE A	YES	YES																			
SALTED BUTTER	YES	NO						Y													
SEABASS FILLET 90-100G	NO	NO							Y												
FRESH HERBS FLAT PARSLEY	YES	YES																			
WHOLE GREEN BEANS	YES	YES																			
LEMON CASE	YES	NO																			
SALTED BUTTER	YES	NO						Y													
POTATO MID	YES	YES																			
SEABASS FILLET	NO	NO						Y	Y												
CLASSIC BURGERS																					
DOUBLE STACK STEAK BURGER WITH CHEESE																					
CHEESE SLICES	YES	NO							Y												
LIGHT MAYONNAISE	YES	NO						Y											Y		
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES										Y							Y		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
DOUBLE STACK STEAK BURGER WITH CHEESE	NO	NO	Y					Y	Y			Y	Y			Y					
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON																					
CHEESE SLICES	YES	NO							Y												
LIGHT MAYONNAISE	YES	NO						Y											Y		
STEAK BURGER 4OZ	NO	NO																			
HAMBURGER RELISH	YES	YES										Y							Y		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																			
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
DOUBLE STACK STEAK BURGER WITH CHEESE & BACON	NO	NO	Y					Y	Y			Y	Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
BUTTERMILK CHICKEN & STILTON BURGER																					
STILTON	YES	NO							Y												
RAPESEED OIL	YES	YES																			
HAMBURGER RELISH	YES	YES											Y			Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y												
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
PIRI PIRI SAUCE	YES	YES											Y								
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
BUTTERMILK CHICKEN & STILTON BURGER																					
	NO	NO	Y					Y	Y				Y	Y		Y					
BBQ VEGAN BURGER																					
HAMBURGER RELISH	YES	YES											Y			Y					
VEGAN BURGER	YES	YES	Y				Y														
BBQ PULLED VEGGIES	YES	YES	Y				Y														
VEGAN BUN	YES	YES	Y	Y		Y															
VEGAN BURGER SAUCE	YES	YES														Y					
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
BBQ VEGAN BURGER																					
	YES	YES	Y	Y		Y	Y						Y			Y					
FESTIVE BURGER																					
CRANBERRY SAUCE	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
STEAK BURGER 4OZ	NO	NO																			
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
COOKED SLICED TURKEY BREAST	NO	NO																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
STUFFING MAYO	YES	NO	Y					Y								Y					
PINKSTAR SLAW	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
FESTIVE BURGER																					
	NO	NO	Y					Y	Y					Y		Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GREAT GRILLS																				
8OZ RUMP STEAK																				
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER	YES	NO																		
MUSHROOM CUP	YES	YES																		
8OZ RUMP STEAK																				
	NO	NO																		
10OZ RIB-EYE STEAK																				
PEAS GRADE A	YES	YES																		
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER	YES	NO																		
MUSHROOM CUP	YES	YES																		
10OZ RIB-EYE STEAK																				
	NO	NO																		
6OZ RANCH STEAK																				
SALTED BUTTER	YES	NO																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
MUSHROOM CUP	YES	YES																		
VEG MIX GREEN	YES	NO																		
BEEF RANCH STEAK	NO	NO																		
6OZ RANCH STEAK																				
	NO	NO																		
CREAMY PEPPERCORN SAUCE																				
PEPPERCORN SAUCE	NO	NO	Y																	
CREAMY PEPPERCORN SAUCE	NO	NO	Y																	
BEARNAISE SAUCE																				
BEARNAISE SAUCE	YES	NO																		
BEARNAISE SAUCE	YES	NO																		
DIANE SAUCE																				
DIANE SAUCE	NO	NO																		
DIANE SAUCE	NO	NO																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
LAMB RUMP																					
TENDER STEM BROCCOLI	YES	YES																			
MALBEC SAUCE	NO	NO						Y				Y									
LAMB RUMPS	NO	NO																			
TABLE SALT	YES	YES																			
SALTED BUTTER	YES	NO						Y													
MINT SAUCE	YES	YES																			
SALTED BUTTER	YES	NO						Y													
POTATO MID	YES	YES																			
LAMB RUMP																					
	NO	NO						Y				Y									
BUTTERMILK CHICKEN & BACON WAFFLES																					
RAPESEED OIL	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
ROCKET LEAF	YES	YES																			
BUTTERMILK CHICKEN GOJJONS	NO	NO	Y						Y												
WAFFLE JUMBO	YES	NO	Y				Y	Y	Y												
MAPLE SYRUP	YES	YES																			
BUTTERMILK CHICKEN & BACON WAFFLES																					
	NO	NO	Y				Y	Y	Y												
TRIO OF PORK																					
HONEY MUSTARD DRESSING	YES	NO						Y								Y					
GAMMON STEAK 7OZ	NO	NO																			
RAPESEED OIL	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
BACON SEASONING	YES	YES										Y									
MAPLE SYRUP	YES	YES																			
PINKSTAR SLAW	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
SALAD LEAF MIX	YES	YES																			
PINKSTAR SLAW	YES	YES																			
FRENCH DRESSING	YES	YES										Y				Y					
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
PIRI PIRI SAUCE	YES	YES										Y									
SKINNY CUT FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
TRIO OF PORK																					
	NO	NO	Y					Y	Y			Y				Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
BACON & CHEESE TOPPED CHICKEN BREAST WITH CHIPS																					
PEAS GRADE A	YES	YES																			
CHEESE SLICES	YES	NO						Y													
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
BBQ SAUCE	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
BACON & CHEESE TOPPED CHICKEN BREAST WITH CHIPS																					
	NO	NO						Y													
BACON & CHEESE TOPPED CHICKEN BREAST WITH JACKET POTATO																					
PEAS GRADE A	YES	YES																			
CHEESE SLICES	YES	NO						Y													
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
BBQ SAUCE	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BAKING POTATOES	YES	YES																			
TABLE SALT	YES	YES																			
SALTED BUTTER	YES	NO						Y													
BACON & CHEESE TOPPED CHICKEN BREAST WITH JACKET POTATO																					
	NO	NO						Y													
TABLE TABLE MIXED GRILL																					
PEAS GRADE A	YES	YES																			
GAMMON STEAK 7OZ	NO	NO																			
PEPPERCORN SAUCE	NO	NO	Y					Y						Y							
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y									
TOMATO M	YES	YES																			
CAGE FREE UK LION MED EGGS	YES	NO						Y													
BEEF RANCH STEAK	NO	NO																			
BEER BATTERED ONION RINGS	NO	NO	Y		Y																
TABLE SALT	YES	YES																			
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
SALTED BUTTER	YES	NO						Y													
MUSHROOM CUP	YES	YES																			
TABLE TABLE MIXED GRILL																					
	NO	NO	Y		Y			Y	Y			Y		Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
MIXED GRILL WITH RUMP STEAK																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PEPPERCORN SAUCE	NO	NO	Y						Y						Y					
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
CHICKEN BREAST	NO	NO																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y												Y					
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
TOMATO M	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
TABLE SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
SALTED BUTTER	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
MIXED GRILL WITH RUMP STEAK																				
	NO	NO	Y		Y			Y	Y				Y		Y					
FESTIVE 8OZ RUMP STEAK																				
MALBEC SAUCE	NO	NO							Y				Y							
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
MASHED POTATO	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
FESTIVE 8OZ RUMP STEAK																				
	NO	NO	Y				Y		Y				Y							
A BIT ON THE SIDE																				
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
CHIPS																				
	YES	YES																		
SKINNY CUT FRIES																				
SKINNY CUT FRIES																				
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SKINNY CUT FRIES																				
	YES	YES																		
GARLIC FLATBREAD																				
GARLIC FLATBREAD																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
GARLIC FLATBREAD																				
	YES	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
GARLIC FLATBREAD WITH CHEESE																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
FLATBREAD HAND PRESSED	YES	NO	Y						Y											
GARLIC FLATBREAD WITH CHEESE																				
YES	NO	Y							Y											
MIXED SIDE SALAD																				
SALAD LEAF MIX	YES	YES																		
PINKSTAR SLAW	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
MIXED SIDE SALAD																				
YES	YES											Y				Y				
MIXED GREEN VEGETABLES																				
VEG MIX GREEN	YES	NO					Y		Y											
MIXED GREEN VEGETABLES																				
YES	NO					Y		Y												
TENDERSTEM BROCCOLI																				
TENDER STEM BROCCOLI	YES	YES																		
SALTED BUTTER	YES	NO							Y											
TENDERSTEM BROCCOLI																				
YES	NO								Y											
BEER BATTERED ONION RINGS																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
BEER BATTERED ONION RINGS																				
NO	NO	Y		Y																
FESTIVE FEAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FESTIVE FEAST																				
NO	NO	Y						Y	Y											
PIGS IN BLANKETS																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PIGS IN BLANKETS																				
NO	NO	Y																		
SWEET POTATO FRIES																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
SWEET POTATO FRIES																				
YES	YES																			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
PUDDINGS & SUNDAES																				
SUNDAE MADE WITH CADBURY DAIRY MILK																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
CADBURY DAIRY MILK PIECES	YES	NO							Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
CHOCSTIX	YES	NO					Y		Y											
SUNDAE MADE WITH CADBURY DAIRY MILK	YES	NO	Y				Y	Y	Y								Y		Y	
SUMMER FRUIT CRUMBLE																				
SUMMER CRUMBLE	YES	YES																		
CUSTARD RTS	YES	NO							Y											
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y			Y											
SUMMER FRUIT CRUMBLE	YES	NO	Y			Y			Y											
CHOCOLATE FUDGE SENSATION CAKE																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
UHT WHIPPING CREAM	YES	NO							Y											
CHOCOLATE FUDGE SENSATION CAKE	YES	NO						Y	Y											
SUNDAE MADE WITH TERRY'S CHOCOLATE ORANGE																				
TERRY'S CHOCOLATE ORANGE SEGMENTS	YES	NO					Y		Y											
ORANGE SAUCE	YES	YES																		
DAIRY AEROSOL CREAM	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
SUNDAE MADE WITH TERRY'S CHOCOLATE ORANGE	YES	NO					Y		Y											
STICKY TOFFEE PUDDING																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
FROZEN STRAWBERRY YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
FROZEN STRAWBERRY YOGHURT	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
SALTED TOFFEE APPLE WAFFLES																					
FRESH HERBS MINT	YES	YES																			
SALTED TOFFEE APPLE FILLING	YES	NO																			
WAFFLE JUMBO	YES	NO	Y				Y	Y	Y												
COOKIE DOUGH ICE CREAM	YES	NO	Y				Y	Y	Y												
SALTED TOFFEE APPLE WAFFLES																					
GIN FIZZ SORBET																					
FRESH HERBS MINT	YES	YES																			
GIN FIZZ SORBET	YES	YES																			
GIN FIZZ SORBET																					
MINI PUDDING																					
GREEK YOGHURT CHOCOLATE TORTE																					
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y												
FRESH HERBS MINT	YES	YES																			
GREEK YOGHURT CHOCOLATE TORTE																					
MINI GREEK YOG CHOC TORTE	YES	NO	Y		Y	Y	Y		Y												
STRAWBERRY CHEESECAKE																					
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y												
FRESH HERBS MINT	YES	YES																			
STRAWBERRY CHEESECAKE																					
STRAWBERRY YOG CHEESECAKE	YES	NO	Y			Y		Y	Y												
APPLE CRUMBLE SLICE																					
APPLE CRISP	YES	YES	Y			Y															
FRESH HERBS MINT	YES	YES																			
APPLE CRUMBLE SLICE																					
APPLE CRISP	YES	YES	Y			Y															
CHOCOLATE & ORANGE CROWNIE																					
FRESH HERBS MINT	YES	YES																			
VANILLA ICE CREAM	YES	NO																			
CHOCOLATE ORANGE CROWNIE	YES	NO	Y				Y	Y	Y												
CHOCOLATE & ORANGE CROWNIE																					
CHOCOLATE ORANGE CROWNIE	YES	NO	Y				Y	Y	Y												
ICE CREAM WITH AFTER EIGHT MINTS																					
DAIRY AEROSOL CREAM	YES	NO							Y												
AFTER EIGHT MINTS	YES	NO							Y												
MINT SYRUP	YES	YES																			
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
ICE CREAM WITH AFTER EIGHT MINTS																					
DAIRY AEROSOL CREAM	YES	NO					Y		Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																
			Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products													
FESTIVE MENU STARTERS																			
TRIO OF CHEESE BITES																			
CRANBERRY SAUCE	YES	YES																	
FRESH HERBS FLAT PARSLEY	YES	YES																	
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y				Y		Y										
TRIO OF CHEESE BITES - CAMEMBERT	NO	NO	Y				Y		Y										
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y				Y		Y										
TRIO OF CHEESE BITES	NO	NO	Y				Y		Y										
CREAM OF TOMATO & ROASTED RED PEPPER SOUP																			
UHT WHIPPING CREAM	YES	NO							Y										
SALTED BUTTER	YES	NO							Y										
RAPESEED OIL	YES	YES																	
TOMATO SOUP CONCENTRATE	YES	NO							Y					Y					
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
PEPPER RED	YES	YES																	
CREAM OF TOMATO & ROASTED RED PEPPER SOUP	YES	NO	Y		Y				Y					Y					
PORK PATE																			
SALTED BUTTER	YES	NO							Y										
COARSE PORK PATE	NO	NO	Y						Y	Y									
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
PLUM & SLOE GIN CHUTNEY	YES	YES											Y						
PORK PATE	NO	NO	Y		Y				Y	Y				Y					
PRAWN & CRAB COCKTAIL																			
PAPRIKA PEPPER	YES	YES																	
SALTED BUTTER	YES	NO							Y										
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y														
SEAFOOD SAUCE	YES	NO							Y							Y			
COOKED & PEELED COLD WATER PRAWNS	NO	NO											Y						
TOMATO M	YES	YES																	
CUCUMBER	YES	YES																	
LETTUCE ICEBERG	YES	YES																	
CRAB	NO	NO											Y						
LEMON CASE	YES	NO																	
PRAWN & CRAB COCKTAIL	NO	NO	Y		Y				Y	Y			Y				Y		
STICKY ROOT VEGETABLE TART TATIN																			
HERB DRESSING	YES	YES																	
FETA CHEESE	YES	NO							Y										
ROCKET LEAF	YES	YES																	
BEETROOT & ONION TART	YES	YES	Y																
STICKY ROOT VEGETABLE TART TATIN	YES	NO	Y						Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAINS																				
FESTIVE TURKEY WITH ALL THE TRIMMINGS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
ROOT VEG MASH	YES	NO						Y												
FESTIVE TURKEY WITH ALL THE TRIMMINGS	NO	NO	Y					Y	Y					Y						
OVEN BAKED SALMON																				
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MIXED CASE SALMON TAILS & FILLETS	NO	NO							Y											
ROCKET LEAF	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
LEMON CASE	YES	NO																		
CRAYFISH PROSECCO HOLLANDAISE	NO	NO						Y	Y	Y	Y		Y		Y					
HERB DRESSING	YES	YES																		
POTATO MID	YES	YES																		
OVEN BAKED SALMON	NO	NO						Y	Y	Y	Y		Y		Y					
MUSHROOM, SPINACH & TRUFFLE TART																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y						Y					
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO							Y											
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y						Y							Y				
MUSHROOM, SPINACH & TRUFFLE TART	YES	NO	Y						Y	Y					Y	Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FESTIVE BURGER																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
STUFFING MAYO	YES	NO	Y					Y									Y			
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y									Y			
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
FESTIVE BURGER																				
	NO	NO	Y					Y	Y					Y		Y				
FESTIVE 8OZ RUMP STEAK																				
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
MALBEC SAUCE	NO	NO							Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO							Y											
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
FESTIVE 8OZ RUMP STEAK																				
	NO	NO	Y						Y					Y						
HEARTY HELPINGS																				
FESTIVE FEAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FESTIVE FEAST																				
	NO	NO	Y					Y	Y											
CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE																				
	YES	NO						Y	Y											
PIGS IN BLANKETS																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PIGS IN BLANKETS																				
	NO	NO	Y																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PUDDINGS																				
CHRISTMAS PUDDING																				
BRANDY SAUCE	YES	NO						Y												
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
DRIED CRANBERRIES	YES	YES																		
CHRISTMAS PUDDING	YES	NO	Y					Y												
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS																				
DAIRY AEROSOL CREAM	YES	NO						Y												
AFTER EIGHT MINTS	YES	NO						Y												
MINT SYRUP	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	YES	NO					Y	Y												
CHOCOLATE, PEAR & ALMOND FRANGIPANE TART																				
VANILLA ICE CREAM	YES	NO						Y												
CHOCOLATE, PEAR & FRANGIPANE	YES	NO	Y				Y	Y	Y										Y	ALMOND
CHOCOLATE, PEAR & ALMOND FRANGIPANE TART	YES	NO	Y				Y	Y	Y										Y	
SALTED TOFFEE APPLE CRUMBLE																				
SALTED TOFFEE APPLE FILLING	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y												
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO						Y												
SALTED TOFFEE APPLE CRUMBLE	YES	NO	Y			Y		Y												
CHOCOLATE & COINTREAU TRIFLE																				
CHOC & COINT SPONGE	YES	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO						Y												
CUSTARD RTS	YES	NO						Y												
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO					Y	Y	Y											
CHOCOLATE & COINTREAU TRIFLE	YES	NO	Y				Y	Y	Y											
AND TO FINISH																				
MILK CHOCOLATE LINDOR TRUFFLE																				
LINDT LINDOR MILK CHOCOLATE	YES	NO			Y		Y	Y												
MILK CHOCOLATE LINDOR TRUFFLE	YES	NO			Y		Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
KIDS MAIN																				
FESTIVE TURKEY																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
COOKED SLICED TURKEY BREAST	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FESTIVE TURKEY																				
QUORN SAUSAGES & MASH																				
PEAS GRADE A	YES	YES																		
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
MASHED POTATO	YES	NO								Y										
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
QUORN SAUSAGES & MASH																				
TOMATO PASTA																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA																				
PUDDINGS																				
CHRISTMAS PUDDING																				
CUSTARD RTS	YES	NO							Y											
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
CHRISTMAS PUDDING																				
FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
FRUIT SALAD																				
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CHOCOLATE SAUCE	YES	YES						Y												
VANILLA ICE CREAM	YES	NO								Y										
ICE CREAM WITH CHOCOLATE SAUCE																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CARAMEL SAUCE																				
UNDER 3S																				
FESTIVE TURKEY																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
COOKED SLICED TURKEY BREAST	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
FESTIVE TURKEY																				
KIDS UNDER 3 ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
KIDS UNDER 3 ICE CREAM WITH CHOCOLATE SAUCE																				
KIDS UNDER 3 ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
KIDS UNDER 3 ICE CREAM WITH RASPBERRY SAUCE																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHRISTMAS DAY MENU STARTERS																				
RUNNY SCOTCH EGG AND STUFFING MAYO																				
ROCKET LEAF	YES	YES																		
SCOTCH EGG	NO	NO	Y			Y		Y												
STUFFING MAYO	YES	NO	Y					Y											Y	
RUNNY SCOTCH EGG AND STUFFING MAYO																				
ROCKET LEAF	NO	NO	Y			Y		Y											Y	
TRIO OF CHEESE BITES																				
CRANBERRY SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y					Y		Y										
TRIO OF CHEESE BITES - CEMBERT	NO	NO	Y					Y		Y										
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y					Y		Y										
TRIO OF CHEESE BITES																				
CRANBERRY SAUCE	NO	NO	Y					Y		Y										
PORK PATE																				
SALTED BUTTER	YES	NO								Y										
COARSE PORK PATE	NO	NO	Y							Y	Y									
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
PLUM & SLOE GIN CHUTNEY	YES	YES											Y							
PORK PATE																				
SALTED BUTTER	NO	NO	Y		Y			Y	Y				Y							
WOODLAND MUSHROOM & SHERRY SOUP																				
UHT WHIPPING CREAM	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
WILD MUSHROOM AND SHERRY SOUP	YES	NO							Y			Y		Y						
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
WOODLAND MUSHROOM & SHERRY SOUP																				
UHT WHIPPING CREAM	YES	NO	Y		Y				Y				Y		Y					
PRAWN & CRAB COCKTAIL																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO							Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO							Y										Y	
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO									Y									
LEMON CASE	YES	NO																		
PRAWN & CRAB COCKTAIL																				
SEAFOOD SAUCE	NO	NO	Y		Y			Y	Y		Y								Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAINS																				
FESTIVE TURKEY WITH ALL THE TRIMMINGS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
FESTIVE TURKEY WITH ALL THE TRIMMINGS	NO	NO	Y					Y	Y					Y						
MUSHROOM, SPINACH AND TRUFFLE TART																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
CHRISTMAS STUFFING	YES	YES	Y																	
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y					Y	Y									Y		
MUSHROOM, SPINACH AND TRUFFLE TART	YES	NO	Y					Y	Y					Y	Y					
HALIBUT FILLET																				
RAPESEED OIL	YES	YES																		
ROCKET LEAF	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
LEMON CASE	YES	NO																		
HALIBUT FILLET	NO	NO							Y											
LEMON, CAPER & BUTTER SAUCE	YES	NO						Y				Y		Y						
HERB DRESSING	YES	YES																		
POTATO MID	YES	YES																		
HALIBUT FILLET	NO	NO							Y	Y		Y		Y						
LAMB RUMP																				
RAPESEED OIL	YES	YES																		
LAMB RUMPS	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
MINT JUNIPER JUS	NO	NO										Y								
LAMB RUMP	NO	NO						Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ FILLET STEAK																				
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
MALBEC SAUCE	NO	NO						Y				Y								
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
8OZ FILLET STEAK	NO	NO	Y					Y				Y								
HEARTY HELPINGS																				
FESTIVE FEAST																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FESTIVE FEAST	NO	NO	Y					Y	Y											
CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE	YES	NO						Y	Y											
PIGS IN BLANKETS																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PIGS IN BLANKETS	NO	NO	Y																	
PUDDINGS																				
AMARETTO PROFITEROLES																				
CHOCOLATE SAUCE	YES	YES						Y												
CARAMEL SAUCE	YES	NO							Y											
AMARETTO PROFITEROLES	YES	NO	Y					Y	Y	Y										
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO								Y										
AMARETTO PROFITEROLES	YES	NO	Y					Y	Y	Y										
SALTED TOFFEE APPLE CRUMBLE																				
SALTED TOFFEE APPLE FILLING	YES	NO							Y											
SHORTCAKE OATY CRUMBLE	YES	NO	Y				Y			Y										
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO								Y										
SALTED TOFFEE APPLE CRUMBLE	YES	NO	Y				Y			Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHOCOLATE & ORANGE CROWNIE																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO																		
CHOCOLATE ORANGE CROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE & ORANGE CROWNIE	YES	NO	Y				Y	Y	Y											
CHRISTMAS PUDDING																				
BRANDY SAUCE	YES	NO							Y											
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
DRIED CRANBERRIES	YES	YES																		
CHRISTMAS PUDDING	YES	NO	Y						Y											
AND TO FINISH																				
MILK CHOCOLATE LINDOR TRUFFLE																				
LINDT LINDOR MILK CHOCOLATE	YES	NO			Y		Y		Y											
MILK CHOCOLATE LINDOR TRUFFLE	YES	NO			Y		Y		Y											
KIDS STARTERS																				
POPPIN CHICKEN																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
TOMATO KETCHUP	YES	YES																		
POPPIN CHICKEN	NO	NO	Y						Y											
VEGGIE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS MINT	YES	YES																		
PREP WHOLE CARROTS	YES	YES																		
VEGGIE STICKS & DIP	YES	NO							Y											
TOMATO SOUP																				
TOMATO SOUP CONCENTRATE	YES	NO							Y						Y					
SALTED BUTTER	YES	NO							Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO SOUP	YES	NO	Y		Y				Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAINS																				
FESTIVE TURKEY																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
PEAS GRADE A	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
COOKED SLICED TURKEY BREAST	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
FESTIVE TURKEY	NO	NO	Y				Y	Y						Y						
COD BITES																				
COD CUBES	NO	NO	Y							Y										
GARDEN PEAS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
COD BITES	NO	NO	Y							Y										
RUMP STEAK																				
RUMP STEAK 8OZ	NO	NO																		
GARDEN PEAS	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
RUMP STEAK	NO	NO																		
QUORN SAUSAGES & MASH																				
PEAS GRADE A	YES	YES																		
VEGETARIAN ROAST GRAVY	YES	NO	Y							Y				Y						
MASHED POTATO	YES	NO																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
QUORN SAUSAGES & MASH	YES	NO	Y						Y	Y				Y						
TOMATO PASTA																				
GARLIC BREAD SLICES	YES	NO	Y							Y										
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA	YES	NO	Y							Y										
PUDDINGS																				
CHRISTMAS PUDDING																				
CUSTARD RTS	YES	NO								Y										
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
CHRISTMAS PUDDING	YES	NO	Y							Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y			Y		Y												
CHOCOLATE SAUCE	YES	YES				Y		Y												
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y			Y		Y												
ICE CREAM WITH RASBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y			Y		Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH RASBERRY SAUCE	YES	NO	Y			Y		Y												
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y			Y		Y												
CARAMEL SAUCE	YES	NO																		
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH CARAMEL SAUCE	YES	NO	Y			Y		Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BOXING DAY MENU STARTERS																				
WOODLAND MUSHROOM & SHERRY SOUP																				
UHT WHIPPING CREAM	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
WILD MUSHROOM AND SHERRY SOUP	YES	NO						Y				Y		Y						
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
WOODLAND MUSHROOM & SHERRY SOUP	YES	NO	Y		Y			Y				Y		Y						
STICKY ROOT VEGETABLE TART TATIN																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO						Y												
ROCKET LEAF	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y																	
STICKY ROOT VEGETABLE TART TATIN	YES	NO	Y					Y												
PRAWN & CRAB COCKTAIL																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y											Y	
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CRAB	NO	NO									Y									
LEMON CASE	YES	NO																		
PRAWN & CRAB COCKTAIL	NO	NO	Y		Y			Y	Y		Y								Y	
RUNNY SCOTCH EGG AND STUFFING MAYO																				
ROCKET LEAF	YES	YES																		
SCOTCH EGG	NO	NO	Y			Y		Y												
STUFFING MAYO	YES	NO	Y					Y												Y
RUNNY SCOTCH EGG AND STUFFING MAYO	NO	NO	Y			Y		Y												Y
TRIO OF CHEESE BITES																				
CRANBERRY SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y					Y												Y
TRIO OF CHEESE BITES - CAMEMBERT	NO	NO	Y					Y												
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y					Y												
TRIO OF CHEESE BITES	NO	NO	Y					Y												Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MAINS																				
FESTIVE TURKEY WITH ALL THE TRIMMINGS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
CHRISTMAS STUFFING	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
ROOT VEG MASH	YES	NO						Y												
FESTIVE TURKEY WITH ALL THE TRIMMINGS	NO	NO	Y					Y	Y					Y						
MUSHROOM, SPINACH AND TRUFFLE TART																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
CHRISTMAS STUFFING	YES	YES	Y																	
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
RAPESEED OIL	YES	YES																		
TABLE SALT	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO							Y											
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y						Y							Y				
MUSHROOM, SPINACH AND TRUFFLE TART	YES	NO	Y						Y	Y				Y	Y					
BOZ RUMP STEAK																				
RAPESEED OIL	YES	YES																		
RUMP STEAK BOZ	NO	NO																		
MALBEC SAUCE	NO	NO							Y			Y								
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO							Y											
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
BOZ RUMP STEAK	NO	NO	Y						Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																
			Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products													
OVEN BAKED SALMON																			
SALTED BUTTER	YES	NO						Y											
RAPESEED OIL	YES	YES																	
MIXED CASE SALMON TAILS & FILLETS	NO	NO							Y										
ROCKET LEAF	YES	YES																	
WHOLE GREEN BEANS	YES	YES																	
LEMON CASE	YES	NO																	
CRAYFISH PROSECCO HOLLANDAISE	NO	NO						Y	Y	Y	Y		Y		Y				
HERB DRESSING	YES	YES																	
POTATO MID	YES	YES																	
OVEN BAKED SALMON																			
	NO	NO						Y	Y	Y	Y		Y		Y				
LAMB RUMP																			
RAPESEED OIL	YES	YES																	
LAMB RUMPS	NO	NO																	
POTATOES ROAST CUT	YES	YES																	
RAPESEED OIL	YES	YES																	
TABLE SALT	YES	YES																	
CHRISTMAS GREEN VEG SACHET	YES	NO							Y										
MINT JUNIPER JUS	NO	NO											Y						
LAMB RUMP																			
	NO	NO						Y					Y						
HEARTY HELPINGS																			
FESTIVE FEAST																			
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y										
CHRISTMAS STUFFING	YES	YES	Y																
RAPESEED OIL	YES	YES																	
KIDS SAUSAGE	NO	NO	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																	
FESTIVE FEAST																			
	NO	NO	Y					Y	Y										
CAULIFLOWER CHEESE																			
CAULIFLOWER CHEESE	YES	NO						Y	Y										
MOZZ/MILD CHEDDAR MIX	YES	NO							Y										
CAULIFLOWER CHEESE																			
	YES	NO						Y	Y										
PIGS IN BLANKETS																			
CRANBERRY SAUCE	YES	YES																	
KIDS SAUSAGE	NO	NO	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																	
PIGS IN BLANKETS																			
	NO	NO	Y																
PUDDINGS																			
CHOCOLATE, PEAR & ALMOND FRANGIPANE TART																			
VANILLA ICE CREAM	YES	NO							Y										
CHOCOLATE, PEAR & FRANGIPANE	YES	NO	Y					Y	Y	Y								Y	ALMOND
CHOCOLATE, PEAR & ALMOND FRANGIPANE TART																			
	YES	NO	Y					Y	Y	Y								Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
			Cereals Containing Gluten																		
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS																					
DAIRY AEROSOL CREAM	YES	NO						Y													
AFTER EIGHT MINTS	YES	NO						Y													
MINT SYRUP	YES	YES																			
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO						Y													
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS																					
YES	NO					Y		Y													
CHRISTMAS PUDDING																					
BRANDY SAUCE	YES	NO						Y													
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																		
DRIED CRANBERRIES	YES	YES																			
CHRISTMAS PUDDING																					
YES	NO	Y						Y													
SALTED TOFFEE APPLE CRUMBLE																					
SALTED TOFFEE APPLE FILLING	YES	NO						Y													
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y													
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO						Y													
SALTED TOFFEE APPLE CRUMBLE																					
YES	NO	Y				Y		Y													
CHOCOLATE & COINTREAU TRIFLE																					
CHOC & COINT SPONGE	YES	NO	Y					Y	Y												
DAIRY AEROSOL CREAM	YES	NO							Y												
CUSTARD RTS	YES	NO							Y												
FRESH HERBS MINT	YES	YES																			
CHOCSTIX	YES	NO					Y		Y												
CHOCOLATE & COINTREAU TRIFLE																					
YES	NO	Y				Y	Y	Y	Y												
AND TO FINISH																					
MILK CHOCOLATE LINDOR TRUFFLE																					
LINDT LINDOR MILK CHOCOLATE	YES	NO			Y		Y		Y												
MILK CHOCOLATE LINDOR TRUFFLE																					
YES	NO			Y		Y		Y	Y												
KIDS MAIN																					
FESTIVE TURKEY																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
PEAS GRADE A	YES	YES																			
GRAVY CONCENTRATE	NO	NO												Y							
COOKED SLICED TURKEY BREAST	NO	NO																			
POTATOES ROAST CUT	YES	YES																			
RAPESEED OIL	YES	YES																			
TABLE SALT	YES	YES																			
KIDS SAUSAGE	NO	NO	Y																		
SMOKED DRY CURED STREAKY BACON	NO	NO																			
FESTIVE TURKEY																					
NO	NO	Y						Y	Y					Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
QUORN SAUSAGES & MASH																				
PEAS GRADE A	YES	YES																		
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
QUORN SAUSAGES & MASH	YES	NO	Y					Y	Y					Y						
TOMATO PASTA																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA	YES	NO	Y					Y												
PUDDINGS																				
CHRISTMAS PUDDING																				
CUSTARD RTS	YES	NO						Y												
INDIVIDUAL CHRISTMAS PUDDING	YES	YES	Y																	
CHRISTMAS PUDDING	YES	NO	Y					Y												
FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
FRUIT SALAD	YES	YES																		
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y				Y	Y												
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH RASPBERRY SAUCE	YES	NO	Y				Y	Y												
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y	Y												
CARAMEL SAUCE	YES	NO						Y												
VANILLA ICE CREAM	YES	NO						Y												
ICE CREAM WITH CARAMEL SAUCE	YES	NO	Y				Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
NEW YEARS EVE MENU STARTERS																				
TRIO OF CHEESE BITES																				
CRANBERRY SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
TRIO OF CHEESE BITES - STILTON® & CRANBERRY BITES	NO	NO	Y				Y		Y											
TRIO OF CHEESE BITES - CEMBERT	NO	NO	Y				Y		Y											
TRIO OF CHEESE BITES - SMOKED CHEDDAR	NO	NO	Y				Y		Y											
TRIO OF CHEESE BITES	NO	NO	Y				Y		Y											
PRAWN COCKTAIL																				
PAPRIKA PEPPER	YES	YES																		
SALTED BUTTER	YES	NO							Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y								Y				
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
PRAWN COCKTAIL	NO	NO	Y		Y			Y	Y		Y					Y				
PORK PATE																				
SALTED BUTTER	YES	NO							Y											
COARSE PORK PATE	NO	NO	Y						Y	Y										
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
PLUM & SLOE GIN CHUTNEY	YES	YES											Y							
PORK PATE	NO	NO	Y		Y			Y	Y				Y							
STICKY ROOT VEGETABLE TART TATIN																				
HERB DRESSING	YES	YES																		
FETA CHEESE	YES	NO							Y											
ROCKET LEAF	YES	YES																		
BEETROOT & ONION TART	YES	YES	Y																	
STICKY ROOT VEGETABLE TART TATIN	YES	NO	Y						Y											
MAINS																				
LAMB RUMP																				
TENDER STEM BROCCOLI	YES	YES																		
MALBEC SAUCE	NO	NO							Y				Y							
LAMB RUMPS	NO	NO																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO							Y											
MINT SAUCE	YES	YES																		
SALTED BUTTER	YES	NO							Y											
POTATO MID	YES	YES																		
LAMB RUMP	NO	NO							Y				Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MUSHROOM, SPINACH AND TRUFFLE TART																				
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y					Y							Y					
SALTED BUTTER	YES	NO						Y												
POTATO MID	YES	YES																		
MUSHROOM, SPINACH AND TRUFFLE TART	YES	NO	Y					Y							Y					
FESTIVE BURGER																				
CRANBERRY SAUCE	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
COOKED SLICED TURKEY BREAST	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
STUFFING MAYO	YES	NO	Y					Y							Y					
PINKSTAR SLAW	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
FESTIVE BURGER	NO	NO	Y					Y	Y				Y		Y					
TERIYAKI SALMON																				
HERB DRESSING	YES	YES																		
CHERRY TOMATOES	YES	YES																		
TENDER STEM BROCCOLI	YES	YES																		
MIXED CASE SALMON TAILS & FILLETS	NO	NO							Y											
TERIYAKI SAUCE	YES	NO	Y				Y													
FRESH HERBS BASIL	YES	YES																		
SALTED BUTTER	YES	NO						Y												
ROCKET LEAF	YES	YES																		
TERIYAKI SALMON	NO	NO	Y				Y		Y	Y										
FESTIVE 8OZ RUMP STEAK																				
MALBEC SAUCE	NO	NO						Y				Y								
RAPESEED OIL	YES	YES																		
RUMP STEAK 8OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
CHRISTMAS GREEN VEG SACHET	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
MASHED POTATO	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
FESTIVE 8OZ RUMP STEAK	NO	NO	Y						Y			Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PUDDINGS																				
CHOCOLATE & COINTREAU TRIFLE	YES	NO	Y					Y	Y											
CHOC & COINT SPONGE	YES	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
CUSTARD RTS	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
CHOCSTIX	YES	NO					Y		Y											
CHOCOLATE & COINTREAU TRIFLE	YES	NO	Y				Y	Y	Y											
CHOCOLATE & ORANGE CROWNIE																				
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
CHOCOLATE ORANGE CROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE & ORANGE CROWNIE	YES	NO	Y				Y	Y	Y											
SALTED TOFFEE APPLE CRUMBLE																				
SALTED TOFFEE APPLE FILLING	YES	NO							Y											
SHORTCAKE OATY CRUMBLE	YES	NO	Y				Y		Y											
BRANDY BUTTER FLAVOUR ICE CREAM	YES	NO							Y											
SALTED TOFFEE APPLE CRUMBLE	YES	NO	Y				Y		Y											
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS																				
DAIRY AEROSOL CREAM	YES	NO							Y											
AFTER EIGHT MINTS	YES	NO							Y											
MINT SYRUP	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM SUNDAE WITH AFTER EIGHT MINTS	YES	NO					Y		Y											
AND TO FINISH																				
MILK CHOCOLATE LINDOR TRUFFLE	YES	NO			Y		Y		Y											
LINDT LINDOR MILK CHOCOLATE	YES	NO			Y		Y		Y											
MILK CHOCOLATE LINDOR TRUFFLE	YES	NO			Y		Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE KIDS MENU STARTERS																				
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD	YES	NO	Y					Y												
CHICKEN MEATBALLS																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
CHICKEN MEATBALLS																				
CHICKEN MEATBALLS	NO	NO																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VEGGIE STICKS																				
VEGGIE STICKS	YES	NO						Y												
THE MAIN YARD																				
POPPIN CHICKEN																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
POPPIN CHICKEN																				
POPPIN CHICKEN	NO	NO	Y					Y												
TOMATO PENNE PASTA																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PENNE PASTA																				
TOMATO PENNE PASTA	YES	NO	Y					Y												
CHICKEN BURGER																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
BURGER BUN KIDS	YES	NO	Y					Y												
LETTUCE ICEBERG	YES	YES																		
POTATO MID	YES	YES																		
CHICKEN BURGER																				
CHICKEN BURGER	NO	NO	Y					Y								Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SPAGHETTI BOLOGNESE																				
SPAGHETTI BOLOGNAISE	NO	NO	Y											Y						
GARLIC BREAD SLICES	YES	NO	Y					Y												
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
SPAGHETTI BOLOGNESE																				
	NO	NO	Y					Y						Y						
BANGERS & MASH																				
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
BANGERS & MASH																				
	NO	NO	Y					Y						Y						
VEGGIE BANGERS & MASH																				
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
VEGGIE BANGERS & MASH																				
	YES	NO	Y					Y	Y					Y						
CHICKEN CURRY																				
CHICKEN CURRY KIDS	NO	NO	Y					Y												
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
CHICKEN CURRY																				
	NO	NO	Y					Y												
BEEF BURGER																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y					Y												
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF BURGER																				
	NO	NO	Y					Y												
COD BITES																				
COD CUBES	NO	NO	Y							Y										
GARDEN PEAS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
COD BITES																				
	NO	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO PASTA & CHICKEN MEATBALLS																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA & CHICKEN MEATBALLS	NO	NO	Y					Y												
SIDES																				
MASHED POTATO																				
MASHED POTATO	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
CHIPS																				
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS	YES	YES																		
MINI JACKET POTATOES																				
POTATO MID	YES	YES																		
MINI JACKET POTATOES	YES	YES																		
BROWN RICE																				
BROWN RICE KIDS	YES	YES																		
BROWN RICE	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
GARLIC BREAD	YES	NO	Y					Y												
VEGGIE BITS																				
BAKED BEANS																				
BAKED BEANS	YES	YES																		
BAKED BEANS	YES	YES																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MINI CORN ON THE COB																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB	YES	YES																		
PEAS																				
GARDEN PEAS	YES	YES																		
PEAS	YES	YES																		
SIDE SALAD																				
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SIDE SALAD	YES	YES																		
SUNDAY CARVERY																				
ROAST BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST BEEF	NO	NO	Y					Y	Y					Y						
ROAST PORK																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PEAS GRADE A	YES	YES																		
PORK LOIN JOINT	NO	NO																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
APPLE SAUCE	YES	YES										Y		Y						
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST PORK	NO	NO	Y					Y	Y				Y	Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROAST CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
PEAS GRADE A	YES	YES																		
RAPESEED OIL	YES	YES																		
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
CHICKEN BREAST	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROAST CHICKEN	NO	NO	Y				Y	Y						Y						
PUDS FOR EWE																				
FUNNY FACE SUNDAE																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO						Y												
CUP CONES	YES	YES	Y				Y													
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO						Y												
FUNNY FACE SUNDAE	NO	NO	Y				Y	Y												
MINI DOUGHNUTS																				
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y			Y	Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
MINI SMARTIES	NO	NO						Y												
MINI DOUGHNUTS	NO	NO	Y			Y	Y	Y	Y											
MIXED FRUIT SALAD																				
FRUIT SALAD	YES	YES																		
MIXED FRUIT SALAD	YES	YES																		
PANCAKES																				
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES					Y													
PANCAKES	YES	NO	Y				Y	Y	Y											
STRAWBERRY YOGHURT																				
STRAWBERRY YOGHURT	YES	NO						Y												
STRAWBERRY YOGHURT	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
STRAWBERRY FROZEN YOGHURT																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT	YES	NO	Y				Y		Y											
ICE CREAM WITH RASPBERRY SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH RASPBERRY SAUCE	YES	NO	Y				Y		Y											
ICE CREAM WITH CHOCOLATE SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CHOCOLATE SAUCE	YES	NO	Y				Y		Y											
ICE CREAM WITH CARAMEL SAUCE																				
POMPADOUR FAN WAFERS	YES	NO	Y				Y		Y											
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
ICE CREAM WITH CARAMEL SAUCE	YES	NO	Y				Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE THE LUNCH CLUB																				
OUR STARTERS																				
POTATO DIPPERS																				
BACK BACON	NO	NO																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
POTATO DIPPERS	NO	NO						Y												
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
BUTTERMILK & ROSEMARY CHICKEN GOUJONS	NO	NO	Y					Y												
TOMATO SOUP																				
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
TOMATO SOUP	YES	NO	Y		Y			Y						Y						
PORK PATE																				
ONION MARMALADE	YES	YES																		
SALTED BUTTER	YES	NO																		
COARSE PORK PATE	NO	NO	Y					Y	Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
PORK PATE	NO	NO	Y		Y			Y	Y											
GARLIC & HERB BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC & HERB BREADED MUSHROOMS	NO	NO	Y																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TASTY MAINS																				
FISH & CHIP SHOP BURGER																				
POLLOCK FILLETS	NO	NO							Y											
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
ROCKET LEAF	YES	YES																		
TARTARE SAUCE	YES	NO						Y							Y					
PLAIN FLOUR	YES	YES	Y																	
BATTER MIX	YES	YES	Y																	
CRACKED BLACK PEPPER	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
MUSHY PEAS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
LEMON CASE	YES	NO																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
FISH & CHIP SHOP BURGER																				
	NO	NO	Y					Y	Y	Y	Y			Y		Y				
JACKET POTATO WITH CHEESE & BEANS																				
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO							Y											
BAKED BEANS	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
JACKET POTATO WITH CHEESE & BEANS																				
	YES	NO							Y											
SWEET POTATO & FETA LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y							Y										
SPINACH & FETA LASAGNE	YES	NO	Y						Y	Y					Y	Y				
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SWEET POTATO & FETA LASAGNE																				
	YES	NO	Y						Y	Y					Y	Y				
GAMMON STEAK WITH AN EGG																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO							Y											
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO								Y										
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH AN EGG																				
	NO	NO							Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH PINEAPPLE																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH PINEAPPLE																				
	NO	NO						Y												
JACKET POTATO WITH PRAWNS & MARIE ROSE SAUCE																				
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO						Y												
SEAFOOD SAUCE	YES	NO													Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
ROCKET LEAF	YES	YES																		
LEMON CASE	YES	NO																		
JACKET POTATO WITH PRAWNS & MARIE ROSE SAUCE																				
	NO	NO						Y	Y		Y				Y					
CHICKEN & BACON OPEN CLUB SANDWICH																				
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
CIABATTA LOAF	YES	YES	Y	Y																
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN & BACON OPEN CLUB SANDWICH																				
	NO	NO	Y	Y				Y								Y				
LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
LASAGNE																				
	NO	NO	Y		Y			Y	Y					Y	Y					
PAPRIKA CHICKEN																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN																				
	NO	NO										Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HAM, EGG & CHIPS																				
THICK CUT HAM SLICES	NO	NO																		
RAPESEED OIL	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAM, EGG & CHIPS																				
THICK CUT HAM SLICES	NO	NO						Y												
CHICKEN & HAM PIE																				
PEAS GRADE A	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
CHICKEN & HAM PIE	NO	NO	Y					Y	Y						Y					
MASHED POTATO	YES	NO							Y											
SALTED BUTTER	YES	NO							Y											
CHICKEN & HAM PIE																				
CHICKEN & HAM PIE	NO	NO	Y					Y	Y					Y	Y					
6OZ RANCH STEAK																				
PEAS GRADE A	YES	YES																		
BEEF RANCH STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
6OZ RANCH STEAK																				
CHIPS SKIN ON	NO	NO																		
BEEF STEAK BURGER WITH CHEESE																				
CHEESE SLICES	YES	NO							Y											
LIGHT MAYONNAISE	YES	NO							Y										Y	
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y							Y	
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y			Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF STEAK BURGER WITH CHEESE																				
BEEF STEAK BURGER WITH CHEESE	NO	NO	Y						Y	Y			Y	Y					Y	
DOUBLE BEEF STEAK BURGER WITH CHEESE																				
CHEESE SLICES	YES	NO								Y										
LIGHT MAYONNAISE	YES	NO								Y										Y
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y								Y
SESAME SEEDED BURGER BUN	YES	NO	Y							Y	Y			Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
DOUBLE BEEF STEAK BURGER WITH CHEESE																				
DOUBLE BEEF STEAK BURGER WITH CHEESE	NO	NO	Y							Y	Y			Y	Y					Y

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HAND-BATTERED FISH & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH PEAS																				
NO	NO	Y							Y											
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
NO	NO	Y							Y											
HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
NO	NO	Y							Y											
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
NO	NO	Y							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROASTED VEGETABLE LINGUINE																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED VEGETABLE LINGUINE	YES	NO	Y					Y						Y						
ROASTED VEGETABLE LINGUINE WITH CHICKEN																				
CHICKEN BREAST	NO	NO																		
GARLIC BREAD SLICES	YES	NO	Y					Y												
TOMATO LINGUINE PASTA	YES	YES	Y											Y						
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED VEGETABLE LINGUINE WITH CHICKEN	NO	NO	Y					Y						Y						
SWEET POTATO FRIES																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
CLASSIC PUDDINGS																				
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
WARM CHOCOLATE BROWNIE	YES	NO	Y					Y	Y									Y		Y
CARAMEL APPLE PIE WITH CREAM																				
UHT WHIPPING CREAM	YES	NO							Y											
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE PIE WITH CREAM	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE PIE WITH CUSTARD																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CUSTARD RTS	YES	NO								Y										
CARAMEL APPLE PIE WITH CUSTARD	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE PIE WITH ICE CREAM																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
VANILLA ICE CREAM	YES	NO								Y										
CARAMEL APPLE PIE WITH ICE CREAM	YES	NO	Y					Y	Y	Y										
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
DAIRY ICE CREAM WITH CHOCOLATE SAUCE	YES	NO					Y		Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
DAIRY ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y											
GIN FIZZ SORBET																				
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET	YES	YES																		
GIN FIZZ SORBET																				
GIN FIZZ SORBET	YES	YES																		
STRAWBERRY FROZEN YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT																				
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
EVENING MENU																				
OUR STARTERS																				
GARLIC & HERB BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC & HERB BREADED MUSHROOMS																				
PORK PATE WITH RED ONION CHUTNEY																				
ONION MARMALADE	YES	YES																		
SALTED BUTTER	YES	NO						Y	Y											
COARSE PORK PATE	NO	NO	Y					Y	Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
PORK PATE WITH RED ONION CHUTNEY																				
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
BUTTERMILK & ROSEMARY CHICKEN GOUJONS																				
TOMATO SOUP																				
SALTED BUTTER	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
TOMATO SOUP																				
TASTY MAINS																				
GREEN THAI CURRY																				
PINKSTAR SLAW	YES	YES																		
BASMATI RICE	YES	YES																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
VEGAN THAI CURRY	YES	YES	Y				Y													
GREEN THAI CURRY																				
GREEN THAI CURRY WITH CHICKEN BREAST																				
PINKSTAR SLAW	YES	YES																		
BASMATI RICE	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
VEGAN THAI CURRY	YES	YES	Y				Y													
GREEN THAI CURRY WITH CHICKEN BREAST																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HAND-BATTERED FISH & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH PEAS																				
NO	NO	Y							Y											
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS																				
NO	NO	Y							Y											
HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
PEAS GRADE A	YES	YES																		
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED HADDOCK & CHIPS WITH PEAS																				
NO	NO	Y							Y											
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO							Y											
LEMON CASE	YES	NO																		
BATTER MIX	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS																				
NO	NO	Y							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEEF STEAK BURGER WITH CHEESE																				
CHEESE SLICES	YES	NO						Y												
LIGHT MAYONNAISE	YES	NO						Y								Y				
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y			Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
BEEF STEAK BURGER WITH CHEESE																				
NO	NO	Y						Y	Y				Y	Y		Y				
DOUBLE BEEF STEAK BURGER WITH CHEESE																				
CHEESE SLICES	YES	NO							Y											
LIGHT MAYONNAISE	YES	NO							Y							Y				
STEAK BURGER 4OZ	NO	NO																		
HAMBURGER RELISH	YES	YES										Y			Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
DOUBLE BEEF STEAK BURGER WITH CHEESE																				
NO	NO	Y						Y	Y				Y	Y		Y				
ROASTED VEGETABLE LINGUINE																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED VEGETABLE LINGUINE																				
YES	NO	Y						Y						Y						
ROASTED VEGETABLE LINGUINE WITH CHICKEN																				
CHICKEN BREAST	NO	NO																		
GARLIC BREAD SLICES	YES	NO	Y						Y											
TOMATO LINGUINE PASTA	YES	YES	Y												Y					
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROASTED VEGETABLE LINGUINE WITH CHICKEN																				
NO	NO	Y						Y						Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PAPRIKA CHICKEN																				
PAPRIKA CHICKEN BREAST	NO	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
SKINNY CUT FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
PAPRIKA CHICKEN																				
	NO	NO											Y			Y				
LASAGNE																				
GARLIC BREAD SLICES	YES	NO	Y																	
MEAT LASAGNE	NO	NO	Y		Y			Y	Y					Y	Y					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y	Y										
LASAGNE																				
	NO	NO	Y		Y			Y	Y					Y	Y					
GAMMON STEAK WITH CHIPS & EGGS																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH CHIPS & EGGS																				
	NO	NO						Y												
GAMMON STEAK WITH CHIPS & PINEAPPLE																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH CHIPS & PINEAPPLE																				
	NO	NO																		
GAMMON STEAK WITH CHIPS & ONE OF EACH																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
GAMMON STEAK WITH CHIPS & ONE OF EACH																				
	NO	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GAMMON STEAK WITH JACKET POTATO & EGGS																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO											Y							
GAMMON STEAK WITH JACKET POTATO & EGGS																				
	NO	NO						Y	Y											
GAMMON STEAK WITH JACKET POTATO & PINEAPPLE																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO											Y							
GAMMON STEAK WITH JACKET POTATO & PINEAPPLE																				
	NO	NO											Y							
GAMMON STEAK WITH JACKET POTATO & ONE OF EACH																				
PEAS GRADE A	YES	YES																		
GAMMON STEAK 7OZ	NO	NO																		
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
TOMATO M	YES	YES																		
CAGE FREE UK LION MED EGGS	YES	NO						Y												
BAKING POTATOES	YES	YES																		
TABLE SALT	YES	YES																		
SALTED BUTTER	YES	NO											Y							
GAMMON STEAK WITH JACKET POTATO & ONE OF EACH																				
	NO	NO						Y	Y											
CHICKEN & HAM PIE																				
PEAS GRADE A	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
CHICKEN & HAM PIE	NO	NO	Y					Y	Y						Y					
MASHED POTATO	YES	NO																		
SALTED BUTTER	YES	NO																		
CHICKEN & HAM PIE																				
	NO	NO	Y					Y	Y					Y	Y					
CLASSIC PUDDINGS																				
CARAMEL APPLE PIE WITH CREAM																				
UHT WHIPPING CREAM	YES	NO																		
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CARAMEL APPLE PIE WITH CREAM																				
	YES	NO	Y					Y	Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CARAMEL APPLE PIE WITH CUSTARD																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
CUSTARD RTS	YES	NO																		
CARAMEL APPLE PIE WITH CUSTARD																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO																		
CARAMEL APPLE PIE WITH ICE CREAM																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO																		
GIN FIZZ SORBET																				
FRESH HERBS MINT	YES	YES																		
GIN FIZZ SORBET	YES	YES																		
GIN FIZZ SORBET																				
FRESH HERBS MINT	YES	YES																		
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
CARAMEL SAUCE	YES	NO																		
VANILLA ICE CREAM	YES	NO																		
WARM CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y					Y	Y								Y		Y	
CARAMEL SAUCE	YES	NO																		
VANILLA ICE CREAM	YES	NO																		
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO																		
DAIRY ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO																		
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO																		
DAIRY ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE FUDGE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM	YES	NO																		
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
DAIRY ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO																		
STRAWBERRY FROZEN YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO							Y											
STRAWBERRY FROZEN YOGHURT																				
STRAWBERRIES	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE SUNDAY LUNCH																				
CAULIFLOWER CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAULIFLOWER CHEESE	YES	NO						Y	Y											
TOPSIDE OF BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SALTED BUTTER	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
TOPSIDE OF BEEF	NO	NO	Y					Y	Y					Y						
LOIN OF PORK																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
PORK LOIN JOINT	NO	NO							Y											
SALTED BUTTER	YES	NO																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
APPLE SAUCE	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
LOIN OF PORK	NO	NO	Y					Y	Y					Y						
HALF ROASTED CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
SALTED BUTTER	YES	NO							Y											
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
HALF ROASTED CHICKEN	NO	NO	Y					Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROOT VEGETABLE WELLINGTON	YES	NO	Y																	
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
VEGETARIAN ROAST GRAVY	YES	NO	Y											Y						
SALTED BUTTER	YES	NO																		
RAPESEED OIL	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
ROOT VEG MASH	YES	NO																		
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y						Y					
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
TABLE SALT	YES	YES																		
ROOT VEGETABLE WELLINGTON	YES	NO	Y					Y	Y					Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE BUFFET MENU																				
BUFFET 1																				
SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHD	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL EGG MAYO	YES	NO	Y		Y			Y	Y						Y					
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO							Y											
TOTAL HAM & MUSTARD	NO	NO	Y		Y				Y						Y					
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO									Y									
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y		Y				Y					
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
POP IN CHICKEN																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
TOTAL POP IN CHICKEN	NO	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	YES	Y																	
TOTAL GARLIC BREAD	YES	YES	Y																	
MIXED SIDE SALAD																				
COLESLAW MIX (PINK STAR, WHITE CABBAGE, CARROT, ONION)	YES	YES																		
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES									Y				Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOTAL MIXED SIDE SALAD	YES	NO	Y		Y			Y					Y		Y					
BUFFET 2 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y			Y												
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y															Y		
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
TOTAL HAM & MUSTARD	NO	NO	Y		Y			Y										Y		
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y										Y		
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y			Y	Y	Y								Y		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
CHIPS	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												
MIXED SIDE SALAD																				
COLESLAW MIX (PINK STAR, WHITE CABBAGE, CARROT, ONION)	YES	YES																		
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOTAL MIXED SIDE SALAD	YES	NO	Y		Y			Y				Y			Y					
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ONION RINGS																				
RAPESEED OIL	YES	YES																		
LARGE BATTERED ONION RINGS	NO	NO	Y																	
TOTAL ONION RINGS	NO	NO	Y																	
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TOTAL TEMPURA PRAWNS	NO	NO	Y							Y										
BUFFET 3 SANDWICHES																				
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES MILD CHED	YES	NO								Y										
SALTED BUTTER	YES	NO								Y										
TOMATO M	YES	YES																		
TOTAL CHEESE & TOMATO	YES	NO	Y		Y					Y										
EGG MAYO																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y						Y					
MED FRESH EGGS	YES	NO							Y											
SALTED BUTTER	YES	NO								Y										
TOTAL EGG MAYO	YES	NO	Y		Y				Y	Y					Y					
CHICKEN & BACON																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO							Y						Y					
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO								Y										
LEMONS	YES	YES																		
TOTAL CHICKEN & BACON	NO	NO	Y		Y				Y	Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PRAWN & MARIE ROSE																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO					Y								Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
TOTAL PRAWN & MARIE ROSE	NO	NO	Y		Y		Y	Y		Y					Y					
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
TOTAL GARLIC BREADED MUSHROOMS	NO	NO	Y																	
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
LOUISIANA CHICKEN GOUJONS	NO	NO	Y					Y												
TOTAL CHICKEN GOUJONS	NO	NO	Y					Y												
CHIPS																				
CHIPS	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL CHIPS	YES	YES																		
VEGETABLE STICKS & DIP																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS RUSTIC CUT	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TOTAL VEGETABLE STICKS & DIP	YES	NO						Y												
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	YES	Y																	
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL CHEESY GARLIC BREAD	YES	NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MIXED SIDE SALAD																				
COLESLAW MIX (PINK STAR, WHITE CABBAGE, CARROT, ONION)	YES	YES																		
SALAD MIX (ESCAROLE, GREEN BATAVIA, RED OAK LEAF)	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
SALTED BUTTER	YES	NO						Y												
RAPESEED OIL	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOTAL MIXED SIDE SALAD	YES	NO	Y		Y			Y				Y			Y					
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
GUACAMOLE	YES	YES																		
TORTILLA CHIPS	YES	YES																		
TOTAL TORTILLA CHIPS & DIP	YES	NO						Y												
ONION RINGS																				
RAPESEED OIL	YES	YES																		
LARGE BATTERED ONION RINGS	NO	NO	Y																	
TOTAL ONION RINGS	NO	NO	Y																	
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TOTAL TEMPURA PRAWNS	NO	NO	Y							Y										
THREE CHEESE CRUSTLESS QUICHE																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
TOTAL THREE CHEESE CRUSTLESS QUICHE	YES	NO	Y					Y	Y											
POTATO DIPPERS																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
TOTAL POTATO DIPPERS	NO	NO						Y												
SAUSAGE ROLLS																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y									Y								
TOTAL SAUSAGE ROLLS	NO	NO	Y									Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DESSERTS																				
CHOCOLATE BROWNIE																				
CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
TOTAL CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
TOTAL PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TABLE TABLE DRINKS MENU																				
DRAUGHT																				
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
STELLA 4.8%	YES	YES			Y															
DOOM BAR CASK	NO	NO			Y															
SAN MIGUEL	YES	YES			Y							Y								
GUINNESS	NO	NO			Y															
THATCHERS	YES	YES										Y								
CARLING BLACK FRUIT	YES	NO										Y								
GIN PALACE																				
FEVER TREE LIGHT TONIC	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
SIPSMITH GIN	YES	YES																		
GORDONS GIN	NO	NO																		
GORDONS PINK GIN	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
GORDON'S PREMIUM PINK DISTILLED GIN SPRITZER																				
GORDONS PINK GIN	YES	YES																		
R WHITES	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
STRAWBERRIES	YES	YES																		
GORDON'S PREMIUM PINK DISTILLED GIN SPRITZER	YES	NO										Y								

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BREAKFAST MENU																				
ACCOMPANIMENTS																				
SEMI SKIMMED MILK	YES	NO						Y												
WHOLE MILK	YES	NO						Y												
SKIMMED MILK	YES	NO						Y												
ALPRO SOYA MILK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
FULL BREAKFAST																				
BACON																				
BACK BACON	NO	NO																		
TOTAL BACON	NO	NO																		
SAUSAGE																				
PI SAUSAGES	NO	NO	Y									Y								
TOTAL SAUSAGE	NO	NO	Y									Y								
VEGETARIAN SAUSAGE																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
TOTAL VEGETARIAN SAUSAGE	YES	NO	Y					Y	Y											
SCRAMBLED EGG																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
TOTAL SCRAMBLED EGG	YES	NO						Y	Y											
FRIED EGG																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL FRIED EGG	YES	NO						Y												
POACHED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL POACHED EGG	YES	NO						Y												
BOILED EGG																				
MED FRESH EGGS	YES	NO						Y												
TOTAL BOILED EGG	YES	NO						Y												
OMELETTE																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
TOTAL OMELETTE	YES	NO						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HASH BROWNS																				
HASH BROWN	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL HASH BROWNS	YES	YES																		
BUBBLE AND SQUEAK																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
TOTAL BUBBLE AND SQUEAK	YES	NO						Y												
BLACK PUDDING																				
BLACK PUDDING	NO	NO	Y		Y															
TOTAL BLACK PUDDING	NO	NO	Y		Y															
MUSHROOMS WITH BUTTER																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
TOTAL MUSHROOMS WITH BUTTER	YES	NO						Y												
TOMATO																				
TOMATO M	YES	YES																		
TOTAL TOMATO	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO (RATIONAL)																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
TOTAL TOMATO (RATIONAL)	YES	YES																		
BEANS																				
BAKED BEANS	YES	YES																		
TOTAL BEANS	YES	YES																		
CONTINENTAL BREAKFAST BAKERY																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS																				
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
ASSORTED JAM PORTIONS- RASPBERRY																				
ASSORTED JAM PORTIONS- BLACKCURRANT																				
ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO							Y											
SUNFLOWER SPREAD	YES	NO																		
FRUITS																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
YOGHURTS AND CEREALS																				
STRAWBERRY YOGHURT	YES	NO						Y												
VANILLA YOGHURT	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y											Y				
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y		Y				Y								
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y															
GRANOLA OAT AND RAISIN	YES	NO	Y			Y														
OATS2GO PORRIDGE SACHETS	YES	YES				Y	Y													
DRINKS																				
TEAS																				
PEPPERMINT INFUSION	YES	YES																		
CAMOMILE INFUSION	YES	YES																		
PTS LEMON AND GINGER	YES	YES																		
GREEN TEA	YES	YES																		
PTS HERBAL TEABAGS VARIOUS FLAVOURS	YES	YES																		
PTS DECAFF TEA	YES	YES																		
COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE																				
FRUIT JUICES & SMOOTHIES																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE	YES	YES										Y								
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans