

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

***NB*: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not**

Table Table Core April Menu 2011 Allergy Summaries

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sharing Platters

PUB PLATTER X2	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	N
MEAT LOVERS PLATTER X2	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
SEAFOOD PLATTER X2	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	C	C
CONTINENTAL PLATTER	DATA UNAVAILABLE										

Starters & Nibbles

OLIVES	Yes	No	N	N	N	Yes	N	Yes	N	N	N
DOUGH BALLS N DIPS	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
DOUGH BALLS N DIPS X2	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
BAKED CAMEMBERT	No	No	Yes	C	C	Yes	N	Yes	C	C	C
GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
STICKY CHICKEN GOUJONS	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
DUCK PARCELS	No	No	Yes	Yes	C	C	N	Yes	Yes	C	N
PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
CAJUN BATTERED PRAWNS	No	No	Yes	Yes	N	N	Yes	Yes	Yes	N	N
CHICKEN LIVER PATE	No	No	Yes	Yes	Yes	Yes	C	Yes	Yes	N	N
SOUP	DATA UNAVAILABLE										

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Grills

10OZ RUMP STEAK	No	No	N	N	N	N	N	N	C	N	N
8OZ SIRLOIN	No	No	N	N	N	N	N	N	C	N	N
7OZ FILLET	No	No	N	N	N	N	N	N	C	N	N
BLACKENED STEAK N CHIPS	No	No	N	N	N	N	N	N	C	N	N
PEPPERCORN SAUCE SIDE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
WHISKY BBQ SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
BERNAISE SAUCE	Yes	No	C	Yes	Yes	Yes	N	Yes	C	N	N
SMOTHERED CHICKEN	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
GAMMON	No	No	N	N	Yes	Yes	N	Yes	C	N	N
MIXED GRILL	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

Burgers

BURGER BEEF	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
CHICKEN BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
ONION RING N BBQ TOP	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
BACON N CHEESE TOP	No	No	N	N	N	Yes	N	Yes	N	N	N
MUSH N CHEESE TOP	Yes	No	N	N	N	Yes	N	N	C	N	N

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Classics

SAUSAGE N MASH	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
MAKHANI CURRY	No	No	Yes	Yes	N	Yes	N	N	Yes	N	N
HLF RST CHICKEN	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
CHILLI CON CARNE	No	No	N	N	N	Yes	N	Yes	C	N	C
VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
FAJITAS CHICKEN	No	No	Yes	C	C	Yes	N	Yes	C	C	C
FRENCH ONION BEEF PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	N	N
CHICKEN LEEK PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
RIB N STICKY CHICKEN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
STILTON N WALNUT TART	Yes	No	Yes	N	Yes	Yes	N	N	C	N	Yes
DUCK CONFIT	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C
FISH N CHIPS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C
SCAMPI N CHIPS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C
MUSSELS	No	No	Yes	Yes	N	Yes	Yes	Yes	Yes	N	N
FISH PIE	No	No	Yes	Yes	C	Yes	Yes	Yes	Yes	N	N

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Pasta & Risotto

LASAGNE	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	C
MED VEG LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
ROQUETTE PESTO PASTA	Yes	No	Yes	Yes	C	Yes	N	C	C	N	N
ROQ PES PASTA CHICKEN	No	No	Yes	Yes	C	Yes	N	C	C	C	C
SPINACH RICOTTA CANNELONI	Yes	No	Yes	N	Yes	Yes	N	N	Yes	N	N
MUSH CHEESE RISOTTO	Yes	No	C	C	C	Yes	N	Yes	Yes	N	N
MUSH CHEESE RISOTTO CHIC	No	No	C	C	C	Yes	N	Yes	Yes	C	C
SPRING VEGETABLE RISOTTO	Yes	No	C	Yes	C	Yes	N	Yes	Yes	N	N
SPRING VEGETABLE RISOTTO CHICK	No	No	C	Yes	C	Yes	N	Yes	Yes	C	C

Salads

CHICKEN CAESAR	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
HOUSE SALAD STKY CHICK	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
PEAR WALNUT SALAD	Yes	No	C	C	N	Yes	N	Yes	Yes	C	Yes
SMOKED SALMON NICOISE	No	No	N	N	Yes	N	Yes	Yes	Yes	N	N

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Sides

EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
GARLIC BREAD SIDE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
SIDE SALAD SIDE	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
ONION RINGS SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

CONDIMENTS

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

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Sunday Dining

ROAST PORK	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST BEEF	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST VEG	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

CONDIMENTS SUN ROAST

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
HORSERADISH SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
CRANBERRY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

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Desserts

TASTING PLATE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	Yes
CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
CHEESE N BISCUITS	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
EATON MESS	Yes	No	C	Yes	Yes	Yes	N	N	C	C	C
BAKED CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N
WAFFLES N CHOC SCE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
ICE CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	N	N	N
ORANGE & GINGER TORTE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
LEMON FRANG TART	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	Yes
PECAN TOFFEE TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
ULT SHARE SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

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Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

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The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sharing Platters

43908	PUB PLATTER X2	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44267		TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48891		DUCK PARCELS	No	No	Yes	Yes	C	C	N	C	Yes	C	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50664		CHEESE & GARLIC DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51095		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
		PUB PLATTER X2	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	N

Table Table Core Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48797	MEAT LOVERS PLATTER X2	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50425		MINTED LAMB KOFTA	No	No	Yes	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
51248		CHORIZO BARBECUE	No	No	N	N	N	N	N	Yes	N	N	N
		MEAT LOVERS PLATTER X2	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N

Table Table Core Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43825	SEAFOOD PLATTER X2	FISH BATTER - MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48130		MANDARIN CHILLI GLAZE	Yes	No	C	C	C	C	N	C	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48690		COOKED & PEELED PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
50658		BREADED LEMON SCALLOPS	No	No	Yes	N	Yes	N	Yes	Yes	N	N	N
50708		PLAIN FLOUR	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51242		WHITEBAIT FILLETS	No	No	Yes	N	N	N	Yes	N	N	N	N
51254		MUSHY PEA KETCHUP	Yes	No	C	C	C	Yes	N	C	Yes	N	N
		SEAFOOD PLATTER X2	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	C	C
48797	CONTINENTAL PLATTER	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
51196		PETIT CAMEMBERT	No	No	N	N	N	Yes	N	N	N	N	N
51305		PIMENTO OLIVES WITH CHEESE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51202		DRUNKEN CRANBERRY COMPOTE	Yes	No	C	C	C	Yes	N	Yes	C	N	N
51247		PICKLED ONIONS	DATA UNAVAILABLE										
51243		CONFERENCE PEARS	Yes	Yes	N	N	N	N	N	N	C	N	N
51249		ANTIPASTI SELECTION	No	No	N	N	N	Yes	N	Yes	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		CONTINENTAL PLATTER	DATA UNAVAILABLE										

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Starters & Nibbles

51305	OLIVES	PIMENTO OLIVES WITH CHEESE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		OLIVES	Yes	No	N	N	N	Yes	N	Yes	N	N	N

43761	DOUGH BALLS N DIPS	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48641		GARLIC & PARSLEY SPREAD	Yes	No	N	N	N	Yes	N	N	N	N	N
49041		BALSAMIC VINEGAR	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50662		GARLIC & HERB DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50663		TOMATO & CHILLI DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50664		CHEESE & GARLIC DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		DOUGH BALLS N DIPS	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N

43761	DOUGH BALLS N DIPS X2	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48641		GARLIC & PARSLEY SPREAD	Yes	No	N	N	N	Yes	N	N	N	N	N
49041		BALSAMIC VINEGAR	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50662		GARLIC & HERB DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50663		TOMATO & CHILLI DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50664		CHEESE & GARLIC DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		DOUGH BALLS N DIPS X2	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N

51196	BAKED CAMEMBERT	PETIT CAMEMBERT	No	No	N	N	N	Yes	N	N	N	N	N
51202		DRUNKEN CRANBERRY COMPOTE	Yes	No	C	C	C	Yes	N	Yes	C	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		BAKED CAMEMBERT	No	No	Yes	C	C	Yes	N	Yes	C	C	C

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46582	GARLIC MUSHROOMS	FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50986		GARLIC MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
48584	STICKY CHICKEN GOUJONS	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50643		STICKY CARAMEL FIVE SPICE SAUCE	Yes	No	Yes	C	C	Yes	N	Yes	C	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
		STICKY CHICKEN GOUJONS	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
48584	DUCK PARCELS	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48891		DUCK PARCELS	No	No	Yes	Yes	C	C	N	C	Yes	C	N
49028		GINGER & SOY SAUCE	Yes	Yes	Yes	Yes	C	C	N	Yes	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		DUCK PARCELS	No	No	Yes	Yes	C	C	N	Yes	Yes	C	N
46461	PRAWN COCKTAIL	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N	N
48690		COOKED & PEELED PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N

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46461	CAJUN BATTERED PRAWNS	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
		CAJUN BATTERED PRAWNS	No	No	Yes	Yes	N	N	Yes	Yes	Yes	N	N
48584	CHICKEN LIVER PATE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48779		ONION MARMALADE	Yes	No	C	C	C	C	N	Yes	C	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50505		CHICKEN PATE WITH HERBS	No	No	Yes	C	Yes	Yes	C	Yes	C	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		CHICKEN LIVER PATE	No	No	Yes	Yes	Yes	Yes	C	Yes	Yes	N	N
50665	SOUP	TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
51365		SEASONAL MIXED SOUP A	DATA UNAVAILABLE										
51364		SEASONAL MIXED SOUP B	DATA UNAVAILABLE										
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		SOUP	DATA UNAVAILABLE										

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Grills

43045	10OZ RUMP STEAK	MUSHROOM FLAT FIELD!	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51050		RUMP STEAK 10 OZ	No	No	N	N	N	N	N	N	N	N	N
		10OZ RUMP STEAK	No	No	N	N	N	N	N	N	C	N	N

43045	8OZ SIRLOIN	MUSHROOM FLAT FIELD!	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50901		SIRLOIN 8OZ	No	No	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		8OZ SIRLOIN	No	No	N	N	N	N	N	N	C	N	N

43045	7OZ FILLET	MUSHROOM FLAT FIELD!	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50904		FILLET STEAK 7OZ	No	No	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		7OZ FILLET	No	No	N	N	N	N	N	N	C	N	N

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43045	BLACKENED STEAK N CHIPS	MUSHROOM FLAT FIELD!	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BLACKENED STEAK N CHIPS	No	No	N	N	N	N	N	N	C	N	N
50948	PEPPERCORN SAUCE SIDE	PEPPERCORN SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		PEPPERCORN SAUCE SIDE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
50511	WHISKY BBQ SAUCE	WHISKY BBQ SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		WHISKY BBQ SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
48111	BEARNAISE SAUCE	BEARNAISE SAUCE	Yes	No	C	Yes	Yes	Yes	N	Yes	C	N	N
		BEARNAISE SAUCE	Yes	No	C	Yes	Yes	Yes	N	Yes	C	N	N

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22418	SMOTHERED CHICKEN	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
42877		STREAKY BACON 4X2.6KG	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SMOTHERED CHICKEN	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

22418	GAMMON	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
31881		EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50941		GAMMON STEAK 7OZ	No	No	N	N	N	N	N	Yes	N	N	N
51019		PINEAPPLE IN JUICE	Yes	Yes	N	N	N	N	N	N	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		GAMMON	No	No	N	N	Yes	Yes	N	Yes	C	N	N

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31881	MIXED GRILL	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43045		MUSHROOM FLAT FIELD!	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48799		SAUSAGE PORK N LEEK	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50941		GAMMON STEAK 7OZ	No	No	N	N	N	N	N	Yes	N	N	N
50948		PEPPERCORN SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51050		RUMP STEAK 10 OZ	No	No	N	N	N	N	N	N	N	N	N
		MIXED GRILL	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

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Burgers													
43908	BURGER BEEF	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50840		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER BEEF	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
43908	CHICKEN BURGER	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
50456	ONION RING N BBQ TOP	BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		ONION RING N BBQ TOP	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
42876	BACON N CHEESE TOP	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
		BACON N CHEESE TOP	No	No	N	N	N	Yes	N	Yes	N	N	N
47182	MUSH N CHEESE TOP	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
		MUSH N CHEESE TOP	Yes	No	N	N	N	Yes	N	N	C	N	N

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Classics

45674	SAUSAGE N MASH	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48779		ONION MARMALADE	Yes	No	C	C	C	C	N	Yes	C	N	N
48799		SAUSAGE PORK N LEEK	No	No	Yes	N	N	N	N	Yes	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		SAUSAGE N MASH	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

45037	MAKHANI CURRY	NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
50375		CHICKEN MAKHANI	No	No	N	N	N	Yes	N	N	N	N	N
51251		SQUASH, SPINACH & LENTIL CURRY	Yes	Yes	Yes	Yes	N	N	N	N	Yes	N	N
		MAKHANI CURRY	No	No	Yes	Yes	N	Yes	N	N	Yes	N	N

48584	HLF RST CHICKEN	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51256		PIRI PIRI GLAZE	No	No	C	C	C	Yes	N	Yes	C	N	N
51255		LEMON & THYME GLAZE	No	No	C	N	C	Yes	N	Yes	N	N	N
		HLF RST CHICKEN	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N

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44267	CHILLI CON CARNE	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
		CHILLI CON CARNE	No	No	N	N	N	Yes	N	Yes	C	N	C

44267	VEG CHILLI	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48532		QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

43908	FAJITAS CHICKEN	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48833		6INCH FLOUR TORTILLAS	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
50645		VEGETABLE FAJITA MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		FAJITAS CHICKEN	No	No	Yes	C	C	Yes	N	Yes	C	C	C

31881	FRENCH ONION BEEF PIE	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51231		PUFF PASTRY SHEETS	Yes	No	Yes	N	N	N	N	Yes	N	N	N
51257		FRENCH ONION BEEF PIE FILLING	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		FRENCH ONION BEEF PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	N	N

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45674	CHICKEN LEEK PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51234		CHICKEN & LEEK CRUMBLE PIE	No	No	Yes	N	Yes	Yes	N	N	N	N	N
		CHICKEN LEEK PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
48664	RIB N STICKY CHICKEN	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50643		STICKY CARAMEL FIVE SPICE SAUCE	Yes	No	Yes	C	C	Yes	N	Yes	C	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
		RIB N STICKY CHICKEN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
44556	STILTON N WALNUT TART	CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51236		SHALLOT, WALNUT & STILTON TART	Yes	No	Yes	N	Yes	Yes	N	N	N	N	Yes
47925		MARIS PEER POTATOES	Yes	Yes	N	N	N	N	N	N	C	N	N
		STILTON N WALNUT TART	Yes	No	Yes	N	Yes	Yes	N	N	C	N	Yes
46582	DUCK CONFIT	FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48520		CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
48791		DUCK CONFIT	No	No	N	N	N	N	N	N	N	N	N
51084		DAUPHINOISE POTATO	Yes	No	N	N	N	Yes	N	N	N	C	C
51229		STICKY SPICED PLUM SAUCE	Yes	No	Yes	Yes	C	C	N	Yes	C	N	N
51228		SPICED BERRY COMPOTE	Yes	No	C	C	C	Yes	N	Yes	Yes	N	N
47925		MARIS PEER POTATOES	Yes	Yes	N	N	N	N	N	N	C	N	N
		DUCK CONFIT	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C

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43526	FISH N CHIPS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50708		PLAIN FLOUR	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		FISH N CHIPS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C
43526	SCAMPI N CHIPS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SCAMPI N CHIPS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C

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46461	MUSSELS	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50660		SCOTTISH MUSSELS IN CREAM SAUCE	No	No	N	Yes	N	Yes	Yes	N	Yes	N	N
50665		TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		MUSSELS	No	No	Yes	Yes	N	Yes	Yes	Yes	Yes	N	N
45674	FISH PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51083		FISH PIE FILLING	No	No	Yes	C	C	Yes	Yes	Yes	Yes	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		FISH PIE	No	No	Yes	Yes	C	Yes	Yes	Yes	Yes	N	N

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Pasta & Risotto

48584	LASAGNE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51085		BEEF LASAGNE	No	No	Yes	N	Yes	Yes	N	N	Yes	N	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		LASAGNE	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	C

48584	MED VEG LASAGNE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50977		ROASTED VEGETABLE LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	N	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		MED VEG LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

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43761	ROQUETTE PESTO PASTA	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51258		VEG PASTA WITH ROCKET PESTO	Yes	No	Yes	Yes	C	Yes	N	C	C	N	N
		ROQUETTE PESTO PASTA	Yes	No	Yes	Yes	C	Yes	N	C	C	N	N

43761	ROQ PES PASTA CHICKEN	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51258		VEG PASTA WITH ROCKET PESTO	Yes	No	Yes	Yes	C	Yes	N	C	C	N	N
		ROQ PES PASTA CHICKEN	No	No	Yes	Yes	C	Yes	N	C	C	C	C

43761	SPINACH RICOTTA CANNELONI	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51252		SPINACH & RICOTTA CANNELLONI	Yes	No	Yes	N	Yes	Yes	N	N	Yes	N	N
		SPINACH RICOTTA CANNELONI	Yes	No	Yes	N	Yes	Yes	N	N	Yes	N	N

43761	MUSH CHEESE RISOTTO	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51259		MUSHROOM & BLUE CHEESE RISOTTO	Yes	No	C	C	C	Yes	N	Yes	Yes	N	N
		MUSH CHEESE RISOTTO	Yes	No	C	C	C	Yes	N	Yes	Yes	N	N

43761	MUSH CHEESE RISOTTO CHIC	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51259		MUSHROOM & BLUE CHEESE RISOTTO	Yes	No	C	C	C	Yes	N	Yes	Yes	N	N
		MUSH CHEESE RISOTTO CHIC	No	No	C	C	C	Yes	N	Yes	Yes	C	C

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43761	SPRING VEGETABLE RISOTTO	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51260		VEGETABLE & THYME BUTTER RISOTTO	Yes	No	C	Yes	C	Yes	N	Yes	Yes	N	N
		SPRING VEGETABLE RISOTTO	Yes	No	C	Yes	C	Yes	N	Yes	Yes	N	N
43761	SPRING VEGETABLE RISOTTO C	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51260		VEGETABLE & THYME BUTTER RISOTTO	Yes	No	C	Yes	C	Yes	N	Yes	Yes	N	N
		SPRING VEGETABLE RISOTTO CHICK	No	No	C	Yes	C	Yes	N	Yes	Yes	C	C

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Salads

43761	CHICKEN CAESAR	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
48528		CAESAR SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N
48641		GARLIC & PARSLEY SPREAD	Yes	No	N	N	N	Yes	N	N	N	N	N
50665		TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
50985		REDUCED FAT CAESAR DRESSING	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
		CHICKEN CAESAR	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

44520	HOUSE SALAD STKY CHICK	ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50643		STICKY CARAMEL FIVE SPICE SAUCE	Yes	No	Yes	C	C	Yes	N	Yes	C	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		HOUSE SALAD STKY CHICK	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N

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44520	PEAR WALNUT SALAD	ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51243		CONFERENCE PEARS	Yes	Yes	N	N	N	N	N	N	C	N	N
51232		WALNUT HALVES	Yes	Yes	C	C	N	C	N	N	N	C	Yes
51241		BLACKSTICKS BLUE CHEESE	Yes	No	N	N	N	Yes	N	N	N	N	N
		PEAR WALNUT SALAD	Yes	No	C	C	N	Yes	N	Yes	Yes	C	Yes
31881	SMOKED SALMON NICOISE	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
44534		CHERRY TOMATOES	Yes	Yes	N	N	N	N	N	N	C	N	N
48176		FINE BEANS 4X500G!	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50656		HOT SMOKED SALMON FILLETS	No	No	N	N	N	N	Yes	N	N	N	N
47925		MARIS PEER POTATOES	Yes	Yes	N	N	N	N	N	N	C	N	N
		SMOKED SALMON NICOISE	No	No	N	N	Yes	N	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sides

48413	EXTRA FEAST SIDE	GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

48664	CHIPS 8OZ SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N

48664	POTATO WEDGES	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51095		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N

50974	GARLIC BREAD SIDE	GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		GARLIC BREAD SIDE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

48584	SIDE SALAD SIDE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50833		CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		SIDE SALAD SIDE	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N

48664	ONION RINGS SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		ONION RINGS SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Table Table Core Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sunday Dining

43908	ROAST PORK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48259		CAULIFLOWER FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48260		BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48512		BECHAMEL SAUCE	Yes	No	Yes	N	N	Yes	N	N	C	C	C
48520		CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
50367		PORK LOIN ROAST	No	No	N	N	N	N	N	Yes	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
		ROAST PORK	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

43908	ROAST BEEF	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48259		CAULIFLOWER FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48260		BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
50890		TOPSIDE ROASTING JOINT	No	No	N	N	N	N	N	N	N	N	N
48512		BECHAMEL SAUCE	Yes	No	Yes	N	N	Yes	N	N	C	C	C
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
		ROAST BEEF	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

Table Table Core Menu April 2011 Full Allergy

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43908	ROAST TURKEY	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48259		CAULIFLOWER FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48260		BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48512		BECHAMEL SAUCE	Yes	No	Yes	N	N	Yes	N	N	C	C	C
48520		CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50546		BUTTERFLIED ROAST TURKEY	No	No	C	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
		ROAST TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

43908	ROAST VEG	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48259		CAULIFLOWER FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48260		BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48512		BECHAMEL SAUCE	Yes	No	Yes	N	N	Yes	N	N	C	C	C
48520		CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
49109		VEGETARIAN WELLINGTON	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50509		VEGETARIAN ROAST GRAVY	Yes	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		ROAST VEG	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

15549	CONDIMENTS SUN ROAST	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
47480		HORSERADISH SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48788		APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50394		CRANBERRY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Desserts

46567	TASTING PLATE	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47693		STRAWBERRIES	Yes	Yes	N	N	N	N	N	N	C	N	N
47962		CHOCOLATE DRINK	Yes	No	C	C	N	C	N	Yes	N	N	N
48312		BLACKCURRENT COULI	Yes	Yes	N	N	N	N	N	N	N	N	N
48804		ICE CREAM STRAW BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48805		ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48806		ICE CREAM CHOC BEACHDEAN	Yes	No	N	Yes	Yes	Yes	N	N	N	N	N
48883		MERINGUE NESTS	Yes	No	N	Yes	Yes	N	N	N	N	N	N
50666		BAKED VANILLA CHEESECAKE	Yes	No	Yes	C	Yes	Yes	N	Yes	N	N	N
50980		WAFFLES	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51220		BLACK FOREST CHERRY COMPOTE	Yes	No	C	Yes	C	Yes	N	C	C	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51237		LEMON & MARMALADE FRANGIPANE TART	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	Yes
51336		BLACKCURRANT COMPOTE	Yes	No	C	C	C	C	N	C	C	N	N
51268		BLACK FOREST CHERRY COMPOTE	Yes	No	C	Yes	C	Yes	N	C	C	N	N
51268		PIMMS FRUIT COMPOTE	Yes	No	C	N	C	C	N	Yes	C	N	N
51230		ORANGE & GINGER TORTE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
51239		WHIPPING CREAM IN A BAG	Yes	No	C	C	C	Yes	N	N	N	C	C
51238		PECAN, TOFFEE & CHOCOLATE TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
		TASTING PLATE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	Yes

48805	CARAMEL APPLE BETTY	ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
51090		BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51164		CARAMEL APPLE CRUMBLE PIE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

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44377	CHEESE N BISCUITS	GRAPE BLACK_1 X 500G_!	Yes	Yes	N	N	N	N	N	N	C	N	N
47461		UNIT MATURE WHT CHEDDAR 1X200G	Yes	No	N	N	N	Yes	N	N	N	N	N
47655		SAVOURY BISCUITS 1X1.2KG CASE	Yes	No	Yes	C	Yes	Yes	N	N	Yes	N	C
51196		PETIT CAMEMBERT	No	No	N	N	N	Yes	N	N	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51261		PICCALILLI	Yes	No	Yes	C	C	C	N	Yes	Yes	N	N
51262		DATE & FIG CHUTNEY	Yes	No	C	C	C	C	N	Yes	C	N	N
51241		BLACKSTICKS BLUE CHEESE	Yes	No	N	N	N	Yes	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		CHEESE N BISCUITS	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
46567	PROFITEROLES	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
47693	EATON MESS	STRAWBERRIES	Yes	Yes	N	N	N	N	N	N	C	N	N
48312		BLACKCURRENT COULI	Yes	Yes	N	N	N	N	N	N	N	N	N
48883		MERINGUE NESTS	Yes	No	N	Yes	Yes	N	N	N	N	N	N
51239		WHIPPING CREAM IN A BAG	Yes	No	C	C	C	Yes	N	N	N	C	C
		EATON MESS	Yes	No	C	Yes	Yes	Yes	N	N	C	C	C
48805	BAKED CHEESECAKE	ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
50666		BAKED VANILLA CHEESECAKE	Yes	No	Yes	C	Yes	Yes	N	Yes	N	N	N
51220		BLACK FOREST CHERRY COMPOTE	Yes	No	C	Yes	C	Yes	N	C	C	N	N
51336		BLACKCURRANT COMPOTE	Yes	No	C	C	C	C	N	C	C	N	N
51268		BLACK FOREST CHERRY COMPOTE	Yes	No	C	Yes	C	Yes	N	C	C	N	N
51268		PIMMS FRUIT COMPOTE	Yes	No	C	N	C	C	N	Yes	C	N	N
		BAKED CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N

Table Table Core Menu April 2011 Full Allergy

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46567	WAFFLES N CHOC SCE	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50980		WAFFLES	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		WAFFLES N CHOC SCE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
46567	ICE CREAM	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48312		BLACKCURRENT COULI	Yes	Yes	N	N	N	N	N	N	N	N	N
48804		ICE CREAM STRAW BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48805		ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48806		ICE CREAM CHOC BEACHDEAN	Yes	No	N	Yes	Yes	Yes	N	N	N	N	N
		ICE CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	N	N	N
51245	ORANGE & GINGER TORTE	SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51230		ORANGE & GINGER TORTE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
		ORANGE & GINGER TORTE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
51245	LEMON FRANG TART	SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51237		LEMON & MARMALADE FRANGIPANE TART	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	Yes
		LEMON FRANG TART	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	Yes
47962	PECAN TOFFEE TART	CHOCOLATE DRINK	Yes	No	C	C	N	C	N	Yes	N	N	N
48805		ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51238		PECAN, TOFFEE & CHOCOLATE TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
		PECAN TOFFEE TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
38344	ULT SHARE SUNDAE	CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48805		ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48806		ICE CREAM CHOC BEACHDEAN	Yes	No	N	Yes	Yes	Yes	N	N	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
51239		WHIPPING CREAM IN A BAG	Yes	No	C	C	C	Yes	N	N	N	C	C
		ULT SHARE SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Soup Flavours July 2011 Allergy

WB Code	Product	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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The list of allergy data for individual soup flavours are below. Please add this information to the allergy of the dish listed on main allergy sheets.

Jan-March

50951	BRITISH 3 ROOT VEGETABLE SOUP	Yes	No	Yes	N	N	Yes	N	Yes	C	C	C
50951	LEEK & POTATO SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
50952	LINCOLNSHIRE VEGETABLE BROTH	Yes	Yes	Yes	N	N	N	N	Yes	Yes	C	C
50952	SMOKEY TOMATO & DAVIDSTOW CHEDDAR	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C

April-June

50951	CREAMY SPRING VEGETABLE SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50951	DICED TOMATO & BASIL SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50952	SPINACH & WATERCRESS SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
50952	WHITE ONION & APPLE SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C

July-Sept

50951	BRITISH BROCCOLI SOUP	Yes	Yes	N	N	N	Yes	N	Yes	C	C	C
50951	LINCOLNSHIRE COURGETTE & TOMATO SOUP	Yes	Yes	N	N	N	N	N	Yes	Yes	C	C
50952	RED PEPPER & SUN DRIED TOMATO SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50952	PEA & MINT SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C

Oct-Dec

50951	MUSHROOM & THYME SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
50951	BRITISH WINTER VEG SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50952	CAULIFLOWER & WELSH CHEDDAR SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50952	BRITISH ROAST CARROT SOUP	Yes	No	N	N	N	Yes	N	N	C	C	C

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sharing Platters

PUB PLATTER X2	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	N
MEAT LOVERS PLATTER X2	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
SEAFOOD PLATTER X2	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	C	C
CONTINENTAL PLATTER	DATA UNAVAILABLE										

Starters & Nibbles

OLIVES	Yes	No	N	N	N	Yes	N	Yes	N	N	N
DOUGH BALLS N DIPS	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
DOUGH BALLS N DIPS X2	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
NACHOS N DIPS	Yes	No	N	N	N	Yes	N	Yes	N	N	N
NACHOS N DIPS X2	Yes	No	N	N	N	Yes	N	Yes	N	N	N
WEDGES N DIPS	Yes	No	N	N	N	Yes	N	Yes	N	N	N
WEDGES N DIPS X2	Yes	No	N	N	N	Yes	N	Yes	N	N	N
PLOUGHMANS	DATA UNAVAILABLE										

Baguettes

SAUS AND ONION BAG	No	No	Yes	Yes	C	C	N	Yes	Yes	C	C
BAG HOT BLT	No	No	Yes	Yes	N	N	N	Yes	Yes	C	C
BAG HOT BLACK STEAK	No	No	Yes	Yes	C	C	N	Yes	Yes	C	C
BAG HOT SMOTHD CHICK	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C
CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
SOUP	DATA UNAVAILABLE										

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sandwiches

SW CHEESE PICALILLI	Yes	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N
SW HAM PICALILLI/MUS	No	No	Yes	Yes	C	C	N	Yes	Yes	N	N
SW CHEESE N HAM	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
SW PRAWN ROCKET	No	No	Yes	Yes	Yes	N	Yes	Yes	Yes	N	N
SW CLUB	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
SOUP	DATA UNAVAILABLE										

Jackets

JKT CHEESE	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT CHEESE N BEANS	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT CHILLI	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	C
JKT VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT PRAWN	No	No	N	Yes	Yes	Yes	Yes	Yes	Yes	N	N
JKT POTATO SOUR CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
SOUP	DATA UNAVAILABLE										

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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2 for £11

FISH N CHIPS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C
SAUSAGE N MASH	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
FRENCH ONION BEEF PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	N	N
CHILLI CON CARNE	No	No	N	N	N	Yes	N	Yes	C	N	C
VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
BLACKENED STEAK N CHIPS	No	No	N	N	N	N	N	N	C	N	N
SCAMPI N CHIPS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C
SPINACH RICOTTA CANNELONI	Yes	No	Yes	N	Yes	Yes	N	N	Yes	N	N
MAKHANI CURRY	No	No	Yes	Yes	N	Yes	N	N	Yes	N	N
BURGER BEEF	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
CHICKEN BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
ONION RING N BBQ TOP	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
BACON N CHEESE TOP	No	No	N	N	N	Yes	N	Yes	N	N	N
MUSH N CHEESE TOP	Yes	No	N	N	N	Yes	N	N	C	N	N

CONDIMENTS

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Table Table Day Menu April 2011 Allergy Summaries

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Cakes & Bap

BACON BAP	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
SCONE, JAM CREAM	Yes	No	Yes	C	Yes	Yes	N	N	N	C	C
TIFFIN SLICE	Yes	No	Yes	Yes	N	Yes	N	N	N	N	C
CARROT CAKE	Yes	No	Yes	C	Yes	Yes	N	Yes	N	N	Yes
CHOC BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C

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'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

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WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sharing Platters

43908	PUB PLATTER X2	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44267		TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48891		DUCK PARCELS	No	No	Yes	Yes	C	C	N	C	Yes	C	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50664		CHEESE & GARLIC DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51095		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
		PUB PLATTER X2	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	N

Table Table Day Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48797	MEAT LOVERS PLATTER X2	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50425		MINTED LAMB KOFTA	No	No	Yes	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
51248		CHORIZO BARBECUE	No	No	N	N	N	N	N	Yes	N	N	N
		MEAT LOVERS PLATTER X2	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N

Table Table Day Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43825	SEAFOOD PLATTER X2	FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48130		MANDARIN CHILLI GLAZE	Yes	No	C	C	C	C	N	C	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48690		COOKED & PEELED PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
50658		BREADED LEMON SCALLOPS	No	No	Yes	N	Yes	N	Yes	Yes	N	N	N
50708		PLAIN FLOUR	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51242		WHITEBAIT FILLETS	No	No	Yes	N	N	N	Yes	N	N	N	N
51254		MUSHY PEA KETCHUP	Yes	No	C	C	C	Yes	N	C	Yes	N	N
		SEAFOOD PLATTER X2	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	C	C
48797	CONTINENTAL PLATTER	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
51196		PETIT CAMEMBERT	No	No	N	N	N	Yes	N	N	N	N	N
51305		PIMENTO OLIVES WITH CHEESE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51202		DRUNKEN CRANBERRY COMPOTE	Yes	No	C	C	C	Yes	N	Yes	C	N	N
51247		PICKLED ONIONS	DATA UNAVAILABLE										
51243		CONFERENCE PEARS	Yes	Yes	N	N	N	N	N	N	C	N	N
51249		ANTIPASTI SELECTION	No	No	N	N	N	Yes	N	Yes	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		CONTINENTAL PLATTER	DATA UNAVAILABLE										

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Starters & Nibbles

51305	OLIVES	PIMENTO OLIVES WITH CHEESE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		OLIVES	Yes	No	N	N	N	Yes	N	Yes	N	N	N

43761	DOUGH BALLS N DIPS	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48641		GARLIC & PARSLEY SPREAD	Yes	No	N	N	N	Yes	N	N	N	N	N
49041		BALSAMIC VINEGAR	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50662		GARLIC & HERB DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50663		TOMATO & CHILLI DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50664		CHEESE & GARLIC DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		DOUGH BALLS N DIPS	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N

43761	DOUGH BALLS N DIPS X2	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48641		GARLIC & PARSLEY SPREAD	Yes	No	N	N	N	Yes	N	N	N	N	N
49041		BALSAMIC VINEGAR	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50662		GARLIC & HERB DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50663		TOMATO & CHILLI DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50664		CHEESE & GARLIC DOUGH BALLS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		DOUGH BALLS N DIPS X2	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N

48664	CHIPS 8OZ SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N

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44267	NACHOS N DIPS	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		NACHOS N DIPS	Yes	No	N	N	N	Yes	N	Yes	N	N	N

44267	NACHOS N DIPS X2	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		NACHOS N DIPS X2	Yes	No	N	N	N	Yes	N	Yes	N	N	N

48797	WEDGES N DIPS	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51095		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
		WEDGES N DIPS	Yes	No	N	N	N	Yes	N	Yes	N	N	N

48797	WEDGES N DIPS X2	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51095		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
		WEDGES N DIPS X2	Yes	No	N	N	N	Yes	N	Yes	N	N	N

Table Table Day Menu April 2011 Full Allergy

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44354	PLOUGHMANS	CELERY	Yes	Yes	N	N	N	N	N	N	Yes	N	N
44534		CHERRY TOMATOES	Yes	Yes	N	N	N	N	N	N	C	N	N
47461		UNIT MATURE WHT CHEDDAR 1X200G	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50665		TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51235		MELTON MOWBRAY PORK PIE	No	No	Yes	N	Yes	N	N	N	N	N	N
51261		PICCALILLI	Yes	No	Yes	C	C	C	N	Yes	Yes	N	N
51262		DATE & FIG CHUTNEY	Yes	No	C	C	C	C	N	Yes	C	N	N
51247		PICKLED ONIONS	DATA UNAVAILABLE										
51241		BLACKSTICKS BLUE CHEESE	Yes	No	N	N	N	Yes	N	N	N	N	N
	PLOUGHMANS	DATA UNAVAILABLE											

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Baguettes

47215	SAUS AND ONION BAG	UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48779		ONION MARMALADE	Yes	No	C	C	C	C	N	Yes	C	N	N
48799		SAUSAGE PORK N LEEK	No	No	Yes	N	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		SAUS AND ONION BAG	No	No	Yes	Yes	C	C	N	Yes	Yes	C	C

42876	BAG HOT BLT	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47215		UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		BAG HOT BLT	No	No	Yes	Yes	N	N	N	Yes	Yes	C	C

43908	BAG HOT BLACK STEAK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
47215		UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48779		ONION MARMALADE	Yes	No	C	C	C	C	N	Yes	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		BAG HOT BLACK STEAK	No	No	Yes	Yes	C	C	N	Yes	Yes	C	C

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42877	BAG HOT SMOTHD CHICK	STREAKY BACON 4X2.6KG	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47215		UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		BAG HOT SMOTHD CHICK	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C
48664	CHIPS 8OZ SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
50665	SOUP	TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
51365		SEASONAL MIXED SOUP A	DATA UNAVAILABLE										
51364		SEASONAL MIXED SOUP B	DATA UNAVAILABLE										
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		SOUP	DATA UNAVAILABLE										

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Sandwiches

47215	SW CHEESE PICALILLI	UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
47461		UNIT MATURE WHT CHEDDAR 1X200G	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51369		WHITE FARMHOUSE BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51261		PICCALILLI	Yes	No	Yes	C	C	C	N	Yes	Yes	N	N
		SW CHEESE PICALILLI	Yes	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N

47215	SW HAM PICALILLI/MUS	UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51369		WHITE FARMHOUSE BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51261		PICCALILLI	Yes	No	Yes	C	C	C	N	Yes	Yes	N	N
		SW HAM PICALILLI/MUS	No	No	Yes	Yes	C	C	N	Yes	Yes	N	N

47215	SW CHEESE N HAM	UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
47461		UNIT MATURE WHT CHEDDAR 1X200G	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51369		WHITE FARMHOUSE BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SW CHEESE N HAM	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N

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44520	SW PRAWN ROCKET	ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
47215		UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48690		COOKED & PEELED PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
51369		WHITE FARMHOUSE BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		SW PRAWN ROCKET	No	No	Yes	Yes	Yes	N	Yes	Yes	Yes	N	N
42876	SW CLUB	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47215		UNIT SOFT SPREAD 1X2KG	Yes	No	N	Yes	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51369		WHITE FARMHOUSE BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
49081		SEEDED FARMHOUSE BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SW CLUB	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
48664	CHIPS 8OZ SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 8OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
50665	SOUP	TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
51365		SEASONAL MIXED SOUP A	DATA UNAVAILABLE										
51364		SEASONAL MIXED SOUP B	DATA UNAVAILABLE										
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		SOUP	DATA UNAVAILABLE										

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Jackets

22418	JKT CHEESE	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		JKT CHEESE	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

22418	JKT CHEESE N BEANS	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
28823		BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		JKT CHEESE N BEANS	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

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22418	JKT CHILLI	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		JKT CHILLI	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	C

22418	JKT VEG CHILLI	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48532		QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		JKT VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

22418	JKT PRAWN	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48690		COOKED & PEELED PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		JKT PRAWN	No	No	N	Yes	Yes	Yes	Yes	Yes	Yes	N	N

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22418	JKT POTATO SOUR CREAM	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		JKT POTATO SOUR CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
50665	SOUP	TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
51365		SEASONAL MIXED SOUP A	DATA UNAVAILABLE										
51364		SEASONAL MIXED SOUP B	DATA UNAVAILABLE										
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		SOUP	DATA UNAVAILABLE										

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2 for £11

43526	FISH N CHIPS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50708		PLAIN FLOUR	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		FISH N CHIPS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C

45674	SAUSAGE N MASH	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48779		ONION MARMALADE	Yes	No	C	C	C	C	N	Yes	C	N	N
48799		SAUSAGE PORK N LEEK	No	No	Yes	N	N	N	N	Yes	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		SAUSAGE N MASH	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

31881	FRENCH ONION BEEF PIE	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51231		PUFF PASTRY SHEETS	Yes	No	Yes	N	N	N	N	Yes	N	N	N
51257		FRENCH ONION BEEF PIE FILLING	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		FRENCH ONION BEEF PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	N	N

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44267	CHILLI CON CARNE	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
		CHILLI CON CARNE	No	No	N	N	N	Yes	N	Yes	C	N	C
44267	VEG CHILLI	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48112		GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48532		QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
43045	BLACKENED STEAK N CHIPS	MUSHROOM FLAT FIELD!	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BLACKENED STEAK N CHIPS	No	No	N	N	N	N	N	N	C	N	N
43526	SCAMPI N CHIPS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46582		FLAT LEAF PARSLEY	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SCAMPI N CHIPS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43761	SPINACH RICOTTA CANNELLO	EXTRA VIRGIN OLIVE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
44520		ROQUETTE!	Yes	Yes	N	N	N	N	N	N	C	N	N
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
51252		SPINACH & RICOTTA CANNELLONI	Yes	No	Yes	N	Yes	Yes	N	N	Yes	N	N
		SPINACH RICOTTA CANNELONI	Yes	No	Yes	N	Yes	Yes	N	N	Yes	N	N
45037	MAKHANI CURRY	NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
50375		CHICKEN MAKHANI	No	No	N	N	N	Yes	N	N	N	N	N
51251		SQUASH, SPINACH & LENTIL CURRY	Yes	Yes	Yes	Yes	N	N	N	N	Yes	N	N
		MAKHANI CURRY	No	No	Yes	Yes	N	Yes	N	N	Yes	N	N
43908	BURGER BEEF	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50840		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER BEEF	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N

Table Table Day Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	CHICKEN BURGER	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
50456	ONION RING N BBQ TOP	BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		ONION RING N BBQ TOP	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
42876	BACON N CHEESE TOP	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
		BACON N CHEESE TOP	No	No	N	N	N	Yes	N	Yes	N	N	N
47182	MUSH N CHEESE TOP	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
		MUSH N CHEESE TOP	Yes	No	N	N	N	Yes	N	N	C	N	N
15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Cakes													
32622	BACON BAP	TOMATO KETCHUP SACHETS	Yes	Yes	N	N	N	N	N	N	Yes	N	N
42876		BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		BACON BAP	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
50549	SCONE, JAM CREAM	MIXED JAM PORTIONS	Yes	Yes	N	N	N	N	N	N	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51233		FRUITED SCONE	Yes	No	Yes	N	Yes	Yes	N	N	N	N	C
51239		WHIPPING CREAM IN A BAG	Yes	No	C	C	C	Yes	N	N	N	C	C
		SCONE, JAM CREAM	Yes	No	Yes	C	Yes	Yes	N	N	N	C	C
51240	TIFFIN SLICE	TIFFIN SLICE	Yes	No	Yes	Yes	N	Yes	N	N	N	N	C
		TIFFIN SLICE	Yes	No	Yes	Yes	N	Yes	N	N	N	N	C
48987	CARROT CAKE	CARROT CAKE	Yes	No	Yes	C	Yes	Yes	N	Yes	N	N	Yes
		CARROT CAKE	Yes	No	Yes	C	Yes	Yes	N	Yes	N	N	Yes
43917	CHOC BROWNIE	ICING SUGAR	Yes	No	N	N	C	N	N	N	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
		CHOC BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Starters

NACHOS STR	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
WEDGES	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
GARLIC BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N

Table Table Kids Menu April 2011 Allergy Summaries

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Mains

CHICKEN DINNER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
CHICKEN NUGGETS	No	No	Yes	C	C	C	N	C	C	C	N
SPAGHETTI BOL	No	No	Yes	N	N	Yes	N	N	Yes	N	C
BEEFBURGER	No	No	Yes	Yes	N	N	N	N	C	N	N
CHEESE BURGER	No	No	Yes	Yes	N	Yes	N	Yes	C	N	N
MINI FISH N CHIPS	No	No	Yes	N	N	N	Yes	N	C	N	N
CHICKEN WRAP	No	No	Yes	C	C	Yes	N	Yes	C	C	C
MEAT SAUS MASH	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
VEGGIE SAUS MASH	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
PIZZA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
PIZZA TOP HAM	No	No	N	N	N	N	N	Yes	N	N	N
PIZZA TOP PINEAPP	Yes	Yes	N	N	N	N	N	N	N	N	N
PIZZA TOP BACON	No	No	N	N	N	N	N	Yes	N	N	N
PIZZA TOP MUSHRM	Yes	Yes	N	N	N	N	N	N	C	N	N
CHICKEN CURRY	No	No	N	N	N	Yes	N	Yes	Yes	N	N
PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C

If you wish to change your side please add the following allergy to that of the dish:

MASH 100G OPTION	Yes	No	C	N	N	Yes	N	N	N	N	N
CHIPS 6OZ SUB	Yes	Yes	N	N	N	N	N	N	N	N	N
PEA BEAN CORN SALAD	Yes	Yes	N	N	N	N	N	N	C	N	N
TOMATO N CUCUMBER	Yes	Yes	N	N	N	N	N	N	C	N	N

Table Table Kids Menu April 2011 Allergy Summaries

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Desserts

TOFFEE FONDUE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N
CHOC IND	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
ICE CREAM	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
JELLY N ICE CREAM	No	No	N	N	Yes	Yes	N	Yes	N	N	N
FRUIT SALAD	Yes	No	N	N	Yes	Yes	N	N	N	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sunday Roasts

ROAST PORK	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST BEEF	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

CONDIMENTS

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Key & interpreting the data

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Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

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Starters

44267	NACHOS STR	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		NACHOS STR	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

48797	WEDGES	SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51095		POTATO WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
		WEDGES	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

50974	GARLIC BREAD	GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		GARLIC BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N

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Mains													
43908	CHICKEN DINNER	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		CHICKEN DINNER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
28823	CHICKEN NUGGETS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
51264		CHICKEN CRUNCHIES	No	No	Yes	C	C	C	N	C	C	C	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN NUGGETS	No	No	Yes	C	C	C	N	C	C	C	N
47182	SPAGHETTI BOL	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48720		KIDS SPAG BOL REDUCED	No	No	Yes	N	N	N	N	N	Yes	N	C
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		SPAGHETTI BOL	No	No	Yes	N	N	Yes	N	N	Yes	N	C

Table Table Kids Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	BEEFBURGER	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50838		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BEEFBURGER	No	No	Yes	Yes	N	N	N	N	C	N	N

28823	CHEESE BURGER	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
42876		BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50838		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHEESE BURGER	No	No	Yes	Yes	N	Yes	N	Yes	C	N	N

Table Table Kids Menu April 2011 Full Allergy

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	MINI FISH N CHIPS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50708		PLAIN FLOUR	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		MINI FISH N CHIPS	No	No	Yes	N	N	N	Yes	N	C	N	N

43908	CHICKEN WRAP	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48797		SALSA	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48833		6INCH FLOUR TORTILLAS	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN WRAP	No	No	Yes	C	C	Yes	N	Yes	C	C	C

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28823	MEAT SAUS MASH	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47711		PREMIUM SAUSAGE 175X56G	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		MEAT SAUS MASH	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

28823	VEGGIE SAUS MASH	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48945		LINCOLNSHIRE & QUORN SAUSAGES	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50509		VEGETARIAN ROAST GRAVY	Yes	No	Yes	C	C	Yes	N	Yes	Yes	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		VEGGIE SAUS MASH	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

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47182	PIZZA	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
49118		PIZZA SLIPPER	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		PIZZA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47808	PIZZA TOP HAM	WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
		PIZZA TOP HAM	No	No	N	N	N	N	N	Yes	N	N	N
51019	PIZZA TOP PINEAPP	PINEAPPLE IN JUICE	Yes	Yes	N	N	N	N	N	N	N	N	N
		PIZZA TOP PINEAPP	Yes	Yes	N	N	N	N	N	N	N	N	N
42876	PIZZA TOP BACON	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
		PIZZA TOP BACON	No	No	N	N	N	N	N	Yes	N	N	N
48916	PIZZA TOP MUSHRM	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
		PIZZA TOP MUSHRM	Yes	Yes	N	N	N	N	N	N	C	N	N
46548	CHICKEN CURRY	DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
49110		CHICKEN KORMA	No	No	N	N	N	Yes	N	Yes	Yes	N	N
		CHICKEN CURRY	No	No	N	N	N	Yes	N	Yes	Yes	N	N
46693	PENNE PASTA	KIDS PENNE PASTA 24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C

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If you wish to change your side please add the following allergy to that of the dish:

51094	MASH 100G OPTION	MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		MASH 100G OPTION	Yes	No	C	N	N	Yes	N	N	N	N	N

48664	CHIPS 6OZ SUB	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 6OZ SUB	Yes	Yes	N	N	N	N	N	N	N	N	N

28823	PEA BEAN CORN SALAD	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
		PEA BEAN CORN SALAD	Yes	Yes	N	N	N	N	N	N	C	N	N

50088	TOMATO N CUCUMBER	TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
		TOMATO N CUCUMBER	Yes	Yes	N	N	N	N	N	N	C	N	N

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Desserts													
44336	TOFFEE FONDUE	BANANA	Yes	Yes	N	N	N	N	N	N	C	N	N
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48447		TOFFEE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50980		WAFFLES	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
		TOFFEE FONDUE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N
46567	CHOC IND	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48806		ICE CREAM CHOC BEACHDEAN	Yes	No	N	Yes	Yes	Yes	N	N	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
51239		WHIPPING CREAM IN A BAG	Yes	No	C	C	C	Yes	N	N	N	C	C
		CHOC IND	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
26109	ICE CREAM	STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48447		TOFFEE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48805		ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
		ICE CREAM	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
48805	JELLY N ICE CREAM	ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
49120		STRAWBERRY JELLY	No	No	N	N	N	N	N	Yes	N	N	N
		JELLY N ICE CREAM	No	No	N	N	Yes	Yes	N	Yes	N	N	N
50497	FRUIT SALAD	FRESH FRUIT SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N
48805		ICE CREAM VANILLA BEACHDEAN	Yes	No	N	N	Yes	Yes	N	N	N	N	N
		FRUIT SALAD	Yes	No	N	N	Yes	Yes	N	N	N	N	N

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Sunday Roasts

43908	ROAST PORK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48788		APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50367		PORK LOIN ROAST	No	No	N	N	N	N	N	Yes	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		ROAST PORK	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

43908	ROAST BEEF	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50890		TOPSIDE ROASTING JOINT	No	No	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		ROAST BEEF	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

Table Table Kids Menu April 2011 Full Allergy

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43908	ROAST TURKEY	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50546		BUTTERFLIED ROAST TURKEY	No	No	C	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		ROAST TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Table Table Christmas Menus 2011 Allergy

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Festive Lunch

Starters

51435	SOUP	TIGER BREAD 1X14	Yes	Yes	Yes	N	N	N	N	N	C	C	C
50951OD1		SEASONAL MIXED SOUP A 8X1.5KG	Yes	No	N	N	N	Yes	N	Yes	C	C	C
50951OD2		SEASONAL MIXED SOUP A 8X1.5KG	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50952OD1		SEASONAL MIXED SOUP B 8X1.5KG	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
50952OD2		SEASONAL MIXED SOUP B 8X1.5KG	Yes	No	N	N	N	Yes	N	N	C	C	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
		SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
46582	GARLIC MUSHROOMS	FLAT LEAF PARSLEY 1X500G!	Yes	Yes	N	N	N	N	N	N	C	N	N
48413		GRILIC&HERB BREADED MUSHRMS 12X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE CLASSIC HP 4X2.15LTR	Yes	Yes	N	N	N	N	Yes	N	N	N	N
50986		GARLIC MAYONNAISE 1X2.5KG	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
51550	MELON FESTIVE	ORANGE FLESH MELONS XMS11	Yes	Yes	N	N	N	N	N	N	C	N	N
48554		MULLED WINTER FRUITS XMS11	Yes	No	C	C	C	C	N	Yes	N	N	C
		MELON FESTIVE	Yes	No	C	C	C	C	N	Yes	C	N	C

Table Table Christmas Menus 2011 Allergy

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Mains												
44748	ROAST TURKEY & TRIM	BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N
50457		CRANBERRY SAUCE 4X2.5KG	Yes	Yes	N	N	N	N	Yes	N	N	N
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N
		ROAST TURKEY & TRIM	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C
31881	FRENCH ONION BEEF PIE	EGGS MEDIUM _1X60_	Yes	No	N	N	Yes	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
51094		MASH POTATO 4X2.5KG	Yes	No	C	N	N	Yes	N	N	N	N
51231		PUFF PASTRY SHEET 1X16	Yes	No	Yes	N	N	N	Yes	N	N	N
51108		FRENCH ONION BEEF PIE FILLING 36X35G	No	No	Yes	C	C	Yes	N	Yes	Yes	C
		FRENCH ONION BEEF PIE	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C
43761	SPINACH RICOTTA CANN.	EXTRA VIRGIN OLIVE OIL 4 X 5LTR	Yes	Yes	N	N	N	N	N	N	N	N
44520		ROQUETTE! 1X250G	Yes	Yes	N	N	N	N	N	C	N	N
46519		SHAVED UNIT REGATO CHEESE 1X750G	Yes	No	N	N	N	Yes	N	N	N	N
51252		SPINACH & RICOTTA CANNELONI 24X350G	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N
		SPINACH RICOTTA CANN.	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N
15549	Condiments	C&B MALT VINEGAR _2X5LT_	Yes	Yes	Yes	N	N	N	N	N	N	N
50887		whole black pepper	Yes	Yes	N	N	N	N	N	N	N	N
45889		COLMAN MUSTARD 2X2LTR ENGLISH	Yes	No	Yes	N	N	N	N	Yes	N	N
48046		TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N
51544		HP BROWN SAUCE 4X2 LTR	Yes	Yes	Yes	N	N	N	N	N	N	N
48873		FRENCH MUSTARD 2X2.27LTR	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	Yes	N	N
50984		RED CAL MAYONNAISE 1X2.5KG	Yes	No	N	N	Yes	N	Yes	Yes	N	N

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Desserts												
43917	XMAS PUDDING	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N
48549		BRANDY SAUCE 60 X 60G	Yes	No	C	C	C	Yes	N	Yes	C	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	C
		XMAS PUDDING	Yes	No	Yes	C	C	Yes	N	Yes	C	N
51164	CARAMEL APPLE BETTY	CARAMEL APPLE CRUMBLE PIE 2X1.8KG	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
51090		CUSTARD READY TO SERVE 12X1KG	Yes	No	N	N	N	Yes	N	N	N	N
51245		FRESH SINGLE CREAM 1X2.27L	Yes	No	N	N	N	Yes	N	N	N	N
		CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C
46567	ICE CREAM	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
48312		BLACKCURRANT COULIS 5X1KG	Yes	Yes	N	N	N	N	N	N	N	N
48804		STRAWB&CRNSHCLTD CRM ICE CREAM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
48806		BELGIAN CHOC TRUFLE ICE CREAM 3X5LTR	Yes	No	N	Yes	Yes	Yes	N	N	N	N
		ICE CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	N	N

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present	
Festive Feast													
Starters													
51435	CARROT & COR. SOUP	TIGER BREAD 1X14	Yes	Yes	Yes	N	N	N	N	N	C	C	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
51537		CARROT HONEY CORRIANDER SOUP 8X1.5KG	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
		CARROT & COR. SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
48584	CHICKEN LIVER PATE	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	Yes	Yes	N	N	N
48779		ONION MARMALADE 12X500G	Yes	No	C	C	C	C	N	Yes	C	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
50505		CHICKEN PATE WITH HERBS 1X36	No	No	Yes	C	Yes	Yes	C	Yes	C	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
		CHICKEN LIVER PATE	No	No	Yes	C	Yes	Yes	C	Yes	Yes	N	N
48584	Mushroom Bruschetta	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	Yes	Yes	N	N	N
48641		GARLIC AND PARSLEY SPREAD BLEND 4X1K	Yes	No	N	N	N	Yes	N	N	N	N	N
48916		MUSHROOM CUP 1X2.72KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51470		BLACKSTICKS BLUE 12X150G	Yes	No	N	N	N	Yes	N	N	N	N	N
		Mushroom Bruschetta	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
51419	PRAWN COCKTAIL	LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N	N
48690		COOKED & PEELED PRAWNS 80/120 6X2KG	No	No	N	N	N	N	Yes	N	N	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL SAUCE 1X2.5KG	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
51550	MELON FESTIVE	ORANGE FLESH MELONS XMS11	Yes	Yes	N	N	N	N	N	N	C	N	N
48554		MULLED WINTER FRUITS XMS11	Yes	No	C	C	C	C	N	Yes	N	N	C
		MELON FESTIVE	Yes	No	C	C	C	C	N	Yes	C	N	C

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Mains

44748	ROAST TURKEY & TRIM	BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N
50457		CRANBERRY SAUCE 4X2.5KG	Yes	Yes	N	N	N	N	Yes	N	N	N
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	Yes	N	Yes	Yes	C	C
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N
51016		HONEY RST PARSNIPS XMS11	Yes	No	Yes	N	N	N	N	N	N	N
		ROAST TURKEY & TRIM	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C

43045	10OZ RUMP STEAK	MUSHROOM FLAT! 1X1.8KG	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51250		RUMP STEAK 4X5X10OZ	No	No	N	N	N	N	N	N	N	N	N
51552		BRANDY MUSH SCE XMS 11	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		10OZ RUMP STEAK	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N

43045	8OZ SIRLOIN STEAK	MUSHROOM FLAT! 1X1.8KG	Yes	Yes	N	N	N	N	N	N	C	N	N
43908		WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
50901		8OZ SIRLOIN STEAK 36X227G	No	No	N	N	N	N	N	N	N	N	N
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51552		BRANDY MUSH SCE XMS 11	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
		8OZ SIRLOIN STEAK	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N

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43908	SALMON FILLET	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N
46307		SALMON TAILS 30X160-190G	No	No	N	N	N	Yes	N	N	N	N
51419		LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
47925		MARIS PEERS POTATO	Yes	Yes	N	N	N	N	N	C	N	N
50631		TOMATO AND CAPER SAUCE	Yes	No	C	C	C	C	N	C	N	N
		SALMON FILLET	No	No	C	C	C	Yes	Yes	C	N	N
44556	STILT. N WALNUT TART	CARROT 1X2KG	Yes	Yes	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
51236		SHALLOT STILTON & WALNUT TRT 24X220G	Yes	No	Yes	N	Yes	Yes	N	N	N	Yes
47925		MARIS PEERS POTATO	Yes	Yes	N	N	N	N	N	C	N	N
		STILT. N WALNUT TART	Yes	No	Yes	N	Yes	Yes	N	C	N	Yes
44556	DUCK SAUSAGES	CARROT 1X2KG	Yes	Yes	N	N	N	N	N	C	N	N
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
51094		MASH POTATO 4X2.5KG	Yes	No	C	N	N	Yes	N	N	N	N
51215		GOOSEBERRY RELISH 12X500G	Yes	No	C	C	C	C	N	Yes	Yes	N
51217		RED WINE & JUNIPER BERRY SAUCE 60X75	No	No	C	C	C	Yes	N	Yes	Yes	N
51226		GRESSHINGAM DUCK SAUSAGES 166X60G	No	No	N	N	N	N	N	Yes	N	N
		DUCK SAUSAGES	No	No	C	C	C	Yes	N	Yes	Yes	N
15549	Condiments	C&B MALT VINEGAR _2X5LT_	Yes	Yes	Yes	N	N	N	N	N	N	N
50887		whole black pepper	Yes	Yes	N	N	N	N	N	N	N	N
45889		COLMAN MUSTARD 2X2LTR ENGLISH	Yes	No	Yes	N	N	N	N	N	Yes	N
48046		TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N
51544		HP BROWN SAUCE 4X2 LTR	Yes	Yes	Yes	N	N	N	N	N	N	N
48873		FRENCH MUSTARD 2X2.27LTR	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N
50360		TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	N	Yes	N
50984		RED CAL MAYONNAISE 1X2.5KG	Yes	No	N	N	Yes	N	N	Yes	Yes	N

Table Table Christmas Menus 2011 Allergy

WCode		Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Desserts													
43917	XMAS PUDDING	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N	N
48549		BRANDY SAUCE 60 X 60G	Yes	No	C	C	C	Yes	N	Yes	C	N	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	N	C
		XMAS PUDDING	Yes	No	Yes	C	C	Yes	N	Yes	C	N	C
46567	WAFFLES N CHOC SCE	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50980		BELGIAN PLAIN WAFFLES 40X90G	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
51245		FRESH SINGLE CREAM 1X2.27L	Yes	No	N	N	N	Yes	N	N	N	N	N
		WAFFLES N CHOC SCE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
46567	PROFITEROLES	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51005		PROFITEROLES 6X500G	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51245		FRESH SINGLE CREAM 1X2.27L	Yes	No	N	N	N	Yes	N	N	N	N	N
		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
51553	MINCE PIE ICE CREAM	MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
		MINCE PIE ICE CREAM	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
46567	ICE CREAM	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48312		BLACKCURRANT COULIS 5X1KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48804		STRAWB&CRNSHCLTD CRM ICE CREAM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N	N
48806		BELGIAN CHOC TRUFLE ICE CREAM 3X5LTR	Yes	No	N	Yes	Yes	Yes	N	N	N	N	N
		ICE CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	N	N	N

WCode		Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Festive Kids

Mains

45674	RST TURKEY	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	N	Yes	N	N	N
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		RST TURKEY	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
48046	Condiments	TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N	N

Desserts

51090	CHRISTMAS PUD	CUSTARD READY TO SERVE 12X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	N	C
		CHRISTMAS PUD	Yes	No	Yes	C	N	Yes	N	N	N	N	C

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Christmas Day												
Starters												
43908	HONEY PARSNIP SOUP	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N
51435		TIGER BREAD 1X14	Yes	Yes	Yes	N	N	N	N	C	C	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
51246		WHT DMI BAGUETTE PRT BAKED 1X70X115G	Yes	Yes	Yes	N	N	N	N	C	C	C
51536		HONEY PARSNIP MUSTARD SOUP 8X1.5KG	Yes	No	N	N	Yes	N	Yes	Yes	C	C
		HONEY PARSNIP SOUP	Yes	No	Yes	N	N	Yes	N	Yes	C	C
48584	CHICKEN LIVER PATE	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	Yes	Yes	N	N
48779		ONION MARMALADE 12X500G	Yes	No	C	C	C	N	Yes	C	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N
50505		CHICKEN PATE WITH HERBS 1X36	No	No	Yes	C	Yes	Yes	C	Yes	C	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
		CHICKEN LIVER PATE	No	No	Yes	C	Yes	Yes	C	Yes	Yes	N
44520	BALSAMIC SHALLOT TART	ROQUETTE! 1X250G	Yes	Yes	N	N	N	N	N	C	N	N
46519		SHAVED UNIT REGATO CHEESE 1X750G	Yes	No	N	N	Yes	N	N	N	N	N
51554		BALSAMIC SHALLOT TART TARTIN XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
		BALSAMIC SHALLOT TART	Yes	No	Yes	Yes	N	Yes	N	Yes	C	N
51419	PRAWN COCKTAIL	LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	C	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N
48690		COOKED & PEELED PRAWNS 80/120 6X2KG	No	No	N	N	N	Yes	N	N	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL SAUCE 1X2.5KG	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N
51550	MELON & MULLED FRUIT	ORANGE FLESH MELONS XMS11	Yes	Yes	N	N	N	N	N	C	N	N
48554		MULLED WINTER FRUITS XMS11	Yes	No	C	C	C	C	N	Yes	N	C
		MELON & MULLED FRUIT	Yes	No	C	C	C	C	N	Yes	C	C

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Mains

43908	Turkey Xmas Day	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	
51529		ROAST VEG MIX 5X500G!	Yes	Yes	N	N	N	N	N	N	N	N	
48512		BECHAMEL SAUCE 8 X 500G	Yes	No	Yes	N	N	Yes	N	N	C	C	
48930		CAULIFLOWER 1X9KG!	Yes	Yes	N	N	N	N	N	N	C	N	
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	
50457		CRANBERRY SAUCE 4X2.5KG	Yes	Yes	N	N	N	N	Yes	N	N	N	
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N	
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N	
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	C	C	
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N	
51444		MOZZARELLA/CHEDDAR MIX _70/30_ 10X1G	Yes	No	N	N	N	Yes	N	N	N	N	
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	
51558		WHOLE CHESTNUT	Yes	Yes	N	N	N	N	N	N	N	Yes	
		Turkey Xmas Day	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	Yes

43908	ROAST SIRLOIN	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	
51529		ROAST VEG MIX 5X500G!	Yes	Yes	N	N	N	N	N	N	N	N	
47480		HORSERADISH SAUCE 6X1.1LITRE	Yes	No	N	N	Yes	N	Yes	Yes	N	N	
48512		BECHAMEL SAUCE 8 X 500G	Yes	No	Yes	N	N	Yes	N	N	C	C	
48930		CAULIFLOWER 1X9KG!	Yes	Yes	N	N	N	N	N	N	C	N	
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N	
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C	
50978		ROLLED SIRLOIN JOINT 1X2X3KG!	No	No	N	N	N	N	N	N	N	N	
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N	
51444		MOZZARELLA/CHEDDAR MIX _70/30_ 10X1G	Yes	No	N	N	N	Yes	N	N	N	N	
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	
51558		WHOLE CHESTNUT	Yes	Yes	N	N	N	N	N	N	N	Yes	
		ROAST SIRLOIN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	Yes

Table Table Christmas Menus 2011 Allergy

WCode		Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	Salmon & Vermouth	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
46307		SALMON TAILS 30X160-190G	No	No	N	N	N	N	Yes	N	N	N	N
51419		LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
51529		ROAST VEG MIX 5X500G!	Yes	Yes	N	N	N	N	N	N	N	N	N
51084		DAUPHINOISE POTATO 4X1800G	Yes	No	N	N	N	Yes	N	N	N	C	C
51535		NOILLY PRATT SAFFRON SAUCE 90X75G	Yes	No	N	N	N	Yes	N	Yes	C	C	C
51558		WHOLE CHESTNUT	Yes	Yes	N	N	N	N	N	N	N	N	Yes
		Salmon & Vermouth	No	No	N	N	N	Yes	Yes	Yes	C	C	Yes
43908	WALNUT, SQUASH & CHEDD	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
51529		ROAST VEG MIX 5X500G!	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
50509		GRAVY VEGETARIAN 1X60	Yes	No	Yes	C	C	Yes	N	Yes	Yes	N	N
51558		WHOLE CHESTNUT	Yes	Yes	N	N	N	N	N	N	N	N	Yes
51555		SQUASH WALNUT CHEDDAR PIE XMS11	Yes	No	Yes	N	N	Yes	N	N	N	N	Yes
		WALNUT, SQUASH & CHEDD	Yes	No	Yes	C	C	Yes	N	Yes	Yes	N	Yes
48046	Condiments	TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N	N

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Desserts												
43917	XMAS PUDDING	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N
48549		BRANDY SAUCE 60 X 60G	Yes	No	C	C	C	Yes	N	Yes	C	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	C
		XMAS PUDDING	Yes	No	Yes	C	C	Yes	N	Yes	C	N
43917	YULE LOG	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N
51553		MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
51556		YULE LOG XMS11	Yes	No	Yes	Yes	Yes	Yes	N	N	C	C
		YULE LOG	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C
46567	PROFITEROLES	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
51005		PROFITEROLES 6X500G	Yes	No	Yes	N	Yes	Yes	N	N	N	N
51245		FRESH SINGLE CREAM 1X2.27L	Yes	No	N	N	N	Yes	N	N	N	N
		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N
48805	TT MULLED FRUIT PAVLOVA	VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
48883		MERINGUE NESTS 1X72	Yes	No	N	Yes	Yes	N	N	N	N	N
51239		WHIPPING CREAM IN A BAG 4X800G	Yes	No	C	C	C	Yes	N	N	C	C
48554		MULLED WINTER FRUITS XMS11	Yes	No	C	C	C	C	N	Yes	N	C
		TT MULLED FRUIT PAVLOVA	Yes	No	C	Yes	Yes	Yes	N	Yes	N	C
44377	CHEESE N BISCUITS	GRAPES BLACK SEEDLESS 1X500G	Yes	Yes	N	N	N	N	N	N	C	N
47655		SAVOURY BISCUITS 1X1KG	Yes	No	Yes	C	Yes	Yes	N	N	Yes	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
51196		CAMEMBERT 12X145G	No	No	N	N	N	Yes	N	N	N	N
51246		WHT DMI BAGUETTE PRT BAKED 1X70X115G	Yes	Yes	Yes	N	N	N	N	N	C	C
51261		PICCALILLI 12X500G	Yes	No	Yes	C	C	C	N	Yes	Yes	N
51262		DATE & FIG CHUTNEY 12X500G	Yes	No	C	C	C	C	N	Yes	C	N
51448		MATURE CHEDDAR PTNS 12X200G	Yes	No	N	N	N	Yes	N	N	N	N
51470		BLACKSTICKS BLUE 12X150G	Yes	No	N	N	N	Yes	N	N	N	N
		CHEESE N BISCUITS	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Christmas Day Kids

Starters

43908	HONEY PARSNIP SOUP	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N
51435		TIGER BREAD 1X14	Yes	Yes	Yes	N	N	N	N	N	C	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
51246		WHT DMI BAGUETTE PRT BAKED 1X70X115G	Yes	Yes	Yes	N	N	N	N	N	C	C
51536		HONEY PARSNIP MUSTARD SOUP 8X1.5KG	Yes	No	N	N	N	Yes	N	Yes	Yes	C
		HONEY PARSNIP SOUP	Yes	No	Yes	N	N	Yes	N	Yes	C	C
48690	PRAWN COCKTAIL	COOKED & PEELED PRAWNS 80/120 6X2KG	No	No	N	N	N	N	Yes	N	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL SAUCE 1X2.5KG	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N
50974	CHS GARLIC BREAD	GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	N	Yes	N	N	N	N
		CHS GARLIC BREAD	Yes	No	Yes	N	N	Yes	N	N	N	N

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Mains												
44748	ROAST TURKEY	BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N
		ROAST TURKEY	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C
44556	Salmon Fillet	CARROT 1X2KG	Yes	Yes	N	N	N	N	N	C	N	N
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
46307		SALMON TAILS 30X160-190G	No	No	N	N	N	Yes	N	N	N	N
51419		LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	C	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
47925		MARIS PEERS POTATO	Yes	Yes	N	N	N	N	N	C	N	N
		Salmon Fillet	No	No	N	N	N	Yes	Yes	N	C	N
43908	BBQ RIBS	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N
50456		BBQ SAUCE CLASSIC HP 4X2.15LTR	Yes	Yes	N	N	N	N	Yes	N	N	N
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N
51150		SMOKEY MAPLE RIB RACK 1X20	No	No	N	N	N	N	Yes	N	N	N
		BBQ RIBS	No	No	N	N	N	N	Yes	N	N	N
46693	TOMATO PASTA	KIDS PENNE PASTA IN TOM SAUCE24X200G	Yes	Yes	Yes	N	N	N	N	C	N	C
50974		GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	Yes	N	N	N	N	N
		TOMATO PASTA	Yes	No	Yes	N	N	Yes	N	C	N	C
15549	Condiments	C&B MALT VINEGAR _2X5LT_	Yes	Yes	Yes	N	N	N	N	N	N	N
50887		whole black pepper	Yes	Yes	N	N	N	N	N	N	N	N
45889		COLMAN MUSTARD 2X2LTR ENGLISH	Yes	No	Yes	N	N	N	N	Yes	N	N
48046		TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N
51544		HP BROWN SAUCE 4X2 LTR	Yes	Yes	Yes	N	N	N	N	N	N	N
48873		FRENCH MUSTARD 2X2.27LTR	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	Yes	N	N
50984		RED CAL MAYONNAISE 1X2.5KG	Yes	No	N	N	Yes	N	Yes	Yes	N	N

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Desserts													
51090	CHRISTMAS PUD	CUSTARD READY TO SERVE 12X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	N	C
		CHRISTMAS PUD	Yes	No	Yes	C	N	Yes	N	N	N	N	C
51553	Mince Pie Ice Cream	MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
		Mince Pie Ice Cream	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
51553	Yule Log	MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
51556		YULE LOG XMS11	Yes	No	Yes	Yes	Yes	Yes	N	N	N	C	C
		Yule Log	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
42756	ICE CREAM	POMPADOUR FAN WAFER	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47236		RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	N	YES	N	N	N
26109		Strawberry Sauce	No	No	N	N	N	N	N	Yes	N	N	N
48190		MFE TOFFEE FUDGE SAUCE 12X500G	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N	N
		ICE CREAM	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N

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Under 5's**Mains**

45674	U5 KIDS TURKEY	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		U5 KIDS TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
46693	TOMATO PASTA	KIDS PENNE PASTA IN TOM SAUCE24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
50974		GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
		TOMATO PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C

Desserts

42756	ICE CREAM	POMPADOUR FAN WAFER	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47236		RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	N	YES	N	N	N
26109		Strawberry Sauce	No	No	N	N	N	N	N	Yes	N	N	N
48190		MFE TOFFEE FUDGE SAUCE 12X500G	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N	N
		ICE CREAM	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Boxing Day												
Starters												
51435	CARROT & COR. SOUP	TIGER BREAD 1X14	Yes	Yes	Yes	N	N	N	N	C	C	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
51537		CARROT HONEY CORRIANDER SOUP 8X1.5KG	Yes	No	N	N	Yes	N	Yes	Yes	C	C
		CARROT & COR. SOUP	Yes	No	Yes	N	N	Yes	N	Yes	C	C
48584	CHICKEN LIVER PATE	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	Yes	Yes	N	N
48779		ONION MARMALADE 12X500G	Yes	No	C	C	C	N	Yes	C	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N
50505		CHICKEN PATE WITH HERBS 1X36	No	No	Yes	C	Yes	Yes	C	Yes	C	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
		CHICKEN LIVER PATE	No	No	Yes	C	Yes	Yes	C	Yes	Yes	N
48584	Mushroom Bruschetta	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	Yes	Yes	N	N
48641		GARLIC AND PARSLEY SPREAD BLEND 4X1K	Yes	No	N	N	Yes	N	N	N	N	N
48916		MUSHROOM CUP 1X2.72KG!	Yes	Yes	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N
50974		GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N
51470		BLACKSTICKS BLUE 12X150G	Yes	No	N	N	Yes	N	N	N	N	N
		Mushroom Bruschetta	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N
51419	PRAWN COCKTAIL	LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	C	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N
48690		COOKED & PEELED PRAWNS 80/120 6X2KG	No	No	N	N	N	Yes	N	N	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL SAUCE 1X2.5KG	Yes	No	N	Yes	Yes	N	Yes	Yes	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	N	N
51550	MELON FESTIVE	ORANGE FLESH MELONS XMS11	Yes	Yes	N	N	N	N	N	C	N	N
48554		MULLED WINTER FRUITS XMS11	Yes	No	C	C	C	C	Yes	N	N	C
		MELON FESTIVE	Yes	No	C	C	C	C	N	Yes	C	C

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present	
Mains													
44748	ROAST TURKEY & TRIM	BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	
50457		CRANBERRY SAUCE 4X2.5KG	Yes	Yes	N	N	N	N	Yes	N	N	N	
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N	
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N	
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	Yes	N	Yes	Yes	C	C	
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N	
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	
51016		HONEY RST PARSNIPS XMS11	Yes	No	Yes	N	N	N	N	N	N	N	
		ROAST TURKEY & TRIM	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	
43045	10OZ RUMP STEAK	MUSHROOM FLAT! 1X1.8KG	Yes	Yes	N	N	N	N	N	C	N	N	
43908		WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	C	N	N	
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	
51250		RUMP STEAK 4X5X10OZ	No	No	N	N	N	N	N	N	N	N	
51552		BRANDY MUSH SCE XMS 11	No	No	Yes	C	C	Yes	N	Yes	Yes	N	
		10OZ RUMP STEAK	No	No	Yes	C	C	Yes	N	Yes	Yes	N	
43045	8OZ SIRLOIN STEAK	MUSHROOM FLAT! 1X1.8KG	Yes	Yes	N	N	N	N	N	C	N	N	
43908		WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	C	N	N	
50901		8OZ SIRLOIN STEAK 36X227G	No	No	N	N	N	N	N	N	N	N	
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	
51552		BRANDY MUSH SCE XMS 11	No	No	Yes	C	C	Yes	N	Yes	Yes	N	
		8OZ SIRLOIN STEAK	No	No	Yes	C	C	Yes	N	Yes	Yes	N	
44556	STILT. N WALNUT TART	CARROT 1X2KG	Yes	Yes	N	N	N	N	N	C	N	N	
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N	
51071		SALTED BUTTER 40X250G	Yes	No	N	N	Yes	N	N	N	N	N	
51236		SHALLOT STILTON & WALNUT TRT 24X220G	Yes	No	Yes	N	Yes	Yes	N	N	N	Yes	
47925		MARIS PEERS POTATO	Yes	Yes	N	N	N	N	N	C	N	N	
		STILT. N WALNUT TART	Yes	No	Yes	N	Yes	Yes	N	C	N	Yes	

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
44556	DUCK SAUSAGES	CARROT 1X2KG	Yes	Yes	N	N	N	N	N	C	N	N
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
51094		MASH POTATO 4X2.5KG	Yes	No	C	N	N	Yes	N	N	N	N
51215		GOOSEBERRY RELISH 12X500G	Yes	No	C	C	C	C	N	Yes	Yes	N
51217		RED WINE & JUNIPER BERRY SAUCE 60X75	No	No	C	C	C	Yes	N	Yes	Yes	N
51226		GRESSHINGAM DUCK SAUSAGES 166X60G	No	No	N	N	N	N	N	Yes	N	N
		DUCK SAUSAGES	No	No	C	C	C	Yes	N	Yes	Yes	N

Desserts

43917	XMAS PUDDING	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N
48549		BRANDY SAUCE 60 X 60G	Yes	No	C	C	C	Yes	N	Yes	C	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	C
		XMAS PUDDING	Yes	No	Yes	C	C	Yes	N	Yes	C	N
46567	WAFFLES N CHOC SCE	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
50980		BELGIAN PLAIN WAFFLES 40X90G	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N
51245		FRESH SINGLE CREAM 1X2.27L	Yes	No	N	N	N	Yes	N	N	N	N
		WAFFLES N CHOC SCE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N
46567	PROFITEROLES	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
51005		PROFITEROLES 6X500G	Yes	No	Yes	N	Yes	Yes	N	N	N	N
51245		FRESH SINGLE CREAM 1X2.27L	Yes	No	N	N	N	Yes	N	N	N	N
		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N
51553	MINCE PIE ICE CREAM	MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
		MINCE PIE ICE CREAM	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
46567	ICE CREAM	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
48312		BLACKCURRANT COULIS 5X1KG	Yes	Yes	N	N	N	N	N	N	N	N
48804		STRAWB&CRNSHCLTD CRM ICE CREAM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
48806		BELGIAN CHOC TRUFLE ICE CREAM 3X5LTR	Yes	No	N	Yes	Yes	Yes	N	N	N	N
		ICE CREAM	Yes	No	N	Yes	Yes	Yes	N	Yes	N	N

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Children's Menu

Starters

51435	CARROT & COR. SOUP	TIGER BREAD 1X14	Yes	Yes	Yes	N	N	N	N	N	C	C	C
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
51537		CARROT HONEY CORRIANDER SOUP 8X1.5KG	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
		CARROT & COR. SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
48690	PRAWN COCKTAIL	COOKED & PEELED PRAWNS 80/120 6X2KG	No	No	N	N	N	N	Yes	N	N	N	N
51370		SEED FRMHOUSE BREAD EX THICK 8X800G	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL SAUCE 1X2.5KG	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
50974	CHS GARLIC BREAD	GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
		CHS GARLIC BREAD	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Mains												
44748	ROAST TURKEY KIDS	BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N
51570		STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	Yes	N	Yes	Yes	C	C
50541		CHIPOLATAS	No	No	Yes	Yes	N	N	Yes	N	N	N
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N
		ROAST TURKEY KIDS	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C
15509	KIDS SALMON	NEW POTATOES 1 X 12.5	Yes	Yes	N	N	N	N	N	N	N	N
43908		WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N
44748		BRUSSEL SPROUTS 5X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
46307		SALMON TAILS 30X160-190G	No	No	N	N	N	Yes	N	N	N	N
51419		LEMONS 1X10KG!	Yes	Yes	N	N	N	N	N	C	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N
51071		SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N
		KIDS SALMON	No	No	N	N	N	Yes	Yes	N	C	N
43908	BBQ RIBS	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N
50456		BBQ SAUCE CLASSIC HP 4X2.15LTR	Yes	Yes	N	N	N	N	Yes	N	N	N
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N
51150		SMOKEY MAPLE RIB RACK 1X20	No	No	N	N	N	N	Yes	N	N	N
		BBQ RIBS	No	No	N	N	N	N	Yes	N	N	N
46693	TOMATO PASTA KIDS	KIDS PENNE PASTA IN TOM SAUCE24X200G	Yes	Yes	Yes	N	N	N	N	C	N	C
50974		GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	N	Yes	N	N	N	N
		TOMATO PASTA KIDS	Yes	No	Yes	N	N	Yes	N	C	N	C

Table Table Christmas Menus 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Desserts												
51090	CHRISTMAS PUD	CUSTARD READY TO SERVE 12X1KG	Yes	No	N	N	N	Yes	N	N	N	N
51112		CHRISTMAS PUDDING 6X1.36KG	Yes	Yes	Yes	C	N	N	N	N	N	C
		CHRISTMAS PUD	Yes	No	Yes	C	N	Yes	N	N	N	C
51553	Mince Pie Ice Cream	MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
		Mince Pie Ice Cream	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
46567	CHOC IND	CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
48806		BELGIAN CHOC TRUFLE ICE CREAM 3X5LTR	Yes	No	N	Yes	Yes	Yes	N	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE 2X4KG	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C
51074		AEROSOL CREAM 6X500G	Yes	No	N	N	N	Yes	N	N	N	N
51124		CHOCOLATE BROWNIE SLAB 2X4X1.35KG	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C
60233		CATERING PACK MARSHMELLOWS 4X500G	No	No	Yes	N	N	N	N	N	N	N
		CHOC IND	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C
43917	YULE LOG	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N
51553		MINCE PIE ICE CREAM XMS11	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N
51556		YULE LOG XMS11	Yes	No	Yes	Yes	Yes	Yes	N	N	C	C
		YULE LOG	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C
42756	ICE CREAM	POMPADOUR FAN WAFER	Yes	No	Yes	Yes	N	Yes	N	N	N	N
46567		CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N
47236		RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	YES	N	N	N
26109		Strawberry sauce	No	No	N	N	N	N	Yes	N	N	N
48190		MFE TOFFEE FUDGE SAUCE 12X500G	Yes	No	N	Yes	N	Yes	N	Yes	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N
		ICE CREAM	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N

WCode		Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Under 5's Menu

Mains

45674	U5 KIDS TURKEY	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES 4X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
50546		RST TURKEY BUTTERFLY HLVS 2X1.75KG	No	No	C	N	N	N	N	N	N	N	N
50694		GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51456		3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		U5 KIDS TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
46693	PENNE PASTA	KIDS PENNE PASTA IN TOM SAUCE24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
50974		GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
		PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C

Desserts

42756	ICE CREAM	POMPADOUR FAN WAFER	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FUDGE SAUCE 8X1.25KG	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47236		RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	N	YES	N	N	N
26109		Strawberry sauce	No	No	N	N	N	N	N	Yes	N	N	N
48190		MFE TOFFEE FUDGE SAUCE 12X500G	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
48805		VANILLA POD DAIRY ICE CRM 3X5LR	Yes	No	N	N	Yes	Yes	N	N	N	N	N
		ICE CREAM	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N

15549	Condiments	C&B MALT VINEGAR _2X5LT_	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		whole black pepper	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		COLMAN MUSTARD 2X2LTR ENGLISH	Yes	No	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N	N
51544		HP BROWN SAUCE 4X2 LTR	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD 2X2.27LTR	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		RED CAL MAYONNAISE 1X2.5KG	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N

TABLE TABLE RESTAURANT MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

SHARING PLATTERS (for two)

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Table Table Platter	1719	47.0	188.5	45.6	86.1	20.1	6.7
Meat Platter	1593	79.1	78.3	31.3	106.7	32.6	7.4
Seafood Platter	1421	66.4	105.1	58.9	80.9	14.9	7.8
Continental Platter	1377	66.2	96.5	33.1	80.4	34.5	9.2

STARTERS & NIBBLES

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Olives & Cheese	249	5.3	1.7	0.2	24.6	5.7	3.2
Dough Balls (Single)	263	6.7	25.7	1.6	15.1	8.3	0.7

You must then choose 2 of the following dips and add the nutrition for these dips to that of the dough balls to get the total nutrition.

Olive Oil & Balsamic Vinegar	184	0.0	5.0	4.2	20.0	2.6	0.1
Tomato Salsa	10	0.3	1.8	1.5	0.0	0.0	0.0
Guacamole	43	0.4	2.1	0.1	3.9	0.6	0.1
Garlic Butter	183	0.3	1.5	0.3	19.6	9.0	0.4
Dough Balls (Sharing) with Dips	946	14.5	61.7	9.2	73.7	28.8	2.1
Baked Camembert	813	42.4	79.6	19.7	35.8	21.6	2.2
Garlic & Herb Breaded Mushrooms	483	6.3	45.3	9.6	30.7	5.3	2.0
Sticky Chicken Goujons	475	16.0	78.2	45.4	11.0	3.4	1.4
Aromatic Duck Parcels	426	18.1	54.9	27.5	14.9	2.4	3.2
Prawn Cocktail	372	17.9	25.4	5.0	22.1	7.1	2.6
Cajun Battered Prawns	229	14.1	26.6	25.6	5.8	2.8	1.7
Chicken Liver Pate	555	11.9	40.4	15.1	38.0	17.2	1.7
Seasonal Soup (Average)	379	8.1	39.1	6.9	21.8	12.9	1.8
Hot-Smoked Salmon Nicoise	158	15.6	2.6	2.0	9.5	1.7	0.4

CLASSICS, GRILLS & BURGERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
10oz* Rump Steak	1007	71.4	76.3	8.0	47.1	15.1	1.1
8oz* Sirloin Steak	962	61.9	76.1	7.7	46.4	15.1	0.7
7oz* Fillet Steak	942	57.3	76.4	8.0	46.1	15.2	0.5
6oz* Blackened Minute Steak	885	50.7	76.3	7.9	42.9	13.1	0.6
Add a Sauce, don't forget to add the nutrition on too.							
Creamy Peppercorn	64	2.0	2.8	0.7	5.0	2.9	0.8
Béarnaise Sauce	222	1.1	3.8	1.6	22.5	12.7	0.8
Whisky River BBQ Sauce	107	0.6	22.6	19.3	1.1	0.5	0.8
Bacon & Cheese Topped Chicken Breast	724	64.2	36.2	27.5	35.1	15.3	6.5
with Chunky Chips	958	67.5	66.9	28.3	46.4	18.8	6.5
with Jacket Potato	968	68.6	86.2	36.1	38.1	15.7	6.6
Gammon Steak with Eggs	460	60.2	7.6	2.6	21.0	5.2	3.3
Gammon Steak with Pineapple Rings	364	46.9	27.8	23.8	8.5	3.5	3.0
Gammon Steak with one of each	412	53.6	17.7	13.2	14.7	4.4	3.1
This dish comes with either Chunky Chips or Jacket Potato. Add the nutrition for your potato choice to the dish to get the total nutrition.							
add Chunky Chips	467	6.5	61.4	1.6	22.6	7.2	0.0
add Jacket Potato	244	4.3	50.0	8.7	3.1	0.5	0.1
Mixed Grill	1600	125.3	102.3	9.4	77.5	24.3	4.8

* Approximate weights before cooking

BURGERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Beef Burger	846	43.7	100.6	7.1	30.9	10.8	2.2
If you choose to add an extra Beef Burger add the following to the nutrition of your dish							
add an extra Beef Burger	183	29.9	1.0	0.1	6.7	3.2	1.6
Chicken Breast Burger	892	51.3	103.0	8.6	33.2	8.6	2.4
If you choose to add a topping to your burger you should add the nutrition for your topping choice to that for your choice of burger.							
BBQ Topping	206	2.8	28.4	8.0	9.0	2.3	1.4
New York Topping	205	17.8	0.7	0.4	14.7	7.2	2.8
Swiss Topping	105	5.9	1.8	0.1	8.3	4.0	0.4
Pork, Leek & Bacon Sausages with Mash	872	40.5	59.5	17.5	52.8	22.2	3.7
Chicken Makhani Curry	1000	54.1	98.7	13.9	42.4	16.6	5.4

CLASSICS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Half a Roasted Chicken & Chips	960	75.9	62.3	2.5	46.2	13.7	2.4
with Coleslaw	1031	76.6	67.3	5.8	51.8	14.2	2.7
with Side Salad	1016	77.1	67.0	5.2	49.6	15.0	2.5
If you choose to add a glaze to your chicken add the nutrition for your glaze choice to that for your chicken							
Peri Peri Glaze	25	0.3	1.4	0.6	2.0	1.2	0.4
Lemon & Thyme Glaze	23	0.2	1.1	0.6	2.0	1.2	0.4
Chilli Con Carne	643	22.7	85.2	8.5	22.5	5.5	2.7
Quorn™ Chilli	461	13.8	58.4	11.7	19.8	1.9	2.2
Beef & Onion Pie	934	37.6	81.6	21.6	44.8	18.9	5.7
Chicken & Leek Crumble Pie	1235	36.3	117.0	9.4	68.4	29.7	4.8
Chicken & BBQ Ribs Combo - Half Rack	1413	52.0	159.8	64.1	65.3	21.5	3.6
Chicken & BBQ Ribs Combo - Whole Rack	1803	80.9	167.8	71.9	92.2	32.4	4.9
Stilton, Shallot & Toasted Walnut Tart	885	18.6	77.5	8.2	46.7	26.6	2.3
Slow Cooked Duck with Dauphinoise	604	21.3	42.3	13.1	20.4	9.2	2.6
Slow Cooked Duck with New Potatoes	603	19.8	42.5	13.7	12.9	4.4	2.1
Fish							
Hand-battered Fish, Chips & Peas	1113	47.0	77.6	3.6	69.3	12.5	1.0
Hand-battered Fish, Chips & Mushy Peas	1239	55.8	99.3	5.1	69.6	12.6	2.6
Breaded Scampi, Chips & Peas	1010	25.7	98.5	4.4	58.0	11.3	3.1
Breaded Scampi, Chips & Mushy Peas	1136	34.6	120.2	5.9	58.3	11.4	4.7
Rope-grown Scottish Mussels	295	7.9	28.5	2.2	16.6	7.5	0.6
with Chunky Chips	528	11.2	59.2	3.0	27.9	11.1	0.6
with Mixed Salad	351	9.2	33.1	4.9	19.9	8.8	0.7
Seafood Pie	901	42.8	75.4	7.3	47.6	27.4	4.1

PASTA & SALADS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Beef Lasagne	575	29.6	53.4	19.6	24.6	12.8	3.6
with Chunky Chips	1041	36.1	114.8	21.2	47.3	19.9	3.6
with Mixed Salad	631	30.9	58.0	22.3	28.0	14.1	3.8
with Garlic Bread	804	33.5	79.7	20.1	36.7	16.0	4.5
Mediterranean Vegetable Lasagne	476	30.0	16.2	7.3	32.4	13.0	3.2
with Chunky Chips	943	36.4	77.6	8.9	55.0	20.1	3.2
with Mixed Salad	533	31.2	20.8	10.0	35.8	14.3	3.3
with Garlic Bread	706	33.8	42.6	7.8	44.5	16.2	4.1
Whole Wheat Pasta with Pesto	1100	25.0	73.2	6.6	75.1	10.3	2.9
with Grilled Chicken	1274	63.0	74.3	7.7	77.0	10.9	3.5
Spinach & Ricotta Cannelloni	555	23.9	39.0	10.6	33.6	14.4	3.0
Woodland Mushroom & Stilton Risotto	595	17.1	60.2	2.5	31.9	16.3	2.6

with Grilled Chicken	769	55.1	61.2	3.6	33.8	16.9	3.2
Spring Vegetable Risotto	763	19.2	97.9	5.7	33.1	7.6	3.0
with Grilled Chicken	937	57.2	99.0	6.8	35.0	8.2	3.6
Grilled Chicken Caesar Salad	719	49.9	14.2	9.7	51.1	10.4	2.5
Sticky Chicken Goujons Salad	647	15.7	77.3	44.8	10.0	3.1	1.3
Pear & Walnut Salad	593	8.9	25.1	20.9	50.6	7.1	1.5
Hot-Smoked Salmon Nicoise	719	49.9	14.2	9.7	51.1	10.4	2.5

SIDE ORDERS

Dish	Energy (kCal in dish)	Protein g in dish	Carbohydrate g in dish	Sugar g in dish	Fat g in dish	Sat Fat g in dish	Salt g in dish
Extra Feast	690	11.8	81.7	4.5	35.2	9.4	2.6
Chunky Chips	467	6.5	61.4	1.6	22.6	7.2	0.0
Potato Wedges	340	6.0	45.7	1.1	14.8	4.7	0.0
Garlic Bread	229	3.8	26.4	0.5	12.1	3.2	0.8
Mixed Side Salad	56	1.2	4.6	2.7	3.4	1.3	0.1
Battered Whole Onion Rings	806	12.3	94.5	6.8	42.1	10.6	3.3

DESSERTS

Dish	Energy (kCal in dish)	Protein g in dish	Carbohydrate g in dish	Sugar g in dish	Fat g in dish	Sat Fat g in dish	Salt g in dish
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Tasting Plate

You can choose three tasters of our desserts. To calculate the nutrition of your chosen selection of desserts just add the three together.

Baked Vanilla Cheesecake	332	3.3	33.3	27.6	20.6	12.4	0.3
Profiteroles	300	4.3	33.9	13.8	16.3	3.3	0.8
Eton Mess	250	4.7	26.1	32.8	14.2	5.2	0.2
Pecan Tart	352	4.6	32.4	18.0	22.9	12.0	0.2
Belgian Waffles	587	16.9	32.0	24.6	43.5	14.4	1.3
Vanilla Ice Cream	116	2.4	11.3	11.3	6.8	4.0	0.1
Strawberry & Clotted Cream Ice Cream	149	2.5	13.4	13.4	9.5	5.6	0.1
Belgian Chocolate Truffle Ice Cream	130	2.5	14.6	14.2	6.8	3.9	0.1
Lemon Frangipane Tart	198	6.5	18.1	9.3	10.7	5.2	0.7
Orange & Ginger Torte	221	4.3	22.6	6.7	12.4	6.1	0.5
Caramel Apple Crumble with Custard	973	9.6	133.7	84.0	44.3	20.9	1.1
Caramel Apple Crumble with Cream	736	8.5	97.5	65.3	34.6	15.2	0.4
Caramel Apple Crumble with Vanilla Ice Cream	641	7.3	89.8	64.3	28.0	14.0	0.2
Cheese Platter	968	29.6	85.1	48.9	57.3	30.8	3.0
Profiteroles	689	10.6	73.1	33.2	39.4	10.5	1.5
Eton Mess	281	5.2	48.6	68.4	7.4	3.1	0.7
Baked Vanilla Cheesecake	575	15.1	87.5	42.5	18.3	10.1	1.1
Belgian Waffles	785	19.4	59.1	50.0	52.3	15.8	1.9

Ice Cream

You may choose three scoops of different ice cream plus one sauce. Add the nutrition of each scoop of ice cream to that of the sauce to get the total.

Vanilla Ice Cream (1 scoop)	116	2.4	11.3	11.3	6.8	4.0	0.1
Strawberry & Clotted Cream Ice Cream (1 scoop)	149	2.5	13.4	13.4	9.5	5.6	0.1
Belgian Chocolate Truffle Ice Cream (1 scoop)	130	2.5	14.6	14.2	6.8	3.9	0.1
Warm Chocolate Flavour Fudge Sauce	116	1.4	12.9	10.9	6.5	0.9	0.2
Blackcurrant Coulis	27	0.2	6.7	6.7	0.0	0.0	0.0
Orange & Ginger Torte	441	8.6	45.2	13.4	24.8	12.2	1.0
Lemon Frangipane Tart	396	13.1	36.2	18.6	21.3	10.3	1.4
Pecan Tart	592	8.9	58.2	45.9	35.9	14.9	0.5
Ultimate Sharing Sundae	2291	26.8	169.5	128.4	167.5	96.3	3.5

CONDIMENTS

Values are for 100g of the condiment.

Item	Energy (kCal/100g)	Protein (g/100g)	Carbohydrate (g/100g)	Sugar (g/100g)	Fat (g/100g)	Sat Fat (g/100g)	Salt (g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

TABLE TABLE BAR MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDA	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6
Children	1800	24	220	85	70	20	4

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

SHARING PLATTERS (for two)

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Table Table Platter	1719	47.0	188.5	45.6	86.1	20.1	6.7
Meat Platter	1593	79.1	78.3	31.3	106.7	32.6	7.4
Seafood Platter	1421	66.4	105.1	58.9	80.9	14.9	7.8
Continental Platter	1377	66.2	96.5	33.1	80.4	34.5	9.2

STARTERS & NIBBLES

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Olives & Cheese	249	5.3	1.7	0.2	24.6	5.7	3.2
Dough Balls (Single)	263	6.7	25.7	1.6	15.1	8.3	0.7

You must then choose 2 of the following dips and add the nutrition for these dips to that of the dough balls to get the total nutrition.

Olive Oil & Balsamic Vinegar	184	0.0	5.0	4.2	20.0	2.6	0.1
Tomato Salsa	10	0.3	1.8	1.5	0.0	0.0	0.0
Guacamole	43	0.4	2.1	0.1	3.9	0.6	0.1
Garlic Butter	183	0.3	1.5	0.3	19.6	9.0	0.4
Dough Balls (Sharing) with Dips	946	14.5	61.7	9.2	73.7	28.8	2.1
Potato Wedges with Cheese & Salsa (Single)	468	14.0	48.2	2.7	24.2	10.5	0.6
Potato Wedges with Cheese & Salsa (Sharing)	936	28.0	96.3	5.4	48.4	21.0	1.2
Nachos with Cheese & Salsa (Single)	663	16.3	69.3	4.5	35.5	8.3	1.6
Nachos with Cheese & Salsa (Sharing)	1345	30.2	141.2	8.6	73.0	21.1	4.8
Chunky Chips	467	6.5	61.4	1.6	22.6	7.2	0.0
Ploughmans	1121	48.1	75.7	21.6	69.1	38.7	4.2

BAGUETTES

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Sausage & Onion	648	31.7	60.8	5.3	26.9	9.4	2.5
Bacon, Lettuce & Tomato	645	36.3	55.8	5.8	26.9	9.0	6.6
Grilled Blackened Minute Steak	647	44.4	61.5	11.3	21.2	7.2	2.0
Bacon & Cheese topped Chicken Breast	977	86.4	56.8	4.9	41.0	17.6	8.0
Add a Bowl of Chips to your Baguette							
Chunky Chips	467	6.5	61.4	1.6	22.6	7.2	0.0
Add a Bowl of Seasonal Soup to you Baguette							
Soup	107	3.9	14.1	6.3	3.9	1.8	1.3

SANDWICHES

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Cheddar Cheese & Picalilli	608	27.2	44.4	2.2	34.9	16.5	2.6
Ham & Picalilli	429	32.4	43.5	2.5	16.5	4.2	3.4
Ham & Mustard	456	35.2	44.3	2.4	32.3	14.4	3.4
Cheddar Cheese & Ham	594	26.0	46.1	3.1	22.8	3.8	2.5
Prawns & Marie Rose Sauce	434	19.9	47.1	5.3	18.3	3.2	2.8
Club Sandwich	1018	87.6	48.1	3.9	52.9	16.8	9.6
Add a Bowl of Chips to your Baguette							
Chunky Chips	467	6.5	61.4	1.6	22.6	7.2	0.0
Add a Bowl of Seasonal Soup to you Baguette							
Soup	107	3.9	14.1	6.3	3.9	1.8	1.3

JACKETS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Cheddar Cheese	1092	46.4	57.5	11.5	75.7	44.1	3.9
Baked Beans & Cheddar Cheese	946	36.5	88.6	23.6	49.8	27.8	4.6
Chilli Con Carne	667	18.5	73.1	17.8	32.7	15.8	2.2
Quorn™ Chilli	620	12.6	83.2	21.1	26.8	11.7	2.4
Sour Cream	492	5.8	56.6	13.5	27.0	11.8	0.8
Add a Bowl of Seasonal Soup to your Baguette							
Soup	107	3.9	14.1	6.3	3.9	1.8	1.3

CAKES

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Scone, Jam & Cream	647	7.9	70.0	39.2	36.7	23.4	0.9
Tiffin Slice	370	4.6	62.5	46.6	12.3	2.9	0.6
Carrot Cake	387	3.3	50.5	38.6	19.1	4.1	0.7
Chocolate Fudge Brownie	413	6.1	51.9	45.0	20.1	6.6	1.0
Bacon Bap	449	32.3	37.0	3.0	19.0	7.3	5.6

CONDIMENTS

Values are for 100g of the condiment.

Item	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

TABLE TABLE CHILDREN'S MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Children	1800	24	220	85	70	20	4

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

STARTERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Nachos	323	6.7	27.4	2.3	20.8	4.4	1.4
Potato Wedges	470	5.8	15.9	7.1	42.5	5.9	2.2
Garlic Bread	229	3.8	26.4	0.5	12.1	3.2	0.8

MAINS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Chicken Dinner	675	28.6	39.5	9.4	44.8	7.6	4.0
Chicken Nuggets	680	26.9	62.9	5.3	36.4	7.5	1.6
Spaghetti Bolognese	394	24.5	41.9	5.5	14.2	5.8	1.2
Beef Burger	833	34.6	92.3	6.1	36.9	13.4	2.1
Cheese & Bacon Burger	929	48.5	70.1	7.4	51.2	21.0	4.8
Fish & Chips	680	21.6	61.0	2.6	39.6	8.2	1.2
Chicken Wrap	285	10.2	37.7	4.3	10.5	5.2	2.3
Sausage & Mash	946	30.5	63.1	14.9	63.1	12.6	4.7
Vegetarian Sausage & Mash	737	19.5	54.7	13.5	48.6	9.4	4.8
Make your own Pizza Base	420	17.3	57.7	13.4	13.3	6.1	3.3

You then need to choose your 2 toppings from ham, bacon, pineapple or mushrooms. Add the nutrition for these 2 to the pizza base to get the final nutrition for your dinner.

Ham	31	5.8	0.1	0.1	0.9	0.3	0.5
Bacon	128	12.7	0.4	0.4	8.4	3.4	2.4
Pineapple	20	0.1	5.5	5.4	0.0	0.0	0.0
Mushrooms	24	0.8	1.3	0.1	1.8	0.1	0.0

Chicken Curry	305	10.9	48.1	5.7	7.0	3.6	0.8
Tomato Pasta	398	14.5	41.8	2.9	20.1	11.9	1.6
Hand Carved Sunday Roasts							
Roast Loin of Pork	632	35.0	45.9	14.8	34.4	8.3	1.4
Roast Topside of Beef	983	45.8	62.2	12.6	61.4	10.0	3.4
Roast Crown of Turkey	851	41.1	46.3	11.5	55.8	6.4	2.8

DESSERTS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Fondue	345	5.8	54.9	52.4	11.9	5.2	0.5
Mini Chocolate Indulgence	320	4.9	41.8	35.8	14.9	6.9	0.3
Ice Cream	276	5.5	32.4	26.8	13.8	8.0	0.1
Ice Cream with Strawberry Sauce	302	5.6	39.2	33.5	13.9	8.0	0.1
Ice Cream with Toffee Fudge Sauce	309	5.6	39.2	33.5	14.4	8.3	0.2
Ice Cream with Chocolate Flavour Fudge Sauce	315	6.0	36.7	30.4	16.0	8.3	0.2
Jelly & Ice Cream	120	2.4	11.8	11.3	6.8	4.0	0.3
Fruit Salad	151	2.9	20.2	20.0	6.9	4.0	0.1

CONDIMENTS

Values are for 100g of the condiment.

Item	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

TABLE TABLE SUNDAY MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDA's	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6
Children	1800	24	220	85	70	20	4

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

ADULT STARTERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Chicken Liver Pate	555	11.9	40.4	15.1	38.0	17.2	1.7
Garlic & Herb Breaded Mushrooms	483	6.3	45.3	9.6	30.7	5.3	2.0
Prawn Cocktail	372	17.9	25.4	5.0	22.1	7.1	2.6
Seasonal Soup	379	8.1	39.1	6.9	21.8	12.9	1.8

ADULT MAINS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Roast Loin of Pork	1188	64.8	76.7	12.8	69.3	19.5	3.8
Roast Topside of Beef	1089	74.8	72.5	13.0	55.6	16.4	3.2
Roast Crown of Turkey	1026	70.8	71.7	12.2	50.8	12.6	3.5
Vegetable Wellington	1440	37.8	116.5	17.6	91.5	34.5	5.6

ADULT DESSERTS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Caramel Apple Crumble with Custard	973	7.8	94.4	64.4	22.5	10.9	0.3
Caramel Apple Crumble with Cream	736	5.9	79.9	53.9	45.6	25.3	0.2
Caramel Apple Crumble with Vanilla Ice Cream	641	7.3	89.8	64.3	28.0	14.0	0.2
Profiteroles	689	7.9	40.2	28.8	55.4	28.9	0.5
Orange & Ginger Torte	441	5.8	40.7	21.2	52.1	31.3	0.1
Belgian Waffles	785	10.6	90.5	55.1	72.3	32.6	1.3

Ice Cream

You may choose three scoops of different ice cream plus one sauce. Add the nutrition of each scoop of ice cream to that of the sauce to get the total.

Vanilla Ice Cream (1 scoop)	116	2.4	11.3	11.3	6.8	4.0	0.1
Strawberry & Clotted Cream Ice Cream (1 scoop)	149	2.5	13.4	13.4	9.5	5.6	0.1
Belgian Chocolate Truffle Ice Cream (1 scoop)	130	2.5	14.6	14.2	6.8	3.9	0.1

Warm Chocolate Flavour Fudge Sauce	116	1.4	12.9	10.9	6.5	0.9	0.2
Blackcurrant Coulis	27	0.2	6.7	6.7	0.0	0.0	0.0

CHILDREN'S STARTERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Nachos	323	6.7	27.4	2.3	20.8	4.4	1.4
Potato Wedges	470	5.8	15.9	7.1	42.5	5.9	2.2
Garlic Bread	229	3.8	26.4	0.5	12.1	3.2	0.8

CHILDREN'S MAINS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Roast Loin of Pork	632	35.0	45.9	14.8	34.4	8.3	1.4
Roast Topside of Beef	983	45.8	62.2	12.6	61.4	10.0	3.4
Roast Crown of Turkey	851	41.1	46.3	11.5	55.8	6.4	2.8

CHILDREN'S DESSERTS

Fondue	345	5.8	54.9	52.4	11.9	5.2	0.5
Mini Chocolate Indulgence	320	4.9	41.8	35.8	14.9	6.9	0.3
Ice Cream	276	5.5	32.4	26.8	13.8	8.0	0.1
Ice Cream with Strawberry Sauce	302	5.6	39.2	33.5	13.9	8.0	0.1
Ice Cream with Toffee Fudge Sauce	309	5.6	39.2	33.5	14.4	8.3	0.2
Ice Cream with Chocolate Flavour Fudge Sauce	315	6.0	36.7	30.4	16.0	8.3	0.2
Jelly & Ice Cream	120	2.4	11.8	11.3	6.8	4.0	0.3
Fruit Salad	151	2.9	20.2	20.0	6.9	4.0	0.1

CONDIMENTS

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Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0